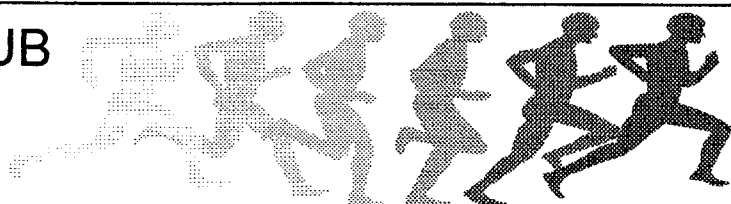


# COLUMBIA TRACK CLUB

## NEWS

Volume XXXII No. 4

June 1999



### CTC Names Scholarship Winners

The Columbia Track Club awarded three local high school seniors the Columbia Track Club Joe Marks Youth Scholarship June 1, 1999. Angie Stobie, of Rock Bridge, and Sarah Williams and Steve Pagan of Hickman, were each awarded \$500.00 to be used toward college expenses. Each recipient was chosen based on academic success, good citizenship, service to school and the Columbia Track Club, and participation in high school cross country and track.

Angie Stobie will be attending the University of Missouri-Columbia. She participated in cross country and track all four years. She has volunteered and competed in many CTC races. Angie wrote that she will continue helping with the summer youth program during college. (We'll hold you to that, Angie!!)

Sarah Williams also will be attending MU, with an interest in interior design. She has participated in cross country and track all four years. Sarah has been active volunteering in the community, with the track club, and in her church.

Steve Pagan has participated in cross country for four years, and track for two seasons. He will continue his education at the University of Colorado in Colorado Springs. Steve has competed in and volunteered for the summer youth program since 1991. In addition, he has helped with CTC races for many years.

We applaud the efforts of these young people and wish them the very best in their collegiate endeavors.

### Spring Couples Run—4 Miles

May 8, 1999

Six couples and four individuals competed on May 8, 1999 in the Spring Couples 4 mile run. It was a perfect running day; mid-50's, sunshine, and a little wind to move the runners along. Due to the gracious dinner awards provided by Chevy's, Olive Garden, Old Chicago, Fazzolli's and Ryan's, eight out of the sixteen runners went home with a dinner. Many thanks to Joe Duncan and Bill Wilson for their race support.

—Race Director Amy Gundy

Individuals	Age	Time
1. Jeff Brault	29	21:19
2. Scott Mantooth	37	21:32
3. Mark Wilson	37	23:24
4. Tod Holdorf	35	25:07
5. Darrin Young	32	25:09
6. Carol Witzak	22	26:42
7. Stacy Reed	35	27:59
8. Jalal El-Jayyousi	35	29:02
9. JB Waggoner	30	32:24
10. Joshua Mantooth	10	32:23
11. Brenda Mantooth	35	33:33
12. Carolyn Wilson	60	33:42
13. Don Waltman	63	35:42
14. Denise Estabrooks	44	36:24
15. Dan Schoenleber	43	36:52
16. Boots Gerhardt	78	55:33

Couples Results:		
Team	Combined age	Combined Time
<b>Combined age 72 and under</b>		
1. Jeff Brault		
Carol Witzak	51	48:01
2. Stacy Reed		
Mark Wilson	72	51:23
3. Scott Mantooth		
Brenda Mantooth	72	55:05
<b>Combined age 79 and over</b>		
1. Denise Estabrooks		
Tod Holdorf	79	61:31
2. Don Waltman		
Carolyn Wilson	123	69:24
3. Jalal El-Jayyousi		
Boots Gerhardt	113	84:35



**Summer Youth Program**  
**June 9, 1999, 6:00 pm**  
**MU Track**

**25 years ago****Looking Back****By Joe Duncan**

**June 1, 1974** Third Annual Great Sandbagger (a 6 mile prediction run). Rob Spier has won the first two of these so he tried hard to get rid of the ugly, monster trophy. He succeeded. the big story was how Don Johnson showed up, allowing as to how he had a leg injury and could only do 8 and 1/2 minute miles. In fact, he did have a bandage on, but he did 7:10 miles and took home the trophy no one wants. Spier finished 13th, only 31 seconds off his prediction. Charlie Evans had the fast time of the day at 33:15.

