

# TRACK CLUB

NEWSLETTER Vol. XI, No. 4 April 25, 1979

## DAVE MCCALLEY WINS MVA AU ONE HOUR WALK TITLE April 7, 1979:

	Mile splits:	1	2	3	4	5	6	7
1. Dave McCalley age 18	7:23	15:23	23:13	31:31	39:54	48:15	56:33	
			7 miles, 687 yards			193 yds off DT		
2. Jerry Young 21	7:41	16:14	24:37	33:10	41:35	50:10	58:55	
			7 miles, 209 yards			209 off		
3. Randy Mimm 23	7:41	16:10	25:28	33:47	42:39	52:25		
			6 miles, 1350 yards			2170 off		
4. Leonard Busen 49	9:16	19:08	29:10	39:24	49:27	59:10		
			6 miles, 155 yards			725 off		
5. Randy Bakewell 28	9:20	19:37	29:36	39:27	49:34	59:39		
			6 miles, 57 yards			57 off		
6. Jim Wass 26	9:24	19:20	29:30	39:45	50:20			
			5 miles, 1665 yards			245 off		
7. Rob Spier 56	10:26	20:53	31:35	42:13	52:56			
			5 miles, 1180 yards			140 off		
8. Albert Van Dyke 53	9:51	21:16	32:03	43:36	55:30			
			5 miles, 674 yards			646 off		
19. William Taft 63	11:36	23:30	35:32	47:32	59:27			
			5 miles, 94 yards			116 off		
19. Tom Ekvall	10:08	21:55	33:43	45:39	57:42			
			5 miles, 420 yards					
11. Henry Bent 78	11:42	23:54	36:10	48:44				
			4 miles, 1498 yards			412 off		

A warm, windy, Saturday afternoon, temperature in the low 70's, not really a good day for a race, especially since all the preceding days were rather cool and the walkers had not really acclimated to the heat. None of that bothered Dave McCalley, however. McCalley is from Kansas City and during the past year he established himself as one of the nation's leading Junior walkers, winning more than one National Junior title. In this race he beat Paul Ide's MVA AU Junior record (age 19 & under) for the one hour walk by nearly a half mile. Randy Mimm and Jerry Young hooked up in a little duel for second place, however, this was not a good day for Randy. He was still feeling the effects of an excellent 50 kilometer performance the previous Sunday in St. Louis. In that St. Louis race Randy had a fine 4:39:33 for the 50 kilo, right behind the 4:38:30 posted by Jerry Young. These performances qualified both walkers for the Pan American Games trials, to be held in Walnut, Calif. on June 17. The qualifying standard was 4:50 and by getting under 4:40, both walkers will also get their expenses paid to Walnut.

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## RANDY MIMM WINS THE MISSOURI CUP 20 KILOMETER WALK April 21:

	Two mile splits:	2	4	6	8	10	12	20 kilo
1. Randy Mimm	15:54	32:15	49:39	1:07:53	1:26:04	1:46:27	1:50:06	
2. Jim Breitenbucher	19:02	37:55	57:08	1:16:23	1:36:21	1:56:27	2:00:44	
3. Leonard Busen	20:30	40:15	60:29	1:20:56	1:41:50	2:02:34	2:06:36	
4. Jim Wass	20:24	40:28	61:25	1:22:17	1:44:28	2:08:17	2:13:29	
5. William Taft	23:35	47:29	71:25	1:35:35	2:00:02	2:25:40	2:31:13	
6. Henry Bent	24:56	50:44	77:23	1:44:07	2:11:20	2:38:56	2:44:45	

High 60's, warm, humid, not really a good day for long walking. It was all Randy's race, but he still ran into trouble at about 11 miles and was not certain he could finish, but he overcame the stomach distress and nausea and was able to work on home. It was good to have Jim B. back in the fray. It is my understanding that within a week or so Jim will become a married man. If so, congratulations, Jim! The DT contest went like this: Busen 96 seconds off, Taft 177, Bent 285, Mimm 306 and Wass 319.

MANY, MANY THANKS to Mrs. Taft for handling the aid and to Larry and Frances Thornburg for handling the timing and recording. With no judges, the walkers were on the honor system.

## JERRY YUNKER WINS A SIX MILE RACE AT RESEARCH PARK

April 7, 1979:

mile splits	1	2	3	4	5	6	Seconds off DT	% off
1. Jerry Yunker	4:54	9:58	15:04	20:11	25:25	30:24	26	1.41
2. Denton Childs	5:02	10:10	15:22	20:42	25:58	31:14		
3. Bruce Maxey	5:24	11:04	16:45	22:29	28:14	33:48	72	3.43
4. Dick Hessler	5:29	11:13	16:56	22:41	28:25	33:57		
5. Don Lewis 43	5:29	11:18	17:06	22:57	28:44	34:13	59	2.79
6. Jon Palks	5:45	11:38	17:44	23:51	30:01	35:42	78	3.51
7. Olen Brown 43	5:32	11:37	17:44	23:49	30:00	35:49	51	2.32
8. Wayne Mountjoy		11:28	17:35	23:50	30:04	36:03		
9. Doug Bellows	5:31	11:36	17:51	24:10	30:19	36:15	45	2.03
10. Joe Marks 41		11:53	17:59	24:11	30:21	36:19	11	.50
11. Jack Wallace		12:00	18:13	24:20	30:36	36:29		15.16
12. Mike Lairmore	5:40	11:47	18:05	24:22	30:27	36:36	24	
13. Larry Thornburg	6:03		18:35	24:56	31:20	37:37	23	1.01
14. Turk Storvick 50	6:12	12:31	18:56	25:25	31:51	38:19	41	1.75
15. Dru Dixon	6:07	12:24	18:54	25:36	32:22	38:52	52	2.28
16. Ben Londeree 44	6:13	12:37	19:07	25:58	32:27	39:05	5	.21
17. Tom LaFontaine	6:42	12:06	19:52	25:13	34:06	39:32	58	2.39
18. Tom Ekvall	6:06	12:46	19:41	26:32	33:30	39:56	64	2.60
19t. Whitney Hicks 43	6:43	13:39	20:29	27:28	34:45	41:29	31	1.23
19t. Joe Duncan 44	7:04	13:49	20:34	27:28	34:45	41:29	31	1.23
21. Phil Pratt		13:52	20:55	28:03	34:55	41:39	21	.83
22t. Dick Moe	6:43	13:46	20:49	27:54	35:05	41:40	80	4.21
22t. Glenna Moe	6:43	13:46	20:49	27:54	35:05	41:40	80	4.21
24. Don Johnson 50		13:52	20:55	28:03	35:05	42:06	24	.94
25. Bob Curry	7:11	14:23	21:40	28:57	36:10	43:10		
26. Amy Hessler 13		14:50	22:46	30:53	39:13	47:08		
27. Susan Boyle	7:34	15:19	23:16	31:23	39:37	47:36	204	
28. Nicole Wagner 8	8:13	16:36	25:12	34:12	43:28	52:02	58	1.82
29. Mike McElwaine	8:13	16:36	25:12	34:12	43:30	53:03		
30. Meg Gould	9:36	19:13	28:45	38:09	47:43	57:10		

Mid 40's, partially cloudy, strong wind from the SE which actually was a benefit since it was helping push the runners up the hill and helping them cool off on the downhill stretch. This was supposed to be a 10,000 meter race at Rockbridge HS track. However, there was a girls Junior High track meet going on that we didn't know about, so we had to move our show. We ended up at Research Park with a 6 mile run. Some people missed out on this race because of the change and for this we certainly apologize, for we try awfully hard to do what we say we are going to do on the schedule. Normally we are aware of any conflicts when we create our schedule and that is the reason we had the race scheduled for Rockbridge, rather than Hickman to begin with. But then they slipped this girls meet in the schedule and we didn't know about it. Anyway we are sorry that there was this mess-up.

The T-shirt winner for the best DT was Ben Londeree. For the previous three weeks or so Ben had been fighting allergies and pneumonia and had done very little running. So today all he wanted was a relaxed 6 mile run (for him 6:30 pace is very relaxed) and a good DT performance.

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## NOTICE OF A 10,000 METER RACE FOR WOMEN

May 20, 1979 Hickman Track

Sunday, 9:00 AM

This is a qualifying race, for females only, a qualifier for the National AAU Championships to be held in California in June. The race is open to all females, any age. There will be no entry fee, nor will there be any awards, at least, at this time we are not planning for awards.

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To join the Columbia Track Club, all you need to do is pay the annual dues of \$5.00. This amount includes the newsletter which comes out every month (for the newsletter alone, then you pay \$2.00 for a years subscription). The \$5.00 dues includes all members of your family living in the same household. Send your money (any donations in excess of the dues are welcome--such additional amounts would go to the CTC Travel Fund) to Joe Duncan 2980 Maple Bluff Dr. Columbia, Mo. 65201.

## TOM LAFONTAINE WINS THE 3, 2, 1 TRIATHLON

April 21, 1979:

	3 mile run	2 mile run	1 mile run	Total
34. Tom LaFontaine	16:24* PB (5:28, 5:30, 5:26)	<del>12:52</del> 11:52.24 (6:28, 5:24)	5:16 (2:39, 2:37)	<del>33:32</del> 34:32
12. Ben Londeree	17:27 (5:48, 5:54, 5:45)	11:18 (5:46, 5:32)	5:14* (2:36, 2:38)	33:59
27. Jon Palks	17:30 (5:49, 5:58, 5:43)	11:28 (5:47, 5:41)	5:31 (2:46, 2:45)	34:29
34. Jim Schutt	17:40 (5:59, 5:58, 5:43)	11:22 (5:49, 5:33)	5:27 (2:46, 2:41)	34:29
5. Olen Brown	17:29 (5:46, 6:00, 5:43)	11:41 (5:52, 5:49)	5:43 (2:52, 2:51)	34:53
6. Bruce Maxey	19:31 (6:33, 6:38, 6:20)	10:30* (5:06, 5:24)	5:15 (2:40, 2:35)	35:16
7. Tom DeCoster	18:38 (5:58, 6:14, 6:26)	11:41 (5:40, 6:01)	5:31 (2:36, 2:55)	35:50
8. Whitney Hicks	19:10 (6:32, 6:30, 6:18)	13:11 (6:45, 6:26)	5:54 (3:02, 2:52)	38:15
9. Joe Duncan	19:26 (6:35, 6:29, 6:22)	13:12 (6:46, 6:26)	6:26 (3:20, 3:06)	39:04
10. Ron Wampler	20:17 (6:39, 7:02, 6:36)	13:11 (6:46, 6:25)	6:26 (3:18, 3:08)	39:54
11. Dick Martin	17:53 (6:00, 6:01, 5:52)		5:25 (2:43, 2:41)	
12. Dennis Blossom	22:50 (7:18, 7:59, 7:33)	14:53 (7:17, 7:36)		
13. Don Johnson		11:46 (5:53, 5:53)	5:34 (2:46, 2:48)	

Mid 50's, cloudy, a small turnout since this was the day before the Human Race and most CTC people elected to rest for that big race. And those who did the 3, 2, 1 didn't push in most of the races. Most of the runners chose to push in only one or two of the races, so that produced three different winners. Don Johnson set records for the age 50 & over category for the two mile run (there being no previous record) and for the one mile run (beating the 5:42 set by Jean Madden on July 2, 1977).

