

# Columbia Track Club News

Volume XXIII No. 4

April 11, 1991



**Crusing down the river** they went in the first annual Missouri River Run. Great course! Thanks to race directors Linda Price and Mike and Anne Kaylen...and to the members of the Columbia Bicycle Club, without whose wheels we'd have been in deep trouble. Also thanks to runners' spouses and others who came all the way to Rocheport early Sat. (4/6/91) to help. Overall winners were Steve Stonecipher-Fisher and Michelle McFadden. Results inside...

**HUMAN RACE** is April 20. Entry deadline is April 12. Entry blanks were distributed in last newsletter...or you can pick 'em up at Tryathletics and other places...or you can call Mike Little, RD (876-3756...or 886-8686). Many awards, plus great post-race-drawing prizes. Should be one of the biggest and best events of the year.

**RUN/WALK 5K FOR SPECIAL OLYMPICS** coming up. Entry form enclosed. Please participate...run or walk at any pace. And maybe you could make a donation to this good cause.

**PEACE RUN** is May 11. I'm looking for volunteers to help Jefferson City Road Runners bring the torch to Columbia. We are to meet them enroute and cover the last 20 miles (or more if we want). Runners will leave Jefferson City at 10 a.m. and arrive in Columbia 3:30 p.m. There will be a reception/ceremony upon arrival. The Peace Run is an Olympic-style relay run emphasizing peace and friendship through sport. Non-political. To participate, call Joe Marks (445-1919) or John Howland (635-0305).

**15K RUN & WALK 3/30** was a pleasure for RD Joe Duncan. Joe was all the volunteers we needed that day. Now... here are the winners...

1.	Todd Beaverson		27	56:06
2.	Phil Schaefer		37	58:04
3.	Tom LaFontaine		44	58:48
4.	Roger Turnbough		34	1:00:36
5.	Jamie Mondello		36	1:03:19
6.	Michele McFadden	f	31	1:05:55
7.	Mike Little		43	1:06:52
8.	Joe Struemp		49	1:09:40
9.	Tod Moser		32	1:12:03
10.	Liz Epple	f	33	1:14:23
11.	Linda Price	f	47	1:14:23.1
12.	Patti Ross	f	38	1:15:47
13.	Eric Niewoehner		36	1:19:04
14.	Boots Gerhardt	f	70	1:33:53

Bob Jordan, from Iowa walked the course in 1:39:28

Upper 30's, sunshine, moderate winds

Missouri-River Run  
(half marathon, 13.1 miles)  
April 6, 1991

Place	Name	Age	Time	Sex
1	Steve Fisher	34	1:15:18	M
2	Oscar Apolinar	35	1:15:19	M
3	Scott Rubenstein	24	1:21:13	M
4	Phil Schaefer	37	1:24:46	M
5	Blake Brooks	26	1:27:49	M
6	Gary Fogelbach	38	1:28:19	M
7	Mike Kaylen	36	1:28:27	M
8	Doug Dixon	32	1:29:26	M
9	Richard Huse	45	1:29:44	M
10	Michael Grouss	24	1:30:06	M
11	Rick McAllister	34	1:32:39	M
12	Tom Allen	48	1:33:11	M
13	Mike Little	43	1:33:16	M
14	Dick Madsen	49	1:33:39	M
15	Doug Edwards	25	1:34:17	M
16	Michelle McFadden	31	1:35:19	F
17	Ed White	43	1:35:28	M
18	Julie Bergfeld	24	1:36:06	F
19	Betty Bohon	39	1:37:00	F
20	Byron Tenney	36	1:37:49	M
21	Carol Brockman	49	1:37:54	F
22	Joe Struempf	49	1:38:49	M
23	Paul Beck	39	1:39:23	M
24	Dale Broadway	37	1:39:27	M
25	Derrick Greene	15	1:40:14	M
26	James Johnson	40	1:40:31	M
27	Debe Jajko	36	1:40:39	F
28	Elmer Schlemper	51	1:42:30	M
29	Paul Luke	26	1:42:31	M
30	Shelly Ossana	28	1:42:43	F
31	Dan Clinkenbeard	41	1:42:44	M
32	Diane Seifert-Wade	36	1:42:45	F
33	Dennis Elya	38	1:43:24	M
34	Alan Barber	44	1:43:43	M
35	Ed Gass	39	1:44:04	M
36	Rod David	51	1:45:12	M
37	Connie Sivetz	39	1:45:44	F
38	Dave Buersmeyer	35	1:45:56	M
39	Don Johnson	62	1:46:05	M
40	Mike Preevitt	40	1:46:08	M
41	Tod Moser	32	1:46:11	M
42	Anne Kaylen	34	1:46:19	F
43	Chuck Gieringer	43	1:46:22	M
44	Walter Bushong	26	1:48:05	M
45	Linda Robbins	39	1:48:20	F
46	Vince Staudmeyer	37	1:48:39	M
47	Steve Wyatt	35	1:49:00	M
48	Susan Snider	25	1:49:35	F
49	Todd Schapira	23	1:49:35	M
50	Katie Dallman	31	1:49:39	F
51	Bill Kasmann	38	1:50:21	M
52	Patty Ross	38	1:51:27	F
53	Don Price	47	1:51:50	M
54	A. Fuchs	34	1:52:07	F
55	John Patton	39	1:52:18	M
56	Nihal Weenasinghe	30	1:52:28	M
57	Robert Johnson	40	1:53:03	M
58	Glenda Imhoff	38	1:53:13	F
59	Joe Duncan	56	1:53:48	M
60	Peter McDonald	42	1:54:38	M
61	Clarence Gass	50	1:54:55	M
62	Tom Collier	40	1:55:56	M
63	Linda Price	47	1:57:29	F
64	Jonathon Edelman	27	1:57:46	M
65	Jan Farr	42	1:57:51	F
66	Dan Acuff	54	1:57:54	M
67	John Whitesides	41	1:58:22	M
68	Martha Whitesides	39	1:58:22	F
69	Jeanne Michel	44	1:59:10	F
70	Jeff Morasco	43	2:01:32	M
71	Bruce Neff	32	2:02:58	M
72	Karen Derrick	30	2:03:53	F
73	Tom Burns	49	2:04:23	M
74	Zac Ward	16	2:06:25	M
75	Nancy Fritsch	52	2:11:18	F
76	Joe Brown	45	2:18:14	M
77	Max Jennings	46	2:18:15	M
78	Kerry Hawkins	28	2:19:31	M
79	Herman Gieringer	70	2:26:42	M
80	Eric Niewoehner	36	2:28:54	M
81	Elizabeth Gerhardt	70	2:29:38	F
82	Jon Kruse	23	2:36:04	M
83	Jane Domke	42	3:01:42	F

