



TRACK CLUB

NEWSLETTER Vol. XVI, No. 2 February 29, 1984

STEVE STONECIPHER-FISHER AND LIZ BULMAN LEAD 602 RUNNERS
THROUGH THE SLEET AND SNOW IN COLUMBIA REGIONAL HOSPITAL'S
FIVE MILE WINTER ROAD RACE February 26, 1984

PLACE	NAME	MALE	AGE	TIME
1	Steve Stonecipher-Fisher		27	25:42
2	Kent Lang		21	27:07
3	Bob O'Connell		34	27:49
4	Jim Marshall		25	27:55
5	Tom LaFontaine		37	28:04
6	Jack Defreitas		24	28:17
7	Norm Stebbins		27	28:34
8	Frank Koch		19	28:43
9	David DeWitt		21	28:54
10	Gary Oringderff		21	28:54
11	Dru Dixon		30	28:59
12	Jim Snowden		26	29:03
13	Dwayne Jenkins		19	29:04
14	Shelly Snook		26	29:07
15	Terry Yeater		32	29:09
16	Stan McQuinn		30	29:13
17	Mark Johnson		31	29:14
18	Ben Londeree		49	29:22
19	Tom May		17	29:42
20	Tom Moore		25	29:43
21	Richard Hessler		42	29:44
22	Ronald Belyea		40	30:02
23	Mark Hosler		37	30:03
24	Bob Shoemaker		33	30:06
25	Mark Hamlett		27	30:08
26	Bob McGrath		36	30:09
27	Mark Schmidt		16	30:14
28	Bruce Maxey		27	30:19
29	Tom Coon		29	30:40
30	Ron Croswell		20	30:42
31	Max Lewis		17	30:49
32	PEter Hessler		14	30:54
33	Jeremy Barnes		24	30:55
34	John Trotter		23	30:56
35	Rick Brandenburg		23	31:03
36	Jamie Mannion		26	31:05
37	Paul Cohle		27	31:10
38	John Richardson		30	31:27
39	Marvin Odneal		40	31:30
40	John Stumpner		23	31:36
41	Pete Frissen		19	31:36
42	Richard Madsen		42	31:39
43	Richard Harness		33	31:41
44	Ted Wood		28	31:48
45	Tom Allen		41	31:50
46	Jeff Skimming		22	31:54
47	Wayne Huckshold		31	31:54
48	Don Green		35	31:59
49	Mike Rasmussen		20	32:00
50	Richard Huse		38	32:02
51	Brian Areman		19	32:04
52	Mike Nieters		33	32:06
53	Gale Clithero		27	32:07
54	Blake Andersen		23	32:11
55	Dave Jackson		17	32:11
56	Shep Funderburk		42	32:13
57	Bucky Handley		23	32:15
58	Larry Fischetti		29	32:16
59	Mike Atwell		24	32:16
60	Mark Stolzer		28	32:17
61	Winston Reid		20	32:19
62	Mark Drucker		26	32:20
63	Mike Kavanagh		17	32:24
64	Mike Walther		26	32:25
65	Don Johnson		55	32:26

66	Steve Young	PAGE 2	36	32:27
67	Jack E. son		22	32:29
68	David Henner		23	32:31
69	Geoff Myer		14	32:38
70	John Lewis		15	32:39
71	Michael Crouch		37	32:42
72	Dale Wade		26	32:44
73	Mike Boyer		33	32:51
74	Marc Lammy		28	32:54
75	Frank Brown		33	32:58
76	Joe Weber		19	32:59
77	Sam Stout		40	33:01
78	Tom Rottjakob		15	33:01
79	Joe Goldfarb		43	33:04
80	Doug Tully		14	33:07
81	Kevin O'Bannon		15	33:09
82	Mick Crowley		21	33:10
83	Tom Huber		32	33:11
84	Kent Oliver		28	33:17
85	Clarence Coats		36	33:19
86	Chris Starbuck		35	33:23
87	Mike Green		39	33:25
88	Mike Chippendale		43	33:28
89	Tom Edes		29	33:29
90	Dan Molloy		23	33:32
91	Dan Dire		24	33:37
92	Tim Rooney		33	33:38
93	Gerry Heisler		37	33:39
94	Bahroz Yadegar		24	33:40
95	Keith Krummenachek		29	33:41
96	George Hoerr		29	33:42
97	William Stack		36	33:42
98	Terry Rackers		39	33:46
99	Kevin Justis		37	33:47
100	Randy Harris		28	33:48
101	Mike Houtz		19	34:04
102	Bill Rathert		29	34:06
103				34:08
104	Rick Rother		35	34:12
105	Austin Amos		22	34:16
106	Timmy Farrell		25	34:19
107	Rick Whelove		37	34:20
108	Ron Wampler		36	34:21
109	Bill Henry		35	34:22
110	David Sleper		38	34:23
111	Tim Gibson		13	34:26
112	Tom Coudron		32	34:28
113	David Kimberling		34	34:29
114	Jim Miles		20	34:30
115	Ray Glendening		32	34:31
116	Peter Lang		17	34:34
117	David Berry		23	34:38
118	Glen Farmer		35	34:45
119	David Clark		35	34:46
120	Jim Nowak		32	34:47
121	Roger Foster		23	34:49
122	John Qualy		36	34:50
123	Todd Bellem		22	34:51
124	Matt Gray		25	34:58
125	Joe Polacco		39	35:01
126	James S. Johnson		33	35:04
127	Rick Spaulding		23	35:05
128	Dan Schuppan		38	35:06
129	Dwaine Arnold		15	34:08
130	Lawrence Henry		43	35:09
131	David Neely		30	35:12
132	Park Miller		31	35:13
133	Bill Start		25	35:17
134	Fred Fritsch		48	35:18
135	Gerald Jorgenson		25	35:20
136	Bob Korte		27	35:23
137	Tom King		34	35:26
138	Joe Blum		24	35:29
139	Herbert Mittelhauser		54	35:30
140	Gary Grant		31	35:32
141	Joe Duncan		49	35:34
142	Rob Nix		31	35:36
143	Don Waltman		48	35:37
144	Greg Critchfield		27	35:38
145	Randall Imhoff		27	35:40
146	Edward Barbour		22	35:41
147	Harold Denlod		23	35:42
148	Ron Hein		26	35:42
149	Steve Sylvester		25	35:43
150	Ken Whistler		33	35:43

