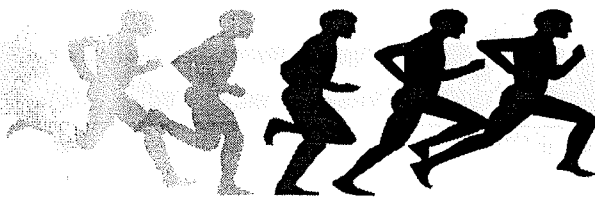


COLUMBIA TRACK CLUB

NEWS

Volume XXIX No. 9

March 1997



Hold on, here they come

As you'll see, this edition of the CTC News carries a handful of race entry/registration forms. Here is a preview of these great races:

⇒ **Human Race 5 Mile - 4/19**

Larry & Joe keep the tradition going. You can't miss this one.

⇒ **Show Me Stampede 5 K - 4/26**

If you like beef, you gotta run in this one. Plan on eating while you are there (after the race of course)

⇒ **Big Brothers/Big Sister's 5K & 1 Mile Fun Run - 5/3**

With the staggered start(5K only) based on age and sex, everyone has a chance to finish first in this very exciting race/format. Don't miss. Keep in mind that proceeds go to matching bigs and littles of Boone County

⇒ **WellAware 5K - 5/26**

Last year's 1st annual was so good, Mark and crew are doing it again. Like last year, proceeds will go to CTC colts.

As you can see, this will be a great way to break in the running season. We hope you can be a part of it. And again, if you can not run in any of these races throughout the year, PLEASE VOLUNTEER. It is not only fun seeing all the action, but it is very much appreciated. NOTE: You might need to photocopy some of these forms as they might have other forms on the reverse side.

Curt Kempf

Results are online

If you have access to the internet and/or COIN(Columbia Online Information Network), you may now access CTC's results online. This will allow you to see the last 12 months races, except for the St. Patricks Day 5K, where you will be able to see 1992- present's data.



To view these results, from COIN's main menu, choose **COMMUNITY RESOURCES**, then **RECREATION CENTER**, then **COLUMBIA TRACK CLUB**. Its that simple.

Or, if you have a web browser, such as Netscape, or Internet Explorer, just point it to:

<http://www.coin.missouri.edu/community/rec-center/track/>

Traffic on CTC's home page has been great these past couple months with almost 600 visitors since 2/1/97 and almost 300 viewers on the CTC results page.

If you have any ideas or suggestions for the CTC home page, your input is always welcome. Email me at ckempf@computerland.net.

Joe Duncan Hospitalized

Usually, the "25 years ago..." section goes here. Joe will provide highlights from 25 year old newsletters. Unfortunately, Joe is hospitalized, and I am attempting this newsletter. Now you know "the rest of the story".

Anyway, Tuesday(3-25-97), Joe fell off of a ladder while doing some work around his house. It wasn't just a minor fall. He unfortunately broke his ankle and foot in 3 places, broke his wrist, and incurred some other injuries as he finally landed. Joe, we hope you get feeling better soon.

NCAA finish line action

Would you like to see some **FREE** NCAA track and field action, UP CLOSE. The best way to do that is to help volunteer at this years University of Missouri T&F meets. It should be exciting with this years outdoor track now finished. If you would like to know more, please find the attached application to become an official. Just fill it out and mail it to Brett. Please note that this has no prerequisite. Only to have willingness. They will show you what they need you to do when you show up.

GOOD LUCK MIZZOU

Upcoming races

4/12/97	Spring Fling 5K Run/Walk	Jefferson City, MO
	Bob Hull	896-8976
4/27/97	Spring Escape 1/2 Marathon & 5K	Moberly, MO
	Kathy Flock	816.295.4560
	Terry Richardson	816.263.3000
5/10/97	Mother's Day 5K Run/Walk (women only)	Jeff. City
	Julie Miller and Boni Wagers	636-8501 and 635-6756

CTC Board of Directors

Curt Kempf, president	Tom Allen, secretary-treasurer
Joe Marks	Mark Wilson
Randy Gay	Mark Volek
Michele McFadden	Dick Hessler
Georgina Gonzalez	

The Columbia Track Club Newsletter is published monthly as a service to CTC members. Submissions are welcome. Articles, notices, results or any other information of interest to Columbia's running community may be sent to:

Curt Kempf, Temporary CTC Newsletter editor
2509 Lloyd Dr., Col.MO 65203 Fax: 446-2877
email: ckempf@computerland.net

CTC newsletter editor needed

With Dan Kelly moving last month, we need a willing person to "type up" CTC's newsletters. CTC has a legal copy of Microsoft Publisher 97 that you can use. Or, you can use anything you would like. Never the less, this only requires about 9 or 10 newsletters a year and you don't need to be an English graduate or anything like that. Just willingness.

So, if you have access to a computer, and are interested, please call me at 446-2878. Thanks, Curt

CTC briefs

CTC 15-K Run or Walk 3-22-97 ("The few, the proud")

Don Ballenger	55	1:18:06
Kevin Woodland	32	1:18:06
Wendell Wilson	56	1:21:13

Kansas City - Groundhog Day 10K 2/2/97

CTC participants:

Jimmy Rambur 2nd (age 15-19)	32:45
Matt Tanner 1st (age 1-14)	35:15
Dan Dethrow 9th (15-19)	36:03
Quentin Malloy 11th (15-19)	36:13
Dick Hessler 3rd (55-59)	38:22
Nathan Mechlin 18th (15-19)	38:30
Rob Hillard 23rd (15-19)	39:57
Tyson Stockglausner 24th (15-19)	40:00
Kristy Reams 3rd (age 15-19)	44:10
Rachel Williams 5th (age 1-14)	51:59

Kevin Stock went but I didn't get his place or time.
Winner was Todd Beran from Warrensburg. 29:58

Dick Hessler

Welcome new CTC members

Cheri Bullard	Ashland	Jim Robertson	Columbia
Michael Burks	Columbia	Tom Robertson	Columbia
Daniel & Sandra Coy	Columbia	Marc Stratman	Columbia
Dan Davis	Holts Summit	J.B. Waggoner	Fayette
Andrew Karlstrand	Columbia	John Wetz	Columbia
Nwal Miller	Columbia		
Melissa Nelson	Columbia		

SPONSORSHIP (INCENTIVE PRIZES). Prizes will be awarded to participants based on the amount of money turned in.

