

TRACK CLUB

NEWSLETTER

Vol. XIV, No. 9 September 29, 1982

ALAN PRICE WINS FIFTH 100 MILE WALK, CHAPIN, BLACKBURN & BUSEN
REPEAT, BRUCE ETHERTON AND PHIL SIGLER JOIN THE CENTURION
CLUB OF AMERICA September 25 & 26, 1982

For the fifth time in a row Alan Price wandered in from Washington, DC to win the Columbia version of the 100 mile walk. As usual Price took command early on, quickly establishing a two mile lead and then daring anyone to try to catch him. Bob Chapin made a gallant effort to do just that matching Price for many long stretches, stride for stride and even unwinding a lap now and then. From 20 kilometers to 130 kilometers, Price walked a mere three minutes faster than Chapin, but shortly after the 130 k point the lead began to lengthen more dramatically and Price had nailed down another title, while Chapin had his fourth in a row second place finish.

After a three year hiatus, Jack Blackburn turned in a Century performance to grab third place away from Leonard Busen. Leonard had finished third the previous four years.

Most of the drama was provided by BRUCE ETHERTON, now Centurion Number 36 and PHIL SIGLER, #37. Both of them were in a situation where they could not afford any rest stops nor could they slow their pace if they hoped to get under the 24 hour mark. Bruce had made five previous attempts with his best performance coming last year when he did 304 laps in 23:50:25. This year Bruce persevered with steady 13:00+ miles to come under the wire with some 35 minutes to spare. Bruce is a Chapin-Gragg recruit, a fellow employee at Hallmark Cards.

Phil Sigler, a Sociology professor at the City University of New York, stretched the drama to the fullest extent finishing a scant six minutes before the deadline. No one before has ever cut it so closely. Rich Myers (#22), on hand as a spectator and one man timing support group while recovering from the injuries he received in that truck-motorcycle mishap of a year ago, constantly fed Phil lap split information and encouragement. Bob Marshall (#33) who had to retire after 66 miles with a severe asthmatic attack, rejoined the fray, walking the last 50 laps with Phil and this provided much needed support. But, at the end, it was the man himself who made a quick hop just past the finish line, and stood alone. #37.

There were many other memorable moments (I guess, though, in a 100 mile walk, you have thousands of moments). Nate Blackburn, at age 11, turning in the best performance ever by anyone under the age of 12. We let Nate compete when it was evident that he was a serious competitor and was properly trained for such an effort. Nate's style is impeccable, he made it look effortless. Marsha Luther, another seemingly effortless performance, turning in a virtually non-stop 100 kilo walk without disturbing her makeup. Weather conditions were excellent--cloudy the entire time with temperatures in the 50's and 40's.

As usual we owe a lot to the support given the walkers by CTC members. Special THANKS to Veva Spier who was on hand for 24 hours, and to Pam Simms who caught some 15 hours of timing chores.

NOW we get geared up for the Heart of America Marathon. . .

And the Annual Meeting. . .October 20, 1982, 7:00 PM,
Wednesday evening, Guitar Community Center.

BE SURE TO ATTEND THE ANNUAL MEETING!

COLUMBIA

RESULTS OF 16th ANNUAL 100 MILE WALK:

		10	20	30	40	100
		50	60	70	80	MILES
10 kilo splits:		90	100	110	120	
		130	140	150	160	
1. Alan Price	35	55:54	1:56:13	3:02:18	4:10:41	
Washington, DC		5:18:08	6:26:50	7:37:06	8:48:22	
		10:06:44	11:27:02	12:37:28	13:53:24	
		15:19:28	16:41:02	18:08:11	19:36:28	
		50 Miles: 8:51:57				19:43:51
2. Bob Chapin	50	1:09:30	2:18:52	3:27:42	4:35:35	
Independence, Mo.		5:47:05	6:58:09	8:08:12	9:19:30	
		10:35:18	11:57:34	13:13:25	14:25:26	
		15:44:09	17:20:36	18:54:51	20:17:06	20:23:09
		50 Miles: 9:23:07				
3. Jack Blackburn	46	1:09:30	2:17:44	3:25:06	4:33:26	
Springfield, Ohio		5:44:36	6:57:05	8:10:22	9:27:18	
		10:44:42	12:14:47	13:48:36	15:17:37	
		16:54:59	18:31:58	20:11:06	21:55:36	
		50 Miles: 9:31:09				22:03:35
4. Leonard Busen	52	1:15:19	2:37:49	4:01:37	5:28:38	
St. Louis, Mo.		6:58:35	8:33:15	10:11:26	11:41:25	
		13:01:59	14:22:52	15:50:24	17:14:55	
		18:41:26	20:11:06	21:42:38	23:10:45	
		50 Miles: 11:46:12				23:17:44
5. Bruce Etherton	42	1:21:45	2:46:46	4:08:35	5:32:05	
Breckenridge, Mo.		6:58:37	8:29:32	9:57:59	11:21:15	
		12:54:48	14:21:21	15:58:57	17:29:41	
		18:58:36	20:23:44	21:49:25	23:17:57	
		50 Miles: 11:25:20				23:25:46
6. Phil Sigler	43	1:21:38	2:46:46	4:10:31	5:32:20	
Linden, New Jersey		6:56:59	8:25:41	10:08:14	11:34:36	
		13:06:22	14:41:30	16:14:09	17:42:20	
		19:14:38	20:43:30	22:14:31	23:45:15	
		50 Miles: 11:39:08				23:54:00
7. Bob Marshall	40	1:14:20	2:29:32	3:48:10	5:06:38	
Marlton, New Jersey		6:29:47	7:59:12	9:23:15	10:54:38	
		12:25:10	13:56:16	21:45:20	22:58:36	
		315 laps: 23:52:40				
8. Chris Knotts	26	1:12:10	2:22:38	3:29:30	4:35:25	
Springfield, Ohio		5:39:50	6:54:10	8:07:29	9:35:26	
		10:58:38	21:14:51	22:33:03	23:42:16	
		306 laps: 23:59:06				
9. Bob Gragg	57	1:17:45	2:37:04	3:57:59	5:17:21	
Liberty, Mo.		7:00:12	9:03:42	10:55:49	12:40:56	
		15:12:45	17:12:15	19:14:50	21:09:15	
		302 laps (75 miles): 21:17:05				
10. Phil Lewis	45	1:14:31	2:30:07	3:45:35	5:04:24	
Xenia, Ohio		6:31:30	7:59:00	9:30:05	11:03:31	
		12:48:11	14:37:49			
		261 laps: 15:31:29				
11. Rob Spier	60	1:21:38	2:40:57	3:57:20	5:24:06	
Columbia, Mo.		6:59:03	8:37:02	9:59:53	11:25:59	
		20:26:07	21:56:49			
		260 laps: 22:29:29				
12. Chuck Hunter	45	1:07:01	2:15:06	3:26:57	4:45:45	
Longmont, Colo.		6:07:02	7:29:43	5:53:57	10:22:23	
		11:48:52	13:19:24			
		256 laps: 13:47:02				
13. Doug Parrott	25	1:23:48	2:47:40	4:11:07	5:34:35	
Blue Springs, Mo.		7:00:17	8:27:15	9:55:36	11:25:16	
		12:56:16	14:31:06			
		253 laps: 14:50:09				
14. Marsha Luther	38	1:35:22	3:09:05	4:49:36	6:40:04	
Fairway, Kansas		8:43:45	10:46:12	13:03:09	15:16:21	
		17:29:43	19:33:51			
		250 laps (100 kilo)				
15. Phil Jacobs	36	1:20:06	2:43:27	4:30:52	6:05:32	
Kansas City, Mo.		7:51:22	10:29:25	13:13:57	15:10:08	
		19:42:22				
		233 laps: 20:27:04				