151	Terry Gihson	PAGE 3	40	35:45
152	Terry R. Ardson		5	35:50
153	Bob Curry		41	35:51
154	Steve Kuntz		33	35:52
155	Jean Madden		56	35:52
156	Nick Peckham		43	35:53
157	George Randolph		18	35:54
158	John Hornback		23	35:56
159	Todd Gregory		22	35:59
160	Dan Smith		30	36:00
161	Ron Tauchen		29	36:02
162	James Glodoski		23	36:03
163	Terry Lenz		36	36:05
164	Reagan Hinnant		26	36:08
165	John McCormick		40	36:09
166	Tomas Hinojosa		26	36:15
167				36:16
168	Jerry Foote		45	36:17
169	Herb Swanson		45	36:22
170	Dennis Jones		36	36:22
171	Kelvin Walls		23	36:23
172	Greg Renner		32	36:24
173	Greg Miller		30	36:24
174	Matt Selmon		31	36:25
175	Jim Long		27	36:31
176	Dan Chapel		26	36:34
177	Craig Plaster		27	36:44
178	David Plummer		39	36:46
179	Greg Edgan		21	36:47
180	Jim Ryan		27	36:48
181	Rob Walsh		20	36:51
182	H.C. Russell		27	36:52
183	Paul Johnson		22	36:54
184	David Kelp		19	36:54
185	John T. Walsh		23	36:55
186	Rob Peterson		14	36:57
187	Bob Peterson		36	36:57
188	Eugene Gerke		34	37:00
189	Jim Lockhart		24	37:01
190	Mike Murphy		33	37:03
191	Ken Welty		32	37:10
192	Robert Sargent		15	37:12
193	Don Ballenger		42	37:17
194	Tom Musacchia		30	37:17
195				37:18
196	Larry Petterborg		35	37:19
197	David Dod		20	37:20
198	Tom Rackers		42	37:21
199	John P. Nitte		35	37:27
200	Ray Ensor		25	37:33
201	Steve Wright		31	37:33
202	Steve Uline		28	37:37
203	Mike Brown		23	37:38
204	Frank Williams		26	37:39
205	Chad Stiegers		22	37:39
206	Scott Murphy		14	37:40
207	Berne Singew		41	37:41
208	Matt Williams		16	37:42
209	Jim Bramblett		34	37:43
210	Paul Gass		27	37:46
211	John Henzel		47	37:52
212	Ted Scheske		50	37:53
213	Robert Whitter		20	37:56
214	Scott Petersen		27	38:04
215	Bassam Hussien		23	38:05
216	Greg Gagnon		28	38:05
217	Robert Treece		21	38:06
218	Harry Pendergraft		42	38:07
219	Ray Harder		36	38:08
220	Gerald Reihsen		48	38:14
221	Mark Deaner		29	38:16
222	Lindy Holley, Jr.		35	38:18
223	Roger Hanson		52	38:20
224	Wayne Hansen		33	38:26
225	Ron Hudspeth		35	38:29
226	Tom Walsh		22	38:30
227	Michael Hoff		25	38:31
228	Sid Hose		45	38:32
229	Scott Stapert		22	38:33
230	Phil Bledsoe		28	38:36
231	Tab Powell		29	38:38
232	Charles R. Underwood		52	38:38
233	Kevin Rudeen		33	38:40
234	Charles Lind		37	38:43
235	Michael Basista		38	38:45

236	Steve Privette	25	38:45
237	Bill Nanneman	34	38:48
238			28:51
239	J.C. Kinkad	49	39:04
240	Patrick Mulkey	14	39:06
241	Rick Nesmith	31	39:07
242	Rick Wright	21	39:08
243	Jason Lipsey	15	39:09
244	Matt Darrough	13	39:10
245	Ryan Bramblett	8	39:19
246			39:19
247			39:21
248	Mark Chivers	23	39:23
249	Donn Ovshak	24	39:24
250	Jim Pastoret	60	39:24
251	Floyd Broussard	34	39:26
252	Ed Vansciver	36	39:29
253	A. Meyers	52	39:30
254	Bob Humphreys	57	39:31
255	Dan Gonzales	22	39:31
256			39:35
257	David Lake	17	39:36
258	Dan Reed	44	39:37
259	Bill Perry	31	39:38
260	Ron Flatt	36	39:47
261	Gary Freelin	37	39:48
262	Rich Lansford	34	39:55
263	Leo Jablonski	27	39:56
264	Gary Zwonitzer	46	39:57
265			39:57
266	Greg Carroll	31	39:58
267	Nathan Oliver	14	40:01
268	Kenneth Clay	26	40:02
269			40:04
270	Denny Hill	30	40:05
271	Bill Hungadi	40	40:08
272	Scott Koerner	32	40:08
273	Ron Waikenbach	36	40:11
274	Gene Ronchetto	25	40:15
275	Joe Cahill	22	40:16
276	David Monaghan	27	40:18
277	Jon Ott	37	40:21
278	Steve Howard	22	40:26
279	Rob Alongi	29	40:26
280	Perry Gustafson	39	40:28
281	Rob Eichelberger	29	40:28
282	Darwin Hindman	50	40:29
283	Matt Hulsey	22	40:33
284	Kevin Ratliff	19	40:40
285	Bob Kupfer	22	40:40
286	Bill Cowell	26	40:46
287	Dan Clinkinbeard	34	40:49
288	Herman Nebel	43	40:51
289			40:55
290	Robert Dove	23	40:56
291	Michael Prewitt	33	40:59
292	Arthur Lee	34	41:03
293	Mark Heislen	26	41:05
294	Steve Kempker	12	41:06
295	Joe Piotrowski	33	41:10
296	Bryan Flatt	12	41:13
297	Merl Langford	52	41:15
298	Patrick Dougherty	50	41:20
299	John Dwyer	37	41:22
300	Ward Buffington	16	41:23
301	Curt Coonce	25	41:27
302	Randy Nueller	27	41:29
303	Weldon Shenron	18	41:29
304	Lyle Welch	14	41:31
305	Kenneth Crompton	39	41:34
306	Mark Wille	30	41:35
307	Christian O'Brien	12	41:36
308	Lonny Payne	13	41:36
309	Laurence O'Brien	34	41:37
310	Mark Watson	28	41:42
311	Terry Klieppel	25	41:44
312	Mike Bryant	13	41:47
313	Robert Tonn	26	41:50
314	Fred Juettner	38	41:50
315	Peter Dunchron	13	41:56
316	Terry Stibham	30	42:00
317	Ken Hirlinger	33	42:09
318	Roger Bautista	44	42:10
319	Daniel Sullivan	44	42:11
320	David Lemke	23	42:16
321	Kirk Tarmer	22	42:19
322	David Roberts	36	42:24
323	Hugh Wilson	47	42:25
324	Mark Hope	10	42:38
325	Don Hostetter	43	42:54