RAISE	WIN
\$ 1,000	\$100 Gift Certificate from Tryathletics
\$ 750	\$75 Gift Certificate from Tryathletics
\$ 500	\$50 Gift Certificate from Tryathletics
\$ 250	\$25 Gift Certificate from Tryathletics
\$ 100	\$10 Gift Certificate from Tryathletics
\$ 50	BB/BS Stadium Run T-shirt
\$ 25	Tryathletics water bottle

Make sponsorship checks payable to Big Brothers/Big Sisters Sponsorship & mail to:

BB/BS of Boone County
806 N. Providence - Suite 12
Columbia, MO 65203

SPONSOR FORM

Name: _____ T-shirt size: S / M / L / XL Age: _____

Address: _____ Phone: (wk) _____ (hm) _____

City/State/Zip: _____

[illegible]

(Make copies if necessary)

TOTAL RAISED:\$_____

1997 Couples Run/Walk 4 Miler

C-c-c-c-couples run is c-c-c-c-old

The Columbia Track Club's Couple's Run Saturday (1/11) brought out creative clothing and determined spirits as four couples braved 2 degree temperatures(-20 if you're a windchill nut). All participants are from Columbia, except Constable and Herzog, who are from Hannibal. The race started and finished at the entrance to Bethel Park.

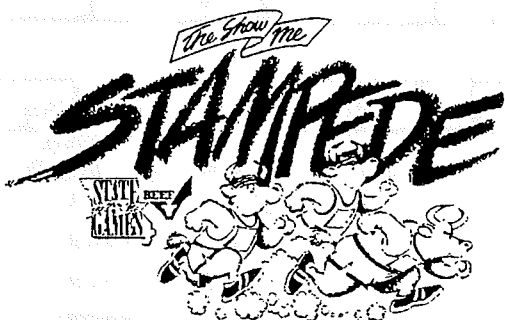
Race director: Georgina Gonzalez
asst: Joe Marks

	Name	Age	Time	Total Time
1.	Jimmy Rambur	18	23:15	
	Melissa Pagan	17	31:32	54:47
2.	Ryan Constable	18	25:35	
	Michelle Herzog	16	36:13	61:48
3.	Jim O'Dell	53	31:30	
	Karen Derrick	35	31:21	62:51
4.	Don Waltman	61	34:49	
	Nancy Fritsche	57	40:00	74:49

The Nut Race 2/1/97

Seventeen men and nine women competed in one of the best Nut Races weather-wise. The race officials were hopping from one foot to the next, but the runners and lone walker were in the comfort zone. A very special thanks to Tom Allen and Jeannine Pagan for helping with the timing and scoring.

1. Steve Stonecipher Fisher	18:35	7. Jay Hasheider	21:02	13. Joe Duncan	24:17	19. Bridget Engelbrecht	28:42
2. Scott Foster	18:56	8. Jim O Dell	22:00	14. Michael Smith	24:22	20. Kevin Woodland	28:52
3. Kevin Tyler	19:11	9. Lisa Wells	22:45	15. Don Waltman	24:50	21. Angela Woodland	29:06
4. Bob O Connell	19:43	10. Karen Derrick	23:08	16. Jim Sandfry	25:02	22. Nancy Fritsch	29:32
5. Tim O Connell	19:55	11. Melissa Pagan	23:22	17. Wendell Wilson	25:11	23. Mike Henry	29:56
6. Steve Engelbrecht	20:24	12. Dean Stover	24:03	18. Andrea Woods	26:25	24. Missy Doll	32:39
						25. Keith Gangdino	33:06



ENTER THE COLUMBIA SHOW-ME STAMPEDE 5K RUN!

Who: All Missourians
What: 5K Qualifying Run
for Show-Me STATE GAMES
When: April 26 at 10:00 A.M.
Where: Reactor Park
ENTRY FEE IS \$10.

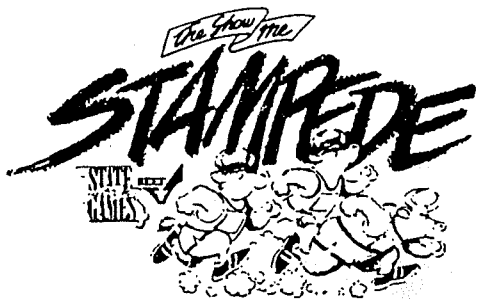
Missourians of all ages and fitness levels are invited to participate in the 4th annual Show-Me Stampede, a 5K (3.1 mile) run to kick off Beef Month and the Show-Me STATE GAMES. The goal of the Stampede is to improve health by promoting physical activity. The Missouri Beef Industry Council (MBIC) is cosponsoring the Stampede to help promote beef's contributions to good health. All participants automatically qualify for the Show-Me STATE GAMES Finals, to be held in Columbia, July 27th.

Show-Me Stampede participants will receive a t-shirt for completing the run and will also be eligible to win beef certificates and other prizes. Gold, Silver and Bronze medals will be awarded to the top three finishers in each age category. There will be a beef barbeque following the run. This barbeque is free to all runners and \$5 for others. Registration deadline is Wednesday, April 23. Packet pick up at Tryathletics between Noon and 6 p.m., Friday, April 25. Entry forms may be picked up and dropped off at Tryathletics. For details, contact Tom Smith at 573-875-2585.