Results of 100 mile walk, continued. . .

16. Steve Jones	22	1:17:32	2:30:07	3:45:32	5:16:27
Springfield, Ohio		6:48:15	8:37:00	10:11:23	12:10:40
			218 laps:	21:12:36	
17. Bill Hillman	53	1:18:35	2:48:08	4:35:23	6:19:38
Washington, DC		8:25:10	10:33:10	16:15:02	19:11:06
			212 laps:	21:16:28	
18. Nate Blackburn	11	1:25:44	2:54:24	4:30:05	6:00:10
Springfield, Ohio		7:47:13	9:44:26	11:59:00	14:03:19
			205 laps:	19:55:12	
19. Craig Haugaard	25	1:18:32	2:38:40	3:55:42	5:24:06
Glyndon, Minn.		6:58:22	14:39:36	16:36:56	18:51:57
			202 laps:	18:55:00	
20. Ray Chapin	25	2:14:28	4:37:10	7:13:50	9:50:52
Independence, Mo.		11:55:57	13:58:23	18:23:15	20:11:25
			50 miles:	20:22:44	
21. Benny Calvert	31	1:30:55	3:01:44	4:44:36	6:32:16
Kansas City, Mo.		8:36:28	16:37:33	19:31:43	21:26:58
			50 Miles:	21:32:38	
22. Chris Amoroso	48	1:07:01	2:14:20	3:20:24	4:35:37
Longmont, Colo.		5:57:10	7:27:19		
			168 laps:	8:41:00	
23. Donna Chapin	23	2:14:28	4:37:10	7:13:50	
			151 laps:	16:55:17	
24. Theresa Chapin	46	1:49:02	4:04:10	6:59:12	
			88 laps:	8:26:30	

WELCOME TO THE FOLLOWING AS NEW MEMBERS OF CTC:

David Caporale
110 Dorsey St. Apt. 103
Columbia, Mo. 65201

Steven Cathey*
705 Clinkscates
Columbia, Mo. 65201

Floyd Clark
507 Bourn
Columbia, Mo. 65201

Richard Mendenhall
1103 Sunset Dr.
Columbia, Mo. 65201

Stephen Mudrick
1015 Prospect St.
Columbia, Mo. 65201

Sharon Lee Talasco
609 Paris Court
Columbia, Mo. 65201

Sharon Tannenbaum
1404 University Ave.
Columbia, Mo. 65201

Lori Thein
420 E. Hackberry
Columbia, Mo. 65201

Jim & Cheri Vermillion
1205 Lakeview
Columbia, Mo. 65202

Deborah Whitley
5216 Mexico Gravel Rd.
Columbia, Mo. 65201

Kurt Wolken
703 Westmount
Columbia, Mo. 65201

Grace Dorta
Rt. 1, Box 56A2
New Franklin, Mo. 65274

Gerald Jorgenson
419 Horsley
Moberly, Mo. 65270

Carolyn Knowles
515 Weyland Rd.
Boonville, Mo. 65233

Stephen Young
5006 Bagnall Dr.
Jefferson City, Mo. 65101

*Steve is a paraplegic and confined to a wheelchair. He wants to start a wheelchair division, therefore, if you know if anyone who could join Steve in such a division, call him at 445-4642. Steve has been wheeling up to 25 miles a day.

Shankha Banerji
2301 Ridgefield Rd.
Columbia, Mo. 65201

JEFF AND MILENE MITTELHAUSER ARE THE PACESETTERS IN THE TWO MILE
CROSS COUNTRY RUN September 18, 1982

1. Jeff Mittelhauser	25	10:59.3
2. Al Johnson	31	11:04.2
3. Kent Lang	20	11:16.4
4. Don Lewis	46	11:24.6
5. Tom Moore	24	11:39.5
6. Dick Hessler	41	11:42.3
7. Whitney Hicks	47	11:53.7
8. Lindsay Anglen	20	11:58.2
9. Mark Hosler	35	11:59.2
10. Joe Kurth	35	12:04.2
11. Dave Parker	36	12:16.0
12. Bruce Maxey	26	12:17.5
13. Dean Baxter	46	12:18.0
14. Milene Mittelhauser	23	12:20.8
15. Joe Marks	45	12:31.5
16. Mike Koonse	32	12:32.6
17. Dick Martin	50	12:35.8
18. Don Johnson	54	12:40.3
19. Tim Gibson	11	12:50.5
20. Peter Hessler	13	13:00.8
21. Bill Wiecek	44	13:22.2
22. Tom LaFontaine	35	13:41.3
23. Al Garverick	38	13:41.7
24. Bob Dolphin	52	13:44.5
25. Chris Ruble	28	13:47.2
26. Herb Mittlehauser	53	13:55.8
27. Dennis Jones	35	14:13.0
28. David Thorne	23	14:13.7
29. Charlie Slivinsky	41	14:26.7
30. Joe Duncan	48	14:37.1
31. Roger Hanson	50	15:22.9
32. Angela Hessler	9	15:46.0
33. Don Patterson	60	15:59.0
34. Fred Forsyth	10	16:31.7
35. Julie Jurgensmeyer	10	16:32.6
36. Carla Sandfry	9	16:42.8
37. Jamie McMillan	11	17:26.7
38. Matt Forsyth	9	17:27.9
39. Jim Pinkerton	49	17:38.8
40. Clinton Halley	11	18:40.8
41. Jim Callahan	31	18:43.4
42. Michael Jacobs	11	21:10.7
43. Thanen Halley	8	21:49.6
44. Brandon Callahan	9	21:53.1
45. Ann Jacobs	8	22:49.1
46. Lisa McMillan	7	23:34.2
47. Dewanna Rainey	9	24:04.4
48. Kristen Henzel	8	24:09.1

Mid 50's, sun shining, wind not a factor--beautiful day for cross country.

