



25TH ANNUAL PARLEY P. PRATT FREEDOM RUN

Thursday, July 4, 2019
Twin Lakes Recreation Area
Columbia, MO

SCHEDULE

6:45-7:25 Registration onsite only—free!

7:30 Opening Ceremony

7:45 Freedom Message

8:00 4-mile or 1-mile run/walk along MKT trail

8-9:30 Pancake Breakfast

9:00 Watermelon Awards



See Facebook for more information by searching **Parley P. Pratt Freedom Run** or **@pppfreedomrun**

DIRECTIONS

Stadium to Forum,
Forum to Chapel Hill (~0.6 mile) turn right,
Chapel Hill to Twin Lakes Park (~0.7 mile) turn left.
Follow drive to park parking lot.
Parking is limited, so carpool if possible.

T-shirts:
First come,
first served

\$5

Event sponsored by the
Columbia Missouri Stake of
**The Church of Jesus Christ
of Latter-day Saints**

Run sanctioned by the
Columbia Track Club

The **Freedom Run** signifies that *faith* and *freedom of religion* are fundamental ideals in American society. The event provides the community an opportunity to honor these ideals as we celebrate our nation's birthday through *activity, food, and friendship*.