

Runner's Choice 10K/20K Trail Run, January 28, 2023

It was a nice January day of 42 degrees at the start at 9 am, warming up to 56 degrees near the end of the 20K. There were 21 finishers in the 10K and 12 in the 21K. Thanks to CTC Thom Allen for timing and volunteers Lisa Wells and Kelly Sabulsky. Thanks to everyone that brought treats to share. Prizes for the overall winners and DFL runners were chocolate covered strawberries made by Becky Hennessy.

Becky Hennessy (2023 Race Director)

10K

Place	Name	Time
1 1st M	Greg Blomquist	0:44:33
2	Andrew Pelikan	0:47:35
3	Adam Aldefer	0:54:51
4 1st F	Mariana Morales	0:55:41
5	Tony Rigdon	0:56:05
6	Kermit Summerall	0:58:03
7	Craig Nichols	1:04:48
8	Isaac Francisco	1:06:57
9	Beth Kelly	1:08:50
10	Karen Hodges	1:09:15
11	Paul Porneluzi	1:10:07
12	Kurt Kennett	1:10:11
13	Michelle Teti	1:13:57
14	Madison King	1:15:39
15	Uwe Lochner	1:18:04
16	Dan Robertson	1:18:25
17	Ann Weimer	1:18:30
18	Shawn Goertz	1:19:26
19	Peggy Horner	1:29:26
20	Andrew Aldefer	1:38:00
21	Leslie Aldefer	1:38:03

20K

Place	Runner	Time
1 1st F	Sally Heil	1:41:27
2 1st M	Brian Hancock	1:46:12
3	Andy Emerson	1:57:46
4	Jimmy Stranz	2:03:53
5	Heather Corcoran	2:18:19
6	Steve Adkins	2:22:42
7	Ben Crenshaw	2:22:42
8	Rev Geurts	2:22:42
9	Ryan King	2:24:31
10	Mary Ellen Bradshaw	2:25:29
11	Phil Schaefer	2:25:29
12	Avery Abbott	2:38:07
13	Jeff Wells	2:47:32