However, no records were set. Milene Mittelhauser came closest to a new mark, only 5 seconds off Joan Hirt's female mark of 20:15.

Coach Dick Hessler is to be commended for stirring up such interest among his youngsters. They really have a good time--are little concerned with records--cross country is a perfect setting for them.

The DT went like this:

Don Johnson and Lindsay Anglen were each one second off when rounding up the times to the next full second, however, Johnson would get the nod since he was actually .3 off while Anglen was 1.8 off. Then we had Lang and LaFontaine 12 off, Koonse and Garverick 13 off, Jones, also was 13 off, Ruble 18, Marks 28 and Pinkerton 69.

Dick Martin made his presence felt in his debut as a 50 year old. It appears that he and Don Johnson will hook up in a few duels reminiscent of those battles staged on so many occasions by Johnson and Storvick.

Steve Stonecipher-Fisher didnot run the above--rather he opted for some stiff competition in the Missouri Intercollegiate Invitational 5 mile cross country race on the Gustin Golf Course an hour or so after our race. Steve did quite well, winning his race, although not being recognized as the "official" winner. Steve had a time of 26:19 on the tough, hilly course, five seconds ahead of second.

WE NEED HELP WITH MARATHON ADMINISTRATION. . . .

We will need some help Saturday afternoon (October 9) at Race Headquarters (the Guitar Community Center) anytime between 1:00 & 7:00PM. We will need to mix and fill the Squincher containers, and for this we need to be saving one gallon plastic milk containers. Bring any of those you have to Race Headquarters Saturday afternoon. Aid Station supplies may be picked up Saturday afternoon, also clipboards and watches for the timing stations. We are particularly excited about the 1982 marathon with the new date, the new course, the pre-race clinic, therefore, we don't want to let down on the administration. That means we will need all the help we can get from each of you.

SIX YEARS AGO--A LOOK AT YESTERDAY'S HEROES

- September 6, 1976 Heart of America Marathon 1. Tony Rodiez 2:34:07, ties record 2. Rick Katz 2:38:09, 3. Tim Hendricks 2:38:42, 4. Dick Hessler 2:39:45, 5. Lou Fritz 2:41:20. . .7. Jon Herbert 2:42:40. . .88. Wesley Paul, 7, 4:04:10
- September 11, 1976 15 kilo walk 1. Augie Hirt 1:21:44, 2. Jim Breitenbucher 1:25:23, 3. Randy Mimm 1:25:53 4. Rob Spier 1:35:57 . . .6. William Taft 1:51:50
- September 18, 1976 Two Mile Run 1. Don Lewis, 40, 10:21, 2. Ben Londeree, 42, 10:42. . .12. Joe Marks 11:43. . .14. Turk Storvick 11:47. . .16. Doug Duncan 12:15. . .23. Joe Duncan 13:27. . .24. Jim Gibson 13:39, . .27. Matt Gibson 14:23, 28. Steve Gibson 14:24. . .30. Amy Hessler, 10, 15:05, 31. Peter Hessler, 7, 15:33
- 10,000 meter walk: 1. Randy Mimm 55:43, 2. Jim B. 1:02:55, 3. Rob Spier 1:03:29, 4. Dick Hessler: 1:07:31, 5. William Taft 1:16:09
- September 25 & 26, 1976 10th Annual 100 Mile Walk: 1. Augie Hirt 19:55:16 2. Chuck Hunter 20:05:50, 3. Leonard Busen 21:49:21, 4. Jack Blackburn 22:11:57, 5. Rob Spier 22:35:01, 6. Bob Gragg 23:37:30, 7. John Argo 23:43:10 This is the year the race was covered by Anita Verschoth of SPORTS ILLUSTRATED and Mark Nickel of the Kansas City Star Sunday Magazine.

AND A LOOK AT PRESENT DAY HEROES:

JON HERBERT ran in the Pike's Peak Marathon, finishing 26th in 4:24:19, 4th in the 30-34 age group. 800 runners started the 28.2 mile race. Jon was in 8th or 9th place for the first hour or so, but got passed a lot after getting above timberline, hitting the summit in 32nd place, but he regained a little bit on the descent. Jon prepped for this race by running 21 miles, 715 yards in a two hour run the preceding weekend. Jon was hoping to get the age record for the two hour run, but he fell short by some 800 yards. He will be the man to beat in the Heart of America Marathon. He's ready.

Remember that second weekend in August with a four mile run in Boonville Saturday morning, a 5k in Jeff City Saturday evening and a 10k in Moberly Sunday morning? And the suggestion that one could do all three? Well, BOB DOLPHIN and ROGER HANSON did just that and did quite well in the 50+ age group. Bob placed 1st, 3rd and 1st while Roger was 3rd, 5th and 2nd.

The August newsletter had the results of the Boonville run Here are the performances of CTC people in the other two: 5k, Jeff City:

Steve Fisher 1st, 14:54.7, 4. Fred Klinge 15:56.9, 6. Bob Goodrich 16:19.0 (1st 30-39), 17. Ben Luebbering 17:29.5 (1st 40-49, 23. Steve Baurichter 18:14.8, 77. Bob Dolphin 21:29.2, 82. Bud Brink 21:51.9, 108. Don Patterson 23:26.2, 115. Roger Hanson 24:00.2 52. Dick Martin 19:40.1, 65. Mark Dopp 20:54.3

10,000 meter, Moberly: 1. Jack Defreitas 34:06, 2. Tom LaFontaine 35:55, 3. Kent Lang 37:03, 5. Bob Shoemaker 39:17, 10. Steve Young 41:33, 11. Mike Walther 41:57, 16. Mike Basista 47:33, 18. Bob Dolphin 48:20, 20. Wayne Hanson 50:51, 21. Roger Hanson 52:40, 22. Lynn Steck 52:43. Times here were some 5:30-5:45 slower than the Magic City run in May. One third or so of the course was common to both races.

