

TRACK CLUB

NEWSLETTER Vol. XIV, No. 12 December 30, 1982

KENT LANG WINS TEN MILE CHEESE RUN; ANDREA FISCHER SETS A RECORD; JIM SOWASH WINS THE BIG CHEESE December 18, 1982

		10	Seconds off
			DT
1. Kent Lang	20	56:30 PB:	90
2. Andrea Fischer	19	57:05	175
3. Kirby Finders	28	59:07 PB	43
4. Don Lewis	46	1:00:03	
5. Dan Hoxworth	22	1:00:47	433
6. Whitney Hicks	47	1:03:04	34
7. Peter Pastoret	30	1:03:50	490
8. Marc Scholes	31	1:04:04	56
9. Dean Baxter	47	1:04:46	8
10. Joe Kurth	35	1:04:57	3* *Joe decided to
11. Mark Volek	27	1:07:02	128 wear his watch
12. Mike Walther	25	1:08:32	88 so he didn't
13t. Mike Koonse	32	1:09:35	25 compete for the
13t. Ben Londeree	48	1:09:35	25 cheese.
13t. Mark Ianier	24	1:09:35	25
16. Mark Stolzer		1:11:38	
17. Turk Storvick	54	1:12:15	165
18. David Sleper	37	1:12:22	33
19. Tom LaFontaine	36	1:12:45	15
19t. Joe Marks	45	1:12:45	15
21. Joe Duncan	48	1:13:05	35
22. Jim Shipp	40	1:13:27	93
23. Jim Sowash	44	1:14:01	4
24. David Plummer	38	1:14:13	227
25. Chris Ruble	28	1:15:44	138
26. Dennis Jones	35	1:20:12	192
27. Sid Hose	44	1:21:30	10
28. John O'Connor	49	1:23:30	90
29. Joleen Finders	25	1:31:57	83

THE WALK:

1. Rob Spier	60	1:52:13	82
2. Bill Taft	67	2:09:20	40

The following went five miles:

1. Jay Sowash	13	38:17	223
2. Mary Jones	35	49:50	10
3. Margaret Johnson		58:53	

1. Joyce Schulte w	1:12:26
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Low 40's, fairly stiff wind, clear. Kent Lang is now running for Central Mo. State at Warrensburg so he is going to be pretty tough in future races with formal training he has not particularly had before. Andrea Fischer, UMC's national class runner from Hannibal, shattered Amy Johns' 10 mile record of 1:01:05 set on Dec. 16, 1978. Andrea was also under Amy's five mile mark of 29:26, but we didn't record an official five mile split for Andrea so she will have to grab that record in one of our five mile races. Andrea's ^{time} was bettered by only 8 other women in 1981 in all 10 mile races in the country. Of course, this is 1982. Anyway, she had a fine race and it was only after the 7.5 mile turnaround that she fell behind Kent Lang.

Jim Sowash did the best job of predicting his time so he got the first place cheese award with the others going to Baxter, Hose, Mary Jones, LaFontaine and Marks, while Pete Pastoret got a can of sauerkraut and to think that back in 1975 he won the big cheese.

THANKS to Don Johnson, Russ Kurth and Fred Kolchorst for handling the administration of this race.

STEVE STONECIPHER-FISHER WINS ANOTHER 30 KILO RUN December 4, 1982:

5,000 Meter Splits:		5	10	15	20	25	30
1. Steve Stonecipher-Fisher	26	16:27	33:43	50:38	1:08:12	1:25:14	1:42:39
2. Fred Klinge	23	17:02	35:08	52:35	1:10:48	1:28:34	1:46:38
3. Bob Goodrich	37	17:29	35:54	53:36	1:12:02	1:29:58	1:48:28
4. Joel Klinge	21	18:04	36:44	54:44	1:13:36	1:32:30	1:52:19
5. Tom LaFontaine	36	21:06	42:36	1:01:29	1:21:27	1:39:02	1:57:23
6. Norm Stebbins	36	20:58	41:37	1:01:05	1:21:22	1:39:39	1:59:33
7. Joe Marks	45	19:23	39:53	59:56	1:20:57	1:40:55	2:01:33
8. Greg Carter Jeff City	18	21:15	42:19	1:01:44	1:21:29	1:42:31	2:01:44
9. Guy Clark Jeff City	17	21:17	42:44	1:03:31	1:23:49	1:44:16	2:08:13
10. Ben Londeree	48	21:05	42:54	1:04:09	1:25:56	1:47:00	2:08:16
11. Olen Brown	47	21:15	43:05	1:04:09	1:26:40	1:47:46	2:10:41
12. Metz		21:40	43:21	1:05:20	1:28:08	1:50:45	2:13:24
13. Russ Dixon Ft. Wood	25	21:14	45:56	1:09:40	1:34:13	1:55:40	2:16:54
14. Robert Hull Jeff City	16	21:18	42:51	1:04:08	1:26:26	1:51:52	2:22:34
15. Don Johnson	54	21:58	47:19	1:11:01	1:35:48	1:59:36	2:23:50
16. Bob Dolphin	53	21:58	47:32	1:12:09	1:38:35	2:05:17	2:34:35
17. Tracy Pool Jeff City	17	21:17	43:04	1:04:44	1:27:37	1:56:15	
18. Mark Volek	27	20:58	41:37	1:01:05	1:21:23		
19. Mark Lanier	24	21:17	42:47	1:04:08	1:27:24		
20. Norris Kruse	47	21:30	44:09	1:06:10	1:30:05		
22. Bryan Link Jeff City	16	21:17	43:31	1:07:45	1:33:15		
23. Mike Koonse	32	21:53	45:44	1:09:45	1:33:28		
21. Ron Wampler	35	22:05	45:27	1:08:07	1:31:37		
24. Shep Funderburk	40	21:18	45:56	1:09:40	1:34:13		
25. Floyd Mummert	31	24:30	52:08	1:19:58	1:52:33		
26. John O'Connor	49	24:33	52:09	1:20:35	1:52:46		

THE 10,000 METER RUN:

Age 15 & under:

1. Steve Helmick	15	18:51	39:10
1t. Jason Shear	15	18:51	39:10
3. Willie Heinrich	15	20:04	42:42

WOMEN

1. Liz Bulman	21:06	42:58
2. Chris Ruble	21:08	45:48
3. Karen Anderson	25:59	52:20
4. Candice Robert	26:06	56:25

They aren't age 15, but Pete Pastoret was back in the fray after a couple of years, as was Dave Adams and they each did 10k, Pete having 39:17 (21:18) and Dave 45:18 (23:04).

Liz Bulman went on to 20 K in 1:25 56 (1:08:32 at 15 K)

THE 20 KILO WALK:

1. Rob Spier	60	33:30	1:08:32	1:44:05	2:21:09
2. Bill Taft	67	39:43	1:20:54	2:02:12	2:45:18

Mid 40's, moderate winds, sort of misting, gloomy, the main problem was the quarter mile stretch of Route ZZ which had been covered with flood waters a scant two or three hours before the race. This muddy, sloppy mess which had to be traversed six times hampered performances. For example, Fisher, running as well as ever, was two minutes slower than he was Labor Day weekend when he set the course record.

The real highlight of the event was the overhead passage of a large flock of geese with their characteristic honking. There must have been a couple of hundred of them following the runners for a half mile or so. Or, we should say they were leading the runners, for they were, in fact, moving somewhat faster.

A discordant note was the theft of our aid station. Fortunately, with the cool weather that was no problem, but it's still a sad commentary on our present condition. Joe Duncan set the large cooler, with water, at its location at 8:28 AM. When Ben Londeree went by at 8:30 the cooler was gone, but the cups were still on the ground. It's hard to think that on a gloomy Saturday morning, at that specific spot, a thief would happen by within a two minute span of time. Anyway, if anyone ever sees a cooler with "Columbia Track Club" written all over it, and it isn't where you would expect it to be, then let us know or confiscate it or something. These things cost \$45.

Many THANKS to SID HOSE for so ably serving as Race Director and for providing the awards which were portable heaters and toasters made by TOASTMASTER. Assisting him were wife, Frances, their two sons, Dean Baxter and fellow employee, Ron Reynolds.

Only two people predicted a time-- Rob Spier was only 9 seconds off his prediction, while Tom Lafontaine was 4:37 too fast.