**FOR FURTHER INFORMATION CONTACT
THE SHOW-ME STATE GAMES AT
573-882-2101**

Registration form on back





SHOW-ME STAMPEDE ENTRY FORM

PARTICIPANT'S NAME (Last Name • First Name • Middle Initial)

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

STREET NUMBER • STREET NAME • APARTMENT NUMBER

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

CITY

STATE

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

--	--

ZIP CODE

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

AGE - check one

12-and-under	<input type="checkbox"/>	30-39	<input type="checkbox"/>
13-14	<input type="checkbox"/>	40-49	<input type="checkbox"/>
15-16	<input type="checkbox"/>	50-59	<input type="checkbox"/>
17-18	<input type="checkbox"/>	60-69	<input type="checkbox"/>
19-29	<input type="checkbox"/>	70-79	<input type="checkbox"/>
		80-and-over	<input type="checkbox"/>

DAYTIME PHONE NUMBER

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

WAIVER OF LIABILITY

In consideration of my entry into the competition known as the Show-Me STATE GAMES/Show-Me Stampede, I, intending to be legally bound, do hereby for myself, executors and administrators waive, release, and forever discharge any and all rights and claims for damages, including any claims for loss, damages, or injury to my person or property arising out of my performance or failure of performance, from The Curators of the University of Missouri, the State of Missouri, the Governor's Council on Physical Fitness and Sports, the National Sports Governing bodies, the Missouri Beef Industry Council, the owner of the site of any festival or finals competition I may be participating in; their agents, representatives, successors and assigns, and, additionally, consent to all emergency medical treatment as may be deemed appropriate under existing circumstances by personnel associated with the Show-Me STATE GAMES.

athlete's signature

parent's or guardian's signature
(if athlete is under 18 years of age)

CONSENT FOR MEDICAL TREATMENT

I, the undersigned, do hereby authorize and consent to any first aid, medication, medical treatment or surgery deemed necessary in case of emergency.

athlete's signature

parent's or guardian's signature
(if athlete is under 18 years of age)

COLUMBIA

The Show-Me Stampede is sponsored by the Missouri Beef Industry Council. Entry fee is \$10 with all proceeds going to benefit the Show-Me STATE GAMES. Make checks payable to the Show-Me STATE GAMES. Return entry form and check to Tryathletics or mail to:

Number for Barbeque _____
(add \$5 for each person, runners eat free)

Tom Smith
Wellaware
10 W. Nifong, Suite G
Columbia, MO 65203



Human Race

5-mile Run (or Walk)

Saturday, April 19, 1997

Columbia, Mo.

Start: 8 a.m. at Rock Bridge High School

Awards to the top three male and female finishers in these age categories:

**Under 19; 20-24; 25-29; 30-34; 35-39;
40-44; 45-49; 50-54; 55-59; 60+**

**Entry fee: \$10. Deadline for entry is Tuesday, April 15, 1997
Race Packet Pick-up at Tryathletics, 1 South 4th St., noon -6 p.m.,
Friday, April 19...or on race day, 6:30-7:30 a.m., at Rock Bridge track**

T-Shirts to all participants

HUMAN RACE - ENTRY FORM

In consideration of your acceptance of this entry, I, intending to be legally bound, hereby, for myself, my heirs and assignees, waive any and all claims for damages which I might have against the Columbia Track Club for any and all injuries suffered by me as a result of this event.

Name (please print) _____ **Age** _____

Date of birth _____ **Sex:** M__ F__

T-Shirt Size: XL ___ L ___ M ___ S ___

Signature _____

Signature of parent or guardian if entrant is under 18

Address: (Include street or P.O. Box, city, state and zip)

Entry fee: \$10.

Deadline: April 15, 1997. NO LATE ENTRIES.

**Mail to: COLUMBIA TRACK CLUB, P.O. Box 1872, Columbia, MO
65205...or take to Tryathletics. Make checks payable to Columbia
Track Club.**

COLUMBIA
TRACK
CLUB

WELLAWARE 5K



Memorial Day -- Monday, May 26 -- 9 a.m.

AWARDS

Top three males and females 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64 and 65+. **Walkers:** 1st place only; 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 60+. Also, prizes awarded to the corporation with the most participants and with the fastest three-person total.

COST

\$12 on or before 5/19, \$17 after 5/19
\$10 on or before 5/19; \$15 after 5/19 for Boone Hospital and corporate employees and WELLAWARE facility members

SPONSORS

Boone Hospital Center's WELLAWARE
The Columbia Track Club
Proceeds to CTC youth programs

PACKET PICKUP

At WELLAWARE-Nifong, 10 W. Nifong
Friday - 5/23 3 p.m. - 8 p.m.
Saturday - 5/24 8 a.m. - noon
Race Day - 7 a.m. - 8:30 a.m.

Entry Form

Name: _____

Address: _____

City: _____

State: _____ Phone: _____

Sex: _____ Age on 5/26 _____ T-shirt size: S M L XL

_____ Walker _____ Runner

Mail or Drop Off
WELLAWARE 5K
10 W. Nifong Blvd., Ste. G
Columbia, MO 65203

Or

WELLAWARE 5K
1701 E. Broadway
Stephens Park Bldg., ground floor
Columbia, MO 65201

Or Tryathletics

Waiver: (Participants under age 18 must have guardian signature to be accepted)

I am aware that participating in a running/walking event is potentially hazardous. I am aware that I should be properly trained and medically able to enter a running/walking event. I willingly assume the risks of running on public streets and assume any and all other risks that are foreseen and unforeseen, including, but not limited to, the risks of falls, the effects of weather, condition of roads, and the probability of increased risk if I am inadequately trained or medically impaired. I understand that any rule interpretation is determined by the race director and his judgment will be final.

Knowing these and other facts, and in consideration of your accepting my entry to participate in the WELLAWARE 5K, I hereby, for myself, heirs, personal representatives, and anyone else who may claim on my behalf, covenant not to sue, and waive and release Boone Hospital Center, the BJC Health System, the Columbia Track Club, the City of Columbia, including their agents, employees or others acting on behalf of those entities from any and all claims of liability for death, personal injury and property damage of any kind, arising out of or in the course of my participation in this event. I also promise that I will not wear headphones while participating in this race. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, video graphs, motion picture recordings, or any other record of this event for any purpose whatsoever.