DENNIS HINKAMP finished 19th in the Deseret News Marathon with a time of 2:37+. This was out of 1400 runners on a hot, humid day. On Aug. 14 he broke his own course record in the Tony Grove 14 miler with 1:24:19. The out part of this course climbs some 2,000 feet in about six miles. This makes quite a difference in the splits--48:03 for the first seven miles and 36:16 coming back. On Aug. 21 Dennis was 5th out of 250 in the Heber Valley Triathlon. His one mile swim was in 25 minutes, the 40 mile bike ride in 1:58 and 1:20:23 for a half marathon. Dennis may have found a little niche for himself with the triathlon.

ATTEND THE ANNUAL MEETING!! October 20

ELAPSED TIME STANDINGS

FINAL

*These people get awards at the annual meeting

1. Lang*	631.5	21. D. Baxter	264	41. Slivinsky	104
2. Lewis*	544	22. Stout	220.5	42. Rother	103
3. Londeree*	505.5	23. D. Harris	217.5	43. F. Fritsch	99
4. LaFontaine*	492	24. Lanier	211	44. Coats	98.5
5. Mittelhauser*	461.5	25. Martin	204	45. Parker	98
6. Hosler*	460	26. Dolphin	187	46. Duncan	97
7. Hessler*	455	27. Wampler	176	47. Odneal	89
8. Maxey*	454	28. Balyea	173	48. Schuppan	80
9. Koonse*	393	29. Kurth	170.5	49. Moe	77
10. Stebbins*	360	30. Carman	153	50. Jones	76
11. Scholes*	349	31. Volek	146	51. Moore	75
12. Fisher*	334.5	32. Dixon	146	52. Bellows	74
13. Hicks*	311.5	33. Whiteside	146	53. Markman	73
14. Swanson*	310	34. Kruse	140	54. Stolzer	72
15. Marks*	297	35. Garverick	135	55. Brown	67
16. Baurichter*	297	36. Luebbering	126	56. Frey	67
17. Goodrich	292	37. Allen	118	57. Stewart	65
18. Madsen	286	38. Chippendale	109	58. J. Gibson	62
19. O'Connell	271	39. Storvick	109	59. B. Baxter	61
20. Johnson	266	40. Crouch	104	60. Stock	57

15 & under

1. P. Hessler*	43
2. T. Gibson*	40
3. S. Helmick*	26.5
4. R. Kurth	11.5
5. S. Kirk	11
6. Shear	9

WALKERS

1. Spier*	31
2. Pullen*	25
3. Taft	12

40-49

1. Lewis*	185
2. Londeree*	182.5
3. Hessler*	160
4. Hicks*	123.5
5. Marks*	104
6. D. Baxter*	85
7. Madsen	82
8. Martin	59
9. Kruse	56
10. Slivinsky	40

50 & over

1. Johnson*	73
2. Dolphin*	60
3. Storvick*	33
4. Frey*	26
5. H. Mittelhauser	17
6. Hanson	16
7. Patterson	15
8. Humphreys	9
9. Madden	6
10. Martin	6

FEMALE

1. Mittelhauser*	121
2. Ruble*	113
3. Johnston*	79
4. Hoxworth*	74
5. Boyle*	71
6. Slivinsky*	63
7. LeDoux	43
8. Stout	40
9. Majewski	38
10. Fay	32
11. Settle	30
12. Hessler	28
13. Cain	28
14. Scholes	22
15. O'Connor	22

15 & under

1. A. Hessler*	31
2. H. Sargent*	21
3. M. Wulff*	15
4. C. Sandfry	10
5. J. Slivinsky	9
6. A. Ballenger	8
7. D. Bryant	6
8. S. Wulff	6

35 & over

1. Slivinsky*	43
2. Boyle*	37
3. Stout*	27
4. Cain*	24

FINAL DESIGNATED TIME STANDINGS:

1. Joe Marks*	.201	14 events	4t. Bruce Maxey*	.811	16
2. Don Johnson*	.448	17	6. Mike Koonse*	.960	19
3. Kent Lang*	.495	19	7. Ben Londeree	1.350	12
4. Ron Wampler*	.811	13			

Showing only those who predicted in at least 10 events.

The following people will receive Achievement Awards at the annual meeting: Don Johnson, Mike Koonse, Tom LaFontaine, Kent Lang, Ben Londeree, Milene Mittelhauser, Dean Baxter, Norris Kruse, Jeff Mittelhauser, Chris Ruble

The winner of the Dave Schulte Award for Improved Performance won't be known until after the marathon.