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326	John Dunn	46	42:55
327	Don Patterson	61	42:58
328	Jon Graham	13	42:59
329	Shep Funderburk	12	43:00
330	Luke Lundemo	34	43:04
331	Russell Hutchings	31	43:06
332	Jim Denny	40	43:09
333			43:15
334	James Shipp	43	43:16
335	Doug Selbach	15	43:24
336	Fred Schmidt	30	43:32
337	Brian Turner	15	43:40
338			43:44
339	Tave Hass	28	43:47
340	Mike Gray	29	43:48
341	Mel Eaton	34	43:50
342	Denny Hendren	28	43:54
343	John Jones	25	43:55
344			43:56
345	William McCord	32	44:09
346	Joe Giacchi	39	44:21
347	Bill Ward	54	44:25
348	Charles Tenholder	48	44:25
349	Ken Robson	37	44:27
350	Greg Wynd	21	44:36
351	Ron Frederick	44	44:49
352	Rao Ricardo	22	44:50
353	Jay Jordan	47	44:52
354	John O'Connor	51	44:54
355	Ronald Roberts	35	44:58
356	Rusty Merideth	28	45:00
357	Mark Jackson	31	45:06
358	Don Long	66	45:22
359	Allen Ensor	37	45:30
360	Jim Neal	36	45:31
361	Mike Happ	43	45:32
362	Allen Garverick	39	45:35
363	Rick Kuehne	22	45:45
364	Jerry Templer	45	45:51
365	Nick Duggan	29	45:59
366	Jim Peregoy	18	46:03
367	Ron Shelden	18	46:06
368	Finn Harmsen	20	46:07
369	Jim Wilkerson	31	46:08
370	Crory Blanchard	30	46:09
371	Paul Farrow	21	46:10
372	Mark Bollinger	28	46:15
373	Brian Bowman	30	46:18
374			46:25
375			46:32
376	Carl Cameron	40	46:33
377	Richard Walk	30	46:34
378	Dave Holsinger	41	46:55
379	David Snow	34	46:58
380	Jim Schlup	23	47:04
381	Michael McQueary	10	47:15
382	Michael Howard	25	47:18
383	Chris Fletcher	13	47:39
384	Rusty Sallee	27	48:11
385	Davin Tipton	18	48:22
386	Vincent St. Omer	49	48:27
387	Kevin Kohne	23	48:28
388	Keith Doornbos	36	48:31
389	Mark Allshouse	26	48:52
390	Jimmy Murkison	14	48:57
391	Rocky Hicks	29	49:08
392	Scott Morgan	20	49:13
393	Clint Tennil	38	49:22
394	Kevin Robson	12	49:29
395	Larry Fick	42	50:12
396	Gary Fennewald	32	50:23
397	Norris Waite	29	41:29
398	Levester Cannon	48	51:56
399	Dand Hauslag	26	52:14
400	Kevin Murphy	11	52:26
401			52:29
402	Charles Phillips	31	52:29
403	Clint Tennill	13	52:48
404	Harry Murray	27	52:52
405	Joseph Mangini	9	53:17
406	Lee Chartier	9	53:18
407	Charles Neill	40	54:03
408	Brian Wilmsmuier	12	54:13
409	Tom Barton	23	54:32
410	Jim Tapp	54	54:39
411	Brad Allford	36	55:49
412	James Irby	34	55:56
413	Joe Mangini	42	56:25
414	Robert Spier	61	56:34
415	Daniel Stark	7	56:39

416	Jerome Taylor	37	58:24
417	John Morgan	21	58:28
418	Norman Cox	17	58:29
419	Patrick McGrath	8	59:37
420	William Cragin	56	1:00:01
421	Scott Hope	7	1:00:14
422	Bill Hope	38	1:00:18
423	Rich Kiene	35	1:00:33
424	Chris Oliver	10	1:01:47
425	Mark McCormick	9	1:03:43
426	Steve Saldana	8	1:03:44
427	Bob Gray	50	1:04:10
428	Hilton C. Walker, Jr.	34	1:04:13
429	Darrin Cramer	11	1:04:33
430	John Stott	12	1:04:39
431	Daniel Carey	10	1:04:52
432	John Chartier	37	1:06:09
433	Jacob Chartier	6	1:06:18
434	Mike Scherrer	11	1:06:40
435	Mike Mings	28	1:06:41
436	Bill Scherrer	8	1:07:59
437	Kevin Backues	15	1:08:02
438	Martin Ryan	36	
439	Colin Downey	13	
440	Tom Harmon	12	
441			

FEMALE

1	Liz Bulman	24	30:10
2	Debbie Hoxworth	25	33:22
3	Chris Ruble	29	34:09
4	Wendy Hager	21	34:18
5	Jill Murphey	25	35:56
6	Bernadette Gerke	24	36:07
7	Leigh Porcher	27	36:11
8	Jean White	32	36:20
9	Elaine Mercer	26	36:27
10	Amy Pantzer	22	36:37
11	Elaine Sleper	38	36:49
12	Kirsten Butler	19	37:28
13	Susan Boyles	41	37:31
14	Linda Hope	37	38:19
15	Judy Gramling	30	38:33
16	Angelia Hessler	10	38:40
17	Grace Dorta	28	38:52
18	Jenni Schuller	23	38:55
19	Colleen Gibler	22	39:04
20	Denise Boyle	19	39:26
21	Laura Anderson	22	39:27
22	Mary Haskamp	27	39:30
23	Angie Rupp	21	39:42
24	Darla Bryant	17	39:48
25	Julie Slivinsky	16	40:08
26	Colleen Fantz	34	40:10
27	Leah Christopher	21	40:17
28	Shellee Botts	30	40:18
29	Anne Fitzsimmons	25	40:21
30	Lou Anne Fay	34	40:31
31	Mary Sue Gibson	34	40:36
32	Andrea Grooterst	32	40:40
33	Fran Welek	27	40:49
34	Linda Robbins	32	40:50
35	Laurie Lindstrom	23	40:52
36	Laurie Mitchell	24	41:03
37	Judie Leino	30	41:08
38			
39	Jan Esterly	19	41:17
40	Robbie Lieberman	29	41:21
41	Susan Reis	24	41:22
42	Louise O'Toole	37	41:24
43	Virginia Gardner	40	41:32
44	Cindy Lababidi	37	42:13
45	Fran Barile	26	42:18
46	Lisa Harris	18	42:27
47	Ann Krueger	29	42:30
48	Phyllis Dopp	45	43:07
49	Tammy McMurry	20	43:11
50	Carla Qualy	35	43:13
51	Bridget Neichter	23	43:13
52	Mary Jo Pohlman	25	43:24
53	Kim Dude	32	43:44
54	Pamela Calvert	38	43:54
55	Georgia Morehouse	50	44:09
56	Carole Madsen	40	44:14
57	Ann Hartley	42	44:15
58	Teresa White	19	44:19
59	Ann Scott	24	44:20
60	Kay Marsh	28	44:42
61	Pam Hanslip	25	44:55
62	Sharon Ladue	40	45:03
63	Wendy Flatt	13	45:05
64	Amber Tripp	26	45:06
65	Allyson Garverick	9	45:07