There was DT competition in the 3 mile run only--winner there was Bruce Maxey, and he wins a CTC T-shirt for missing his prediction by only one second. The other DT went like this: Londeree, 3 seconds off, Duncan 4 off, Hicks 5, Brown 5, Wampler 9, Palks 20, LaFontaine 21 and DeCoster 38.

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The HUMAN RACE, a 10,000 meter run through the streets of southwest Columbia is now history and we believe that most of the 1200 runners consider the event an unqualified success. The Columbia Daily Tribune is to be commended for sponsoring the race and giving it such wide publicity. They brought to the event surprising sophistication for a first time effort at this sort of thing. The organizational details were mostly the responsibility of Rod Green of the Tribune's staff and of Robin Lingle, UMC's assistant track coach. Robin's effort was also a first for him--his first road run. We must say to Robin that we think he did an excellent job with the race. Rod Green asks that the runners give to him any suggestions and comments as to how the race can be improved, for he feels strongly that the interests of the runners is of paramount importance. Write to him in care of the Tribune, 101 N. 4th st., Columbia. The organizers are aware of the problems with the finishing chute and with some duplicate numbers, but these are bugs which will be eliminated next year--at which time you should look for some 2500 runners. Amazing! As would be expected, CTC runners took away most of the trophies; as can be seen by checking the list of finishers. The course was a difficult one with, I guess, four major hills and several smaller ones, but really it is a good course. The Columbia Police Dept. did an excellent job with traffic control. The weather was ideal--cloudy, mid 50's, little wind, although the sun did begin breaking through about 20 minutes into the race. All in all the event was a success, a true community "happening", a festive occasion with not too many people too concerned about beating a bunch of other people. The main idea was to participate and finish the race.

The race was won by UMC's (and Jeff City's) Mark Hofius who hooked up in a duel with Fred Binggeli with Marc Shegoski hanging right behind for at least 4 miles. This duel between Hofius and Binggeli was reminiscent of the match they had in last year's MVAU 15 kilometer championship on the Hilton Inn course. In that set-to, Binggeli came out in front by a slim two seconds, but in this Human Race, Hofius was not to be denied as he sped away going up the last hill on Stadium Blvd.

ELAPSED TIME STANDINGS: (not including the 3, 2, 1 & Mo. Cup events)  
age 15 & under

## Open Runners

1. Yunker 249.5	21. Tom DeCoster 63.5	41. T. McMullen 21	1.M. Gibson 38
2. Londeree 238.5	22. Chippendale 60	42. Curry 20	2.J. Gibson 37
3. Hessler 238	23. Thornburg 53	43. Hemphill 19	3.A. Hessler 19
4. Maxey 230	24. Herbert 49	44. Rosso 19	4.W. Paul 14
5. Brown 199	25. Martin 49	45. Sewell 18	5.T. Gibson 14
6. Marks 185	26. Holt 47	46. Pratt 18	6.P. Hessler 11
7. Lewis 157	27. Walker 46	47. Mountjoy 17	7.S. Gibson 11
8. Palks 150.5	28. Hinkamp 41	48. Moe 16	8. J. Blossom 8
9. Bellows 144	29. Ekvall 40	49. Stock 14	9.D. Hicks 8
10. Hellie 104.5	30. Lairmore 36	50. Schottman 14	10.N. Wagner 8
11. Stewart 102	31. Schutt 36	51. Adams 12	
12. Guscar 102	32. Walter 35	52. Garverick 12	WOMEN
13. Storvick 96	33. Brace 32	53. Atwell 12	1.A. Hessler 24
14. LaFontaine 89	34. Shegoski 31	54. Wheeler 12	2.A. Johns 19
15. Mittelhauser 88	35. Neviackas 29	55. W. Hicks 11.5	3. Annette 17
16. M. Kruse 83	36. Renner 26	56. Sniglewski 11	4.G. Moe 10
17. Duncan 75.5	37. Vaillancourt 25	57. Wampler 11	5.N. Wagner 8
18. Granberg 73	38. Wallace 24	58. Pierce 10	6.P. Butler 6
19. Johnson 70	39. Childs 23		7.S. LeDuc 5
20. Dixon 64.5	40. Tim DeCoster 22		8. Mecca 3

## Age 40 &amp; over

## WALKERS

1. Londeree 92	6. Duncan 31.5	1. Mimm 61	6. Bakewell 17
2. Brown 78.5	7. Johnson 32	2. Spier 33	7. Van Dyke 12
3. Marks 75.5	8. Martin 20	3. Wass 32	8. Bent 8.5
4. Lewis 65	9. Schutt 10	4. Busen 23	
5. Storvick 46	10. Hicks 10	5. Taft 18.5	Age 40 & over:
			1. Spier 30
			2. Busen 18
			3. Taft 17.5
			4. Van Dyke 10
			5. Bent 7.5

## DESIGNATED TIME STANDINGS.

SHOWING NUMBER OF RACES AND AVERAGE PERCENTAGE DEVIATION OF BEST 10 ESTIMATES.  
INCLUDES ALL RACES THROUGH 04/07/79

1. B. LONDEREE 12 0.50	15. T. STORVICK 9 1.87	29. D. DIXON 6 3.80
2. L. THORNBURG 4 0.59	16. D. LEWIS 7 1.89	30. A. JOHNS 5 3.82
3. H. GUSCAR 3 0.75	17. D. STEWART 3 2.00	31. T. GIBSON 5 4.27
4. J. DUNCAN 11 0.95	18. T. LAFONTAINE 5 2.05	32. N. WAGNER 4 4.42
5. J. WASS 7 1.07	19. T. HELLIE 6 2.07	33. J. GIBSON, JR. 4 4.69
6. O. BROWN 12 1.10	20. D. BELLWS 8 2.31	34. R. SCHOTTMAN 3 5.27
7. J. PALKS 12 1.18	21. D. MOE 3 2.44	35. A. HESSLER 3 5.65
8. M. CHIPPENDALE 3 1.22	22. H. BENT 6 2.55	36. L. BUSEN 3 5.69
9. D. MARTIN 4 1.50	23. J. MITTELHAUSER 3 2.57	37. R. MIMM 6 5.96
10. B. MAXEY 11 1.52	24. W. HICKS 5 2.64	38. S. GIBSON 3 7.85
11. J. MARKS 10 1.57	25. D. JOHNSON 8 2.67	39. M. GIBSON 5 7.98
12. J. YUNKER 9 1.69	26. W. TAFT 9 2.69	40. J. WALLACE 3 12.12
13. T. EKVALL 3 1.75	27. R. SPIER 10 2.80	
14. T. DECOSTER 5 1.76	28. B. CURRY 3 2.83	

## DAVE SCHULTE IMPROVEMENT AWARD STANDINGS.

SHOWING NUMBER OF RACES AND MEDIAN PERCENTAGE IMPROVEMENT OF BEST 10 RACES.  
INCLUDES ALL RACES THROUGH 04/07/79

1. R. MIMM 7 5.24	3. O. BROWN 13 2.79	5. J. MARKS 7 0.56
2. D. JOHNSON 5 3.04	4. J. DUNCAN 12 0.83	6. B. LONDEREE 12 -1.61

Our best wishes to AL GARVERICK for a speedy recovery from injuries he suffered from a car accident a month or so ago. Al had two dislocated hips with a fracture on the right side. He is now home after a month in the hospital, but will be perambulating on crutches until the end of the summer. Al is tough--don't be surprised to see him in the cross country races this fall.

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Kudos to Patty Palks, Annette LaFontaine and Phil Pratt for so ably representing CTC in the organization of the Candlelighters run-a-thon at Brewer Fieldhouse and to all other CTC people who supported this effort. And, especially to Dennis Hinkamp who ran 50 miles--350 laps--raising \$217. All of this reveals the expansive nature of CTC, we can do more than simply promote races among our members.

## A POTPOURRI OF PERFORMANCES BY CTC PEOPLE:

We finally got the results of the National RRCA 15 kilometer competition, the CTC section having been run last July. The CTC team of 40 year olds, BEN LONDEREE, JOE MARKS and OLEN BROWN placed first as a team, the three of them having individual times of 52:43, 57:04 and 57:13. In addition, Ben was # One, nationally for the age 40-44 age group. Apparently our section was one of the faster sections since the top three runners, nationally, were Fred Bingelli, Mark Hofius and Steve Fisher who also finished 1,2,3 in our race. In fact, 8 out of the top 9, nationally, were runners in our race. Over 350 runners were in the national competition.

BOB CURRY has done a couple of interesting things. First of all, on March 16, Bob completed three years of daily running without missing a day, all the running being outdoors. This three year streak, no doubt, would be the CTC record for a string of daily running. Can anyone top that? Bob has a long way to go to catch guys like Mark Covert, in California, who has (or did have) a string of consecutive days of running stretching over some eleven years. Also, I think Ron Hill went 7 or 8 years without a missed day. The other thing Bob did was to run a mile in eight different states on March 19, something that has never been done as far as he knows. Here is his running log for that day:

## Running Log of Bob Curry for March 19, 1979:

Time	Car Mileage	Town	State	Route	Weather
2:25 AM	30,420	Cape Girardeau	MO.	Rt. K 62,	showers
3:30 AM	30,454	Cairo	ILL.	city street 60,	cloudy
4:42 AM	30,487	Paducah	KY.	Rt. 24	Drizzle
7:32 AM	30,615	Evansville	IND.	city street	Cloudy
2:08 PM	30,907	West Memphis	ARK.	Broadway 60	cloudy
2:51 PM	30,924	Southaven	MISS.	city street 70,	sunny
3:26 PM	30,933	Memphis	TENN.	Elvis Presley 75,	humid
				Blvd.	
8:34 PM	*	New Orleans	LA.	Airline Hgy. 65,	mild

\*flew from Memphis to New Orleans, some 320 air miles

BRUCE MAXEY ran in a half marathon in Decatur, Ill. on April 1, finishing 8th out of approximately 200 runners. His time was 1:18:40. The first seven miles were rolling hills, 40 degrees, light rain. Bruce had a personal best for 3 miles, 17:35. One Dave Hoover won the race in 1:09 plus.

The Sedalia Marathon, also on April 1 (for all the fools), attracted a few CTC runners. JEFF MITTELHAUSER won the race with a time of 2:36:44 pulling away from REX POWER over the last few yards. Jeff and Rex had run together all the way, clearly dominating the field. Rex was given a time of 2:36:45. KEN ATWELL won the age 36-49 award with his 3:07:58 which was good for 7th overall. JIM SCHUTT was 12th with 3:15:44, LARRY THORNBURG 14th with 3:16:15, TOM HELLIE 16th at 3:17:05 (a PB by 30 minutes), JOE DUNCAN 21st with 3:27:38 (his 15th marathon, 90 seconds off his PB). About 65 runners started, 53 finished. Weather was ideal, cloudy, low 40's. The course has several hills, but only one of them is very steep and it is only .2 mile long. All in all the course is much easier than the Hof A course, the St. Louis course and the Ft. Wood course. Organization was good. Definitely a race to be recommended for those who want a springtime marathon.

JON HERBERT won the West Plains "April Fool" 5 mile race on March 31st. That date really fooled everybody who wanted to see the fools on April 1st. Anyway, Jon set a course record of 25:23, so he certainly wasn't fooling around.

JIM SCHUTT won the Ft. Leonard Wood Marathon on April 14. That's right, he actually won that race, not only the age 40 & over category, but the Open category. Jim's time was a little over 3:24:00 on a very hot, sunny day, temperatures getting up into the 80's. The marathon field was quite small (25 or so runners) with most of the runners going in the half marathon. I know of no other CTC runners in either race.