STEVE STONECIPHER-FISHER SETS ANOTHER RECORD, LIZ BULMAN, A "NEW KID,"
EXCELS 30 KILO RUN September 4, 1982

1. Steve Stonecipher-Fisher	25	16:32	33:43	50:25	1:07:07	1:23:35	1:40:22
2. Bob Goodrich	37	18:04	36:45	54:19	1:12:23	1:29:47	1:47:49
3. Jay Dirksen	37	17:57	36:06	54:01	1:12:16	1:30:32	1:49:37
4. Mike Chaffee	37	18:22	36:56	54:20	1:13:49	1:32:50	1:52:26
5. Carl Sniffen	29	18:23	37:11	55:58	1:15:51	1:36:10	1:57:08
6. Dick Hessler	41	19:41	39:57	1:00:10	1:20:42	1:40:52	2:02:10
7. Mark Volek	26	21:07	42:13	1:03:28	1:24:00	1:45:20	2:05:29
8. Dean Baxter	46	21:07	42:20	1:02:49	1:24:10	1:44:00	2:05:36
9. Tom Moore	24	21:07	42:13	1:02:09	1:22:47	1:43:36	2:05:42
10. Dick Madsen	40	21:07	42:21	1:03:26	1:25:04	1:46:40	2:08:58
11. Steve Young	35	20:27	41:05	1:02:09	1:25:00	1:49:00	2:12:45
12. Liz Bulman	23	21:07	42:26	1:04:57	1:27:42	1:50:33	2:14:02
13. Shep Funderburk	40	22:57	45:54	1:08:34	1:31:31	1:53:11	2:14:34
14. Mike Walther	24	21:48	44:21	1:06:54	1:30:49	1:53:22	2:15:45
15. Ron Wampler	35	22:47	45:54	1:08:54	1:31:31	1:53:38	2:15:45
16. Mike Koonse	32	21:07	43:08	1:06:54	1:30:49	1:53:29	2:16:24
17. Steve Baurichter	31			1:03:26	1:24:12	1:46:43	2:18:06
18. Norris Kruse	46	23:47	47:32	1:11:55	1:35:59	1:58:47	2:22:23
19. Joe Duncan	48	24:07	48:35	1:11:55	1:36:17	2:00:10	2:25:56
20. Don Frey	57	24:07	49:00	1:15:00	1:38:04	2:01:53	2:26:29
21. Dave Kimberling	33		48:18		1:38:10	2:02:30	2:26:46
22. Ron Tauchen	28	24:07	48:18	1:12:05	1:36:31	2:01:38	2:27:14
23. Dick Hoft	55	23:21	47:33	1:12:22	1:37:35	2:03:35	2:28:50
24. Don Johnson	54	24:07	48:30	1:13:30	1:39:35	2:04:12	2:29:29
25. Joe Marks	45	23:30	47:32	1:12:20	1:37:40	2:03:08	2:30:00
26. Mark Dopp	25	23:47	48:24	1:12:32	1:37:52	2:03:36	2:30:19
27. Bud Brink	41	24:07	49:00	1:15:00	1:42:07	2:09:54	2:37:49
28. Ken Snow	33	25:24	51:02	1:19:00	1:45:38	2:12:38	2:40:54
29. Bob Dolphin	52	24:07	48:30	1:13:30	1:39:50	2:09:19	2:41:25
30. Gale Carman	35	20:25	40:54	1:00:45	1:21:25		
31. Charles Slivinsky		23:47	47:01				

TIM GIBSON, LIZ BULMAN, ANGELA HESSLER WINNERS IN THE 10,000 METER RACE:

1. Tim Gibson	11:00	20:00	40:37
2. Peter Hessler	13	19:41	40:58

About 60 degrees, 100% cloud cover, high humidity

1. Liz Bulman	23	21:07	42:26
2. Susan Boyle	39	21:07	43:05
3. Annette Johnston	32	23:30	47:09
4. Angela Hessler	9	25:36	51:46
5. Mary Ann Slivinsky	41	26:30	54:42
6. Elaine Sleper	37	26:30	54:45
7. Carole Madsen		26:30	54:48
8. Kathy Cain		26:54	57:16
9. Donna Haley	33	31:37	64:24

went on to 15 k in 1:13:23

" " "

ROB SPIER AND WILLIAM TAFT HAD A 20,000 METER WALK:

1. Rob Spier	60	1:11:25	2:23:30
2. William Taft	64	1:24:26	2:53:27

DT: Joe Marks exactly predicted his time, only 0 seconds off!! Norris Kruse was 23 off, Don Johnson 29, Dick Hoft (who had a PB) 70, Tim Gibson 67, Ron Wampler 135, Mike Koonse 264 & Mark Volek 451.

As usual, Fisher was in command from the start. The record he beat was the 1:43:11 he had in December, 1980. Notice the battle three 37 year olds had for second place. The National Age Recrod for 30 K for age 37 is 1:46:47, although there is a 1:39:02 listed for a point-to-point course. By the way, the age 47 record is the 1:56:14 Ben Londeree had last December, again though there is a better point-to-point mark, a 1:48:23. Steve Helmick has the age 12 mark of 2:08:01 set last year, while Wesley Paul still has the age 7, 8 and 11 records: 2:13:45, 2:10:09 & 1:57:36. All this information is lifted from the 1982 edition of "Running Records By Age" published by the National Running Data Center.

Back to the above race: Liz Bulman gets the "New Kid On The Block" Award. She is one of Ben Londeree's graduate students, from Ohio (Bowling Green U.) and obviously has a running background. She went into this race for an "easy" workout (she predicted 2:30) and did run easy all the way. Just wait until she gets a little serious about it.

THANKS to Chris Ruble for so ably handling this event as Race Director and to Jill Stahlhut, Whitney Hicks, Don Lewis, John Whiteside, Veva Spier and Jim Gibson for helping out, and the two or three others whose names I don't have.

SCHEDULE OF EVENTS

- OCTOBER 2 Saturday 9:00 AM 10,000 Meter Clock Race No record is kept of times or places Meet at West Broadway Swim Club parking lot
- 10 Sunday 6:30 AM 23rd ANNUAL HEART OF AMERICA MARATHON Many of you who are not running in this race have volunteered for timing stations or aid stations--but we still need lots of help, so call Joe Duncan at 445-2684 or 874-4328
- 20 Wednesday 7:00 PM ANNUAL MEETING OF THE COLUMBIA TRACK CLUB Guitar Community Center 8th & Broadway
- 24 Sunday 9:00 AM d Sport Shop 10,000 Meter Road Race Rock Bridge High School RACE DIRECTOR: Jim Gibson 657-4553
- NOVEMBER 7 Sunday 7:30 AM 40 Kilometer Walk Shelter Ins. course
- 20 Saturday 8:30 AM 20 kilometer walk Hilton Inn The 20 k and 10 k runs as listed on the Schedule are cancelled
- 21 Sunday 1:00 PM Missouri Turkey Trot 3 Mile Cross Country Run Dual Meet with St. Louis Club Shaw Park, St. Louis

A couple of more local events:

- October 3 Sunday 9:00 AM Stroh Light 5 Mile Road Race for Mizzou Men's Track Start at Hearn's Building
- 31 Sunday 2:00PM 1.5 mile Run for K.I.D.S. (see entry blank)

Some out-of-town events:

- October 9 Saturday 10:00AM 4th Annual Forum Plaza 10,000 Meter Run Rolla, Mo. CONTACT: Forum Plaza Fun Run c/o Books & Things 1328 Forum Dr. Rolla, Mo. 65401
- 17 Sunday Keefer's 10,000 Meter Run Webster Groves, Mo. CONTACT: Keefer's Sporting Foot 8136 Big Bend Webster Groves, Mo. 63119 8:00 AM
- 23 Saturday St. John's Sunshine Run 10,000 Meters Springfield, Mo. CONTACT: St. John's Regional Health Center 1235 E. Cherokee Springfield, Mo. 65802 9:00AM
- 23 Saturday 7:45 AM Halloween 10,000 Meter Run Maplewood, Mo. CONTACT: Mike Kickham 645-0666
- November 7 Sunday 8:00 AM St. Louis Marathon CONTACT: St. Louis Track Club Box 2956 St. Louis, Mo. 63130
- 7 Sunday 8:00 AM Macy's Marathon & 10,000 Meter Run CONTACT: Special Events Office Macy's on Main 1034 Main St. Kansas City, Mo. 64105

*****NOTICE OF ANNUAL MEETING*****

The annual meeting of the Columbia Track Club will be Wednesday evening, 7:00 PM, October 20 at the Guitar Community Center. This is the one opportunity for you to tell us of your ideas as to how to make our program better. The various annual awards will be given at this time. There will be refreshments.