66	Kathy VonWald	24	45:08
67	Barb Rodriguez	19	45:19
68	Rebecca Norton	23	45:25
69	Ann Couch	25	45:25
70	Jeanette Twillman	51	45:29
71	Deanna Rottjakob	11	45:31
72	Sally Duggan	26	45:32
73	Beth Bales	31	45:33
74	Kristen Henzel	10	45:38
75	Arlene Dethloff	31	45:45
76	Ann Seymour	39	45:55
77	Laurel Carpenter	18	45:56
78	Nancy Fritsch	45	45:57
79	Tammy Tate	19	46:05
80	Anne Strozier	36	46:06
81	Shelly Mitchell	21	46:08
82	Geogina Gonzalez	45	46:10
83	Tonda Barrett	29	46:12
84	Becky Judlowe	34	46:14
85	Suzanne Stillman	19	46:15
86	Lesley Barthalic	22	46:18
87			
88	Jeannette French	35	46:29
89	Stacy Holsinger	13	46:29
90	Peggy Moore	36	46:31
91	Cindy Johnson	33	46:42
92	Amy Berlinger	24	47:05
93	Cheryl Odneal	36	47:22
94	Sherry Meliskog	23	47:28
95	Joni O'Connor	46	47:23
96	Patti Cox	30	47:46
97	Susan Marshall	32	47:47
98	Mary Kay Hadican	38	48:00
99	Joanne Arthur	29	48:22
100	Ella Palmer	30	48:27
101	Pat VanBooven	44	48:31
102	Linda Stuart	23	48:39
103	Marilyn Remiger	23	48:50
104	Deb Schepker	30	48:52
105	Darlene Londeree	46	48:52
106	Barbi Francis	21	49:14
107	Lisa Fix	21	49:15
108	Laura Knick Meyer	23	49:26
109	Chris Cott	29	49:27
110	Kris Schwend	21	49:37
111	Mary Jones	36	49:44
112	Marilyn Holsinger	61	50:12
113	Peggy Lipsey	34	50:20
114	Tammy Nichols	13	50:26
115			50:28
116	Mianne Underwood	19	50:33
117	Nancy Ott	32	51:13
118	Ann Tapp	50	51:22
119	Nancy Fuchs	36	51:26
120	April Adler	22	51:48
121	Bernadette Pistoni	22	52:11
122	Molly Taylor	27	52:21
123	Karen Gagnon	27	52:21
124	Debi Jones	30	52:38
125	Terri Nichols	10	52:56
126			53:00
127	Betty Holcomb	38	53:19
128	Rosaland Stewert	24	54:04
129	Pam Allard	33	54:22
130	Rebecca Irby	9	54:24
131	Linda Hoffman	33	55:06
132	Juanita Kennedy	47	55:21
133	Linda Miller	30	55:24
134	Janet Briswalter	32	55:50
135	Stephanie Scheske	37	56:02
136	Carla Garrison	26	56:03
137	Kim Carey	15	56:49
138	Sharon Mitchell	39	58:45
139	Kelly Conforti	13	58:45
140	Susan Doyle	24	58:49
141	Mary Kauffman	24	58:58
142	Kelley Dopman	25	59:01
143	Raye Diamant	21	59:02
144	Teresa Morris	19	59:03
145	Bernadette Wilson	24	59:59
146	Margeartt Johnson	54	1:01:53
147	Frances Atkin	58	1:02:02
148			1:02:57
149	Debbie Drummond	24	1:03:02
150	Julia Malone	23	1:03:04
151	Barbra Coffman	53	1:03:05
152	Eileen Harrahill	31	
153	Helen Walker	8	
154	Kay Harmon	32	
155	Sharon Irby	28	
156	Christy Tennill	12	
157	Stephanie Saldana	7	
158	Patty Drummond	23	
159	Nina Hakala	12	
160	Marjarita Hakala	34	
161	Elizabeth Hickman	66	

DRU DIXON WINS FIRST CTC EVENT, 5,000 METER NUT RACE
 SUSAN BOYLE SETS RECORD February 11, 1984

1.	Dru Dixon	30	16:33
2.	Tom LaFontaine	37	16:38
3.	Gary Oringderff	25	17:00
4.	Norm Stebbins	37	17:07
5.	Mark Hosler	37	17:10
6.	Don Lewis	48	17:11
7.	Ben Londerree	49	17:14
8.	Ron Belyea	40	17:27
9.	Whitney Hicks	48	17:33
10.	Stan McQuinn	30	17:36
11.	Tom Coon	29	17:37
12.	Dick Hessler	42	17:45
13.	Dave Mountjoy	29	17:51
14.	Peter Hessler	14	17:54
15.	Mark Volek	28	18:12
16.	Bob McGrath	36	18:20
17.	Bob Shoemaker	33	18:26
18.	Pete Pastoret	31	18:42
19.	Dick Madsen	42	18:51
20.	Richard Harness	33	18:54
21.	Terry Rackers	39	19:10
22.	Don Johnson	55	19:14
23.	Liz Bulman f	24	19:25
24.	Mark Stolzer	28	19:37
25.	Tom King	34	19:43
26.	Stuart Towns	44	19:46
27.	Sam Stout	40	19:47
28.	Mike Walther	26	19:49
29.	Tim Rooney	33	19:55
30.	Paul Kmiecik	30	20:03
31.	Joe Polacco	39	20:03
32.	Debbie Hoxworth f	25	20:10
33.	Bill Stuart	25	20:25
34.	Norris Kruse	48	20:29
35.	Park Miller	31	20:36
36.	Chris Ruble f	29	20:39
37.	Brian Nicol	32	20:41
38.	Ron Tauchen	29	20:41
39.	Ken Whistler	33	20:52
40.	Susan Boyle f	41	21:01
41.	Joe Duncan	49	21:13
42.	Ron Wampler	36	21:22
43.	Terry Richardson	35	21:35
44.	Dennis Jones	36	21:36
45.	Bernadette Gerke	24	21:50
46.	Roger Hanson	52	22:00
47.	Turk Storvick	55	22:07
48.	Bob Curry	41	22:08
49.	Mary Wulff f	16	22:36
50.	Laura Vaughan f	18	22:36
51.	Angela Hessler f	10	22:43
52.	Amy Hessler f	18	23:41
53.	Shellie Botts f	30	23:49
54.	Sherry Wulff f	16	24:26
55.	Mary Haskamp f	27	24:47
56.	Rusty Meredith	28	25:05
57.	Cindy Nicol f	30	25:24
58.	Ryan Belyea	12	25:58
59.	Bill Ward	54	26:07
60.	Linda Stuart f	23	27:20
61.	Marilyn Remiger f	23	28:03
62.	Gary Fennwald	32	28:07
63.	Margaret Johnson f	54	35:00

THANKS to Dick Hessler for being Race Director and to the people who helped him: Anne Hessler, Brigitta Hessler, Veva Spier, Charles Geiss (yes, he is still around), Joe Marks and probably a few others.