Signature

Parent or guardian signature if under 18

Regional Hospital's St. Patricks Day 5K (3/15/97)

1	Randy Starr	M	32	15:51	80	Thomas Ziegler	M	25	21:49	159	Matthew Peters	M	38	24:08	238	Robert Wideman	M	26	26:39
2	Jeffrey Medley	M	23	17:11	81	Michael Kramer	M	41	21:50	160	Margaret Johnston	F	26	24:08	239	Tanmay V. Shah	M	23	26:41
3	Marc Stratman	M	24	17:20	82	Margy Tonnies	F	27	21:51	161	Craig Johnston	M	41	24:08	240	Gayle Johnson	F	48	26:41
4	Aron Aaker	M	25	17:41	83	Terry Phillis	M	31	21:56	162	Brian Frey	M	26	24:09	241	Hank Schneider	M	50	26:44
5	Mark Wilson	M	35	17:44	84	James Robertson	M	42	21:57	163	Neal Miller	M	52	24:11	242	Kenneth Crutchfield	M	37	26:48
6	Troy Rickertsen	M	24	17:47	85	Lisa Wells	F	33	21:59	164	Robert Fults	M	27	24:12	243	J.B. Waggoner	M	28	26:49
7	Brian Smith	M	18	17:54	86	Joe Tonnies	M	29	22:04	165	Jim Dunkmann	M	39	24:12	244	Randy Spotswood	M	40	26:54
8	Frank Koch	M	32	17:59	87	Lori Loeb	F	35	22:05	166	William Randall	M	35	24:14	245	J. W. Sanders	M	45	26:55
9	Vince Jesaitis	M	18	18:02	88	Jeff Carter	M	33	22:05	167	Kevin Richardson	M	25	24:15	246	Amy Giangiacomo	F	25	26:57
10	Jamie Mondello	M	42	18:04	89	Andrea Siemer	F	22	22:09	168	Donna Romans	F	49	24:18	247	Kara Eberhard	F	14	26:58
11	Chris Cook	M	25	18:08	90	Gabriel Hodill	M	18	22:10	169	Carl Myers	M	63	24:20	248	Steve Chatman	M	40	27:00
12	Brian Takagi	M	38	18:11	91	John Rickey Meredith	M	43	22:12	170	Mike Ntarella	M	24	24:22	249	Katie Monticelli	F	15	27:00
13	Nathan Mechlin	M	19	18:14	92	Rebecca Miller	F	22	22:19	171	Chuck Gieringer	M	49	24:23	250	Carolyn Voss	F	18	27:01
14	Scott Foster	M	40	18:24	93	Brian Tune	M	13	22:21	172	Matthew Taylor	M	26	24:24	251	Jeanne Mcpherson	F	41	27:02
15	Darrin Young	M	30	18:31	94	Clifford McKisson	M	29	22:22	173	Beth Dubisar	F	19	24:27	252	David Casler	M	25	27:02
16	Will Sentell	M	44	18:40	95	Uwe Lochner	M	31	22:23	174	Phyllis Thomas	F	42	24:28	253	Kerry Hawkins	M	34	27:03
17	Jack Uhrig	M	43	18:40	96	Tyler Wood	M	13	22:26	175	Nathan Smith	M	12	24:28	254	Ben Patton	M	10	27:03
18	Sarah Lowrey	F	27	18:46	97	James Odell	M	53	22:26	176	Phillip Wise	M	43	24:29	255	Alex Koyejo	M	35	27:10
19	Denny Schrock	M	43	18:50	98	Jordan Cox	M	9	22:27	177	Norman Smith	M	52	24:33	256	Mary Sloan	F	52	27:13
20	Chris Mader	M	21	18:57	99	Matthew Mcvay	M	15	22:29	178	Ric Bush	M	44	24:35	257	Patrick Walls	M	23	27:13
21	Mike Baker	M	47	19:09	100	Todd Heibel	M	28	22:31	179	Ruth McCurdy	F	20	24:36	258	Jim Poehling	M	51	27:14
22	Dick Hessler	M	55	19:15	101	Dan Billington	M	37	22:32	180	Liz Straatman	F	37	24:37	259	Laurie McCurdy	F	38	27:15
23	Kevin Stock	M	35	19:15	102	George Faust	M	41	22:33	181	Donald Ballenger	M	55	24:38	260	Greg Luebbert	M	35	27:16
24	Michael Halferty	M	38	19:19	103	Anne Dannerbeck	F	40	22:34	182	Dennis Miller	M	39	24:39	261	Paul Gieringer	M	41	27:17
25	Bob Anderton	M	28	19:20	104	Gary Peel	M	39	22:35	183	Michael Stroh	M	33	24:45	262	Elizabeth Tanner	F	11	27:20
26	Christopher Henry	M	24	19:21	105	Steven Graves	M	50	22:37	184	Chris Patton	M	14	24:48	263	Thomas Ratermann	M	33	27:20
27	Justin Manning	M	26	19:21	106	Kirby Finders	M	42	22:39	185	Mary Jesaitis	F	15	24:48	264	Brent Hill	M	26	27:21
28	Philip Schaefer	M	43	19:25	107	Don Larsen	M	35	22:41	186	Jackson Hatter	M	30	24:50	265	Christina Samples	F	29	27:21
29	Peter Pastoret	M	44	19:27	108	Christopher Demoss	M	29	22:42	187	Jessica Jolly	F	16	24:54	266	Anna Rosen	F	38	27:22
30	Robbie Freels	M	15	19:28	109	Lisa Burger	F	34	22:42	188	Stephanie Price	F	14	24:54	267	Jon Rosen	M	44	27:22
31	Tom Davis	M	44	19:34	110	John Marks	M	28	22:46	189	Cheryl Hickey	F	13	24:55	268	James Kevin West	M	46	27:23
32	Charles Dodd	M	30	19:39	111	Dale Harmon	M	40	22:48	190	Dina Polson	F	23	24:56	269	Esther Schneider	F	37	27:27
33	David Mountjoy	M	42	19:45	112	Dean Stover	M	36	22:53	191	Ann Reed	F	31	24:58	270	Cindy Lange	F	35	27:27
34	John Carter	M	31	19:55	113	Jeff Oglesby	M	42	22:55	192	Jill Brocksmith	F	17	25:09	271	Beth Granberg	F	55	27:27
35	Dan Meenchan	M	36	19:56	114	Joseph Siefkas	M	35	22:56	193	Smy Banaum	F	23	25:10	272	Amy Gundy	F	31	27:28
36	Douglas Duncan	M	36	20:12	115	Austin Estabrooks	M	13	23:01	194	Angela Woodland	F	30	25:16	273	Steven Larson	M	38	27:29
37	Kerry Peveler	M	37	20:13	116	Kevin Woodland	M	32	23:02	195	Dan Hooley	M	46	25:18	274	Joseph Giacchi	M	52	27:31
38	Jim Diederich	M	38	20:14	117	Andria Miller	F	25	23:03	196	John Foley	M	50	25:18	275	Jennifer Shockley	F	24	27:34
39	Mark Lettang	M	28	20:15	118	Chris Marks	M	26	23:04	197	Steve Stockham	M	48	25:18	276	Dan Davis	M	40	27:41