**June 22, 1974** Two-Person Ten Mile Relay, alternate 440's—yes, each runner did 20 laps back then. 1. Charlie Evans, Fred Binggeli, 44:26 (Evans 67.5 per lap, Binggeli 65.8); . . . 4. Don Granberg - Dick Hessler 50:50 (78.0 and 74.5 av.); 5. Mike Chippendale - Don Johnson 52:38 (74.8, 83.2). 14 other teams, including Ben Londeree alternating with various family members. Ben averaged 70 seconds for his 20 laps at age 40!!

**CTC Board of Directors**

Dick Hessler, president	Tom Allen, secretary-treasurer
Mark Wilson	Georgina Gonzalez
Randy Gay	Mark Volek
Michele McFadden	Curt Kempf

The Columbia Track Club Newsletter is published as a service to CTC members. Submissions are welcome. Articles, notices, results, or any other information of interest to Columbia's running community may be sent to:

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CTC web page: [ctc.columbia.missouri.org](http://ctc.columbia.missouri.org)

**CTC Briefs. . .**

**Chris Harris, 8**, ran a 21:40 5k in the Springfield Kitchen run May 8, 1999. His sister, **Tiffany**, ran 28:52 with father, Chris, keeping pace with her.

**Good running, Chris and Tiffany!**

**Humboldt Half-Marathon "Avenue of the Gods"**  
by Angela Hessler

In mid-October of every year about a thousand runners line up on a bridge spanning the Eel River in Northern California, ready to run 13.1 miles through the redwoods. To the sounds of bagpipes and the lifting fog, the race begins and runners head off into the forest. I've run the course 4 times and still spend the first mile looking straight up—minutes and seconds don't mean much next to these 1000 year old giants, and I always forget about my pace until they call out the mile.

Aside from the people calling out splits, there's no one along the course. For the first half of the race—it's an out and back course—you hear only people's strides and breaths, and occasionally the Eel River. The intensity of the race picks up when the leaders make the turnaround and race past you. 6.5 downhill miles later, you exit the forest and finish down a spectator-lined corridor.

Men winners usually run 1:08 or so, and women leaders run 1:16 or so. There is great competition for whatever level you are as a runner. If you are in the Bay Area on Oct. 17, 1999, let me know and I'll give you a ride to the race.

**Welcome New CTC Members**

Elizabeth Cohen	Columbia
Dana Cunningham	Columbia
Janice and Mark Dierker	Columbia
Eric Fulhage	Columbia
Pat Gruber	Columbia
Barb Holdren	Columbia
Jalal El-Jayyousi	Columbia
Lenworth Johnson	Columbia
Timothy Myers	Columbia
Michael & Jessica Perkins	Columbia
Matthew Szewczyk	Columbia

# Rachel Williams



12-16 200's in 33-36 seconds with a 1:30 rest and running to the TCBY downtown, eating ice cream, then running back.

**PERSONAL INFO AND INTERESTS:** I enjoy playing basketball and goofing around downtown with my friends after track meets. My older sister, Sarah, is graduating from high school this year.