SIX YEARS AGO--A LOOK AT YESTERDAY'S HEROES

December 4, 1976 30 kilo MVAU Championship 1. Jon Herbert 1:45:21,
 2. Dick Hessler 1:46:49, 3. Dave Harris 1:48:21, 4.
 Walt Renaud 1:50:53 (still the age 40 record), 5. Ben
 Londeree 1:56:30. . .10. Jerry Kokesh 2:06:18. . .12.
 Wesley Paul, 7, 2:13:45, 13. Joe Duncan 2:16:16 and
 12 others

December 18, 1976 10 mile Holiday Cheese & Sauerkraut race 1. Walt
 Renaud 57:30 (another age 40 record Walt still holds,
 2. Ben Londeree 59:21, 3. Tom Hinckley 59:40, 4. Pete
 Pastoret 1:00:02, 5. Mike Chippendale 1:01:20, 6.
 Augie Hirt 1:02:03, . .10. Rex Frazer 1:02:52, 11. Don
 Lewis 1:03:32, 12. Dick Hessler 1:03:36. . .14. Turk
 Storvick 1:05:31. . .20. Joe Duncan 1:08:54, 21. Wesley
 Paul 1:09:40. . .28. Don Johnson 1:16:43, 29. Sid Hose
 (his first appearance in a CTC event) 1:16:52. . .
 Henry Bent, 76, and Bill Taft walked in 2:07:20

Another Year In Utah

a report from DENNIS HINKAMP

Life in the slow lane seems to suit me well. Utah may not be as lively as its neighbor, Nevada, but it is quite pleasant. In fact it is every bit as beautiful as Colorado but has remained less marred by tourists.

They do have some strange names for road races out here: such as "The Haul Buns For Hunger 5K" or how about "The Couples Evening Delight?" Of course they have some tough sounding races too: The best of which is the "Bear Gutsman" which starts at Rock Loft and is sponsored by the Mountain Goat Track Club....sound like fun? And, of course the premier race in my little town of Logan is called "the Third Annual First Dam(as in stopping water) Run" We advertise it as being "The best dam run in Utah."

Since most races around here are between 4,000 and 6,000 feet altitude, it is hard to tell how my times are compared to Missouri. I may have set some sort of CTC record for most races in a year. During a one-year period I ran 47 races.

Since then I have become a little bored with "just running" and have branched out my activities. I had a versatile year in 1982 at all ends of the spectrum ... 9:19 2-mile, 14:56 5K, 30:05 6-mile, 1:11:20 1/2-MAR, 2:37 MAR, 5th out of 250 in a swim/bike/run triathlon and batting .360 in the Northern Utah Amateur Baseball League(not softball).

FOUR NEW CENTURIONS FROM TAC 100 MILE CHAMPIONSHIP November 20-21
Chula Vista, Calif. The following comes from the November
issue of the Ohio Race Walker:

Bob Keating made a long trip from New Hampshire to take a long walk---100 miles--but he made it all worth while as he won the National TAC title in 19:19:31. Runnerup to three-time champion, Alan Price last year, the 35 year old Keating was able to move well clear of Price over the second half of the race for a very impressive and well-deserved win. Price had to overcome a strong challenge from John Kelly over the last 15 miles to hang onto second, with both of them well under 20 hours.

Price had his usual blitz start, but Dale Sutton and Paul Hendricks were not far back in the early going. Keating and Kelly were biding their time, but walking a solid pace. By 50 miles, Price, Hendricks, and Keating were all on the same lap, but Hendricks called it a day 2 miles later and Keating started to move away for the win. At 85 miles Kelly passed Price but Alan was able to come back and take second by over 6 minutes. It was the first 100 miler for the 53 year old Kelly in many years (he had previously done a 100 in England) and a very impressive performance.

In fourth place, Seattle's 46 year old Bev LaVeck became the second US woman Centurion and established a new US women's record with 21:42:14. Her outstanding performance was good enough to beat another new Centurion and former Olympian, Tom Dooley. The former 20-km ace (1968 and 1972 Olympics) and sometimes 50 km walker had not competed at all for a year and a half. Who would have expected him to show up at a 100 miler! But there he was, nursing himself through the long cold night and then finishing strongly in 22:30:31.

Sixth place went to Dale Sutton, who hung on after his fast start to beat the 24 hour limit. The final finisher became the third US woman Centurion and the youngest regardless of gender. Liz Kemp is 19, a walker for just 4 months, and had never gone more than 20 miles before. She finished in 23:50:50, apparently none the worse for wear.