JEFF MITTELHAUSER finished 440th in the Boston Marathon with a personal best time of 2:34:00. Also at Boston were LELAND PFEFER (3:17:26, a PB) MARVIN PATTERSON (3:41:29) and DRU DIXON with a PB of 3:01:55.

JERRY YUNKER finished 2nd in the Kansas Relays marathon with a great time of 2:29:04 while JON HERBERT picked off 5th place at 2:37:49. DICK HESSLER was moving right along at 6 minute pace up to 22 miles. There, however, he started cramping in his thighs (the first time that has ever happened to him) and was able to do no more than finish, I believe at 2:50 or so.

We were shocked and saddened concerning the recent death of Arne Richards. We do not yet know the exact cause of death. Arnie appeared frequently on the local running scene. He ran in 13 Heart of America Marathons with times ranging from 2:57:39 in 1965 to 3:11:01 in 1967. He was particularly proud of the 2:59:16 he had last year at age 45, the only time he had been under 3:00 since that 1965 race. Arnie supported all of the MVAAU Championships we have held over the years, especially the One Hour Runs. In fact, he was one of the three runners who showed up for the very first MVAAU hour run, in 1967, and he won by over a mile. Arnie loved to talk--you always knew he was around if you were running at his pace. He was so relaxed he would be carrying on a conversation as if he were visiting in your home. Most runners at Arnie's level would always use Arnie's performance as a benchmark for their own effort.

Dick Hessler has done some research as to Arnie's accomplishments over the past year or so and has written the following tribute to Arne Richards:

Arne Richards

#### A Runner's Runner

Having just finished the 1979 Kansas Relays Marathon, (having just been finished by the marathon), I can't help but think of Arne Richards who so often would stand in the middle of the last big hill going up to the stadium giving Columbia Track Club runners encouragement. Arne was one of the most up-beat runners I've ever known; and I'm sure he would object to this memorium but his accomplishments should be read by runners everywhere.

Arne was a true guru of running. One of his goals in life was to complete 100 marathons and he almost made it having run 75 prior to his death. In 1978 he ran in his 13th Heart of America Marathon in an outstanding time of 2:59:16. He was 16th overall and the third masters runner. On October 15th he ran in the Tri-States Marathon where he won the masters division and finished 24th overall in a time of 3:03:08. Then it was on to the Lincoln Marathon where he was 47th overall in a time of 3:03:49 and in December he ran in the White Rock Marathon in a time of 2:54 and was the fourth masters runner there. Arne was the Mid-America Masters Indoor Track and Field One and Two Mile Champion in 1979 in Lincoln, Nebraska. In April of 1978 he jumped into the Kansas Relays Marathon and ran with a broken arm in a time of 3:40:27. On May the 7th, 1978, he ran in a 10,000 meter race in Kansas City, The Run For Your Life, in a time of 38:22 and was the fifth masters runner. He was the U.S. TTF Master National One Mile Champion in Lincoln, Nebraska in 1978 and he was the first masters runner in the Sundown Salute Marathon on July 4, 1977. In 1978, he ran in the Sundown Marathon in 95 degree temperature and was the second masters runner in 3:15:52. Then four days after the marathon on July 8, 9 and 10, he ran in the National Masters AAU Championships in Atlanta, Georgia, finishing first in the steeple chase in 12:02:05 and third in the 5,000 meters in 18:48. Somewhere in there he squeezed in the Knight's Summer 15 Kilometer Race where he was the second masters runner to Bob (Ironman) Creighton in a time of 61:58. On July 29, 1978 Arne finished fourth in masters division at the Lake Atwood Ten Mile Run doing 63:22. Arne holds the 40 and 41 year age group record at Lake Atwood, setting the 40 year old record in 1974 and the 41 year old record in 1975. On August 5, he ran in the Hays Stampede 10 Kilometer and finished second in the masters division in 37:48.

One of the closest races Arne ran last year was the Schlitz Lite Run where Jim Burgess was the first masters runner completing 25 kilometers in 1:38:42 with Arne a close second in 1:38:52. There was nobody challenging Arne at the Ft. Riley Armed Forces Day 10 Kilometer Race on June 22, 1978, where he finished first in the masters division in 37:18. In October, Arne won the MVAAU Cross Country Championship masters division when he ran five miles in 28:41, a phenomenal time even by Howard Guscar's standards. Then on December 30, 1978, in Lawrence, Kansas, Arne became the Mid-America Missouri Valley Masters Indoor Two-Mile Champion. The last race of Arne's life was on March 17, 1979, when he ran the MVAAU 50 Kilometer in just over 4 hours to finish third overall and to win the masters division.

Arne's commitment to running was based on a genuine interest in people. I can't help but believe that it was a desire to see old friends that stimulated Arne to hitchhike hundreds of miles in dreadful weather to participate in some regional or local race. And this was great, because Arne was a joy to be around. I never heard him criticize another runner or a race director or anything, for that matter; and he was always ready with encouraging words and sage advice. I can recall a Heart of America Marathon when several runners were complaining bitterly about the problems they had sleeping the night before the race. Arne, who had stayed in the same old flop house, the old Ben Bolt Hotel, listened to the moaning and groaning and then responded, "Yes, but look how close it is from the finish line to your room and a nice shower". Then he turned and began to give me advice as to how to run the hills on A. L. Gustin golf course in Columbia. He was thinking ahead to the fall and the cross country races.

It is fitting that Arne held the third fastest time at the Pike's Peak Marathon for the up-hill portion of the race because Arne was an up-hill, up-beat person, all the way. He was a runner's runner. How could he not be among us?

SIX YEARS AGO--A LOOK AT YESTERDAY'S HEROES:

April 7, 1973: Two Mile Run 1. Ben Londeree (age 38) 10:29, 2. Mike Chippendale 10:44, 3. Jules DeCoster 11:07, . . . 5. Dick Hessler 11:08, 6. Don Granberg 11:13, 7. Art Fleming 11:14. . . 9. Joe Duncan 11:57 . . . 14. Don Johnson 12:39. . . 18. Leonard Busen 13:35

Seven Mile Walk right after the above: 1. Fleming 1:08:08 2. Busen 1:08:26, 3. Rob Spier 1:09:45 4. Joyce Schulte 1:29:49

April 15, 1973: MVA AU ONE HOUR WALK: 1. Larry Young 7 miles, 801 yards, 2. Augie Hirt 7-545, 3. Paul Ide 7-6, 4. Art Fleming 6-577, 5. Bob Young 6-417, 6. Jim Breitenbucher 6-271, 7. Leonard Busen 6-242, 8. Dave Leuthold, 9. Rob Spier 6-14 10 others

April 28, 1979: Walk-Run Pentathlon: 1. Stan Smith 2790 points--a record which was never exceeded in the next 5 years and which may never be bettered since we have dropped this event from the schedule. Stan had 18:02 for the two mile walk, 2:04.8 for the 880 run, 7:32 for the mile walk, 10:02.5 for the 2 mile run and 25.4 for the 220 yard dash; 2. Dennis Stewart 2486 points (18:27, 2:01.9, 9:17, 9:59.8 & 24.0) 3. Art Fleming 1780 points, . . . 5. Ben Londeree 1497 (no walking, had 2:08.5, 10:45 & 28.2), . . . 7. Joe Duncan 1362 his 17:55 for the two mile walk gave him the lead after the first event, one of the rare occasions when Duncan ever had the lead in anything. . . 8. Dick Hessler 1222. . . 10. Don Granberg 1153 10 others



Frank Shorter  
Olympic Gold Medalist  
Chairman, America's Love Run

## JOIN AMERICA'S LOVE RUN

You don't have to be an Olympic champion to join **America's Love Run**. Everyone can join. Run in your neighborhood, on a track, or anywhere you like, and at any time. Set a reasonable goal, then ask your friends, neighbors, business associates, to make a pledge to the Muscular Dystrophy Association for each mile you run during the month of April or May. Sponsors may pledge as much as they wish; the minimum is 5¢ per mile. Every participant is eligible for a special gold, silver, or bronze medal. All will receive a certificate of achievement.

Send in your \$2.50 tax deductible entry fee with the registration form below (check payable to MDA). We'll send you an official **Love Run** T-shirt, sponsorship form, runners log, and complete instructions.

### Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Running Club Affiliation (if any) \_\_\_\_\_

T-shirt Size (circle one) S M L XL

RETURN REGISTRATION TO:  
Muscular Dystrophy Assoc.  
811 Cherry Street  
Columbia, Mo.



BOONE COUNTY JUNIOR OLYMPICS MEET  
for Bantam, Midget, and Junior age groups  
Boys and Girls  
Hickman High School Track  
Sunday, May 20th starting at 1:00 p.m.

Registration from 11:30 a.m. to 12:30 p.m. for those who have not pre-registered.

<u>Divisions</u>	<u>Age</u>
Bantam	9 and under
Midget	10 and 11
Junior	12 and 13

The age determining date shall be January 1, 1979. Whatever age a competitor is on that day shall be considered their age for the entire 1979 season. (If a competitor is eleven years old on January 1, 1979, has a birthday on January 2, making him 12, he will still compete all year as an eleven year old.)

### THE EVENTS

#### Girls

Bantam - 50 yard dash - 100 yard dash - 220 yard dash - 440 yard run - 880 yard run - 880 yard race walk - one mile race walk - long jump - high jump - baseball throw - 440 yard relay - 1 mile run  
Midget - 50 yard dash - 100 yard dash - 220 yard dash - 440 yard run - 880 yard run - one mile race walk - long jump - high jump - baseball throw - 440 yard relay - 880 yard race walk - 1 mile run  
Junior - 100 yard dash - 220 yard dash - 440 yard run - 880 yard run - one mile run - 80 meter low hurdle - one mile race walk - long jump - high jump - shot put - 440 yard relay - 880 yard medley relay - 2 mile race walk - discus - javelin

#### Boys

Bantam - 50 yard dash - 100 yard dash - 220 yard dash - 440 yard run - 880 yard run - 880 yard race walk - one mile race walk - long jump - shot put - high jump - 440 yard relay - 1 mile run  
Midget - 50 yard dash - 100 yard dash - 220 yard dash - 440 yard run - 880 yard run - 880 yard race walk - 1 mile race walk - 50 yard low hurdles - long jump - triple jump - high jump - shot put - 440 yard relay - one mile run  
Junior - 100 yard dash - 220 yard dash - 440 yard run - 880 yard run - 1 mile run - 70 yard low hurdles - one mile race walk - two mile race walk - long jump - triple jump - high jump - pole vault - shot put - discus - 440 yard relay - javelin

No contestant may compete in more than three events, this includes dashes, race walks, field events, and relays.

The top three places in each event shall qualify for the Eastern Region meet to be held in Columbia on May 26, on the Hickman High School Track.

The Missouri State Championship will be June 9 in Blue Springs, Missouri, and the Missouri Valley Championship will be June 16 in Manhattan, Kansas.

This meet is sponsored by the Columbia Parks and Recreation Department, the Columbia Track Club and Sears, Roebuck and Company.