WellAware 5-k		May 31, 1999	
1. Kent Lang	36	1M 35-39	16:41
2. Steve S-Fisher	42	1M 40-44	17:38
3. Chris Cook	27	1M 25-29	17:58
4. Tom May	32	1M 30-34	18:01
5. Tod Holdorf	36	2M 35-39	18:22
6. Willy Heinrich	31	2M 30-34	18:43
7. Steven Bourgeois	35	3M 35-39	18:50
8. Tyson St-glausner	19	1M 15-19	19:15
9. Kevin Tyler	43	2M 40-44	19:24
10. Chris Neal	24	1M 20-24	19:44
11. Clay Farris	30	3M 30-34	19:56
12. Ben Robinson	15	2M 15-19	21:39
13. Brett McAllister	29	2M 25-29	21:49
14. John Hilvert	29	3M 25-29	21:49
15. Curt Kempf	35	4M 35-39	21:50
16. Scott Skinner	19	3M 15-19	21:56
17. Danny Whiteman	26	4M 25-29	22:40
18. Mark Walter	36	5M 35-39	22:42
19. Rob McGeown	32	4M 30-34	22:51
20. Chris Janku	47	1M 45-49	22:53
21. Jimmy Keown	12	1M 11-14	22:55
22. J. P. Palmer	34	1F 30-34	22:59
23. Rusty Crawford	30	5M 30-34	23:02
24. Anne Janku	42	1F 40-44	23:05
25. Kathleen Vogt	33	2F 30-34	23:10
26. Rodes Ryland	39	6M 35-39	23:12
27. J.A. Johnmeyer	43	3M 40-44	23:26
28. Michael Perkins	13	2M 11-14	23:38
29. Travis Ford	29	5M 25-29	23:39
30. Dan Wright	28	6M 25-29	23:42
31. Kollin King	11	3M 11-14	23:44
32. Joe Goldfarb	59	1M 55-59	23:49
33. Christan	32	6M 30-34	24:04
34. Eric Rosenhauer	40	4M 40-44	24:31
35. William G	47	2M 45-49	24:40
36. John Fougere	34	7M 30-34	24:49
37. Natalie Kirchhoff	12	1F 11-14	24:56
38. Hannah Hassemer	11	2F 11-14	25:00
39. Lindsey Kirchhoff	13	3F 11-14	25:08
40. Kristen Smith	28	1F 25-29	25:19
41. Mindy Smith	24	1F 20-24	25:37
42. Melinda Powell	25	2F 25-29	25:38
43. Sandy Benson	27	3F 25-29	25:47
44. James Sandfry	57	2M 55-59	25:48
45. Freddy Madera	33	8M 30-34	25:54

(Continued on page 5)

(Continued on page 5)

## Joe Marks Memorial Human Race XXI

April 17, 1999



Due to a technical error the complete Human Race results were not published in last month's newsletter. We apologize to the people who placed after 58th place, and the abbreviated results are as follows:

Place	Name	Age	Time	Age	39. Todd Fuller	30	40:05	79. Jay Wood	41	46:34
				group	40. Karen Derrick	f 38	40:23 2	80. Paul Schneider	30	46:35
1.	Jeff Brault	29	27:38	1	41. Lisa Burger	f 36	40:40 3	81. Jennifer Coleman	f 41	46:41 2
2.	Christian Reed	28	27:54	2	42. Jim O'Dell	55	40:53 2	82. Linda Pedroley	f 36	46:49
3.	Steve S-cipher-Fisher	42	28:54	1	43. ??			83. Don Waltman	63	47:37 2
4.	Stephen Bourgeois	35	29:34	1	44. Travis Ford	29	41:03	84. Becca Dillingham	f 28	48:09
5.	Anna Gullingsrud	f 21	29:45	1	45. Brad Morrison	22	41:03	85. Denise Belsheim	f 37	49:04
6.	Michael Kelty	41	29:59	2	46. Jeff Clodi	29	41:46	86. Greg Luebbert	38	50:00
7.	Chris Cook	27	30:40	3	47. Rick Pohlsander	23	42:00	87. Barney Sword	67	51:18 3
8.	Willy Heinrich	30	31:00	1	48. John Fougere	33	42:06	88. Deb Jankowski	f 45	51:19 1
9.	Todd Holdorf	30	31:31	2	49. Art Schneider	22	42:14	89. Susan Currier	f 47	51:22 2
10.	Chris Neal	24	31:50	1	50. John Kelty	13	42:152	90. Larry Fick	57	51:24 3
11.	Denny Schrock	45	32:47	1	51. Gene Gerke	49	42:19	91. Ray Rutherford	44	52:29
12.	Phil Schaefer	45	32:53	2	52. Melinda Powell	f 25	42:43 1	92. Andrea Woods	f 52	52:30 1
13.	Mark Hope	26	33:05		53. Pat McLaughlin	47	42:24	93. Nell Rose Hill	f 30	52:31
14.	Kevin Tyler	43	33:13	3	54. Jennifer Rosing	f 24	42:28 2	94. Margaret Rutherford	41	52:40 3
15.	Clay Farris	30	34:18	3	55. Matt Criscimagna	23	42:29	95. Christina Schmitz	f 26	52:44
16.	Michael Miller	22	34:26	2	56. Carl Myers	65	42:34 1	96. Allyson Espy	f 23	53:02
17.	Cesar Mello	33	35:08		57. Erika Ringdahl	f 34	42:39 2	97. Carla Esly	f 48	53:11 3
18.	Newell Kitchen	39	35:25	2	58. Kala Jennings	f 12	42:40 1	98. Linh Truong	f 25	54:27
19.	Jason Blom	21	35:38		59. Steve Anderson	41	42:44	99. Zachary Wright	9	55:09 3
20.	Chuck Sattler	35	36:01	3	60. Richard Davenport	47	42:52	100. Kerry Thomas	39	55:32
21.	Todd Schwedt	23	36:21	3	61. Megan Lien	f 23	43:18 3	101. John Wolf	47	55:33
22.	Tom Collier	48	36:26	3	62. Bob Humphreys	72	43:27 1	102. Michael Ryberg	9	56:15
23.	Steve Pagan	18	36:58	1	63. Mary Mouw	f 29	43:48 2	103. Chris O'Gorman	40	56:18
24.	Lisa Wells	f 35	37:34	1	64. Matthew Mouw	28	43:48	104. Cindy Thomas	f 39	56:30
25.	Brad Wright	49	37:46		65. Jay Blossom	35	43:58	105. Don Johnson	70	59:21 2
26.	Josh Wright	21	38:05		66. Bob Kernell	34	43:59	106. Elaine Kent	f 50	1:02:37 2
27.	David Johnson	50	38:09	1	67. Carolyn Wilson	f 60	44:04	107. Wendy Bolick	f 28	1:02:38
28.	Ryland Rhodes	39	38:31		68. Sue Kim	f 27	44:10	108. ??		
29.	Rusty Crawford	30	38:33		69. Steve Hicks	43	45:23	109. Vicki Freelon	f 45	1:04:04
30.	Robert McGowan	32	38:42		70. Michael Smith	48	45:43	110. Crystal Taliaferrof	11	1:07:24 2
31.	Mark Dietzel	30	38:47		71. Reinhold Ray Hill	31	46:02	111. Boots Gerhardt	f 78	1:10:02 1
32.	Jalal El-Jayyousi	35	38:53		72. Tom McCord	47	46:08	112. Richard Logsdon	45	1:10:43
33.	Joe Goldfarb	58	38:59	1	73. Heather Leffler	f 22	46:18	113. Joe Cragin	71	1:13:13
34.	Kathleen Vogt	f 33	39:03	1	74. Beth Granberg	f 57	46:24 1	114. John McCrory	47	1:13:17
35.	Steven Graves	52	39:17	2	75. Michael Henry	52	46:27 3	115. Bethany Ward	f 10	1:16:22
36.	Rich Reisdorf	30	39:45		76. Charles Hempfield	47	46:28	116. Jacob Rhorer	10	1:20:13
37.	John Schulz	41	39:50		77. Martha Brendel	f 34	46:31 3			
38.	David Ransom	25	39:52		78. Rosemary Wood	f 44	46:34 1			

## WellAware 5k Walkers:

1	Mary Green	46	1F 40-49	37:27	8	Shirley Guier	47	4F 40-49	44:34	17	Beth Kammeyer	42	6F 40-49	46:24
2	Zack Nelson	10	1M 0-10	39:34	9	Dana Fedenia	26	1F 20-29	44:36	18	Jerrilee Robinson	43	7F 40-49	46:25
3	Crystal Thomas	44	2F 40-49	41:38	10	Wendy Sheehan	34	1F 30-39	44:36	19	Nancy Adrian	42	8F 40-49	46:26
4	Ryan Adrian	13	1M 11-14	42:04	11	Kim Nowlin	28	2F 20-29	45:16	20	Rachel King	19	1F 15-19	47:52
5	Jordan Adrian	8	2M 0-10	42:25	12	Deanna Herron	46	5F 40-49	45:16	21	Christine	38	4F 30-34	53:37
6	Roger Adrian	44	1M 40-49	42:39	13	Madilyn Hollinger	1	1F 0-10	45:48	22	Lynn Rossy	43	9F 40-49	53:38
7	Kristine Kippley	46	3F 40-49	43:28	14	Leigh Hollinger	36	2F 30-39	45:48	23	Carla Campbell	51	1F 50-59	54:53
					15	Rob Hollinger	35	1M 30-39	45:49	24	Steven Weddle	51	1M 50-59	54:55
					16	Kristen King	32	3F 30-39	46:23	25	Helen Smith	80	1F 60-99	1:14:37