Tom Dooley reports how impressed he was by the night-long duel among Keating, Price and Kelly as he struggled just to keep moving. He was also impressed by the form shown by all walkers, coming in with some preconceived notion that it was a test of creepers and joggers and finding that nothing could be further from the truth. Equally impressed was Don Choi, holder of the record for the 6-day run. He held on for 93 miles in 24 hours and was telling people afterward that walking 100 miles is more difficult than running for 6 days.

The results:

1. Bob Keating, Nashua, N.H. 19:19:31 2. Alan Price, Washington, DC 19:35:44, 3. John Kelly, Santa Monica, Calif., 19:42:11, 4. Bev LaVeck Seattle, Wash., 21:42:14, 5. Tom Dooley, Santa Clara, Calif. 22:30:31 6. Dale Sutton, San Diego, Calif. 23:36:55, 7. Liz Kemp, San Diego 23:50:50. Others: Katy O'Classen, 98 3/4 miles, Choi 93 miles and Chuck Hunter 92.

From the NRDC NEWS:

20 kilometers- Age Record Update

10	1:20:20	Hunt Dickson	25 Apr 72	Demopolis	AL	30 Oct 82,AL-A
51	1:08:13	Hal Higdon	17 Jun 31	Michigan City	IN	16 Oct 82,IN-A
80	2:30:12	Everett Amos	9 Nov 81	Knox	IN	16 Oct 82,IN-A
7F	1:47:47	Heather Dickson	19 Oct 75	Demopolis	AL	30 Oct 82,AL-A
36F	1:16:08	Betty Hite	25 Mar 46	North Webster	IN	16 Oct 82,IN-A
39F	1:19:21a	Bette Poppers	17 Dec 42	Littleton	CO	24 Jan 82,AZ-A
47F	1:28:18	Janet Buckendahl	7 Mar 34	Petaluma	CA	28 Feb 82,CA-A
55F	1:43:15a	Adele Milicevic	21 Sep 26	Scottsdale	AZ	24 Jan 82,AZ-A

Age Record Update- 30 kilometers

43	1:49:50	Lee Wilcox	21 Sep 38	Troy	NY	19 Sep 82,NY-A
43	1:47:19p	Andy Urquhart		Scotia	NY	19 Sep 82,NY-A
45	1:53:40p	Dan Caffrey		Mahopac	NY	19 Sep 82,NY-A
47	1:49:24	Richard Gottshall	24 Apr 35	Altoona	PA	19 Sep 82,NY-A
56	2:00:49	Herb Chisholm	7 Jun 26	Alexandria	VA	19 Sep 82,NY-A
59	2:06:20	Flory Rodd	4 Sep 23	San Francisco	CA	19 Sep 82,NY-A
64	2:18:53	John Woods	6 Feb 18	Bethesda	MD	19 Sep 82,NY-A
66	2:55:47	Bill Shrader	29 Nov 15	Albany	NY	19 Sep 82,NY-A
24F	1:47:30a	Ellen Hart	19 May 58	Boulder	CO	30 Oct 82,AZ-A
27F	1:52:42	Jane Welzel	24 Apr 55	Hopkinton	MA	19 Sep 82,NY-A
32F	1:52:54	Isabelle Carmichael	10 Feb 50	New York	NY	19 Sep 82,NY-A
40F	2:00:10	Linda Thurston	11 May 42	Somerville	NJ	19 Sep 82,NY-A
58F	2:30:38a	Mary Storey	4 May 24	Riverside	CA	30 Oct 82,AZ-A
64F	2:52:19a	Edna Laflin	2 Feb 18	Sun City West	AZ	30 Oct 82,AZ-A
66F	3:48:18a	Ann Snyder	15 Aug 16	Sun City	AZ	30 Oct 82,AZ-A
74F	3:40:33a	Veallon Hixson	2 Dec 07	Sun City	AZ	30 Oct 82,AZ-A