# Run/Walk 5K For Special Olympics

Hosted by: Columbia Police Dept  
Boone County Sheriff's Dept  
Univ. of MO Police Dept

To Benefit: Missouri Special Olympics

## When:

Saturday, May 4, 1991, 8 a.m.

## Where:

East side of Memorial Stadium.

## Entry Blanks:

Available at Columbia Police Dept, Boone County Sheriff's Dept, and area sporting goods stores and fitness centers.

## Entry Fee:

\$10 Donation/entry fee for all participants. Make checks payable to Missouri Special Olympics (tax deductible) Mail or bring entry fee to:

Columbia Police Dept  
600 E. Walnut  
Columbia, MO 65201  
Attn. Special Olympics Run Coordinator

## Weather:

The run/walk will be held regardless of weather conditions.

## Registration Deadline:

5 p.m. May 1, 1991.

Late entries will be accepted for an additional \$3.00 and there will be no guarantee for a participant T-shirt.

## Certified Course:

Columbia Track Club certified 3.1 mile course. Farout Field north to Maryland to Rollins, west to 5th street, north to Locust, east to Hill, south to Rollins, west to Maryland, south to Farout Field.

## Run Packets:

Run packets may be picked up at the Columbia Police Dept from noon to 9 p.m. Friday, May 3, 1991. Runners unable to pick up there packets may do so on the day of the run from 7:00 to 7:30 a.m. at the start of the run.

## Run Headquarters:

Located near the start of the run on the east side of Memorial Stadium. Parking is available on the Memorial Stadium and Hearnes Lots.

## Run Procedures:

Please be at the starting line no later than 7:45 a.m. Participants who plan to walk the course are asked to start near the back of the group. NO PETS, BICYCLES, STROLLERS, OR HEADPHONES will be allowed on the course.

Secure your number to the front of your shirt with the safety pins enclosed in your run packet. Do not pin below the perforated tab or tear the perforated tab from your number.

After crossing the finish line, stay in proper order of finish. Be prepared to hand the perforated tear-off tab from the bottom of your number to the race official at the end of the finish chute. Please clear the area after exiting the finish chute.

## Donations:

All donations will be accepted even if you cannot run. Donations and entry fees go directly to Missouri Special Olympics.

- T-shirts to all pre-registered runners -

NAME (Please print) \_\_\_\_\_  
Last First

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (Day) \_\_\_\_\_ PHONE (Evening) \_\_\_\_\_ Circle one: Sex: Male Female

Circle one: T-shirt size: Adult S M L XL Age on May 4, 1991 \_\_\_\_\_ Wheel chair: Yes No

I have enclosed entry fee of \$10.00: Yes No (Late fee: Add \$3.00 after May 1, 1991)

Make check payable to: Missouri Special Olympics and mail or deliver to:  
Columbia Police Dept, 600 E. Walnut, Columbia, MO 65201 by 5 p.m. May 1, 1991

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection will be provided, there will be traffic on the course. I assume the risk of running in traffic, I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me.

Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge any and all sponsors, including but not limited to The Missouri Special Olympics, Columbia Police Department, University of Missouri Police Department, and the Boone County Sheriff's Department, their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event.

This release and waiver extends to all claims of every kind or nature whatsoever, foreseen, known or unknown. Minor applicants will be accepted only with a parent's signature.