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PLEASE COMPLETE AND RETURN THIS FORM TO: MR. NORRIS KRUSE  
2511 LILY COURT  
COLUMBIA, MISSOURI 65201

Your Phone No.: \_\_\_\_\_  
Name (print) \_\_\_\_\_ Girl \_\_\_\_\_ Boy \_\_\_\_\_

Address \_\_\_\_\_  
street city state zip

Age as of 1/1/79 \_\_\_\_\_ Year of Birth \_\_\_\_\_ School \_\_\_\_\_

Circle 3 events in your age group (Bantam, Midget, or Junior) EXCEPT THAT no one may compete in both the 50 and 100 yard dash. ALSO be sure to circle either boys or girls. THE EVENTS ARE LISTED ON THE OTHER SIDE OF THIS FORM.



CTC MEMBERS AND PARENTS:

Please be sure to volunteer your assistance for both this meet and the Eastern Region Meet on May 26. The CTC committee, which is handling these two meets, consists of Fred Kolkhorst, Norris Kruse, Mr. & Mrs. Jim Pinkerton and Mr. & Mrs. Joe Schroeder. You might let any of these people know that you can help or simply appear at Hickman track the day of the meets ready to help however you can.

<u>Bantam Division</u> (born 1969 or later)	<u>Midget Division</u> (born 1967, 1968)	<u>Junior Division</u> (born 1965, 1966)	
<u>BOYS AND GIRLS</u>	<u>BOYS AND GIRLS</u>	<u>BOYS ONLY</u>	
50 yard dash	50 dash	Pole Vault	
100 yard dash	100 dash	Mile Relay	
220 dash	220 dash	70 Hurdles	
440 run	440 run	<u>GIRLS ONLY</u>	
880 run	880 run	80 Hurdles	
Mile Run	Mile Run	Ball Throw	
880 Race Walk	50 Hurdles	<u>BOYS AND GIRLS</u>	
Mile Race Walk	880 Race Walk	100 dash	High Jump
High Jump	Mile Race Walk	220 dash	Long Jump
Long Jump	High Jump	440 dash	Run Triple Jump
Run Triple Jump	Long Jump	880 run	Shot Put
Shot Put	Run Triple Jump	Mile Run	Discus
440 Relay	Ball Throw	Mile Race Walk	440 Relay
880 Medley Relay	Shot Put	2 Mile Race Walk	880 Medley Relay
	440 Relay		
	880 Medley Relay		

# RESULTS OF THE HUMAN RACE--A 10,000 METER ROAD RUN Columbia, Mo. April 22 emphasizing results of nearly 100 CTC members. Taken from the Columbia Daily Tribune:

1. Mark G. Hofius, 30:48.8
2. Fred D. Binggeli, 31:15.3
3. L. Marc Shegaski, 32:06.0
4. Stephen T. Renner, 34:09.9
5. Dan Wheeler, 34:17.7
6. Clark A. Hamilton, 34:26.6
7. Chris Tremblay, 34:48.9
8. Bruce D. Maxey, 35:15.1 *Great!*
9. Bill Daily, 35:47.3
10. Ben Londeree, 36:09.9 *1st 40*
11. Kenneth A. Barnes, 36:26.1
12. Douglas J. Bellows, 36:37.2 *1st 30*
13. Michael Chippendale, 36:41.1 *2nd 30*
14. Peter J. Pastoret, 36:44.4
15. Stephen B. Kemble, 36:48.5
16. Joseph DiPaola, 36:57.9
17. Stephen P. Holt, 37:01.4
18. John Hemphill, 37:02.1
19. Douglas Keele, 37:04.4
20. Joel Kichline, 37:07.2
21. Monte Jordan, 37:09.5
22. Thomas Miles, 37:20.4
23. Stanley Okula, 37:23.5
24. Kevin Tyler, 37:25.6
25. Joseph Marks, 37:27.3 *2nd 40*
26. Mark A. Mills, 37:30.7
27. Roger Reinsch, 37:31.3 *2nd 30*
28. Olen Brown, 37:32.2 *3rd 40*
29. Michael Lairmore, 37:35.2
30. Jon V. Palks, 37:38.8
31. Wayne Mountjoy, 37:40.0
32. Thomas E. Moore, 37:40.9
33. Louis J. Werner, 37:42.1
34. Matthew Mayerchak, 37:45.9
35. David W. Hallett, 37:48.9
36. Donald O. Granberg, 37:50.7
37. Mark V. Kenney, 37:52.8
38. Steven K. Lackey, 37:54.3
39. Thomas A. DeCoster, 37:59.9
40. Larry P. Thornberg, 38:02.3
41. Whitney Hicks, 38:02.9
42. Shinichi Ohashi, 38:13.4
43. Mark T. Higgins, 38:28.2
44. Jack Wallace, 38:29.0
45. Gordon L. McKinney, 38:30.1
46. Douglas C. Walther, 38:31.0
47. Kevin J. Hicks, 38:33.4
48. Scott D. Conner, 38:34.8
49. Charles A. Fleming Jr., 38:40.7
50. Ronald L. Belyea, 38:50.6
51. Richard H. Martin, 38:57.4
52. John R. Schildknecht, 38:59.3
53. Thomas A. Ekval, 39:00.6
54. Duane M. Thomas, 39:06.5
55. J. Regan Thomas, 39:08.6
56. Clyde W. Johnson, 39:09.4
57. James P. Maxwell, 39:09.6
58. Don C. Johnson, 39:10.1 *1st 50*
59. Craig L. Brace, 39:13.0
60. Truman S. Storvick, 39:15.3 *2nd 50*
61. William J. Taylor, 39:18.6
62. Daniel G. Jardine, 39:20.8
63. Mack T. Finley, 39:21.2
64. James P. Warner, 39:24.1
65. Jim S. Breitenbucher, 39:26.0
66. Arthur G. Bentley, 39:28.3
67. David R. Petty, 39:28.9
68. Marty Rosso, 39:29.8
69. Ricardo M. Mejia, 39:30.5
70. Fred Klinge, 39:39.1
71. Tom Hutchison, 39:42.6
72. Mark W. Anderson, 39:44.3
73. Deborah A. Hoxworth, 39:45.3 *1st 50*
74. Tom Hellie, 39:46.3
75. John K. Hyland, 39:48.6
76. Lowell Stobe, 39:52.5
77. Micheal W. Tendall, 39:53.3
78. Frank B. Engley, 39:55.4
79. Jackie Beary, 39:58.9
80. Lawrence T. O'Brien, 40:00.4
81. David Toney, 40:10.0
82. Howard Bentley, 40:10.8 *3rd 50*
83. Greg H. Cooper, 40:13.0
84. Mark Sheridan, 40:15.8
85. Vernon L. Cunningham, 40:24.4
86. Ken O. Atwell, 40:31.9
87. Guy P. Marsh, 40:42.4
88. Alser L. Waller, 40:43.1
89. Richard D. Linn, 40:47.1
90. Stephen Glynn, 40:55.4
91. Lonnie G. Hazlitt, 40:56.8
92. Daniel W. Kelly, 40:57.8
93. James J. Heitholt, 41:59.0
94. Duain A. Akins, 40:59.9
95. Thomas B. Allen, 41:00.5
96. Jim W. Gibson Jr., 41:01.1
97. W. Michael Stroupe, 41:02.1
98. Disqualified, 41:02.8
99. Russell N. Carney, 41:03.9
100. Ann M. Kamlow, 41:04.6
101. Michael A. Pfander, 41:08.4
102. John P. Laurin, 41:17.1
103. Greg Maximovitch, 41:17.9
104. John Turner, 41:18.5
105. Stephen J. Lewandowski, 41:23.3
106. N. James MacLachlan, 41:25.6
107. Jonathan Eden, 41:26.9
108. Keith W. Martin, 41:26.9
109. Tom A. Elliott, 41:27.6
110. Michael L. Koonse, 41:29.5
111. Matt L. Gibson, 41:34.3
112. Joseph A. Zanol, 41:38.1
113. Dale C. Petty, 41:38.6
114. Robert W. Schottman, 41:39.3
115. Mike C. Holden, 41:42.0
116. Bruce C. Harris, 41:48.7
117. Marvin L. Mack, 41:49.4
118. Ronald J. Cozean, 41:50.5
119. George R. Hoerr, 41:54.9
120. Samuel D. Stout, 41:55.1
121. Fredrick B. Loesins, 41:56.9
122. Jay Snellen, 41:58.2
123. Larry Allman, 42:00.9
124. Gale L. Clithero, 42:02.5
125. Bill Wiecek, 42:03.6
126. Tom Kenyon, 42:10.0
127. Bruce A. Scott, 42:10.8
128. Michael Teel, 42:11.1
129. David B. Adams, 42:11.1
130. Curtis D. Brumley, 42:12.5
131. Arlen D. Allmon, 42:13.8
132. Stephen L. Jury, 42:16.9
133. Dan Shirkus, 42:17.4
134. Steven C. Eccher, 42:17.8
135. Richard L. Huse, 42:18.1
136. Ronald G. Carbaugh, 42:28.5
137. Glenna R. Moe, 42:18.9 *2nd 50*
138. Joe Duncan, 42:19.5
139. E. Scott McCord, 42:14.3
140. Donald R. Belsky, 42:25.7
141. Clark D. Sanders, 42:29.8
142. John Panter, 42:33.7
143. Steve E. Baurichter, 42:34.4
144. J. Mark Belwood, 42:36.9
145. Tim M. Tveitnes, 42:38.6
146. Craig S. Johnson, 42:39.5
147. Gerry H. Heisler, 42:40.8
148. Stewart A. Miller, 42:41.7
149. Robert E. McDavid, 42:44.5
150. Robert A. McKeivey, 42:45.8
151. W. Dennis James, 42:48.4
152. Clarence E. Coats, 42:53.3
153. Charles Sakalich, 42:56.2
154. Chuck T. Schowalter, 42:57.5
155. John D. Griffith, 42:58.2
156. Martin J. Blevins, 42:58.7
157. Kevin E. Altis, 43:00.8
158. Ted D. Ayres, 43:05.1
159. Douglas L. Caldwell, 43:06.2
160. John Criner, 43:12.4
161. Anthony Livingston, 43:12.8
162. Ken Nelson, 43:16.0
163. David E. Ervin, 43:16.4
164. Scott E. Shull, 43:17.9
165. Joel D. Vigue, 43:24.7
166. David G. Lindstrom, 43:25.7
167. Raymond Pritchett, 43:26.3
168. Charles R. Slivinslay, 43:27.0
169. Doug Carlson, 43:27.5
170. Brian Gill, 43:28.2
171. Charles I. Willey, 43:28.7
172. Alan Crossley, 43:29.3
173. J. Keith Conboy, 43:30.0
174. Gregory M. Rieken, 43:31.5
175. Jerry E. Foote, 43:32.1
176. James E. Pfander, 43:32.8
177. David Carter, 43:33.4
178. Ron J. Clayton, 43:35.5
179. Doug E. Shaweberger, 43:36.3
180. Jean Madden, 43:36.4
181. Eric D. Hankins, 43:37.1
182. Robert L. Wheeler, 43:38.4
183. Kevin J. Hartke, 43:45.6
184. John T. VanDertuin, 43:47.1
185. Gale L. Carman, 43:50.8
186. Jane M. Alves, 43:52.2
187. John B. Wolfe, 43:53.2
188. James Ulmer, 43:54.0
189. Unknown runner, 43:57.0
190. Wade S. Olson, 43:58.4
191. Phil Pratt, 43:58.7
192. John Troppmann, 44:03.8
193. Scott W. Snyder, 44:09.1
194. Monty L. Perrigo, 44:09.8
195. William M. Hassler, 44:12.4
196. Paul J. Stamer, 44:14.8
197. Daniel Schuette, 44:15.7
198. Doyle E. Easterwood, 44:17.6
199. Robert Borth, 44:19.6
200. James P. Ryan, 44:20.7
201. Michael Rudolph, 44:21.8
202. Bruce D. Roethermich, 44:23.4
203. Greg S. Balmer, 44:24.3
204. John P. Stillson, 44:26.7
205. Norris E. Kruse, 44:28.0
206. John M. Qualy, 44:28.8
207. A. Wayne Cagle, 44:29.7
208. Randall K. Jenkins, 44:31.4
209. John T. Conway, 44:32.8
210. Carl R. Roberts, 44:33.5
211. Zaven Yaralian, 44:35.6
212. Bob Bratkowski, 44:37.9
213. Terry L. Fuin, 44:39.0
214. Dan Kuebler, 44:39.5
215. William Latz, 44:39.9
216. Mark J. Connor, 44:46.6
217. Philip V. Scarpino, 44:50.4
218. Christopher Gibbs, 44:51.8
219. Manfred J. Leonhard, 44:52.6
220. Dennis R. Berkebile, 44:54.3
221. David W. Hicks, 44:55.2
222. Tom P. Stribling, 44:56.0
223. Michael J. Gerding, 44:57.9
224. Harold W. Lewis, 44:58.3
225. Mark D. Boehms, 45:03.5
226. Kirk Wessler, 45:06.0
227. Paul D. Whittier, 45:06.5
228. Howard H. Oldham, 45:06.7
229. Steven B. Peth, 45:07.4
230. Dick Kenagy, 45:07.8
231. William P. Vaananen, 45:10.5
232. Cynthia S. Overton, 45:13.1
233. Anthony Gie, 45:15.7
234. John Hamilton, 45:16.3
235. Lawrence Pincus, 45:18.5
236. James J. Pyle, 45:19.2
237. James E. Faber, 45:21.0
238. Larry Bentley, 45:22.3
239. Mark F. Turley, 45:24.4
240. David E. J. Job, 45:27.0
241. Ken F. Bosslet, 45:27.4
242. Richard Thompson, 45:28.2
243. Michael J. Holsinger, 45:28.9
244. Bob Curry, 45:29.7
245. John McClain, 45:31.0
246. Steve W. McKinney, 45:31.9
247. John Mueller, 45:35.7
248. Kevin A. Evens, 45:36.2
249. Timothy A. Gibson, 45:36.7
250. Rex T. Clevenger, 45:37.1
251. Kenneth Brown, 45:37.5
252. Michael J. Smiglewski, 45:38.0
253. Chet A. Teaford, 45:38.4
254. Christopher Patterson, 45:38.9
255. William A. Wiser, 45:39.2
256. Kevin J. Costello, 45:39.8
257. R.C. Staab, 45:41.3
258. Andrew H. Marty, 45:42.3
259. Bill V. Henry, 45:43.0
260. Dean A. Bard, 45:43.8
261. Gary L. Oringderff, 45:48.2
262. Daniel M. Estrada, 45:52.5
263. Carrie Leech, 45:56.2
264. Joseph A. Ferry, 45:58.4
265. Richard H. Luecke, 45:59.1
266. Anthony H. Komer, 46:00.6
267. Brad C. Mai, 46:04.3
268. Bernard G. Ewigman, 46:07.3
269. Jim S. Herweg, 46:09.3
270. Marc A. Yussman, 46:10.8
271. Stephen A. Gibson, 46:11.9
272. Robert J. McKee, 46:17.0
273. Steven A. Friedman, 46:19.0
274. Amy E. Hessler, 46:19.8
275. Doug A. Williams, 46:20.5
276. Neal Matticks, 46:21.0
277. James R. Allen, 46:21.5
278. Paige M. Butler, 46:23.0
279. Mark L. Suycott, 46:23.5
280. Nick McKinin, 46:26.3
281. Thomas Hefferman, 46:27.7
282. John M. Moor, 46:28.0
283. Kerry D. Ingalls, 46:31.5
284. Don W. Johanning, 46:31.8
285. Gary L. Zwonitzer, 46:32.2
286. Dennis K. Blossom, 46:33.6
287. Kent D. Rausch, 46:34.5
288. Eugene A. Clervi II, 46:34.9
289. James Bohan, 46:35.1
290. Max F. Duncan, 46:35.7
291. Alan N. Thomas, 46:37.0
292. Thomas E. Lundgren, 46:38.4
293. Bill A. Ranlow, 46:39.6
294. Jeff L. Krupsaw, 46:40.7
295. David M. Gregory, 46:41.4
296. Richard S. Bohon, 46:42.9
297. Mike C. Hosokawa, 46:44.1
298. Peter A. Fehrenbach, 46:44.7
299. Mary Dee Eng, 46:47.8
300. Galen D. Neill, 46:48.6
301. Charles L. Schouten, 46:49.3
302. Randy Clark, 46:49.9
303. David E. Schirner, 46:50.4
304. Stephen A. Watts, 46:51.0
305. Bruce E. Anderson, 46:52.8
306. Matt L. Menory, 46:53.3
307. Richard F. Geekie, 46:54.5
308. John E. Drenon, 46:55.2
309. Timothy L. Thomsen, 46:57.5
310. Nathan S. Hose, 46:58.1
311. Roger L. Taylor, 46:59.2
312. Sidney W. Hose, 47:00.5
313. George E. McCain, 47:05.6
314. Donald S. Smith, 47:08.7
315. Jeanette King, 47:10.5
316. James E. Holstein, 47:11.0
317. Bill Daniels, 47:12.8
318. Unknown runner, 47:13.2
319. Robin Hyde, 47:15.8
320. Charles A. Roberts, 47:18.3
321. Mark Gants, 47:20.5
322. Ronald King, 47:22.4
323. Lawrence A. Callaway, 47:24.8
324. James E. Moore, 47:25.4
325. William Rife, 47:26.2
326. William Parsons, 47:26.6
327. Kevin Crane, 47:27.0
328. Margo Smith, 47:31.9
329. John Pape, 47:32.8
330. Eric Hummel, 47:33.6
331. Charles Cuzzo, 47:35.1
332. Steven A. Myers, 47:35.5
333. Ram P. Kochhar, 47:35.8
334. Mike Hamilton, 47:41.3
335. Alan Buchanan, 47:42.1
336. Jim Malone, 47:44.3
337. James Nordin, 47:46.4
338. Eric Knox, 47:49.2
339. Ron Carroll, 47:50.3
340. J. Steven Blanton, 47:50.8
341. Robert Hansen, 47:51.8
342. Michael MacPherson, 47:52.9
343. Joe Morell, 47:53.4
344. Danny Ludwig, 47:53.9
345. Dan Viets, 47:54.8
346. Patrick O'Bryan, 47:55.1
347. Steven Rose, 47:55.5
348. Julie Beck, 47:56.8
349. Paul Herrin, 47:57.5
350. Debbie Hackman, 48:01.0
351. Hoyet Hemphill, 48:01.5
352. Nancy Hamilton, 48:02.5
353. Jay Nixon, 48:05.7
354. Paul Marklin, 48:12.0
355. Mark Davidson, 48:20.7
356. James Pastoret, 48:22.4
357. James Capps, 48:24.4
358. Randy Mimm, 48:25.2 *walked*
359. Greg Overfelt, 48:28.1
360. Doug Steinhoff, 48:29.7
361. Keith Bozarth, 48:31.3
362. Terry Stewart, 48:38.4
363. Jack DeForrest, 48:40.1
364. Robert Young, 48:40.9
365. Gene Bailey, 48:41.3
366. William Smull, 48:41.7
367. Stephen Schottman, 48:42.2
368. Michael Schumacher, 48:42.5
369. Chad Pfefer, 48:43.0
370. Lee Pfefer, 48:43.6
371. Greg Critchfield, 48:44.5
372. Diana Supsticks, 48:46.9
373. Chris Allton, 48:49.0
374. J.R. Harris, 48:50.5
375. Philip Meng, 48:55.2
376. Kathy Stevenson, 48:55.6
377. Cynthia Kaiser, 48:56.6
378. Unknown runner, 48:58.1
379. Rich Schmid, 48:58.9
380. Brad Dysthe, 49:00.2
381. Fred Fritsch, 49:01.5
382. Paul Graznak, 49:01.7
383. Lincoln Flannery, 49:03.8
384. Robert Terrel, 49:04.3
385. James Schadt, 49:06.2
386. John Reinisch, 49:07.3
387. John Patchin, 49:08.7
388. Sharon Nelson, 49:12.5
389. Stan Leutung, 49:13.7
390. Charles Ingraham, 49:14.2
391. Shankha T. Benerji, 49:14.8
392. Dave Holsinger, 49:15.9
393. Marc Longino, 49:16.3
394. Dane Carter, 49:17.7
395. Polly Pastoret, 49:18.3
396. Dabney Doty, 49:18.7 *1st 60*
397. Fred Woods, 49:19.1
398. Richard C. Hayden, 49:19.7
399. Thomas Cole, 49:20.2
400. Daniel Reed, 49:20.8
401. William Keyes, 49:21.4
402. William Marlong, 49:22.3
403. Joseph Marinaro, 49:23.8
404. Peter Menzies, 49:24.7
405. Donnie Simpson, 49:25.4
406. Walter Johnson, 49:26.6
407. Gary Clark, 49:28.6
408. Robert Riggs, 49:29.6
409. Jeffrey Peters, 49:32.2
410. Jay Dittman, 49:33.7
411. Bob Wilmering, 49:34.1
412. Robert Decker, 49:34.4
413. Unknown runner, 49:35.4
414. Christopher Griffith, 49:35.9
415. R. Gregory Stontstrom, 49:36.4
416. Phyllis Lammy, 49:37.8
417. Bruce Ginsberg, 49:38.7
418. Kathleen O'Conner, 49:39.4
419. Cathy Yancey, 49:41.7
420. Ernest Tempel, 49:42.1
421. Bob Gieselman, 49:42.7
422. Dwight Horn, 49:44.2
423. Dave Demien, 49:45.1
424. Christopher Janku, 49:53.2
425. Charles Lenau, 49:55.5
426. Richard Henderson, 49:56.1