ELAPSED TIME STANDINGS Includes event of Dec. 18, but
not the Turkey Trot

MALE

Open Runners	Points				
1. LaFontaine	81	16. Dolphin	34	31. Koonse	22
2. Lang	73	17. Hosler	34	32. Lanier	22
3. Lewis	69	18. Goodrich	33	33. Jorgenson	21
4. Londeree	67	19. Stebbins	33	34. Schuppan	20
5. Fisher	66	20. Finders	32	35. Storvick	19
6. Marks	65	21. Parker	32	36. Clark	18
7. Hicks	62	22. Shoemaker	31	37. Brown	18
8. Volek	60	23. Belyea	30	38. Johnson	17
9. Scholes	57	24. Hoxworth	30	39. Mueller	17
10. Kurth	51	25. Hose	53*	40. Shipp	15
11. Walther	48	26. Baxter	27	41. Hanson	15
12. Nowak	39	27. Huse	27	42. Snow	14
13. Hessler	37	28. O'Connor	24	43. Plummer	14
14. Moore	36	29. Allen	23	44. Jones	13
15. Duncan	35	30. Rhiddlehoover	22	45. Fay	11

Hose has 53 points since he got 25 points for being a Race Director.

15 & under		30-39		40-49	
1. P. Hessler	12	1. LaFontaine	49	1. Marks	44
2. T. Gibson	11	2. Scholes	34	2. Londeree	43
3. Shear	12.5	3. Kurth	31	3. Lewis	38
3t. Helmick	12.5	4. Nowak	23	4. Hicks	35
		5. Stebbins	23	5. Duncan	27
		6. Hosler	22	6. Hose	24
		7. Parker	21	7. O'Connor	22
		8. Shoemaker	20	8. Hessler	18
		9. Belyea	19	9. Baxter	17
		10. Huse	17	10. Allen	14
		11. Schuppan	15	11. Shipp	13
		12. Mueller	14	12. Brown	11
		13. Koonse	14		
		14. Snow	13		
		15. Goodrich	13		
		16. Plummer	12		
		17. Fay	11		
		18. Jones	11		

50-59

1. Dolphin	23
2. Rhiddlehoover	13
3. Johnson	12
4. Hanson	11

WALKERS

1. Spier	24
2. Taft	22

FEMALE

Open				35 & up	
1. Bulman	39	6. Fischer	13	1. Boyle	12
2. Ruble	23	7. Scholes	12	2. O'Connor	11
3. Boyle	16	8. Finders	11		
4. Fender	15	9. O'Connor	11		
5. Mueller	14				

15 & under: None yet

This scoring of Elapsed Time points reflects our new system of giving every finisher 10 points for participation (and finishing) and each Race Director 25 points (not to exceed 50). All this places a premium on participation and encourages everyone to take at least one turn as a Race Director.

Speaking of Race Directors, we need some for the 1983 events. We are automatically assigning races to the same people as for their 1982 races. Those are their races to promote as they see fit. If you were a Race Director for a 1982 race and CANNOT be the Director for that same race this year, then please tell Joe Duncan. Those of you who did not serve as a Race Director for '82 should let Duncan know as to your availability for an '83 race. Some 10 or 12 events still need a Race Director.

SCHEDULE OF EVENTS

- JANUARY 8 Saturday 9:00 AM BOONE TAVERN 5-Mile Twosome Race. Male-female teams (open to individual runners or walkers, also). Meet at West Broadway Swim Club. Awards to teams in the following categories: Age 35 & under (combining ages), 36-59, 60-79, 80 & over, best team at predicting times and a drawing. The awards will be Dinners for Two at the new BOONE TAVERN, a new restaurant co-owned by CTC member Dan Ovshak, to be opened in the old Western Auto building on East Walnut. \$1.00 fee for non-members. RACE DIRECTOR: Don Lewis 874-1034
- 22 Saturday 9:00 AM FROSTY 20 kilo run (10 kilo for women & age 15 & under, unless they want to go farther), 20 kilo walk starts at 8:30 AM. Hilton Inn RACE DIRECTOR: Joe Marks 445-1919
- FEBRUARY 5 Saturday 9:00 AM 5,000 Meter Nut Race, Run or Walk Research Park Awards of a nutty variety. \$1.00 fee non-members RACE DIRECTOR: Annette LaFontaine 449-5781

REMEMBER!!! The annual dues of \$5.00 are payable now! Send your check to Joe Duncan to avoid the word "EXPIRED" from appearing on your January Newsletter.