# 40th ANNUAL HEART OF AMERICA MARATHON

Labor Day, September 6, 1999

Columbia, Missouri

Columbia Track Club

Starting time: 6:00 AM CDT

Entry Fee: \$15. Make checks payable to Columbia Track Club.

Entry Deadline: PLEASE, by September 4, although later entries will be accepted.

Fitness for Event: No one should attempt this event without proper training and medical advice. Any runner must retire from the race, at once, if directed to do so by a course physician. THERE IS A SIX HOUR TIME LIMIT. The finish area will close down at noon.

Packet Pick-Up: Sunday, September 5. Packets will be handed out between 3:00 PM and 7:00 PM at the Campus Inn and between 5:00 AM and 5:45 AM on race day.

Aid Stations: Aid cars tour the course continuously. Aid Stations are about every two miles and remain open until the last person is past.

Headquarters: Race headquarters is Campus Inn, 1112 Stadium Blvd. Call 573 449-2731 for reservations. Rates: ~~\$38~~ 40 for one to four persons.

Awards: Awards to first six male finishers, first three female finishers, first three male 40-49, first two female 40 or over, first three 50-59 and first two 60 or over. Marathon T-shirts to all entrants. "I FINISHED" medals to all finishers. Dave Schulte Award for Improved Performance to the runner with the greatest percentage improvement when the previous best H of A, any year, is less than five hours.

Awards will be presented to each award winner very soon after crossing the finish line. There will be no formal award ceremony.

The course has been certified by the Columbia Track Club as being 26 miles, 385 yards

## ENTRY FORM

(Return to: Joe Duncan, 2980 Maple Bluff Dr., Columbia, MO 65203)

-----Tear or Cut Here -----

In consideration of your acceptance of this entry, I, intending to be legally bound, hereby, for myself, my heirs and assignees, waive any and all claims for damages that I might have against the City of Columbia or the Columbia Track Club or any individual volunteer worker for any and all injuries suffered by me as a result of this event.