Parent's Signature if Under 18

Signature

**Age Divisions:**

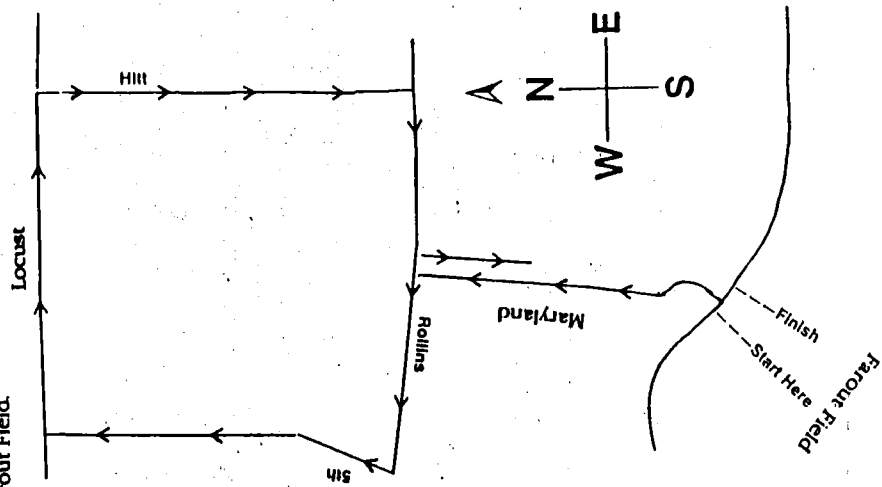
- 13 and under
- 14 to 19
- 20 to 29
- 30 to 39
- 40 to 49
- 50 to 59
- 60+
- Wheel Chair

**Map of Run:**

Start & Finish - East side of Memorial Stadium (Farout Field)

**Run Route:**

Start at east side of Farout Field; north thru tunnel to Maryland; north to Rollins; west to 5th Street; south to Locust; east to Hitt Street; south to Rollins; west to Maryland; south to tunnel and finish back on the east side of Farout Field.



In 1986 the Missouri Police Chiefs Association decided to sponsor a run where law enforcement personnel from all over the state would carry the torch to help raise money for Missouri Special Olympics. Every department in the state is invited to participate in the event and carry the torch to Fort Leonard Wood for the Summer Games official torch lighting ceremony.

Local law enforcement has participated in the Law Enforcement Torch Run to benefit the Missouri Special Olympics for 5 years. The first annual Special Olympic Run commemorates their participation in the Law Enforcement Torch Run by allowing an even bigger donation to Missouri Special Olympics. In conjunction with the Missouri Police Chiefs Association, local law enforcement will donate all proceeds from this run to the Law Enforcement Torch Run effort.

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for all children and adults with mental retardation, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills, and friendships with their families, other Special Olympians, and the community.

"Let me win. But if I cannot win, let me be brave in the attempt."

Special Olympics Oath



May 4, 1991

# Run/Walk 5K For Special Olympics

Hosted by:

Columbia Police Dept • Boone County Sheriff's Dept • U of MO Police Dept



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P. O. BOX N COLUMBIA, MISSOURI 65205 (314) 874-7460

March 19, 1991

Joe Marks  
Columbia Track Club  
University of Missouri  
105 Whitten  
Columbia, MO 65211

Dear Mr. Marks:

The Columbia Parks and Recreation Department has enjoyed working with you and your organization in providing quality leisure time pursuits to the citizens of Columbia. I have especially enjoyed working with you the past few years.

Because of an increased work load, I am transferring the liaison responsibility for your Club to Dean Rapp within our Department. Dean can be reached at 874-7460. I am sure Dean will be very receptive to your needs and will continue the fine working relationship we have.

Once again, I appreciated working with you and I look forward to a continued prosperous relationship.

Sincerely,

A handwritten signature in cursive script, appearing to read "Gary", written over a horizontal line.

Gary Ristow  
Recreation Services Superintendent

cc: Dean Rapp

# Columbia Track Club News

P.O. Box 1872  
Columbia MO 65205

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U.S. Postage  
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Columbia MO  
Permit #226

Joe Duncan  
2980 Maple Bluff Drive  
Columbia, MO 65203

ANNUAL DUES, COLUMBIA TRACK CLUB \$10.00\*  
SUSTAINING MEMBERSHIP \$25.00\*

\*Covers all members of family residing in same household.  
All donations to CTC are tax deductible.

The CTC Newsletter is an open forum to anyone and is published monthly.  
We solicit articles, race results, comments and suggestions.

Advertisements are welcome. Camera-ready ads must fit an area of 8 X 10" (full page) or 8 X 5" (half page). Rates are \$20.00 for a full page; \$12.00 for a half page. These rates also apply to race entry forms, unless the forms are for an event sponsored by CTC or a reciprocating track club. Any submitted item must be typewritten and turned in by the 5th of the month.

Send articles of news on your out-of-town races to Joe Marks, 509 Defoe Dr., Columbia MO 65203 (314)445-1919 or 882-6546.

PLEASE offer to help with any race in which you are not a participant.