THE ROCKET CITY MARATHON, Huntsville, Ala. Dec. 11. . . Some excellent performances. Out of 2700 runners, TOM LAFONTAINE was 49th, 5th in his age division, at 2:31:48, a personal best. NORM STEBBINS was 121st with 2:42:12 and JOE MARKS was 175th, 4th in his age group at 2:47:53. LIZ BULMAN, despite problems with her shoes causing blisters, was 12th best among all women with 3:04:16. JIM METZ had 3:10:04 and SHEP FUNDERBURK 3:17:46. These two were making their marathon debuts. SASAN MOKHTARI had a PB 3:22:32. WESLEY PAUL established a PB, winning the age 14 & under title with a course record 2:44:50.

Temperature in mid 40's, windy and rainy.

CONGRATULATIONS to RON & BETH TAUCHEN for the birth of a new runner. . . Sarah, who came along on December 11, with fast moving legs and feet.

KENT LANG was in the Dallas White Rock Marathon on Dec. 4 posting a fine 2:35:59, a PB by over 31 minutes, his second marathon. Kent was 65th out of some 4500 runners. Kent reports this course to be fast, fast with excellent administration. Kent finished strongly with the final 10,000 meters going in 36:29 (5:52 pace). 50 degrees, partly cloudy, light winds.

WELCOME TO THE FOLLOWING AS NEW MEMBERS OF THE COLUMBIA TRACK CLUB:

Andrea Fischer
Route 3
Hannibal, Mo. 63401

Terry Rackers
2628 Huntleigh
Jefferson City, Mo. 65101

Matt & Fred Forsythe
P.O. Box 531
Columbia, Mo. 65201

Bill Ward
2218 Hillsdale
Jefferson City, 65101

Jim Shipp
5216 Mexico Gravel Rd.
Columbia, Mo. 65202

FIFTH ANNUAL RUN FOR THE THIRD

Sedalia Runners Club

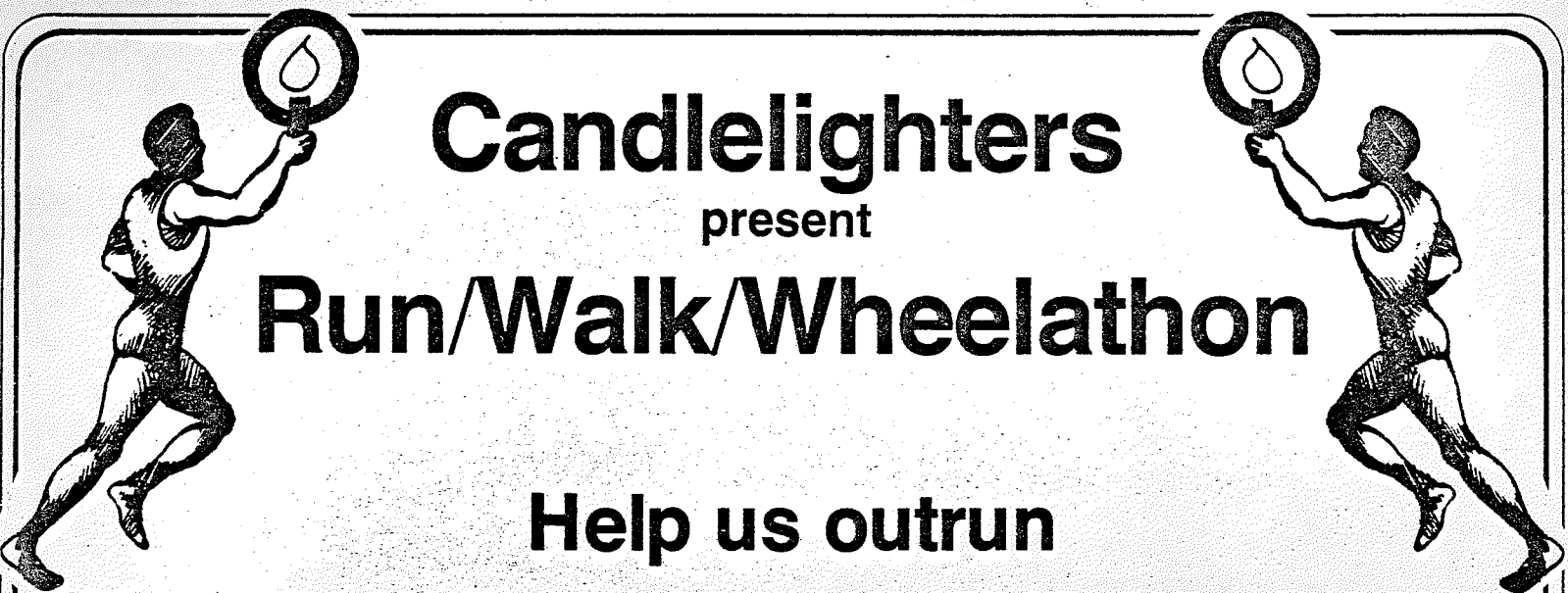
Dec. 18, 1982 10 a.m.