Print Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Age: \_\_\_\_\_

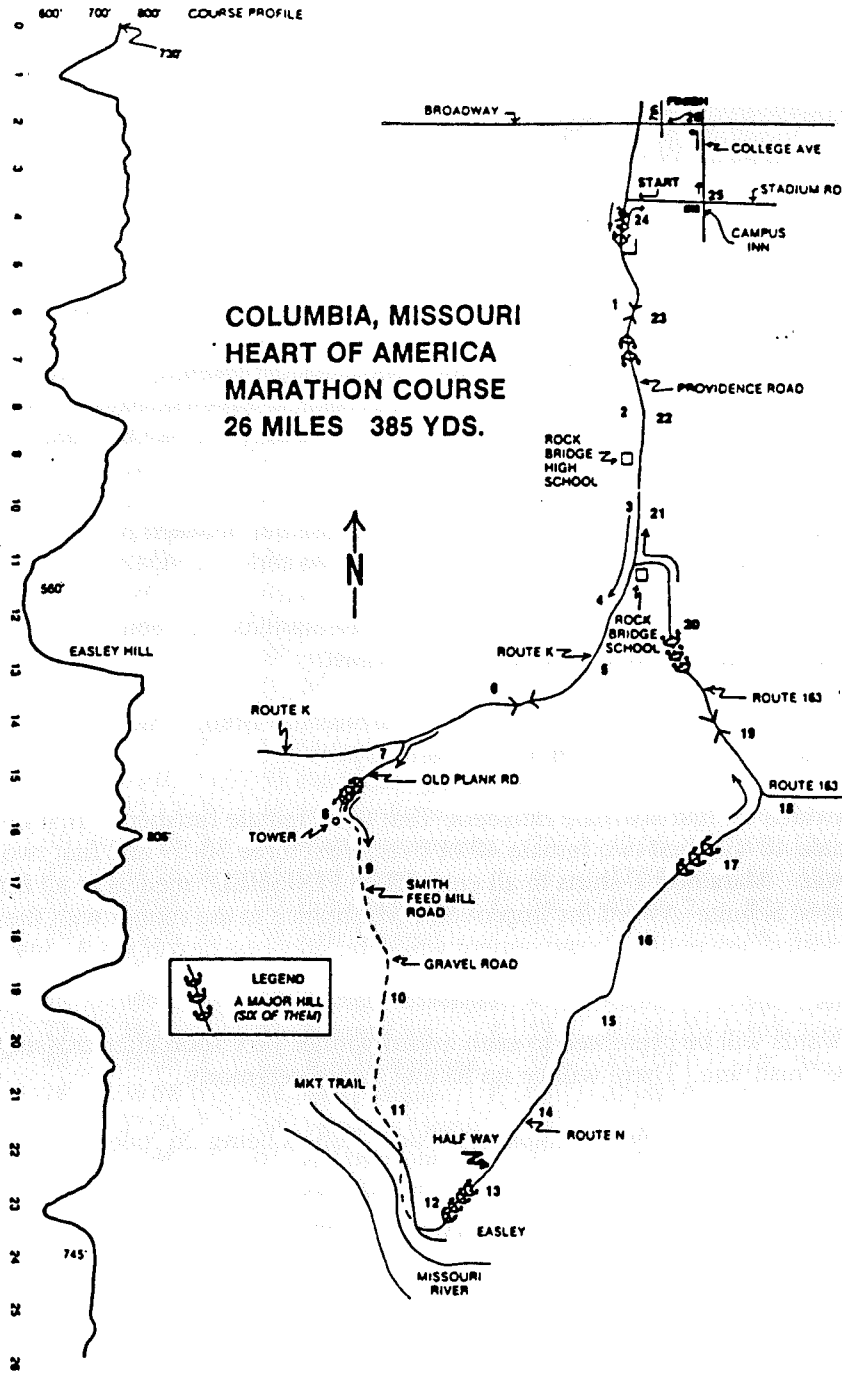
Address: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_  
Street City

Signature: \_\_\_\_\_ (If entrant is under 18, parent must sign)

How many marathons have you completed? \_\_\_\_\_ Best Marathon Time: \_\_\_\_\_

Where? \_\_\_\_\_ When? \_\_\_\_\_

When & where was your most recent? \_\_\_\_\_ Time? \_\_\_\_\_



# COLUMBIA TRACK CLUB YOUTH PROGRAM

Wednesday nights - June 9th through July 14th

6:00 p.m. University of Missouri Track

Cost: \$1.00 covers all 6 weeks!

**ALL EVENTS OPEN TO ALL AGE GROUPS**



## Events:

400 meter run  
mile run  
800 meter run  
mile walk & 2 or 3 mile run (alternate weeks)  
200 meter run  
long jump (best of three attempts)  
shot put (best of three attempts)

## Age Groups:

Separate age groups for boys & girls

5yrs and under  
6 & 7 yrs  
8 & 9 yrs  
10 & 11 yrs  
12 & 13 yrs  
14 & 15 yrs  
16 & 17 yrs

**NOTE:** Your age at the time of your registration determines your age group for the entire six weeks even if you have a birthday during this time.

**\*\*\*PLEASE SIGN IN AND OBTAIN A NAME TAG EACH NIGHT YOU ATTEND\*\*\***

## AWARDS

**Weeks one through five:**



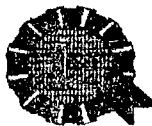
Ribbons for first through fifth place in all events for all boys & girls age groups. Ask for a **Rainbow Ribbon** if you did not get a ribbon in any event.