BE SURE TO ATTEND THE ANNUAL MEETING!.

Another race to go to:

- October 17 Sunday time? Natural Light 10,000 meter Lake of the Ozarks Run Marriott's Tan-Tar-A Resort CONTACT: 314 348-3131 Osage Beach, Mo.

WINNERS OF ELAPSED TIME AND DESIGNATED TIME COMPETITION 1969-1982

DESIGNATED TIME

1969	Joel Dickinson	
1970	Joe Duncan	
1971	Don Granberg	
1972	Mike Chippendale	
1973	Dennis Stewart	
1974	Rex Frazer	.83% off
1975	Turk Storvick	.98
1976	Ben Londeree	.35
1977	Ben Londeree	1.00
1978	Ben Londeree	.72
1979	Ben Londeree	.28
1980	Tom LaFontaine	.42
1981	Joe Marks	.22
1982	Joe Marks	

DAVE SCHULTE AWARD

1974	Dick Hessler	5.99% impr.
1975	Augie Hirt	7.90
1976	Don Johnson	9.97
1977	Olen Brown	8.98
1978	Olen Brown	8.98
1979	Joe Marks	5.23
1980	Tom LaFontaine	4.91
1981	Joe Marks	14.53
1982		

ELAPSED TIME

MALE-RUNNERS

Open

1970	Don Granberg
1971	Dennis Stewart
1972	Ben Londeree
1973	Ben Londeree
1974	Dean Neal
1975	Rick Katz
1976	Dick Hessler
1977	Ben Londeree
1978	Ben Londeree
1979	Ben Londeree
1980	Tom LaFontaine
1981	Bob O'Connell
1982	Kent Lang

40-49

1972	Leonard Busen
1973	Rex Frazer
1974	Rex Frazer
1975	Ben Londeree
1976	Ben Londeree
1977	Ben Londeree
1978	Ben Londeree
1979	Ben Londeree
1980	Ben Londeree
1981	Ben Londeree
1982	Don Lewis

15 & under

1972	Doug Duncan
1973	Doug Duncan
1974	Doug Duncan
1975	Doug Duncan
1976	Jim Gibson
1977	Wesley Paul
1978	Jim Gibson
1979	Jim Gibson
1980	Matt Gibson
1981	Tim Gibson
1982	Peter Hessler

50 & over

1982	Don Johnson
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WALKERS

1970	Mark Achen
1971	Mark achen
1972	Dave Leuthold
1973	Art Fleming
1974	Augie Hirt
1975	Augie Hirt
1976	Augie Hirt
1977	Augie Hirt
1978	Randy Mimm
1979	Randy Mimm
1980	Rob Spier
1981	Rob Spier
1982	Rob Spier

40 & over

1975	Dave Leuthold
1976	Rob Spier
1977	Leonard Busen
1978	Leonard Busen
1979	Rob Spier
1980	Rob Spier
1981	Rob Spier
1982	Rob Spier

FEMALE

1974	Marsha Weiss
1975	& 76 None
1977	Theresa Knapp
1978	Glenna Moe
1979	Amy Hessler
1980	Annette LaFontaine
1981	Milene Hollon
1982	Milene Mittelhauser

15 & under

1982	Angela Hessler
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35 & over

1982	Mary Ann Slivinsky
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WALKERS

1975 & '76	Joyce Schulte
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Fragmentary results from the Busch Stadium Handicap 10,000 meter run of September 25: 1. Polly Peacock, St. Louis TC 2 Or 3, Wesley Paul. Tim Gibson was 11th or so, Don Johnson was 15th, Dick Martin was close behind, Dick Hessler was 21st with 35:30. Peter was 39:40 and 58th, Kurt Wolken had 49:30, Angela Hessler 50:39. Jim Sowash, Jeff and Jay were there as were Bill Wiecek, Don Patterson and many other CTC people.

There was a four mile Soybean Run in Mexico that morning. All we know is that Bob Goodrich won in 21+. Maybe we will have more for the next newsletter as to these two races.

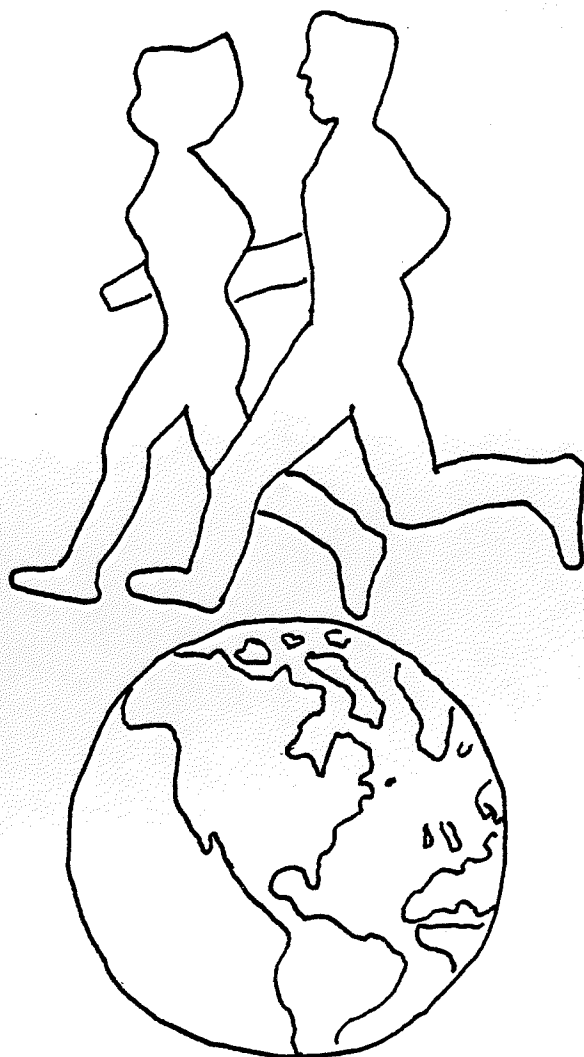
THE "ROUND THE WORLD CLUB" is sputtering. In April, Joe Marks had the idea of recognizing everyone who had walked or run the equivalent of the earth's circumference (about 25,000 miles) **by receiving** commemorative plaque designed like this:

Trouble is, the best estimate is that the plaque, including engraving and shipping would cost \$13 each and a template (to help make future plaques) would have a one-time charge of \$125.