427. David Johnson, 49:56.43  
 428. Tom Miller, 49:57.6  
 429. Amy Duncan, 49:59.1  
 430. Ben Colley, 50:03.6  
 431. Dale Clithers, 50:04.3  
 432. Rex Scott, 50:06.1  
 433. Trygve Veum, 50:08.5  
 434. Laura Pickard, 50:11.5  
 435. William Koch, 50:14.1  
 436. Sarah Lawellin, 50:14.7  
 437. Mary Renisich, 50:16.0  
 438. David Logue, 50:16.0  
 439. Corey Evans, 50:17.4  
 440. James Hair, 50:18.3  
 441. Scott Taylor, 50:22.5  
 442. Don D. Ballew, 50:25.9  
 443. George McCausland, 50:26.1  
 444. Ray Cohen, 50:27.7  
 445. Mark Bollinger, 50:28.4  
 446. Tom McMann, 50:29.3  
 447. Michael Arrive, 50:30.4  
 448. David Sandock, 50:31.2  
 449. Bud Brookshire, 50:32.2  
 450. Gerald Arthur, 50:33.1  
 451. Mickey Spagnola, 50:37.6  
 452. Richard Sargent, 50:38.1  
 453. Lyle Romine, 50:39.2  
 454. A. Ray Whitacre, 50:40.1  
 455. Unknown runner, 50:40.8  
 456. Jay Hilton, 50:41.2  
 457. Mark Dallman, 50:45.4  
 458. Mark Schutte, 50:47.1  
 459. Stephanie Kren, 50:48.2  
 460. Glenn Siegfried, 50:50.0  
 461. William Schneider, 50:51.6  
 462. Stan McLerran, 50:52.2  
 463. Steve Honeymann, 50:53.5  
 464. Jim Jacob, 50:55.0  
 465. Tamara Tanner, 50:55.8  
 466. Mark Schneider, 50:56.9  
 467. David Bank, 50:59.2  
 468. Kris Toft, 51:05.6  
 469. Robert Dudley, 51:14.5  
 470. Sheldon Herber, 51:17.4  
 471. Carolyn Doll, 51:21.7  
 472. Stephen McCulley, 51:22.4  
 473. Peter McMahon, 51:24.1  
 474. Daniel Aspenwall, 51:26.3  
 475. Patrick Eng Jr., 51:31.8  
 476. Trudy Gardner, 51:34.9  
 477. Virginia Thompson, 51:39.4  
 478. Greg Stickney, 41:39.9  
 479. Deanna Rose, Lynn Cornelius, 51:41.0  
 480. David Wilcox, 51:41.8  
 481. Jeff Carter, 51:43.0  
 482. Jan Miller, 51:45.5  
 483. David Duffy, 51:47.7  
 484. Michael Neise, 51:53.3  
 485. Bev Chapin, 51:55.4  
 486. Dave Allen, 51:55.9  
 487. Elmer Simmons, 51:57.6  
 488. Unknown runner, 51:9.2  
 489. Richard Kaiser, 52:01.5  
 490. Michael McElwaine, 52:02.2  
 491. Steve Savage, 52:02.8  
 492. William Conboy, 52:05.6  
 493. Dan Miget, 52:06.7  
 494. Bridgit Siefner, 52:11.4  
 495. Alvin Rosenthal, 52:11.7  
 496. Brian Sussman, 52:12.1  
 497. Larry Erensky, 52:12.4  
 498. Erik Rocksund, 52:12.8  
 499. Frank Shobe, 52:13.6  
 500. Michael Jones, 52:14.6  
 501. Mike Morton, 52:15.9  
 502. Barbara Brockman, 52:17.1  
 503. Ron McClure, 52:17.5  
 504. Dean Davison, 52:18.4  
 505. John Ehrhardt, 52:19.1  
 506. Sharon LeDuc, 52:20.3  
 507. Paul Harris, 52:21.1  
 508. Jack Rife, 52:22.7  
 509. Fred Kolkhorst, 52:23.1  
 510. James Wass, 52:25.5  
 511. Margaret Hale, 52:26.8  
 512. Thomas Hale, 52:27.6  
 513. Deb Kaye, 52:28.5  
 514. Jon Bourne, 52:30.0  
 515. Elane Sleper, 52:34.0  
 516. Mary Slivinsky, 52:35.8  
 517. Greg Kelly, 52:39.2  
 518. Wayne Faris, 52:43.9  
 519. Lawrence Libbus, 52:44.5  
 520. Donna Housley, 52:45.4  
 521. John Criner, Terri Cooper, 52:46.3  
 522. Ahmad Mutalib, 52:46.8  
 523. Daniel Scroggins, 52:47.3  
 524. Julie Reed, 52:47.8  
 525. Robert Germain, 52:48.3  
 526. Daniel Weeks, 52:48.7  
 527. Donna Davis, 52:49.6  
 528. Chris Crowder, 52:49.8  
 529. Mike Sherrick, 52:51.3  
 530. Robert McGavock, 52:52.6  
 531. Greg Sahrmann, 52:53.1  
 532. Paul Agris, 52:54.0  
 533. Sherry Hair, 52:54.2  
 534. John Cunningham, 52:56.5  
 535. Christine Ruble, 53:02.5  
 536. Clyde Castleberry, 53:04.0  
 537. Wendy Evans, 53:04.8  
 538. Brenda Kirby, 53:05.2  
 539. Tony Bott, 53:07.3  
 540. Rick Easley, 53:09.9  
 541. Tom O'Connor, 53:12.3  
 542. Keith McLaughlin, 53:12.6  
 543. Chad Krimmer, 53:13.0  
 544. Norb Bagley, 53:13.2  
 545. Douglas Mirts, 53:13.7  
 546. David Lowe, 53:14.1  
 547. Mark Reckase, 53:14.7  
 548. James Cummins, 53:16.2  
 549. Eric Banks, 53:17.4  
 550. Howard Calkin, 53:22.5  
 551. Thomas Sullivan, 53:22.8  
 552. David Carnes, 53:23.7  
 553. Dan Mertz, 53:29.0  
 554. Thomas Kilbourn, 53:29.4  
 555. Mark Youngdahl, 53:32.4  
 556. Jennifer Neenan, 53:35.3  
 557. Mary Ann King, 53:36.0  
 558. Clifford Pugh, 53:37.0  
 559. Robert Kauffman, 53:37.5  
 560. Rolla Grace, 53:38.7  
 561. Robert Smith, 53:39.8  
 562. Bill Powell, 53:40.6  
 563. Robert Wolfe, 53:41.2  
 564. Unknown runner, 53:43.1  
 565. Susan Adams, 53:45.1  
 566. Janis Haffey, 53:46.5  
 567. Roy Willard, 53:52.4  
 568. Warren Blanchard, 53:56.2  
 569. David Pundt, 53:58.1  
 570. Mary Govaars, 54:00.8  
 571. John S. Bauer, 54:01.6  
 572. Pamela Allen, 54:02.5  
 573. Eric Typpo, 54:03.5  
 574. Daniel Hecker, 54:06.0  
 575. Robert Shultz, 54:06.0  
 576. Laurel Palmer, 54:08.1  
 577. Heather Fraser, 54:10.2  
 578. Mike George, 54:11.5  
 579. Russell Kurth, 54:11.9  
 580. Mark Hayes, Perri Cagle, 54:12.4  
 581. Dresser, 54:13.5  
 582. Jim Golightly, 54:14.3  
 583. Robert Harris, 54:15.8  
 584. Richard Abel, 54:17.0  
 585. Nancy Roberts, 54:17.6  
 586. Jackie Crogh, 54:19.3  
 587. Janet Cardetti, 54:22.0  
 588. Dennis James, 54:22.3  
 589. Earl Waddell, 54:22.6  
 590. Thomas Mackey, 54:23.1  
 591. Paul Myers, 54:23.6  
 592. Richard Myers, 54:23.9  
 593. Thomas Walsh, Karen Bennett, 54:24.2  
 594. Tana Blanke, 54:24.9  
 595. Douglas Harju, 54:25.2  
 596. Steve Tesch, 54:29.0  
 597. Christopher Baldwin, 54:29.7  
 598. Anton Jenkins, 54:34.0  
 599. Karettia Bixon, 54:34.4  
 600. Steve Stewart, 54:34.9  
 601. Unknown runner, 54:35.7  
 602. Jeanne O'Connor, 54:39.7  
 603. Robert Olson, 54:40.0  
 604. Donna Beckett, 54:40.2  
 605. Virginia Mechlin, 54:40.4  
 606. Ann Seymour, 54:41.4  
 607. Teri Self, 54:43.8  
 608. Marcia Noxon, 54:46.3  
 609. Ruth Heitkamp, 54:46.6  
 610. David Mechlin, 54:48.3  
 611. Mari Jo Grenier, 54:49.2  
 612. Jim Nowak, 54:49.6  
 613. Sharon Sprock, 54:50.3  
 614. Donald Long, 54:51.5  
 615. Donna Holliday, 54:52.9  
 616. Eric Mumford, 54:58.7  
 617. Mary Harrison, 54:59.1  
 618. Becky Fairbanks, 54:59.6  
 619. Robert Winkelmann, 55:01.7  
 620. Mike Bourne, 55:04.5  
 621. Brent Washington, Melissa Cooper, 55:06.6  
 622. Leon Cruise, 55:07.1  
 623. Lloyd Wilensky, 55:10.1  
 624. Robert Lindholm, 55:10.5  
 625. Brenda Coats, 55:11.7  
 626. Unknown runner, 55:12.2  
 627. Monica Brandt, 55:21.3  
 628. Danny O'Donnell, 55:24.2  
 629. Dru Hawken, Loretta Clithero, 55:24.8  
 630. Timothy Hayden, 55:25.4  
 631. Sheri Reams, 55:26.4  
 632. Cheri Vermillion, 55:26.8  
 633. Jim Vermillion, 55:27.7  
 634. Todd McDaniel, 55:29.0  
 635. Daniel Doty, 55:29.5  
 636. Charles Matthews, 55:31.6  
 637. Bevan Tough, 55:32.4  
 638. Ruthann Baker, 55:33.0  
 639. Catherine Swietlicki, 55:34.9  
 640. Alvin Wood, 55:37.0  
 641. Carter Quayle, 55:38.2  
 642. Penny Simon, 55:44.1  
 643. Robert Green, 55:44.5  
 644. Rik Brown, 55:45.0  
 645. Myrna White, 55:45.9  
 646. John White, 55:46.4  
 647. Jeannie Lindstrom, 55:46.7  
 648. Mary Patrick, 55:53.2  
 649. Carol Pastoret, 55:53.3  
 650. Hal Castleberry, 55:56.5  
 651. Gary Taylor, 55:57.0  
 652. Kate Gerwig, 55:59.2  
 653. Randy Holtz, 55:59.9  
 654. Donna Walls, 56:05.6  
 655. Luanne Fay, 56:06.9  
 656. Fred Menees, 56:07.4  
 657. Andrea Barr, 56:10.1  
 658. Frank David, 56:11.3  
 659. Eileen Mattson, 56:11.7  
 660. Todd Payne, 56:15.1  
 661. Duane Bedell, 56:15.1  
 662. Tony Hardy, 56:20.1  
 663. Harry Helweg, Sally Allen, 56:20.7  
 664. Marge Ullrich, 56:21.4  
 665. Jean Griffin, 56:21.9  
 666. David Melegrito, 56:22.4  
 667. Nancy Baker, 56:23.7  
 668. Dan Leyes, 56:24.9  
 669. Gary Baker, 56:26.0  
 670. Don Sparks, 56:29.8  
 671. Michael Malloy, 56:30.8  
 672. Douglas Goodin, 56:33.5  
 673. Brent Parker, 56:35.4  
 674. Betty Scarpino, 56:36.4  
 675. Jack Cloud, 56:37.2  
 676. Boyd Spauldin, 56:39.0  
 677. Ronald Burgess, 56:39.5  
 678. Ronald Coburn, 56:42.2  
 679. Cheryl Crecelius, 56:42.7  
 680. Kathy Ritter, 56:43.2  
 681. James Ritter, 56:44.2  
 682. Ron Vandiver, Jr., 56:45.3  
 683. Virginia Gardner, 56:45.8  
 684. Rolando Barry, 56:46.9  
 685. Beth Funk, 56:47.7  
 686. James Pangman, 56:50.8  
 687. Shawna Schelinder, 56:50.8  
 688. Tom Brintnall, 56:58.2  
 689. Isaiah Johnson, 57:00.3  
 690. Janice Boerner, 57:02.0  
 691. Steve Kurtz, 57:03.2  
 692. Fred McCabe, 57:04.2  
 693. Brenda Schalk, 57:05.1  
 694. Georgia Morehouse, 57:11.1  
 695. Brad Wright, 57:11.8  
 696. Becky Elliott, 57:13.0  
 697. Joan Vaughan, 57:13.6  
 698. Ed Vaughan, 57:14.5  
 699. Chris Dallienne, 57:18.8  
 700. Barbara Callaway, 57:19.2  
 701. Carol Thiel, 57:22.5  
 702. Chuck Berney, 57:26.9  
 703. Kari Lewis, 57:28.1  
 704. James Pinkerton, 57:29.2  
 705. Stuart Plotnick, 57:31.1  
 706. Jeremy Sappington, 57:31.7  
 707. Joey Bechtold, 57:32.2  
 708. Charles Caine, 57:38.0  
 709. John Heinrich, 57:41.7  
 710. Michael Thomas, 57:43.2  
 711. David Boehms, 57:45.6  
 712. Susan LeDoux, 57:46.1  
 713. Douglas Morgan, 57:46.2  
 714. Phil Harris, 57:46.5  
 715. Don Patterson, 57:46.7  
 716. Bart Whaley, 57:50.6  
 717. Patricia Palks, 57:51.2  
 718. Eric Oliver, 57:51.6  
 719. Gayle Schneider, 57:52.0  
 720. Daniel Brady, 57:52.6  
 721. Lewis Jones, 57:53.0  
 722. Kenneth Hartke, 57:53.4  
 723. Brenda Perkins, 57:54.0  
 724. Charlyne Lenox, 57:56.1  
 725. James Ellinger, 57:56.7  
 726. Beth Stenburger, 57:57.6  
 727. John Taylor, 57:58.1  
 728. Tom Wylie, 57:58.6  
 729. Steve Moser, 58:00.0  
 730. Sonny Chappell, 58:01.2  
 731. Merritt Yearly, 58:04.1  
 732. Robert Gurnee, 58:05.2  
 733. Sharon Krumm, 58:07.4  
 734. Phillis Dent, 58:14.4  
 735. James Coleman, 58:14.9  
 736. Brent Washington, Melissa Cooper, 58:18.6  
 737. Julie Greenstreet, 58:20.2  
 738. Jim Firestone, 58:21.1  
 739. Kenneth Keith, 58:28.7  
 740. Frank Thomczek, 58:29.6  
 741. Vincent Stomer, 58:30.0  
 742. Randall Westveer, 58:33.1  
 743. David Kanive, 58:34.3  
 744. Bruce Hansen, 58:37.4  
 745. Sue Reese, 58:39.0  
 746. Charles Reese, 58:40.6  
 747. Tom Wangler, 58:43.0  
 748. Keith Schrader, 58:44.3  
 749. Paula Medler, 58:45.8  
 750. Margie Bard, 58:46.7  
 751. Carole Schottman, 58:47.0  
 752. Lou Tanner, 58:53.3  
 753. Annette Reinsch, 58:56.8  
 754. Betty Bassett, 58:57.4  
 755. Nancy Keesling, 58:57.8  
 756. Marsha Aultmann, 58:58.2  
 757. Ted Aultmann, 58:58.5  
 758. Mick Deaver, 59:02.6  
 759. Bill Gresham, 59:03.8  
 760. John Bauman, 59:06.8  
 761. Ryan Kind, 59:09.9  
 762. Mark Hayes, Perri Cagle, 59:10.4  
 763. Deanna Rose, Lynn Cornelius, 59:15.0  
 764. Joseph Cornelius, 59:15.3  
 765. Mike Caldwell, 59:16.8  
 766. John Dunn, 59:17.9  
 767. Tyrone Christian, 59:18.8  
 768. Harry Helwig, Sally Allen, 59:20.0  
 769. Carey Wickwell, 59:20.6  
 770. Rose Ward, 59:25.1  
 771. Nancy Fritsch, 59:25.4  
 772. Mike Dugger, 59:25.8  
 773. David Young, 59:29.3  
 774. Unknown runner, 59:30.2  
 775. Deanna Polly, 59:37.2  
 776. Dale Pleimann, 59:37.6  
 777. Donna Kuizenga, 59:44.8  
 778. David Shear, 59:52.6  
 779. George Scholz, Laura Pickard, 59:53.9  
 780. Clair Kucera, 59:57.4  
 781. Daniel Hecker, P.J. Long, 59:58.6  
 782. Kelley Caldwell, 59:59.0  
 783. Phyllis McKinley, 60:01.6  
 784. Sam Blumberg, 60:03.3  
 785. Kenneth Hawkins, 60:05.8  
 786. Kay Redding, 60:06.5  
 787. Karl Metter, 60:08.7  
 788. Keith Overton, 60:09.4  
 789. Carolyn Ulmer, 60:10.5  
 790. Greg Hourigan, 60:12.0  
 791. Cindy Poe, 60:13.1  
 792. Sharon Elaine, 60:13.8  
 793. Neil Swanson, 60:17.6  
 794. Jeff Gaeth, 60:18.9  
 795. Glenn Golson, 60:23.9  
 796. Michael Brown, 60:26.0  
 797. Paul Wagner, 60:26.7  
 798. Georgina Gonzalas, 60:27.1  
 799. Trevor Hourigan, 60:29.4  
 800. Marvin Feldman, 60:34.5  
 801. Barbara Holt, 60:36.5  
 802. Jeremy Brown, 60:37.0  
 803. Bernard Pino, 60:39.6  
 804. Mary Gould, 60:40.7  
 805. Merry Fore, 60:41.3  
 806. Francina Hoffman, 60:42.6  
 807. Critchfield, 60:42.6  
 808. Dan Neenan, 60:43.4  
 809. Pat Miller, 60:44.2  
 810. Unknown runner, 60:49.9  
 811. Unknown runner, 60:50.3  
 812. Milton Miller, 60:50.6  
 813. Bob Muse, 60:51.3  
 814. Nicole Wagner, 60:52.2  
 815. Maxine Gill, 60:58.1  
 816. Joni O'Connor, 61:02.7  
 817. Robert Marty, 61:07.8  
 818. John O'Connor, 61:10.5  
 819. Andrew Babbitt, 61:13.3  
 820. Linda Knight, 61:17.8  
 821. Harvey Wax, 61:21.6  
 822. Mary O'Connor, 61:24.5  
 823. Penny Newquist, 61:36.6  
 824. Deanna Morgan, 61:42.7  
 825. Milton Pearlman, 61:43.4  
 826. Barbara Jones, 61:48.6  
 827. Kingsley Hammett, 61:51.0  
 828. Terri Crego, 62:04.2  
 829. Thomas Breen, 62:04.5  
 830. Peggy Doty, 62:10.7  
 831. Alissa Griffith, 62:13.4  
 832. Elena Andree, 62:15.6  
 833. Karen Oliver, 62:18.1  
 834. Thomas Crenshaw, 62:20.6  
 835. Marcelo George, 62:21.6  
 836. Norma Fair, 62:22.5  
 837. Matthew Kincaid, 62:23.4  
 838. Susan Rogers, 62:28.2  
 839. Shirley Olson, 62:28.8  
 840. Sally Koch, 62:31.1  
 841. Valerie Baker, 62:31.6  
 842. John Hose, 62:38.4  
 843. Charlene Reckase, 62:40.8  
 844. Dan Nerling, 62:43.5  
 845. Susan McWilliams, 63:01.0  
 846. Arnold Brown, 63:09.4  
 847. Patrick Donnelly, 63:11.9