**Week six:**



Trophies in all events, all age groups. To be eligible for a trophy you must have attended at least four nights. You must be present to win. Only one trophy per person. If first place competitor has received a trophy in another event, trophy will be awarded to second place competitor, and so on.

## PERSONAL IMPROVEMENT RIBBONS



Obtain a record card when you register. Record your performance for three weeks. If you show improvement, the fourth week you can earn a personal improvement ribbon.

**Everyone must participate in the warmup session before the events.**

**PLEASE NOTE** the order of the running events and watch for your event.

Youngest age groups start first. Different age groups may run an event at the same time depending on the number of runners, but the awards will be given according to the age groups listed above. Please do the long jump and the shot put early in the evening. Listen for your event to be called. If you are doing the long jump or shot put, be aware of when your running events begin. After your running event, go back to finish the long jump or shot put.



**And most of all, HAVE FUN!**

# INDEPENDENCE DAY 5K TRAIL RUN

"THE TOUGHEST RACE YOU'LL LOVE TO RUN"

## SPONSORED BY:

Beaverson Roofing Co.  
Mid-Am Building Supply  
Howard Hils  
Dr. Joel Bautista  
Coldwell Bankers

Tabor Roofing Co.  
Mack Hils Inc.  
Mega Market  
Century 21

All proceeds of this event go to support the Moberly High School Cross Country teams.

**WHEN:** Saturday, July 3 1999 Race starts at 8:30 A.M.

**WHERE:** Race will be run entirely in Rothwell Park located on the west side of Moberly starting near the James Youth Building, (Look for the Totem Pole)

**AWARDS:** Awards will be given to the overall male and female winners as well as the top three finishers in the following age groups: 13 & under, 14-18, 19-29, 30-39, 40-49, 50-59, 60 & up.

**ENTRY FEE:** \$10.00 entry fee includes a free T-shirt guaranteed to all pre-registered runners. T-shirts on race day are first come, first served. Entry fee after June 30 will be \$12.00 and will be accepted up till the race starts.

**PACKET PICKUP:** Race packets may be picked up beginning at 7:00 a.m. near the James Youth Cabin located in the park near the lake dam.

**WEATHER:** Race will be run regardless of weather conditions.

Following the run there will be beverages and fruit provided for all race participants. There will also be a drawing for attendance prizes. You must be present to win.

**QUESTIONS?:** Call Todd Beaverson 1-660-263-9320

## ENTRY FORM

NAME: \_\_\_\_\_ SEX: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ T-SHIRT M L XL

In consideration of the foregoing, I, for myself, my executors, administrators and assigns, do hereby release and discharge any and all persons, companies, and individuals affiliated with said race from all claims of damages, demands, actions and causes of action whatsoever, in any manner arising or growing out of my participation in said run. I certify that I have properly prepared myself for this event and that I am in adequate physical condition to complete this event that I have entered on Saturday, July 3, 1999. I agree to follow all rules of this run, and to permit myself to be removed from competition if, in the opinion of race personnel, my continuing would endanger my health. (Must be signed by parent or guardian of participant is under the age of 18).

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



## 1999 Columbia Track Club Schedule

6/9	6 pm	Summer Youth Program every Wed. for 6 weeks	\$1	Tom Allen, 449-5655	MU Track	Awards
7/10	6:30 pm	Distance Medley 3,000, 1,500, 800	**	Michele McFadden, 449-1760	MU Track	Awards
7/25	8 am	Show-Me State Games 5-k Track and Field July 17, 18 Triathlon, July 18	\$15	Joe Duncan, 445-2684	Faurot Field	No qualifying required
8/7	7 am	Great Sandbagger 10k	**	Roger Turnbough, 445-1225	West Broadway Swim Club	Staggered start based on predicted time