Needless to say, that would deplete the track club's treasury---unless those eligible would consider making a "contribution" to have the award. This may seem strange to pay for an award you deserve, but you know CTC operates its treasury much like its races---as low key as possible.

So, those of you who are eligible, would you let the Joes (Marks or Duncan) know how you feel about contributing \$10-15 for this plaque, which we guarantee will be top quality. From what we can recall, these people are eligible: Duncan, Steve Stonecipher-Fisher, Bob Gragg, Jon Herbert, Dick Hessler, Whitney Hicks, Dennis Hinkamp, Augie Hirt, Tom LaFontaine, Ben Londeree, Marks, Bob O'Connell, Lee Pfeffer, Jeff Mittelhauser, Rob Spier, Norm Stebbins, Dennis Stewart, Marlin Thomas, and probably others.

Please let us know by phone or mail by October 1. If we get enough support (or a sponsor), we'll order in time for our track club annual meeting. (By the way, there is a chance this will become a national club...and you'll be charter members.)



I.M. Pooped
is a member of the
'Round the World Club
having run 25,000 miles - plus
... and still going.

Columbia Track Club

THE BROADWAY ONE MILE RUN held on September 12 in connection with the Parks & Recreation Dept's "Life Be In It" Festival was a decided success. The "fun run" approach encouraged participation, but there was still some good competition. We hope this can become an annual event. And we don't really know of any effective way to eliminate the monster hill at the Boone Health Center. It seems that every road race in Columbia has to have its hill, even a mile run.

Here are the results, which are fairly accurate. Some of the places may be off a place or two since there was quite a bit of passing in the chute beyond the finish line.

1. Tom Lafontaine	5:11.1	56. Mark Schuver	8:32.6
2. Don Lewis	5:16.9	57. Myles Hinkel	8:37.1
3. Tom Moore	5:18.2	58. Mike Corey	8:37.4
4. Mark Lanier	5:36.0	59. Carole Madsen	8:50.3
5. Michael Crouch	5:38.1	60. Scott Combs	8:56.2
6. Joe Kurth	5:39.6	61. Teresa Genirous	8:58.7
7. Mark Hosler	5:39.9	52. Dawe Boyle	8:59.0
8. Lindsay Anglen	5:43.9	63. Julie Murray	9:00.2
9. Dave Schoenherr	6:12.6	64. Kim Martin	9:00.9
10. Jill Stahlhut	6:22.6	65. Ann Hartley	9:02.7
11. Darren Heil	6:25.3	66. Gena Pliske	9:03.8
12. Jason Melegrito	6:26.1	67. Kelly Cope	9:07.8
13. Tim Chancellor	6:26.4	68. Connie Rainey	9:10.9
14. Mark Freter	6:27.7	69. Robert Bruns	9:11.7
15. Don Johnson	6:29.6	70. Cathy Edes	9:13.4
16. Chris Ruble	6:30.2	71. Terry Logue	9:13.6
17. Annette Johnston	6:33.4	72. Bob Epple	9:17.6
18. Steve Flynn	6:35.6	73. Steve Stewart	9:19.6
19. Fred Fritsch	6:36.7	74. Tim Mallory	9:21.8
20. Bob Dolphin	6:42.5	75. Allyson Garverick	9:22.1
21. Ken Snow	6:42.8	76. Shelly Cross	9:23.1
22.	6:46.0	77. Carrie Oviatt	9:23.7
23. Jon Hiratsuka	6:54.2	78. Connie Dalton	9:26.8
24. Jeff Reichstein	7:03.5	79. Nancy Toedebusch	9:27.9
25.	7:04.1	80. Donna Russell	9:30.6
26. Pat Finan	7:05.9	81.	9:31.6
27. Henery Esposito	7:12.3	82. Scott Miller	9:32.0
28. James Denny	7:15.0	83. Elizabeth Mendenhall	9:32.4
29. Steve Gaeth	7:18.7	84. Becky Bihr	9:32.8
30.	7:19.0	85. Mary Jones	9:33.3
31. Phil Krause	7:19.9	86. Scott McDavid	9:33.7
32.	7:20.8	87. Pam Mendenhall	9:36.4
33. Brett Vogel	7:27.1	88. Regan Schoengarth	9:37.0
34. Floyd Clark	7:27.4	89.	9:38.7
35. Brian Gorden	7:34.2	90.	9:39.2
36. Brian Marquette	7:38.1	91. Elaine Gurka	9:39.7
37. Cindy Labadidi	7:39.1	92. John Beem	9:40.0
38. Kurt Vogel	7:39.7	93. Marilyn Gaeth	9:41.7
39. David Melegrito	7:41.1	94. Jim Shaner	9:42.8
40. Coleen Kivlahan	7:41.4	95. Amy Shaner	9:55.0
41. Dennis Joens	7:46.1	96.	9:55.3
42. Lincoln Flannery	7:50.2	97.	10:00.2
43. Tom Pyle	7:50.8	98. Linda Kimberliney	10:00.5
44.	7:52.3	99. David Kimberliney	10:00.6
45. Dean Stover	8:01.9	100. Mike Harris	10:03.0
46. Brian Steward	8:02.2	101. Ben Wilson	10:09.4
47. Michael Richards	8:06.3	102. Hugh Harris	10:11.2
48. Leah Christopher	8:14.3	103. Lee Wiseman	10:13.2
49. Leon Stuckenschmidt	8:14.7	104. Diane Privitt	10:14.8
50. Mary Elsea	8:15.0	105.	10:21.7
51. Eric Bader	8:15.3	106.	10:23.0
52. Marilyn Remiger	8:15.5	107. Karen Stuckenschmidt	10:23.3
53. Cathy York	8:20.6	108. Brandee Bower	10:23.6
54. Ernie Gaeth	8:27.1	109. Dayna Blaine	10:24.1
55. Fred Springsteel	8:30.2	110. Linda Hewgesh	10:28.2

Continued on pages 12 & 13. . .