Temperature: 45 degrees. Flat to rolling hills.

Wind from the Southwest.

1. Jeff Mittelhauser, 26	31:32	Sedalia, MO
2. Dan Bryant, 21	32:54	Russellville, MO
3. Dennis Stewart, 34	33:19	Higginsville, MO
4. Bob Goodrich, 37	33:50	Jefferson City, MO
5. Mark Fischer, 17	33:53	Russellville, MO
6. Tom Billington, 28	35:12	Kansas City, MO
7. David Harris, 28	35:28	Jefferson City, MO
8. Patrick Leigh, 14	35:50	Warrensburg, MO
9. Mark Thomas, 24	36:03	Sedalia, MO
10. Mark Hosler, 35	36:15	Columbia, MO
11. Brad Jones, 17	36:49	Independence, MO
12. Michael Chegwidien, 17	36:58	Jefferson City, MO
13. Greg Carter, 18	37:04	Jefferson City, MO
14. Don Nail, 50	37:05	Orrick, MO
15. David Cooley, 38	37:27	Warrensburg, MO
16. Terry Harms, 36	37:46	Independence, MO
17. Tracy Pool, 18	37:54	Jefferson City, MO
18. Tom Moore, 18	38:10	Columbia, MO
19. Max Lewis, 15	38:23	Sedalia, MO
20. Warren Wisner, 27	38:28	Eldorado Springs, MO
21. Greg Lovercamp, 24	38:31	Seattle, WA
22. Gerald Witten, 53	39:09	Emporia, KS
23. John Ball, 30	39:51	Blue Springs, MO
24. Sam Kirby, 14	40:08	Jefferson City, MO
25. Audrey Leigh, 48	40:18	Warrensburg, MO
26. Daniel Hart, 25	41:26	Knob Noster, MO
27. Milene Mittelhauser, 23	41:37	Sedalia, MO
28. John Lewis, 14	41:42	Sedalia, MO
29. Stuart Curtright, 16	41:50	Holts Summit, MO
30. Terry Rackers, 38	41:51	Jefferson City, MO
31. James O'Brien, 14	42:17	Holts Summit, MO
32. John Ingram, 23	42:34	Belton, MO
33. Hal Krause, 44	42:54	Warrensburg, MO
34. Bob Dolphin, 53	43:06	Columbia, MO
35. Wesley Schloman, 32	43:14	Higginsville, MO
36. Wes Yates, 24	43:25	Sedalia, MO
37. Willy Heinrich, 15	43:29	Jefferson City, MO
38. Mike McGreevy, 43	43:51	Warrensburg, MO
39. Phil Palmer, 26	43:53	Eldorado Springs, MO
40. Darren Young, 16	44:08	Sedalia, MO
41. Bill Schrader, 14	44:18	Sedalia, MO
42. Steve Estill, 17	44:18	Marshall, MO
43. Paul Duysen, 28	44:29	Whiteman AFB, MO
44. Scott Lembrich, 16	44:51	Jefferson City, MO
45. Bob Bailey, 50	45:10	Sedalia, MO
46. Kevin Justis, 35	45:23	Jefferson City, MO
47. Mike Oney, 22	45:30	Knob Noster, MO
48. Chris Rackers, 14	45:56	Jefferson City, MO
49. Gerald Jenkins, 41	45:58	Sedalia, MO
50. Carrie Wiebert, 14F	46:00	Holts Summit, MO
51. Thomas Rackers, 41	46:36	Jefferson City, MO
52. Ernie Buso, 47	47:23	Sedalia, MO
53. Roger Hanson, 50	48:17	Columbia, MO
54. Richard Duffner, 34	50:01	Mexico, MO
55. Floyd Mummert, 31	50:02	Windsor, MO

Here is information on the CANDLELIGHTERS event, the only charitable type event which CTC actively promotes and helps administer. And, of course, we hope for wide CTC participation. This year d SPORT SHOP is giving a \$25.00 gift certificate to the CTC member who raises the most money. Let's have a "mad scramble" for that prize!