40	Hugh Murrell	M	31	20:16	119	John Rudar	M	18	23:08	198	James Sandfry	M	55	25:19	277	Tracey Yund	F	18	27:42
41	Tom Collier	M	46	20:17	120	Jerry Price	M	47	23:10	199	Marilyn Upton	F	32	25:22	278	Julie Dougherty	F	30	27:44
42	Steve Hemmann	M	37	20:23	121	Raymond Sapp	M	50	23:10	200	Manuel Tatayon	M	33	25:26	279	Shari Fisher	F	35	27:46
43	Terry Hart	M	36	20:25	122	Steven Jeffrey	M	27	23:11	201	Terry Coffelt	M	40	25:28	280	Michael McCutcheon	M	27	27:46
44	Larry Scholl	M	25	20:30	123	Shannon Denison	F	25	23:11	202	Don Brocksmith	M	43	25:29	281	Richard Otto	M	47	27:47
45	Boyd Lawrence	M	35	20:31	124	bobby Hall	M	35	23:12	203	Michael Bietsch	M	41	25:31	282	Michael sr. Henry	M	50	27:49
46	Marvin Parks	M	32	20:35	125	Gus Lewton	M	40	23:18	204	Gary Giles	M	51	25:31	283	Amy Schadt	F	21	27:58
47	Ted Brandt	M	27	20:36	126	Thomas Harper	M	29	23:19	205	Robert Winkelamnn	M	43	25:34	284	Sandra Rice	F	25	28:00
48	Mark Livesay	M	31	20:37	127	Mike Camden	M	40	23:21	206	Jonathon Wenzel	M	21	25:34	285	Sean Stoy	M	26	28:00
49	Lisa Needy	F	28	20:38	128	Ben Lloyd	M	24	23:22	207	Philip Wood	M	56	25:35	286	Jim Schadt	M	50	28:01
50	Angie Luetkemeyer	F	30	20:41	129	Mark Dietzel	M	28	23:23	208	Terry Early	M	44	25:36	287	Luke Stuerman	M	35	28:02
51	Donald Granberg	M	55	20:43	130	Jennifer Polniak	F	29	23:26	209	Karen Garrison	F	42	25:37	288	Dennis Kent	M	49	28:02
52	Jerry Kelly	M	44	20:44	131	Justin Myers	M	13	23:27	210	Patricia Halferty	F	31	25:38	289	Janet Brandt	F	45	28:07
53	Bill Schrage	M	27	20:45	132	Fred Loesing	M	44	23:28	211	Timothy McCulloch	M	42	25:39	290	Drew Piester	M	13	28:08
54	Alan Olpin	M	25	20:48	133	Mark Horvit	M	32	23:32	212	Bob Humphreys	M	70	25:41	291	Katie Thrower	F	14	28:14
55	Richard Mcallister	M	40	20:50	134	Scott Glabe	M	13	23:34	213	Jason Kramer	M	14	25:42	292	Devon Thomas	M	26	28:14
56	Steven Bell	M	31	21:03	135	Thomas Giacchi	M	22	23:37	214	Brian Carter	M	30	25:43	293	Lucas Cummins	M	11	28:15
57	James Mcinvale	M	41	21:05	136	Greg Osmundson	M	30	23:42	215	Wendell Wilson	M	56	25:43	294	Damian Fay	M	27	28:17
58	Andrew Waters	M	28	21:15	137	Travis Ballenger	M	25	23:43	216	Jennifer Yund	F	22	25:44	295	Gina Garcia	F	29	28:20
59	Tom Smith	M	33	21:16	138	Thomas Highland	M	49	23:44	217	Joe Pete Terrell	M	9	25:47	296	Karen Francis	F	27	28:21
60	James Kinderknecht	M	37	21:20	139	Sarah Steffen	F	18	23:45	218	Barbara Burnett	F	49	25:49	297	Ken Smith	M	31	28:21
61	Jim Schoelz	M	38	21:23	140	Safire Stevens	F	17	23:45	219	Ronnie Thomas	M	34	25:53	298	Kyle Newell	F	40	28:22
62	Christy Tharenos	F	26	21:24	141	Julie Kesl	F	24	23:47	220	Denise Estabrooks	F	42	25:56	299	Leroy Sharp	M	63	28:22
63	Odell Newkirk	M	41	21:27	142	Robert McGowan	M	30	23:48	221	Kyle Chatman	M	13	26:01	300	Jennifer Tyler	F	11	28:23
64	Raymond Bedford	M	44	21:29	143	Mustafa Casson	M	23	23:50	222	Jerry Hackett	F	36	26:02	301	Jay Wood	M	39	28:24
65	Marty Cassidy	M	24	21:29	144	Jennifer Kuschel	F	24	23:51	223	Richard Shanker	M	45	26:10	302	Rosemary Wood	F	41	28:25
66	Chris Janku	M	44	21:31	145	Mike Robinson	M	23	23:52	224	Steven Mcdaniel	M	41	26:13	303	Cathy Williams	F	28	28:27
67	Richard Fish	M	46	21:33	146	Joe Duncan	M	62	23:53	225	Bill Morgan	M	46	26:16	304	Kevin Tyler	M	41	28:27
68	Paul Michaeletz	M	39	21:33	147	Garry Reeves	M	35	23:54	226	James Davis	M	46	26:16	305	Denise Boessen	F	34	28:28
69	Peter Wilden	M	42	21:36	148	John Dunn	M	60	23:55	227	Anthony Gonzalez	M	43	26:17	306	Dianne Priest	F	41	28:32
70	William Stockglasner	M	46	21:37	149	Cole Stanberry	M	13	24:00	228	Mary Finn	F	34	26:20	307	Sally Emmendorfer	F	34	28:32
71	Jeffrey Shikles	M	34	21:38	150	Tim Grace	M	46	24:01	229	Talia Catlett	F	17	26:20	308	Martha Patton	F	44	28:33
72	Tim Koski	M	37	21:38	151	Steven Fair	M	45	24:01	230	Thad Requet	M	26	26:23	309	Jeffrey Boyles	M	9	28:34
73	James Walls	M	30	21:39	152	Frank Cunningham	M	33	24:02	231	Raymond Simmons	M	71	26:32	310	Philip, J. Schaefer	M	11	28:37
74	Joel Bautista	M	35	21:40	153	Doug Phillips	M	32	24:04	232	Don Elfrink	M	38	26:33	311	Lyn Woolford	M	43	28:40
75	Patrick Grathwohl Jr.	M	15	21:41	154	Don Waltman	M	61	24:05	233	Joshua Braun	M	21	26:34	312	Eugene Gerke	M	47	28:44
76	Kenny Bopp	M	28	21:41	155	Mike Eberhard	M	11	24:06	234	Jeana Meinert	F	36	26:36	313	Melody Kroll	F	25	28:45
77	Donald Lewis	M	61	21:44	156	Scott Weithman	M	13	24:06	235	Andrea Woods	F	50	26:36	314	Deborah Casler	F	19	28:49
78	Mike Nelson	M	25	21:47	157	Doug Dubisar	M	47	24:07	236	Stephen Weddle	M	49	26:37	315	Douglas Casler	M	23	28:50
79	Maureen O'hare	F	29	21:48	158	Emilie Raymond	F	23	24:07	237	Danielle Ess	F	24	26:38	316	Paul Corson			