\*\* Track club members pay no entry fee; \$3 for non-members

## Out-of-Town Events

- June 6 Trinity Hospital Hill Half-Marathon, Kansas City, 7 am, (816) 274-3635  
 Make Tracks for the Zoo 5k, St. Louis, 8 am, (314) 768-544-  
 11 Track Meet Series ( 2 mile, 880, 440, kids' 100 meter), Sedalia, 7 pm, (660) 827-0274  
 19 2nd Annual Spring Sprint Cross Country 5k, Fayette, 8am, (660) 248-1911, ext. 1545  
 YMCA Father's Day 5k, Jeff City, 8am, (573) 761-9021  
 22 Track Meet Series, Warsaw, MO, 7 pm, (660) 827-0274
- July 3 Firecracker Mile, Sedalia, 8 am, (660) 826-7430  
 Hannibal Cannibal 10k, Hannibal, MO, 7 am, (573) 221-7258



(Continued from page 3)

46. Bill Sheehan	37 7M 35-39 25:56	65. Warren Krech	49 8M 45-49 29:01	85. Nancy Fritsch	60 1F 60-64 33:51
47. Jennifer Adams	23 2F 20-24 26:09	66. Kathy Whipple	30 4F 30-34 29:07	86. Zachary Wright	9 1M 0-10 34:43
48. Allen Dougherty	48 3M 45-49 26:16	67. Paul Deutsch	28 7M 25-29 29:29	87. Kari Jennings	12 7F 11-14 36:00
49. Bill Morgan	48 4M 45-49 26:19	68. Ron Pickett	51 2M 50-54 29:33	88. McCall Kirchhoff	10 1F 0-10 36:41
50. Jennifer Tyler	13 4F 11-14 26:32	69. Barbara Pumm	54 1F 50-54 29:46	89. Elizabeth Asmus	25 7F 25-29 37:02
51. Michael Henry	52 1M 50-54 26:41	70. Laura Wells	58 1F 55-59 29:56	90. Vicki Freelon	45 1F 45-49 37:16
52. Leon Nelson	38 8M 35-39 26:52	71. Linda Kaiser	37 2F 35-39 29:58	91. Kristina Kaylen	11 8F 11-14 37:56
53. Kala Jennings	12 5F 11-14 26:53	72. Janice Dierker	27 6F 25-29 30:03	92. Sallie Cunningham	25 8F 25-29 38:40
54. David Webber	48 5M 45-49 27:00	73. Andrea Woods	52 2F 50-54 30:14	93. Rochelle Sherman	46 2F 45-49 40:35
55. Don Waltman	63 1M 60-64 27:04	74. Denise Belsheim	37 3F 35-39 30:15	94. Chelsea Gordon	9 2F 01-10 43:43
56. Kim Farris	27 4F 25-29 27:12	75. Vernon Pumm	57 4M 55-59 30:16	95. Karen Gordon	38 4F 35-39 43:45
57. Michael Smith	48 4M 45-49 27:25	76. Fred Kiser	29 8M 25-29 30:34	96. Leo Cloutier	68 1M 65-59 54:54
58. Denise Estabrooks	44 2F 40-44 27:53	77. Brian Perry	31 9M 30-34 30:44		
59. Kara Lierheimer	26 5F 25-29 27:54	78. Brad Gaines	47 9M 45-49 30:53		
60. Phil Wood	58 3M 55-59 27:58	79. Rebekah Br-berg	22 3F 20-24 30:54		
61. Dan Schoenleber	43 5M 40-44 28:00	80. Will Robinson	47 10M 45-49 31:58		
62. Frank Rieger	49 7M 45-49 28:04	81. Jon Kruse	31 10M 30-34 32:18		
63. Sara Jones	35 1F 35-39 28:57	82. Chris Wipple	32 11M 30-23 32:33		
64. Chris Grubbs	31 3F 30-34 28:58	83. Sam Johnmeyer	11 4M 11-14 33:15		
		84. Jessica Perkins	12 6F 11-14 33:33		



## CTC Membership Application

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

Members of family at this address and their birthdates:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Annual fees are \$15, which covers all family members living in the same household. A "Silver Card" membership (tax deductible) costs \$40, with the additional \$25 going to the CTC Scholarship fund. For \$30.00 you can become a member of CTC **and** subscribe to *Missouri Runner*, Missouri's premier running magazine. Please make checks payable to COLUMBIA TRACK CLUB and send to:

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