Bill Taft won the DT competition by being zero seconds off his DT, as was Dick Madsen, however Bill was on the course longer so he got the nuts for that.

Mark Hosler got a cocoanut award for being the most scantily clad male runner and we won't say who got the female award.

THANKS to WESTLAKE'S for providing the large jars of peanuts at half price--and they were already on sale.

THE WALKERS:

1.	Don Williams	34	31:28
2.	Rob Spier	61	31:40
3.	Bill Taft	68	38:00

Balmy temperatures, low 60's, quite a contrast to the near blizzard conditions we have had for this race in the past. Cloudy, moderate wind from the northeast. The record Susan Boyle lowered was the 25:14 set by Mecca Carpenter in 1979.

ELAPSED TIME STANDINGS (not including Run for Life 5 mile):

MALE

Open

1. Mark Hosler	185
2. Lewis	170*
3. Hicks	163
4. Londeree	158
5. LaFontaine	154
6. Stebbins	144
7. Madsen	139
8. O'Connell	118
9. Hessler	113*
10. Volek	109
11. Goodrich	106
12. S-Fisher	102
13. Johnson	100
14. Kruse	90
15. Klinge	86
16. Dixon	86
17. Lang	81
18. Harness	79
19. Coon	79
20. McQuinn	79

21. Belyea	77
22. Rackers	76
23. Walther	75
24. Baxter	72
25. Tauchen	70
26. Kurth	66
27. Duncan	61
28. Butler	60
29. McGrath	59
30. Miller	56
31. Mountjoy	53
32. Nicols	51
33. Oringderff	51
34. Storvick	48
35. Hanson	43
36. Mittelhauser	42
37. Rooney	42
38. Shoemaker	38
39. Pastoret	37
40. Wampler	37

41. Harris	34
42. Stolzer	32
43. King	31
44. Stout	30
45. Parker	29
46. Lanier	29
47. Brandenburg	28
48. Baurichter	27
49. Dopp	26
50. Marks	25*
51. Kelly	24
52. Odneal	24
53. Funderburk	23
54. Heisler	22
55. Whistler	21
56. Fritsch	18
57. Allen	18
58. Swanson, M	17
59. Swanson, H	16
60. Jones	15

61. Rackers, Tom	15
62. Curry	14
63. Wilke	13
64. Slivinsky	13
65. Ward	12
66. Patterson	12
67. Zwonitzer	12
68. Hose	12
69. Gerhardt	11

*Denotes 25
points for
being a Race
Director

15 & under

1. P. Hessler	29
2. R Belyea	22
3. Tully	16
4. T. Gibson	15
5. Jay Sowash	14
6. M. Bryant	13
7. Jeff Sowash	12
8. C. Rackers	11

30-39

1. Hosler	104
2. LaFontaine	82
3. Stebbins	78
4. O'Connell	57
5. Goodrich	57
6. Harness	50
7. Rackers	49
8. Dixon	47
9. McQuinn	45
10. Miller	41
11. McGrath	40
12. Nicols	39

13. Kurth	34
14. Rooney	31
15. Wampler	26
16. Shoemaker	25
17. Pastoret	24
18. Jones	24
19. King	21
20. Whistler	15
21. Heisler	15
22. Parker	15
23. Baurichter	13
24. Richardson	13
25. Wilke	11

50 & over

1. Johnson	56
2. Hanson	37
3. Storvick	35
4. Patterson	12
5. Ward	11

WALKERS

1. Spier	47
2. Taft	33
3. Williams	13

40 & over

1. Hicks	89
2. Londeree	86
3. Lewis	80
4. Madsen	77
5. Kruse	56
6. Hessler	55
7. Baxter	47
8. Duncan	38
9. Belyea	36
10. Kelly	22

11. Stout	14
12. Funderburk	14
13. Allen	13
14. Fritsch	12
15. Slivinsky	12
16. Swanson	12
17. Zwonitzer	12
18. Rackers	11
19. Hose	11
20. Curry	11

FEMALE

Open

1. Ruble	88*
2. Hoxworth	78
3. Bulman	74
4. Wulff, S	50
5. Boyle	48
6. Nicols	42
7. Wulff, M	41
8. Murphey	36
9. Johnson	33
10. Holsinger	25

11. Madsen	23
12. Gerke	22
13. Morrison	20
14. Bryant	19
15. Slivinsky	19
16. Hessler	18
17. Haskamp	15
18. Fritsch	15
19. Odneal	14
add: Seymour	29

35 & over

1. Boyle	37
2. Johnson	33
3. Seymour	29
Holsinger	25
5. Madsen	23
6. Fritsch	15
7. Odneal	14

NOTES ON THE FIVE MILE COLUMBIA REGIONAL HOSPITAL WINTER ROAD RACE:

A miserable (especially for all those stalwart people who were the "workers") snowy, rainy, sleety, windy day, low 30's, strong wind out of the east.

RECORDS: Ryan Brablett, Don Johnson, Jim Pastoret and Debbie Hoxworth

KUDOS & THANKS to RACE DIRECTOR JOE KURTH and all those who helped him and most of all to Robin Armbruster and all the people of Columbia Regional Hospital (Dave Finkel, Administrator) who have created one of Columbia's most notable running events.

FIVE AND FIFTEEN YEARS AGO--A LOOK AT YESTERDAY'S HEROES:

February 2, 1969 8 Mile Run (and walk) 1. Dennis Martinson 45:12
2. Ron Edwards 55:25, . . . 5. Murrel Jackson 1:07:35,
The Walk: 1. Joe Duncan 1:11:55, 2. Darrell Palmer
1:18:20

February 16, 1969 Five Mile Run: 1. Joe Duncan 33:39 (one of the few
races he ever won, even in those early days), 2.
Ron Edwards 33:49, 3. Sal Citerella 37:02, 4. Bob
Mabry 39:07, 5. Joel Dickinson 39:50

FIVE YEARS AGO:

February 3, 1979 10,000 Meter Run 1. Jerry Yunker & Dick Hessler
36:13, 3. Bruce Maxey 37:06, 4. Ben Londeree, Joe
Marks & Tom DeCoster 38:41. . . 10. Amy Johns 40:08
Olen Brown finished second for the Predicted Time
Award even though his prediction was zero seconds
off--Rob Spier was also zero off and had the slower
time so that made him the winner.

The Walk: 1. Randy Mimm 51:22, 2. Jim Wass 1:04:39
(whatever happened to Wass?), 3. Rob Spier 1:08:00

February 17, 1979 15,000 Meter Run 1. Joe Haake 50:20, 2. Jerry
Yunker 52:59, 3. Charlie Gray 53:12. . . 5. Dick
Hessler 56:40, 6. Don Lewis 57:20, 7. Amy Johns
57:54 (a record), 8. Ben Londeree 59:11 (Olen Brown
& Doug Bellows also had 59:11). . . 15. Turk Storvick
1:02:41 A cold, raw 10 degrees.