317 Alana Smith	F	46	28:55	396 Amos Burks	M	14	32:40	475 Mary Shifley	F	42	39:16	554 Carla Kramer	F	42	49:01
318 Laura Wells	F	56	28:58	397 Anne Horton	F	29	32:41	476 Gavin Cooper	M	14	39:16	555 Kim Hickey	F	41	49:01
319 Michael Eiser	M	28	29:06	398 Johnathon Brown	M	11	32:43	477 Kathy Hull	F	48	39:46	556 Cheryl Herbold	F	27	49:17
320 Nancy Fritsch	F	58	29:08	399 Tim Brown	M	33	32:46	478 James Heuer	M	30	39:54	557 Jane Conway	F	10	49:41
321 Cathy Rupard	F	41	29:10	400 Lynelle Phillips	F	29	32:54	479 Julie Gibbs	F	31	39:59	558 Paul Garrison	M	12	50:05
322 Carol McClure	F	33	29:13	401 Douglas Pierce	M	30	32:55	480 Erin Grace	F	11	40:02	559 Donnetta Eubanks	F	34	50:05
323 Julie Maledy	F	38	29:18	402 Robert Harris	M	62	32:56	481 Allen Tallmage	M	46	40:09	560 Joselyn Basa	F	26	49:51
324 Thomas Diestel	M	33	29:19	403 Ron Schepker	M	32	33:07	482 Scott Dressel	M	47	40:14	561 Kathleen Conway	F	43	49:52
325 Robert Kelly	M	35	29:24	404 Daniel Stookey	M	14	33:08	483 Mariah Oneal	F	20	40:16	562 Nancy Lankford	F	54	50:26
326 Bob Burns	M	55	29:27	405 Keisha Hardin	F	16	33:09	484 Kimberly Proctor	F	33	40:17	563 Midge Lind	F	73	50:27
327 Kollin King	M	9	29:29	406 Sue Petersen	F	47	33:10	485 Patrick Matticken	M	9	40:17	564 Georgia Baskett	F	47	50:31
328 Kami Stanley	F	23	29:29	407 Tony Mcgrail	M	10	33:14	486 Teresa Tainter	F	37	40:18	565 Jane Wise	F	42	50:37
329 Darcy Klingsmith	F	24	29:29	408 Michael Elwood	M	30	33:25	487 Matthew Wallen	M	13	40:22	566 Andrea Perkins	F	22	50:38
330 Chris Walthall	F	40	29:30	409 LeVonne Lee	F	27	33:28	488 Lisa Trent	F	38	40:25	567 Jim Schrader	M	34	51:21
331 Lorilea Johnson	F	30	29:31	410 Leslie Yates	M	48	33:39	489 Jennifer Harlan	F	15	40:26	568 Derek Schrader	M	7	51:24
332 David Werner	M	30	29:35	411 Ian Schoone	M	14	33:41	490 Carter Ferguson	M	7	40:27	569 Nathan Maxwell	M	11	51:42
333 Deborah Werner	F	30	29:36	412 Anthony Schoone	M	40	33:41	491 Drew Ferguson	M	7	40:27	570 Martin Ryan	M	49	51:43
334 Marvin Van Leer	M	60	29:37	413 Danny Mcgrail	M	7	33:46	492 Timothy Ferguson	M	35	40:28	571 Robyn Kaufman	F	38	51:44
335 Richard Froeschner	M	45	29:38	414 Keith Gangidino	M	44	33:46	493 Crystal Hill	F	11	40:29	572 Terrie Nagel	F	38	51:44
336 Jeanelle Twillman	F	64	29:40	415 Jennifer Rice	F	24	33:55	494 Phil Hill	M	40	40:32	573 Jennifer Storie	F	18	52:15
337 Kenneth Skouby	M	39	29:42	416 Mathew Rice	M	28	33:55	495 Leo Cloutier	M	66	40:32	574 Bobby Boatman	F	13	52:16
338 Stephanie Tanner	F	8	29:45	417 Elizabeth Koyejo	F	9	33:55	496 Alex Williams	M	7	40:38	575 Kimberly Goodson	F	13	52:16
339 Christina Dolan	F	28	29:48	418 Jay Kacena	M	43	33:57	497 Pat Sasenick	F	63	40:43	576 Linda Jeffrey	F	43	52:41
340 Reginald Kinsey	M	33	29:48	419 Rachel Edele	F	24	34:00	498 Jo Ellen Grace	F	38	40:45	577 Tara Murray	F	21	53:06
341 Cristen Foley	F	12	29:49	420 Anne Elfrink	F	36	34:01	499 Christina Luebbert	F	23	40:51	578 Mary Hayes	F	35	53:11
342 Laura Lambert	F	36	29:50	421 Linda Vogt	F	49	34:06	500 Mary Cantrell	F	25	40:51	579 Sue Dabney	F	38	53:11
343 Cindy Schneider	F	26	29:51	422 Matthew Foster	M	14	34:11	501 Marcella Hill	F	45	40:55	580 Laura Kreisman	F	27	53:12
344 Ryan Williams	M	12	29:51	423 Andy Kacena	M	13	34:24	502 Charlene Austell	F	24	41:03	581 Liz Henderson	F	39	53:12
345 Cynthia Foley	F	47	29:55	424 Anne Bartin	F	22	34:25	503 Suzanne Clizer	F	33	41:03	582 Sydney Weable	F	6	53:12
346 Ruth Brush	F	16	30:01	425 Cole Johnson	M	8	34:32	504 Kevin Clizer	M	31	41:04	583 Norma Weable	F	31	53:26
347 Thomas Macy	M	29	30:03	426 Michelle Dunlap	F	35	34:35	505 Lloyd Reed	M	50	41:04	584 Megan Cox	F	13	53:26
348 Scott Hughes	M	27	30:04	427 Cindy Wetz	F	40	34:36	506 Patricia Reed	F	51	41:05	585 Theresa Erdmann	F	15	53:27
349 James Koyejo	M	8	30:09	428 Donna Hrdina	F	34	34:45	507 Mary Patton	F	55	41:07	586 Mary Culp	F	15	53:28
350 Bob Hook	M	26	30:13	429 Michael Henry Jr	M	19	34:46	508 Nakia Weable	F	12	41:14	587 Dorothy Eskew	F	13	53:28
351 Terra Henry	F	21	30:32	430 Stephanie Vargesco	F	43	34:57	509 Douglas Weable	M	38	41:14	588 Kathryn Chilson	F	12	53:55
352 Chad Sapp	M	21	30:32	431 Albert Vargesco	M	44	35:01	510 Stephen Sasenick	M	64	41:44	589 Joyce Stratman	F	35	54:05
353 Larry Oneal	M	43	30:35	432 Wesley Kindred	M	13	35:01	511 Betty Wallau	F	41	41:46	590 Mary Myers	F	27	54:08