851. Ronald Barr, 63:25.4  
 852. Peter Pihana, 63:28.2  
 853. John Doll, 63:29.1  
 854. Kelli A. Cathey, 63:34.6  
 855. Unknown runner, 63:34.9  
 856. Marijane Millard, 63:35.5  
 857. Sherman Wefenstetle, 63:35.7  
 858. Joe Tonnies, 63:40.9  
 859. William Quayle, 63:49.5  
 860. Joanne Lendon, 63:56.5  
 861. Rick Zabell, 64:02.8  
 862. Jeanne Thomas, 64:03.8  
 863. Fred Tonnies, 64:04.4  
 864. Lee Cheeks, 64:04.9  
 865. Don Keeney, 64:05.3  
 866. Paul Boettcher, 64:09.3  
 867. Carol Vallier-Berg, 64:15.6  
 868. Roberto Lozano, 64:33.5  
 869. Jeffrey Altemueller, 64:34.1  
 870. David Cundiff, 64:35.6  
 871. Scott Springli, 64:41.7  
 872. Barbara Braznell, 64:44.8  
 873. Mary Enigman, 64:48.0  
 874. Danny Wood, 64:49.0  
 875. Anne Campbell, 64:49.7  
 876. Melanie Golightly, 64:50.7  
 877. Yvonne Schrick, 64:53.5  
 878. Richard Schrick, 64:54.0  
 879. Andrew Hamilton, 64:57.7  
 880. Kurt Vogel, 64:57.9  
 881. Edwin Brendecke, 64:59.1  
 882. Matt Haskins, 65:01.2  
 883. Jan Gardner, 65:01.7  
 884. Milliam Summers, 65:03.2  
 885. Lynn Thomason, 65:04.5  
 886. Steve Gaeth, 65:10.8  
 887. Andrew York, 65:11.1  
 888. Lora Kilgore, 65:16.5  
 889. Gerald Therien, 65:23.7  
 890. Arvil Ming, 65:25.2  
 891. Jim Jolly, 65:30.1  
 892. Bruce Mintz, 65:30.7  
 893. Richard Heimbürger Jr., 65:31.9  
 894. Richard Heimbürger, 65:32.1  
 895. Steve Moore, 65:33.0  
 896. Tony Hair, 65:33.1  
 897. Kathy Rauch, 65:35.4  
 898. Gail Larson, 65:41.3  
 899. Ronda Salmon, 65:44.9  
 900. David Kelly, 65:45.1  
 901. Charles Hesse, 65:48.7  
 902. Suzanne McDavid, 65:51.4  
 903. John Karl, 65:52.4  
 904. Mecca Carpenter, 65:54.9  
 905. Terri Loschky, 65:55.2  
 906. Betty Bohon, 65:55.9  
 907. Charlotte Sargent, 65:57.8  
 908. Candace Stout, 66:04.4  
 909. David Frech, 66:09.3  
 910. Clay Randolph, 66:16.1  
 911. Libby Bohon, 66:17.3  
 912. Julie King, 66:24.0  
 913. Summer Allen, 66:28.8  
 914. Patti Ross, 66:39.5  
 915. Donna Forrest, 66:40.3  
 916. Harold Baggerly, 66:52.9  
 917. Jean Swanson, 66:54.2  
 918. John Malin, 66:57.0  
 919. Dan Larkin, 67:02.9  
 920. Julie Noie, 67:07.3  
 921. Dennis Noie, 67:07.3  
 922. Bob Chaney Jr., 67:10.6  
 923. Bob Chaney, 67:10.9  
 924. Geraldine Mahoney, 67:12.0  
 925. Deborah Wilson, 67:17.6  
 926. Carol Schrader, 67:18.1  
 927. Audrey Hinten, 67:21.0  
 928. Sandra Wagner, 67:24.8  
 929. Veli Virkkunen, 67:31.5  
 930. Thomas Thornton, 67:43.1  
 931. Barbara McFadden, 67:43.4  
 932. Marty Parker, 67:44.2  
 933. Andrea Dalton, 68:00.8  
 934. Greg Bott, 68:06.2  
 935. Brian DeFazio, 68:06.8  
 936. Patricia Alford, 68:09.4  
 937. Phillip DeLuc, 68:15.5  
 938. Lisa Stringfellow, 68:16.5  
 939. Denise Green, 68:18.6  
 940. Wendy Ming, 68:19.0  
 941. Linda Keith, 68:37.4  
 942. Mike Vincenc, 68:37.7  
 943. Unknown runner, 68:49.8  
 944. Linda Hardy, 68:50.2  
 945. Kathy Fitzgerald, 68:57.8  
 946. Harry Oliver, 69:05.2  
 947. Dixie Bott, 69:06.4  
 948. Anna Molina, 69:08.4  
 949. Kathleen Maier, 69:29.4  
 950. Marnie Tyler, 69:38.3  
 951. Cindy Mason, 69:45.5  
 952. Ann DeForrest, 69:56.1  
 953. Deborah Richey, 69:56.2  
 954. David Winter, 69:58.4  
 955. Gladys Kirk, 70:09.9  
 956. Janet Rennick, 70:10.1