Candlelighters present Run/Walk/Wheelathon

Help us outrun Childhood Cancer

at Brewer Fieldhouse

Thur., January 27

10 a.m. - Midnight

Fri., January 28

6 a.m. - 10 p.m.

Co-sponsored by KRCG-TV 13

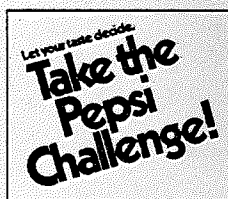
Prizes donated by & pledge sheets available at

FECHTEL'S BEVERAGE AND SALES, INC.
COLUMBIA - JEFFERSON CITY - SEDALIA

d Sport Shop

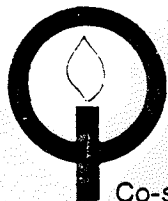


Columbia's Bank



COMMERCE BANK
of Columbia^{NA}

Sponsored by: Sigma Lambda Sigma; Recreation Club and Columbia Track Club



Brewer Fieldhouse - January 27 from 10 am to Midnight
January 28 from 6 am to 10 pm

Co-sponsored by:

Sigma Lambda Sigma Honorary Fraternity, Recreation Club and Columbia Track Club

PARTICIPANT: Name _____

Local Address	Phone
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Permanent Address _____

Total Laps Pledged _____ Day 1
(7 laps = 1 mile)

Day 2 Total Laps Completed _____

SPONSOR INFORMATION

[illegible]

Make checks payable to: Candlelighters
Pledge sheet(s) and contributions can be taken to:

- Room N - 104 Med Center, Social Services (Betty Smithey)
- Room S - 102 Memorial Union (Yvonne Snell)
- Room 817 Clark Hall (Marquerite Smith)

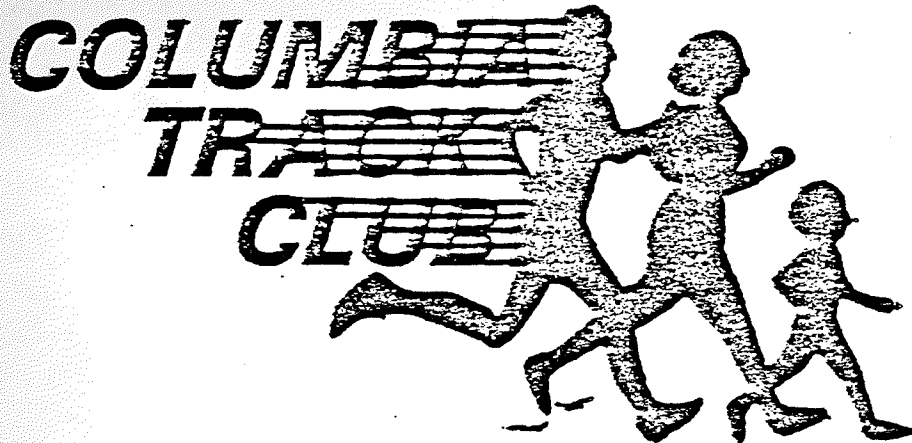
or mail to:

Candlelighter, P. O. Box 1708
Columbia, MO 65205

(checks only - no cash please)

(Grand Total)

Please submit contributions by March 1
Winners announced on March 2



The CTC newsletter is sent out every month. Annual subscription price is \$2.00. Or, you can join CTC by paying the annual dues of \$5.00. This amount includes the newsletter and includes all family members living in the same household. Anyone may submit articles, comments, suggestions, race results, etc. for publication in the newsletter. In fact, CTC members are requested to submit results of their performances in out of town races. Any item submitted for publication must be typewritten unless it is a fairly short item. CTC is a non-profit corporation, therefore, any donations to CTC are tax-deductible. Send money, dues, donations (checks payable to Columbia Track Club) to Joe Duncan 2980 Maple Bluff Dr. Columbia, Mo. 65201.

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