

20TH ANNUAL
BOONSLICK KIWANIS
JEFF SHIKLES MEMORIAL

8  TEAM RELAY

Saturday May 4, 2019th
Start Time @ 8:00 am
(check in by 7:45 am)
Start and Finish in Gentry Middle
School Parking Lot
(See map on Back)



T-Shirts for all entrants

Prizes and Awards
to be presented

PROCEEDS TO BENEFIT CAMP KESEM

TEAM RELAY* REGISTRATION FORM

Team Entry Fee: \$75.00 – MAKE CHECKS PAYABLE TO BOONSLICK KIWANIS

Return this form with entry fee to:

Boonslick Kiwanis, P O Box 7279

Columbia, MO 65205-7279

Or drop off at Tryathletics, 1605 Chapel Hill Rd.

Register on line @ <https://runsignup.com/Race/MO/Columbia/JeffShikles8K>

or <http://www.columbiatrackclub.com>

Race Packets may be picked up on Friday, May 3rd at Tryathletics between 3-6 pm

In consideration of the above and foregoing, I/we for myself/ourselves, my/our executors, administrators and assigns, do hereby release and discharge Boonslick Kiwanis of Columbia, the Kiwanis Clubs of Columbia, Missouri, Kiwanis International, the Columbia Track Club, the City of Columbia, Missouri, the County of Boone, the State of Missouri and all race sponsors from all claims of damages, demands, actions, and causes of action whatsoever, in any manner arising or growing out of my/our participation in this event. I/we certify that I/we have prepared myself for this event and that I am in adequate physical condition to complete this event I have entered on Saturday, May 4, 2019. I/we agree to follow all rules of this run/walk and relay event and to permit myself/ourselves to be removed from competition if, in the opinion of the run medical personnel, my continuing would endanger my health. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever. Only those registered by April 17, 2019 will be guaranteed a T-shirt of their requested size.

TEAM NAME: _____ TEAM SPONSER (if applicable): _____

Team Member No. 1/Team Contact

Name (please print): _____ Age: _____ Gender: M F

E-mail: _____ Date of Birth: ____/____/____ T-Shirt Size: XL L M S

Participant's Signature: _____ Date: _____

Parent/Guardian Signature (If participant under 18): _____

TEAM NAME: _____ **TEAM SPONSER** (if applicable): _____

Team Member No. 2

Name (please print): _____ Age: _____ Gender: M F

E-mail: _____ Date of Birth: ____ / ____ / ____ T-Shirt Size: XL L M S

Participant's Signature: _____ Date: _____

Parent/Guardian Signature (If participant under 18): _____

Team Member No. 3

Name (please print): _____ Age: _____ Gender: M F

E-mail: _____ Date of Birth: ____ / ____ / ____ T-Shirt Size: XL L M S

Participant's Signature: _____ Date: _____

Parent/Guardian Signature (If participant under 18): _____

Team Member No. 4

Name (please print): _____ Age: _____ Gender: M F

E-mail: _____ Date of Birth: ____ / ____ / ____ T-Shirt Size: XL L M S

Participant's Signature: _____ Date: _____

Parent/Guardian Signature (If participant under 18): _____

Team Member No. 5

Name (please print): _____ Age: _____ Gender: M F

E-mail: _____ Date of Birth: ____ / ____ / ____ T-Shirt Size: XL L M S

Participant's Signature: _____ Date: _____

Parent/Guardian Signature (If participant under 18): _____

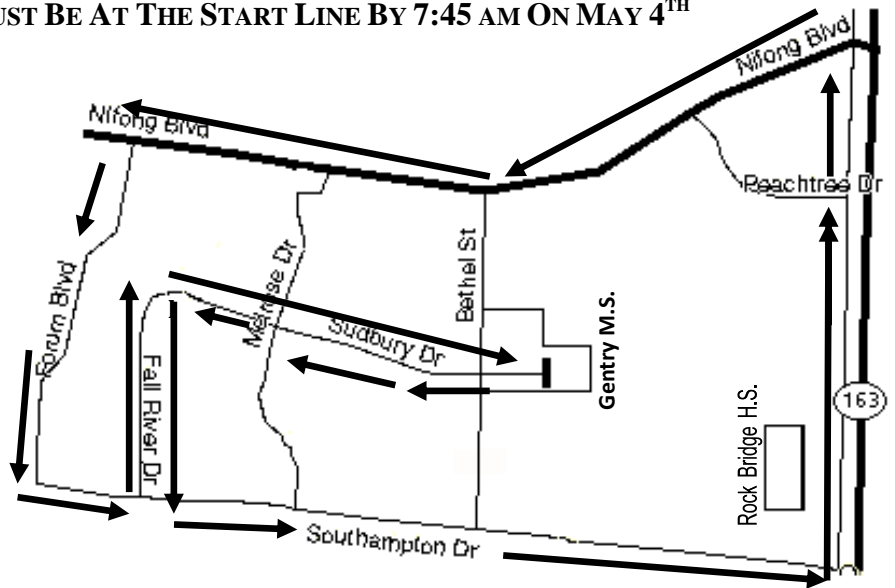
ALL TEAM MEMBERS MUST BE AT THE START LINE BY 7:45 AM ON MAY 4TH

COURSE:

START- Gentry Middle School Parking Lot

West on Sudbury Dr
Turning South onto Fall River Dr
South on Fall River Dr to Southampton Dr
East on Southampton Dr to Providence Outer Rd
North on Providence Outer Rd to Nifong Blvd
West on Nifong Blvd to Forum Blvd
South on Forum Blvd to Southampton Dr
East on Southampton Dr to Fall River Dr
North on Fall River Dr
Turning East onto Sudbury Dr
East on Sudbury Dr into Gentry Middle School Parking Lot

FINISH- Gentry Middle School Parking Lot



***TEAM RELAY-** The Team Relay is a new competition in which teams of *up to* five members work together to complete the traditional 8-kilometer course outlined above. The course will be divided into a series of five, one mile long, portions. Each team must choose a single member to complete each one-mile portion of the course. A single team member may complete more than one portion. There will be awards for the three teams with the fastest finishing time for the entire 8-kilometer course. Batons will not be provided and are not required but encouraged.

*Run packets may be picked up at Tryathletics, 1605 Chapel Hill Rd. From 3 pm to 6 pm on Friday, May 3rd.
Runners who are unable to pick up their packets Friday may do so on the day of the run from 7:00 to 7:45 am at the race location.
Participants will forfeit their t-shirts if packets are not picked up during these times.*