957. Kathy Simpson, 70:16.8  
 958. Thomas Walsh, Karen Bennett, 70:16.9  
 959. Bruce Webb, 70:22.1  
 960. Jennifer Peckham, 70:39.7  
 961. Nicholas Peckham, 70:40.8  
 962. Anne Lin, 70:42.8  
 963. Lisa Sechler, 70:43.1  
 964. Steven Barr, 71:00.3  
 965. Jenkins Davis, 71:11.0  
 966. Pat Timberlake, 71:13.0  
 967. Charlotte Lenau, 71:14.8  
 968. Loretta Clithero, Dru Hawken, 71:28.5  
 969. James Goodrich, 71:41.2  
 970. Joanne Roudebush, 71:48.4  
 971. Silvia Manson, 71:51.3  
 972. Mike Schivitz, 71:51.6  
 973. Chris Walker, 71:51.9  
 974. Rose Ryan, 72:04.3  
 975. Kathleen Simon, 72:04.5  
 976. Greta Harper, 72:04.8  
 977. Amy Mason, 72:25.6  
 978. Mary Morgan, 72:30.0  
 979. Daisy Cunningham, 72:30.0  
 980. Lindy J. Kempf, Jay Snellen, 72:32.4  
 981. Sherri Smith, 72:32.7  
 982. Christi Cline, 72:34.3  
 983. Dawn McConnell, 73:05.2  
 984. Bruce Hagy, 73:10.1  
 985. Jerry Ingraham, 73:15.8  
 986. D. Edward Allen, 73:18.6  
 987. Ryan Brady, Laverne Bult, 73:21.3  
 988. Donna Haley, 73:25.1  
 989. Linda Lee, 73:40.4  
 990. Patricia Ives, 73:45.6  
 991. Todd Williams, 74:16.4  
 992. Daniel Barbosa, 74:53.4  
 993. Allan Crego, 74:53.8  
 994. Whitney Blakemore, 74:54.6  
 995. C.L. Townsend, 75:01.8  
 996. Madolyn Mason, 75:08.2  
 997. Kimberly Kurtz, 75:10.9  
 998. Louise Wilson, 75:26.7  
 999. Jan Blair, 75:39.7  
 1000. Clifford Hubley, 76:07.0  
 1001. Debbie Gebhardt, 76:10.1  
 1002. Amy Lissner, 76:18.8  
 1003. Kathleen Stewart, 76:19.1  
 1004. Margie Meyer, 76:28.1  
 1005. Deb Nauman, 76:35.4  
 1006. Barb Crum, 76:35.7  
 1007. Terri Cooper, John Criner, 77:06.8  
 1008. Larry Rusen, 77:07.0  
 1009. Ray Mayginness, 77:28.3  
 1010. Karen Baldwin, 77:30.1  
 1011. Scot Mayginness, 78:15.6  
 1012. Nancy Townsend, 78:19.3  
 1013. Peggy Bobbitt, 78:21.7  
 1014. Jennifer Coleman, 78:43.7  
 1015. Susan Dalke, 78:43.8  
 1016. Valerie Brown, 79:01.8  
 1017. Kim Goodrich, 79:04.9  
 1018. Fran Waters, 79:18.7  
 1019. Lisa Goodrich, 79:54.8  
 1020. Greg Cole, 80:03.3  
 1021. Robert Cole, 80:03.4  
 1022. Linda Goodrich, 80:12.0  
 1023. Jack Nicholas, 80:15.3  
 1024. Douglas Denham, 80:23.3  
 1025. Refa Mayfield, 80:37.7  
 1026. Bradley Kurtz, 81:05.5  
 1027. William Kurtz, 81:05.8  
 1028. Jane Coe, 82:16.3  
 1029. Tina Richards, 82:16.6  
 1030. David Walker, 82:34.4  
 1031. Margaret Johnson, 83:26.6  
 1032. Brett Vogel, 84:10.9  
 1033. Curt Vogel, 85:04.6  
 1034. Jim Spieler, 85:04.9  
 1035. Lisa Vandiver, 87:35.0  
 1036. Becky Braudis, 93:06.7  
 1037. Kelli Cupp, 93:11.0  
 1038. Brenda K. Durk, 93:32.5  
 1039. Kim Mansfield, 93:36.5  
 1040. Ryan Brady, Laverne Bult, 93:36.8  
 1041. Betty Mertz, 93:46.2  
 1042. Glenn Underwood, 93:46.5  
 1043. Linda Carter, 93:55.9  
 1044. Carole Sieckman, 95:02.0  
 1045. Terri Thorpe, 103:49.1  
 1046. Mari Redei, 103:49.8  
 1047. Jayme Touchett, 104:15.8  
 1048. Kate Niedergerke, 104:16.2  
 1049. Anne Voss, 104:16.6  
 1050. Jenny Schallenger, 104:24.9  
 1051. Pat Touchett, 105:43.7  
 1052. Cricket Dunn, 106:14.6  
 1053. Jamie Faurot, 106:15.0  
 1054. Peter Manning, 106:15.4  
 1055. George Manning, 106:16.4

8 year old Tim Gibson



Mark Hofius

Over the weekend of April 14 & 15 PAUL HENDRICKS accomplished an unprecedented feat for an American walker. He finished 2nd out of a field of some 60 walkers in a 200 kilometer qualifying race at Bar le Duc, France. The race was a qualifier for the Strasbourg to Paris race, a 600 kilometer jaunt held in May. To qualify for the Strasbourg race one must walk 200 kilo in less than 24 hours. Paul's time was 23:08:18 and en route he set an American record for 100 miles recording 18:05:24 at that point. That time is two minutes better than Larry Young's indoor effort in 1971. The 200 kilo race was held on a hilly street course of 6.45 kilometers (except for a big first loop of 19,400 meters. Paul led most of the race and felt very strong. He thinks that he would have been around 17½ hours on a flat course--he hopes to do that in Missouri in September.

REX FRAZER is in Korea and, apparently hasn't missed a step with his running. On March 31st he was 2nd out of 86 runners in a 10 kilo race with a time of 39:12, 3 major hills. Then on April 7 in a 15 kilo race he was 3rd at 1:02:34. A year from now Rex will be stationed at Ft. Leavenworth, Kansas, so he anticipates mixing it up a little with the CTC people at that time. We look forward to it, Rex!

MISSOURI VALLEY AAU AND OPEN 15 KILOMETER WALK  
1979 ENTRY BLANK

TIME: Saturday, June 2, 1979, 8:00 a.m.

PLACE: Hickman High School Track. Hickman Track is on the southeast corner of Business Loop 70 and Providence Road exit off of I-70.

ENTRY FEE: \$2.00 - post-entries will be accepted; however, please try to have your entries in by June 1st. Make checks payable to Columbia Track Club.

AWARDS: Trophies to first six finishers; MVA AU medals to first three MVA AU finishers. Small trophy to first over 40 finisher.

MVA AU RECORD: 1:07:54 - October 24, 1971, by Larry Young.

In consideration of your acceptance of this entry, I, intending to be legally bound, hereby, for myself, my heirs and assignees, waive any and all claims to damages which I might have against the Missouri Valley AAU, the AAU of the United States, the City of Columbia, Missouri, or the Columbia Track Club for all injuries suffered by me at said race.

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- PLEASE PRINT -

Name \_\_\_\_\_ Birthdate \_\_\_\_ / \_\_\_\_ / \_\_\_\_

AAU# \_\_\_\_\_ AAU Ass'n \_\_\_\_\_ Ht. \_\_\_\_\_ Wt. \_\_\_\_\_

Signature \_\_\_\_\_

Address \_\_\_\_\_  
street city state zip

School or Club \_\_\_\_\_

If entrant is under 18, parent or guardian must sign below:

NAME \_\_\_\_\_

By signing this entry blank, the entrant certifies that he is a registered athlete according to the rules of the AAU of the United States. Sanctioned by the MISSOURI VALLEY ASSOCIATION OF THE AAU.

Return to: Joe Duncan  
2980 Maple Bluff Drive  
Columbia, Missouri 65201

## SCHEDULE OF EVENTS:

MAY 5 Saturday 7:00 AM MVA AU & OPEN ONE HOUR RUN Hickman Track  
 Section 2 (for those who will likely run less than  
 9 miles) will be at 8:40 AM Each runner should bring  
 someone to record their 440 splits.

5 " 10:00 AM Natural Light 10,000 meter run Sedalia, Mo.

6 Sunday 8:00 AM Ft. Leavenworth, Kansas, 4 mile, 15 mile and  
 Full Marathon runs

6 " 8:30 AM Bonne Bell 10,000 meter run Women only Start  
 at Francis Field, Washington U. St. Louis, Mo.

6 " 9:00 AM St. Francis Hospital Auxiliary 15 kilometer run  
 Topeka, Kansas

12 Saturday 9:00 AM FUN RUNS Research Park

12 " 9:00 AM First Presbyterian 10,000 meter run  
 Warrensburg, Mo.

13 Sunday 7:00 AM Lincoln, Nebraska, Marathon a flat, fast course

19 Saturday 9:00 AM Sprint Triathlon 1500, 800 & 400 runs  
 10,000 meter walk at 7:30 AM Hickman Track

19 " all day Neosho, Mo. Relays Neosho High School track

20. Sunday 1:00 PM Boone County Junior Olympic Preliminary T & F  
 Meet Hickman Track We will need all the help we  
 can get for officiating, etc.

26 Saturday Track & Field Ass'n of the U.S. 1979 National Outdoor  
 Championships Wichita, Kansas There will be a 15  
 kilometer road run and a 20 kilometer walk, both at  
 8:30 AM.

26 " 9:00 AM - FUN RUNS Research Park

26 " 6:00 AM 11th Annual Road Runners Marathon Gage, Okla.

26 " Eastern Region Junior Olympic T & F Meet

JUNE 2 Saturday 8:00 AM MVA AU 15,000 meter walk Hickman track

9 " 7:00 AM 7.7 & half-marathon Hospital Hill runs Crown  
 Center Square Kansas City, Mo. Entry Deadline is May 19

Columbia Track Club  
 2980 Maple Bluff Dr.  
 Columbia, Mo. 65201

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