The Walk: 1. Randy Mimm 52:38 (10 K), 2. Jerry
Young 53:45, 3. Wm. Taft 1:15:41, 4. Henry Bent 1:18:50

AND, today's heroes and heroines:

Nov. 24 Turkey Twosome, 10k, Kansas City: 2nd overall: Jeff
Mittelhauser 31:32, Milene Mittelhauser 41:57

Feb. 19 Orlando Marathon: DON JOHNSON 3:26, 3rd in age group;
MARGARET JOHNSON had a 5,000 meters in 34:27. Hot (75-
80) and humid.

WESLEY PAUL, back in December, set an age 14 National Record
for the marathon in Huntsville, Ala with a time of 2:41:31.

ALEX RATELLE recently posted a 2:42:09 for an age 59 record.
We hope to have Alex on hand for our 25th Annual.

WELCOME TO THE FOLLOWING AS NEW MEMBERS OF THE COLUMBIA TRACK CLUB:

Dave Gibbons
8 E. Thurman
Columbia, Mo. 65201

Kenneth Whistler
505 Columbia Dr. Apt. G
Columbia, Mo. 65201

Arthur Lee
2111 Iris Dr.
Columbia, Mo. 65202

Matt Williams
300 Reid
Shelbina, Mo. 63468

Polly Method
2917 Leeway Apt. F
Columbia, Mo. 65202

Once again the word "EXPIRED" appears on many of this months
Newsletters. If it appears on yours, then that means that
this is the last Newsletter you will receive unless you
pay your dues (\$10.00 family membership, \$6.00 single
student, \$3.00 for Newsletter subscription only).

DO YOU REALLY WANT THIS TO BE YOUR LAST ISSUE?

ST. LOUIS MARATHON, Feb. 26: Snow, 15 MPH wind from $\frac{1}{2}$ way to finish, low
30's. JOHN WHITESIDE, 29th, 2:59:20, MARK DOPP, 80th, 3:23:52
BOB DOLPHIN 3:23:43, 2nd best marathon, 2nd, 50-59.
10K: 4. FRED KLINGE 31:55

SCHEDULE OF EVENTS

MARCH 10 Saturday 9:00 AM 15,000 Meter Run, 15,000 Meter Walk
(walk starts at 8:30) Hilton Inn Course RACE
DIRECTOR: Tom LaFontaine

24 Saturday 9:00 AM Four Mile Relay, 3 Mile Walk Research
Park RACE DIRECTOR: Ben Londeree

31 Saturday 9:00 AM Katy Trail five mile fun run Assemble
at the head of the trail at Stadium Blvd. We will go
off in groups of 5, 6 or so at one minute intervals.

31 Saturday 2:00 PM Missouri State One Hour Walk Championship
Hickman Track Trophies

APRIL 8 Sunday 1:00 PM PEPSI COLA 10,000 METER ROAD RUN

28 Saturday 6:00 AM Missouri Cup Competition 50 mile walk
Hickman Track Trophies \$5.00 fee

29 Sunday 8:00 AM HUMAN RACE V 10,000 Meter Run

Selected out-of-town events:

March 10 Arne Richards 10,000 meter & 20,000 meter runs St. George,
Ks. CONTACT: Russ Gillespie Civil Engr. K State
Manhattan, KS 66506

11 Sunday 8:00 AM St. Patrick 10,000 meter run Penn Valley
College Kansas City CONTACT: KCTC
816 931-8882

25 Sunday 10:00 AM Sedalia Half Marathon CONTACT: Sedalia
Runners Club 500 W. 5th Sedalia, Mo. 65301

25 Sunday 11:00 AM Run the Four Seasons 10,000 meter Run
CONTACT: Helen McNally Four Seasons-USA Rt. 73,
Box 264-M Lake Ozark, Mo. 65049

25 Sunday 9:00 AM The Seven-Up Half Marathon & 3000 Meter Run
Shaw Park, Clayton, Mo. CONTACT: Larry Helling
1027 I. Century Oaks Dr. St. Louis, Mo. 63088

April 15 Sunday 12:00 Noon Celebrity China 10,000 Meter Run CONTACT:
Celebrity China P.O. Box 14070 Lenexa, KS 66213

21 Saturday 7:00 AM Kansas Relays Marathon & 10,000 meter run
CONTACT: Kansas Relays KU 143 Allen Field House
Lawrence, KS 66045

Add:

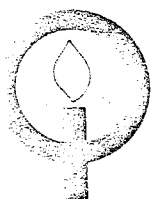
March 17 Saturday 10:00 AM St. Patrick's Day Run 5 miles
Downtown St. Louis CONTACT: C.R. Frank Popcorn
& Supply Co. 2311 Chestnut St. St. Louis, Mo. 63103

CENTRAL CLEARING OFFICE for out of town events.

DON PATTERSON has volunteered to serve as a central clearing person for all those going to out of town events. The idea is for anyone who plans to run an out of town event to tell Don and he can, thereby, let everyone know who is going where. This will enable coordination of travel and give rides to people who might need them. Many times one of our CTC people sees another CTC person at an out of town event and they tell each other that had they known the other person was going to be there, they could have ridden together. Anyway, call Don at 442-6187 (office) or 445-7268 (home) if you need a ride to an event, or if you are going and are willing to take someone.

Also, always be sure to pass on to Joe Duncan your results from such events, so he can put it in the Newsletter (unless you are too embarrassed to let anyone know how you did).

Another add: April 1 Saturday 2:00 PM Mexico-Audrain County
Library Run 5,000 meters



*"It is better to light one candle
than to curse the darkness."*

Candlelighters
of the
University of Missouri Medical Center

P. O. Box 1708
Columbia, Missouri 65205

February 6, 1984

Mr. Joe Duncan, President
Columbia Track Club
2980 Maple Bluff Drive
Columbia, MO 65201

Dear Joe:

We have just completed our annual Candlelighter run/walk/wheelathon, and I am pleased to report that we experienced another successful fundraising event. The students of Sigma Lambda Sigma set a goal of \$12,500, and when we brought closure to the event on Friday evening we had accumulated a total of \$13,825 in pledge contributions.

I want to take this opportunity to thank you and the Columbia Track Club for serving as a co-sponsor of this event again this year, and we are deeply appreciative of the very exemplary performance of the following track club members who ran and walked long distances and generated exceptionally large amounts of money: Tom Allen, Derrick Amos, Shankra Banerji, Ron Belyea, Kathy Bryant, Mike Bryant, Bill Conboy, Lawrence Fick, Steve Stonecipher-Fisher, Mary Haskamp, Jim Jacob, Tom King, Bill Kurtz, Eric Mumford, Don Patterson, Christine Ruble, Robert Spier, Matt Thornburg, Pat Von Booven, and Gary Zwonitzer. These lovely people generated a total of \$3,501.80 with the pledge sheet totals ranging from \$5 to \$744. Three of these members (Mary Haskamp, Lawrence Fick, and Don Patterson) each generated over \$500; two members (Bill Conboy and Eric Mumford) were in the \$325 range; and six of these members (Gary Zwonitzer, Pat Von Booven, Tom Allen, Derrick Amos, Ron Belyea, and Robert Spier) each brought in amounts in the \$100 to \$150 category.