Broadway Mile. . .

Ledoux	10:28.9	136. Karen Ocbum	11:14.3
Mon Maslin	10:34.6	137. Kathy Digges	11:15.6
Peggy Dubbelde	10:34.9	138. Don Cope	11:15.9
	10:36.6	139. Kevin Robson	11:16.0
115. Deann Fenton	10:37.6	140. Ryan Kelly	11:18.0
116. Kelly Shannon	10:39.3	141. Gene Kelly	11:21.8
117. Mary Ellen Sears	10:39.6	142. Connie Anderson	11:22.2
118. Jim Sears	10:47.2	143. Dawn Williams	11:25.7
119. Kay Miller	10:47.5	144. Donald Williams	11:36.8
120. Eddie Albert	10:50.8	145. Pat Thornton	11:37.1
121. Jerry Hitzhusen	10:54.7	146. Brian Bruns	11:51.4
122. Jennie David	10:55.1	147. Carrie Robson	11:52.5
123. Nancy Fritsch	10:55.5	148. Margaret Johnson	11:56.2
124.	10:55.9	149. Faye Cope	11:56.7
125. Kim Royer	11:01.7	150.	12:26.8
126. Bonnie Stuckenschmidt	11:04.6	151. Laura Ledoux	12:34.4
127. Phillip Garverick	10:05.0	152. Susan Ledoux	12:39.6
128. Alle Garverick	11:09.2	153. Nicole Hosler	12:39.9
129. Kim McDavid	11:09.7	154. Nina Barrett	12:40.2
130. Laura Scheffler	11:10.6	155. Charles McLaren	12:40.6
131. Shelley Cope	11:10.9	156. Mary Ann Chandler	13:18.6
132.	11:11.2	157. Debby Malory	13:18.9
133. Melisa Thornton	11:12.8	158. B. J. Mumford	13:34.5
134. Valerie Gurka	11:12.8	159. Eric Mumford	13:34.5
135.	11:14.0	160. Jennifer Bruns	14:09.8

HALLOWEEN

FUN RUN for K.I.D.S.

1.5 mile event

Sunday, October 31, 1982 at 2:00 P.M.

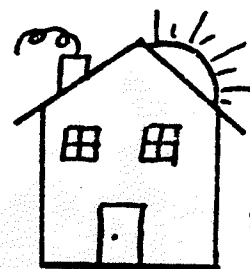
This is a truly FUN RUN and all entrants must* wear a costume. Awards will be given for Best Costumes on both an individual and group basis. Many other AWARDS will be drawn for.

ENTREY FEE:

\$2.00 under 16 years
\$3.00 16 years and older

*A running outfit is OK so don't let lack of a fancy costume keep you out of the race.

ALL PROCEEDS GO TO RONALD McDONALD HOUSE and all contributions deductible



Mid-Missouri

**Ronald
McDonald
& House**

Friends of K.I.D.S.

P.O. Box 7248
Columbia, Mo. 65205
(314) 474-4416

The race will start near Boone County Hospital on Broadway to College, to Stadium and ends at Monk Drive and Stadium Blvd, near the Ronald McDonald House.

In consideration of my signing this agreement, I hereby release myself as a participant and discharge any and all rights and claims for damages, demands, action, and causes of actions whatsoever which I may have against the organizers and any others connected with this event or their representatives as a result of my participation in this event.

Signature (Parent if entrant is a minor) _____

Name (Last) _____ (First) _____ (Middle) _____

Address _____ City _____ State _____

Zip _____ Phone _____

Age on day of race _____ (Circle one) M F

Broadway mile. . .

161.		14:10.1	167. Barbara Williams	15:04.9
162. Natalie Bower		14:10.7	168. Rosemary McLaren	15:05.0
163. Chris Poore		14:17.9	169. Katherine Robson	15:15.6
164. Sandra Poore		14:17.9	170. Ken Robson	16:16.1
165. Terry Bell		14:49.9	171. Danny Robson	16:19.7
166. Gregory Williams		15:04.5	172. Stephanie Evans	16:20.5
			173. Judith Evans	16:20.9
			174. Traci Chancellor	16:21.2
			175. Paige Hartley	16:23.5
			176. Beth Hartley	16:24.0

D SPORT SHOP

10,000 METER RUN

SUNDAY, OCTOBER 24, 1982

9:00 AM

ROCK BRIDGE HIGH SCHOOL

COLUMBIA, MO

The Course: 10,000 meters. Start on Old Route K south of Rock Bridge High School, north to Reactor Park loop, clockwise on the loop exiting onto the bike path at the north end of the loop, then south on the bike path to the west shoulder of Providence Rd. Run south on Providence Road past the city limit sign and turn right at the last south access road to old Route K. Route K north to Rock Bridge High School, onto the track and run 1 and 1/4 laps to finish line. Maps will be available at the track.

Classes: Men and Women
15 and under 40-49
16-29 50 and over
30-39

Awards: Medals will be awarded to the first three finishers in each age category.

Entry Fee: Entry fee is \$5.00 All proceeds go to the CTC Travel Fund. Entries should be received by October 20. Late entrants may register until 8:45 the day of the race

HIGH SCHOOL CROSS COUNTRY RUNNERS. The Missouri State High School Activities Assoc. prohibits junior and senior high school students participating in an in-season track team from competing in this event. CONSULT YOUR COACH OR PRINCIPAL REGARDING YOUR ELIGIBILITY.

ENTRY FORM

D SPORT SHOP, 10,000 meter run

Mail with check for \$5.00 to:
CTC, Box 147
Columbia, MO 65205

NAME _____

ADDRESS _____

AGE ON RACE DATE _____
(10/24/82)

MALE _____

FEMALE _____

In consideration of the

benefits I will derive from participation in the foregoing, I, for myself my heirs, executors and administrators, waive and release any and all rights and claims for personal injury or property damage. I attest I am physically fit and have sufficiently trained for completion of this event.

Signature (parents sig. if under 18) _____