354 Randall Boehm	M	44	30:37	433 Kris Pauls	F	47	35:02	512 Marty Pliske	M	43	41:58	591 Amanda Thomas	F	14	54:09
355 Kara Hickey	F	10	30:38	434 Bill Pauls	M	47	35:09	513 Brenda Pasley	F	36	41:59	592 Lori McCallister	F	26	54:10
356 Keith Hickey	M	42	30:39	435 Lesa Davis	F	28	35:09	514 Mary Patterborg	F	48	42:06	593 Alex Harrison	F	7	54:33
357 Sandra Coy	F	31	30:46	436 Heather Carl	F	24	35:10	515 Kim Brelsford	F	40	42:19	594 Kelly Harrison	F	33	54:33
358 Kathryn Shifley	F	12	30:48	437 Cindy Carl	F	50	35:18	516 Carolyn Boline	F	34	42:21	595 Jennifer Prater	F	22	54:46
359 Darcy Ames	F	24	30:59	438 Emily Enkvetchakul	F	22	35:18	517 Ron Boline	M	37	42:21	596 Vivian Cook	F	57	57:11
360 Lee Meyers	M	50	31:03	439 Casey Nelson	F	13	35:20	518 Jordan Oneal	F	18	42:22	597 Larie Hartley	F	33	57:11
361 Shiloh Manning	F	25	31:06	440 J. Kevin Schoelz	M	9	35:36	519 Sarah Kramer	F	11	42:37	598 Marion Mueller	F	47	59:10
362 Megan Shifley	F	15	31:14	441 Jacqueline Jamieson	F	35	35:37	520 Bonnie Schill	F	46	42:39	599 Joan Cushman	F	44	59:11
363 Stephen Shifley	M	42	31:16	442 Anne Schoelz	F	36	35:38	521 Penny Gallogly	F	50	42:39	600 Margaret Nichols	F	55	59:11
364 Bryan Johnson	M	26	31:18	443 Jennifer Mast	F	20	35:38	522 Karen Oneal	F	26	42:55	601 Mary Nichols	F	17	59:42
365 Tom Burns	M	55	31:19	444 Claire Tyberend	F	23	35:39	523 H. Christine Weddle	F	25	43:02	602 Jamie Hornberger	F	18	59:45
366 Mark Bramon	M	34	31:22	445 Wendy Yee	F	29	35:49	524 Wade Curtis	M	29	43:02	604 Anita Mcgrath	F	33	59:52
367 Jana Williams	F	42	31:26	446 Kelly Lang	F	26	36:02	525 Caitlin Reynolds	F	9	43:03	605 Sandra Oetting	F	27	61:36
368 Terry Robb	M	42	31:34	447 Nicole Osmundson	F	26	36:03	526 Denise Reynolds	F	40	43:04	606 Cora Birkholz	F	58	61:38
369 Sara Stone	F	35	31:35	448 Nancy Lee	F	36	36:09	527 Andrea Sattler	F	7	43:15	607 Arlene Crocker	F	42	61:49
370 Gary Cain	M	26	31:42	449 Donna Neuerburg	F	37	36:09	528 Chuck Sattler	M	33	43:15				
371 Melody Cain	F	23	31:43	450 Darlene Chaney	F	32	36:12	529 Dottie Heibel	F	55	43:48				
372 Steven Peterborg	M	12	31:43	451 Kathy Kelly	F	38	36:13	530 Damien Roberts	F	14	43:49				
373 Keith Smith	M	43	31:48	452 Catherine Staats	F	29	36:25	531 Logan Flett	M	6	44:04				
374 Jim Balmer	M	58	31:55	453 Darian Atteberry	F	20	36:55	532 Mark Flett	M	35	44:05				
375 Bethany Campbell	F	12	32:00	454 Rebecca Acton	F	43	36:55	533 Christine Murray	F	21	44:08				
376 Penny Campbell	F	36	32:01	455 Elizabeth Gerhardt	F	76	36:59	534 Sarah Malicoat	F	23	44:09				
377 Kathi Fitzgerald	F	31	32:04	456 Claire Piester	F	9	37:01	535 Jay Hasheider	M	48	44:11				
378 Georgina Gonzalez	F	58	32:05	457 Jimmy Knight	M	34	37:05	536 James Windsor	M	43	44:12				
379 Ron Kautsch	M	45	32:06	458 Corey Grace	M	9	37:19	537 Carrie Johnson	F	22	44:45				
380 Norman Benedict	M	59	32:08	459 Nick Patton	M	7	37:50	538 Maggie Ealey	F	19	44:45				
381 Becky Ellebracht	F	16	32:11	460 John Patton	M	45	37:50	539 Wanda Davenport	F	43	45:09				
382 Abigail Hodill	F	16	32:12	461 Gary Tinsley	M	23	37:51	540 Chris Harris	M	31	45:10				
383 Heather Burton	F	17	32:14	462 John Taylor	M	51	38:05	541 Deborah Forssman	F	25	45:30				
384 Jarrod Esse	M	17	32:14	463 Lisa Shaw	F	16	38:13	542 Regina Randolph	F	23	45:31				
385 Michael Konrad	M	26	32:16	464 Paula Burger	F	35	38:21	543 Robin Stover	F	33	45:43				
386 Stephen Merritt	M	29	32:16	465 Dane Wilson	M	7	38:26	544 Heather Keith	F	13	47:08				
387 Ashley Brady	F	10	32:21	466 Kenny Eskew	M	10	38:28	545 Mandy Whitford	F	13	47:08				
388 Michael Brady	M	38	32:21	467 Iva Kotesovcova	F	17	38:30	546 Serena Lakey	F	15	47:09				
389 Philip Witherspoon	M	55	32:25	468 Brandi Sims	F	15	38:38	547 Valerie Ward	F	41	47:09				
390 Sarah Corson	F	19	32:26	469 Nicole Wood	F	17	38:46	548 T.J. Moore	F	33	47:09				
391 Mary Newby	F	49	32:27	470 Tina Peterman	F	39	38:46	549 Cathy Milligan	F	18	47:10				
392 Benjamin Vineyard	M	39	32:28	471 Paul Peterman	M	48	38:53	550 Joe Cragin	M	69	47:11				
393 Kay Evans	F	42	32:31	472 Chris Allen	M	26	38:54	551 Katie Corwin	F	8	47:19				
394 alan thompson	M	32	32:31	473 Jean Prior	F	49	39:07	552 Sherry Corwin	F	37	47:19				
395 Mark Flanegin	M	42	32:33	474 Anne Shifley	F	9	39:14	553 Bryan McCormick	M	26	47:47				