Mary Haskamp (\$744) and Lawrence Fick (\$585) will be receiving awards from d Sport Shop. This is the second consecutive year that Larry has been one of our big winners.

Columbia Track Club members also helped us launch the event at 10:00 a.m. on Thursday morning (Robert Spier, Eric Mumford, Steve Stonecipher-Fisher, Bill Conboy, Tom King, and Derrick Amos) and our final closing entry was Pat Von Booven who completed a long journey of 106 laps (15 plus miles) and garnered some big dollars!

Each year we experience a number of very touching and heartwarming gestures where people make contributions to our event, and two of these immediately come to mind. First, there was Tom King who arrived at 9:30 a.m. and indicated that he preferred to begin before the 10:00 a.m. starting time because he had a rather rigorous task before him -- he planned to run to the Missouri River bridge at Jefferson City! We pinned a Candlelighter logo on his backpack and he departed. He arrived back at Brewer Fieldhouse in the afternoon, and our student workers observed that he looked great. I concluded that this was just another routine workout for a guy with a big heart and a very well-conditioned body! The second observation occurred as we were assembling our contributions and I found an envelope which contained a very generous cash donation. On the outside of the envelope one of our student workers had written the notation, "Add this to Robert Spier's pledge sheet from Bill Taft -- Nice guy." I had to agree that Bill is indeed a nice guy, and there is obviously a close camaraderie between these two gentlemen who anchor the long distance walking responsibilities for the Columbia Track Club.

Thank you again for your help, and would you please convey our thanks to all members of the Columbia Track Club. We are indeed fortunate in having them as members of our community.

Sincerely,

Leo L. Cram
Past President

HEART OF AMERICA
1984

The Heart of America Marathon Committee met Feb. 13 to check continuing plans to make the Silver Anniversary edition the best ever. And while much has to fall into place by Oct. 14, things are looking very good. Here's an update on activities so far:

THREE PAST WINNERS are already planning to return for the event--Hal Higdon, Ron Daws, and record holder Dennis Hinkamp. We will spread the word, both for media hype and to encourage others (past winners and folks who like to meet past winners) to participate.

SPONSORSHIP. Jean Madden has contacted Bob Humphreys at the Columbia Missourian and is confident that they will sponsor and help publicize the marathon. Joe Marks has contacted KOMU-TV (Channel 8) about sponsoring the accompanying 8 K (got it? Channel 8K) and, of course, giving publicity to both events.

PUBLICITY. We're planning several stories for the media and hope we can get a "take" on at least a few, especially in local media and national running magazines. Stories would feature H of A, fifth oldest in the nation and the toughest of the old certified marathon courses; the unique Dave Schulte Award; past winners and their recollections (e.g., Joe Schroeder running--and winning--the first one...on spikes!); "women of the Heart" (use your imagination on this one); Easley and other hellish hills; etc.

T-SHIRTS. Chris Ruble is in charge of the design contest and has already contacted Marilyn Hosinger, UMC, and others about designing a long-sleeve, special edition, silver anniversary T-shirt for the Marathon. Contest winner will receive \$50, six T-shirts and notoriety. Anyone interested should contact Chris.

Short-sleeve T-shirts will be distributed to all 8K participants. These will not have the marathon design (because we want marathoners to have something special...including, possibly, a silver medallion). The 8K shirts will be attractive and of high quality. Design has yet to be determined.

MORE ABOUT 8K. We agreed long ago that we could attract more persons by offering a shorter race for those who don't want to deal with 26.2 miles. Eight kilometers is about 45 meters short of five miles and is distance that has national records, etc. In fact, Hal Higdon, in letting us know he would be at the 1984 H of A, also suggested the 8K distance for our shorter race. Our own Silver Fox, Don Lewis, will establish the course which will start near the Marathon start and finish in the Stadium (as will the Marathon). A tentative plan calls for the race to start on Providence, cross the Marathon starting line and follow the course--at least down part of Route K hill by the Stadium. Then it could circle Reactor Park and go into the south side of the Stadium. This would be a relatively easy course and should encourage some fast times.

DAVE SCHULTE AWARD. Of course, we will present that award again this year. But attempts by Joyce Schulte to get past winners to send her recollections, etc., have so far come up empty. Those who know Joyce, however, know she doesn't give up easily. You can believe we'll hear more on this from her in the future.

PRE-RACE MARATHON PROGRAM. We're still planning to use local talent (Londeree, Pfeffer, Stonecipher-Fisher, UMC coaches, etc.) for these. Should get help from Parks & Recreation and, perhaps, the Missouri Track Officials Assn. (which should be formed shortly) and "Running Mates," the co-eds who have been helping UMC with track meets and related activities. If we can get enough participants in these programs, we will try shooting for the most-persons-per-capita-to-complete-a-marathon record now held by Honolulu. (I think we'd need 600-700 finishers, but not all have to be from the city.)

PRE-RACE AND POST-RACE ACTIVITIES. So far, it looks like we'll have a pre-race clinic and carbo meal at the Hilton Inn. We've asked Don Johnson and Tim Butler to investigate other activities.

FOOTNOTE. Your H of A Committee welcomes your comments and help. Members are Carol Weston & Mike Aune of Parks and Recreation, Chris Ruble, Joyce Schulte, Don Lewis, Joe Duncan, Jean Madden, Tim Butler, Don Johnson and me.

__Joe Marks, Chairman

COLUMBIA PARKS AND RECREATION
COLUMBIA TRACK CLUB
MISSOURI STATE AND OPEN ONE HOUR WALK CHAMPIONSHIP
1984 ENTRY BLANK -

TIME: Saturday, **March 31,** at 2:00 p.m..

PLACE: Hickman High School Track. Hickman Track is on the southeast corner of Business Loop 70 and Providence Road, one block south of I-70 (Providence Road exit).

ENTRY FEE: \$2.00 - post-entries will be accepted; however, please try to have your entries in by **March 30** if checks payable to Columbia Track Club.

AWARDS: Trophies to first-three (3) finishers. Small trophy to first "Over 40" finisher.

MAVNU RECORD: 8 miles, 415 yards - April 16, 1972 by Larry Young.

In consideration of your acceptance of this entry, I, intending to be legally bound, hereby, for myself, my heirs and assigns, waive any and all claims to damages which I might have against the City of Columbia, Missouri, or the Columbia Track Club for all injuries suffered by me at said race.

- PLEASE PRINT -

NAME _____ BIRTHDATE ____/____/____
SIGNATURE _____
ADDRESS _____ street _____ city _____ state _____ zip _____
SCHOOL OR CLUB _____
If entrant is under 18, parent or guardian must sign below:
NAME _____

Return to: Joe Duncan
2980 Maple Bluff Drive
Columbia, Missouri 65201

Hour Walk

COLUMBIA PARKS AND RECREATION
COLUMBIA TRACK CLUB
MISSOURI CUP 50 MILE RACE WALK -
1984 Entry Blank -

TIME: Saturday, **April 28,** 6:00 a.m.. There will be a 12 hour time limit.

PLACE: Hickman High School Track. Hickman Track is on the southeast corner of Business Loop 70 and Providence Road, one block south of I-70 (Providence Road exit).

ENTRY FEE: \$3.00. Post-entries will be accepted; however, please try to have your entries in by **April 27** if checks payable to the Columbia Track Club.

AGE LIMIT: No one under the age of 10 will be allowed to enter.

AWARDS: Ten (10) "Cup" trophies to first ten (10) finishers. Plaques to all finishers.

AID: There will be plenty of water, ice, GATORADE, Pepsi, etc.. Competitors may bring whatever refreshments they desire. EACH COMPETITOR SHOULD BRING SOMEONE TO ASSURE PROPER CARE. Columbia Track Club will provide "handlers" ONLY for those out-of-town walkers unable to bring their own support. Dressing, shower, and restroom facilities are available at the track.

In consideration of your acceptance of this entry, I, intending to be legally bound, hereby, for myself, my heirs and assigns, waive any and all claims to damages which I might have against the City of Columbia, Missouri, or the Columbia Track Club for all injuries suffered by me at said race.

- PLEASE PRINT -

NAME _____ BIRTHDATE ____/____/____
SIGNATURE _____
ADDRESS _____ street _____ city _____ state _____ zip _____
If entrant is under 18, parent or guardian must sign below:
NAME _____
NAMES OF "HANDLERS": _____

Return to: Joe Duncan
2980 Maple Bluff Drive
Columbia, Missouri 65201

Missouri Cup

Here is a makeshift entry form you can use for entry into the Pepsi Race.

Official Registration Center:



1034 E. Walnut, Columbia,
Columbia, Missouri 65201

Mail Entry Forms To: Pepsi-Cola Bottling Co.
114 Business Loop 70W
Columbia, MO 65201

For More Information:

CONTACT
JOE DUNCAN
2980 Maple Bluff Dr.
Columbia, MO. 65201
314-445-2684

[or]

PEPSI-COLA BOTTLING CO.
P.O. Box P
Columbia, MO. 65205
ATTN. Ron Lavinder
314-449-0911

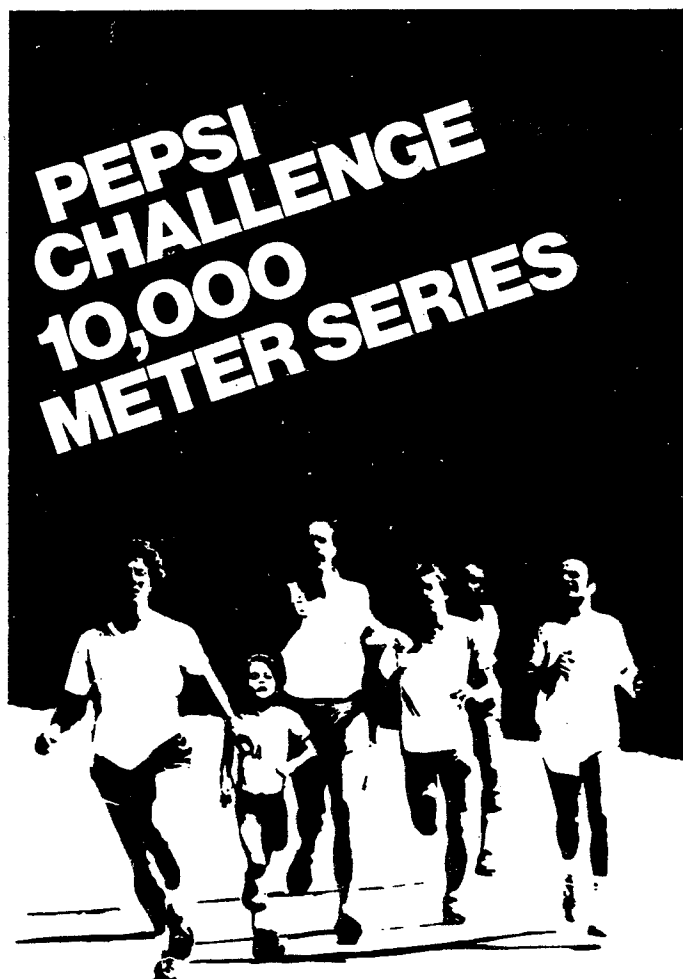
Notice

You may register by sending entry form from
Tribune to Pepsi-Cola Bottling Co., and pick up
your race packet the day of the race, Sunday,

April 8th, 12-12:45

Course is A.A.U. Certified

Co-Sponsors:



**Columbia, Missouri
Stadium Blvd. and Providence Rd.
Finish in Memorial Stadium**

**APRIL 8, 1984
1:00 P.M.**

Official Entry Form

Please read the following statement and sign
below before submitting entry.

In consideration of your acceptance of this entry, I,
intending to be legally bound, hereby, for myself,
my heirs, executors and administrators, waive and
release PepsiCola, Inc., TRY, Inc., Columbia Track
Club and any and all sponsors and their represent-
atives, successors, and assigns from any and all
rights and claims for damages I may have arising
out of any injuries and illnesses suffered by me
in this event, including those which may be
attributable to weather conditions. I attest and
verify that I will participate in this event as a
footrace entrant, that I am physically fit and
have sufficiently trained for the completion of
this event and my physical condition has been
verified by a licensed medical doctor. Further
I hereby grant full permission to any and all of
the foregoing to use my name and any photographs,
videotapes, motion pictures, recordings or any
other record of me participating in this event for
any publicity and/or promotional purposes without
obligation or liability to me.

I have read the entry information provided and cer-
tify my compliance by my signature below. I also
understand entry fees I pay are non-refundable.

SIGNATURE _____

PARENT/GUARDIAN _____
If applicant is under 18 years of age, form must be
co-signed by parent or guardian.

Official Entry Form

Please enter
competitor number here
at time of registration

NAME _____
Last

First Middle

ADDRESS _____

City State Zip

AGE _____ SEX M F BIRTHDATE _____

PHONE (____) _____

TEAM AFFILIATION _____

Include \$5.00 registration fee by check, cash or
money order payable to Pepsi-Cola Bottling Co.

T-SHIRT SIZE XL ☐ L ☐ M ☐ S ☐

PAID BY ☐ CHECK

☐ CASH