**UNIVERSITY OF MISSOURI
TRACK AND FIELD OFFICIALS ASSOCIATION**

APPLICATION FOR MEMBERSHIP

Name: _____

Home Address: _____
(Street, P.O. Box)

(City) (State) (Zip)

Office Address: _____

Office Phone: _____ Home Phone: _____
(area code) (area code)

Please indicate below in what capacity you wish to help:
(Check as many as you wish)

_____ Clerk	_____ Finish Line/Timer/Judge
_____ Starter	_____ Announcer
_____ Shot Put	_____ Recorder
_____ Long Jump/Triple Jump	_____ High Jump
_____ Pole Vault	_____ Discus
_____ Lane/Turns/Exchanges	_____ Hammer
	_____ Javelin

I have taken a certification training course and am certified as an official by:

USATF _____

MSHSAA _____

Other _____

Thank you again for your tremendous loyalty and your gift of your time and effort to the University of Missouri's Track and Field Program.

Return form to: Brett Halter
University of Missouri
Track and Field Office
368 Hearnese Building
Columbia, MO 65211



CTC Membership Application

NAME: _____ BIRTHDATE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____

Members of family at this address and their birthdates:

Annual fees are \$15, which covers all family members living in the same household. A "Silver Card" membership (tax deductible) costs \$40, with the additional \$25 going to the CTC Scholarship fund. Please make checks payable to COLUMBIA TRACK CLUB and send to:

CTC
P.O. Box 1872
Columbia, MO 65205

COLUMBIA TRACK CLUB *NEWS*

P.O. Box 1872
Columbia, MO 65205

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Joe Duncan
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Columbia, MO 65203-0614