

COLUMBIA TRACK CLUB NEWSLETTER

Vol. II, No. 3

Feb. 5, 1969

Dear Tafnut:

The snow and wind came and went and the brave souls who form the CTC, Inc., have just been called by the sports editor of the Columbia Tribune, the most unusual people in the world. (Actually he said they're "kooks" and they've just proved it by running in a foot of snow against a frozen hurricane).

On Jan. 26, a day hardly given over to athletic competition, the CTC members showed up for an eight-miler. The temperature was a little above zero, the wind was from the northwest at slightly less than gale pace and the snow was already six inches deep and getting deeper. Bill Taft didn't make it because he couldn't dig his car out. Dave Carlson didn't make it because he was down with flu and thought everyone had better sense to boot. Clark didn't make it because of an afternoon basketball engagement. Joe Duncan, who has become strictly a walker now, thought someone might come out and he struggled to Cosmo Park to tell anyone silly enough to show that the race had been postponed until Feb. 2. He found six snow birds on hand ready to journey off into the blizzard. No stopwatch was on hand and no amount of talking would keep the eager sextet from starting out. So, with no watch and no designated times to shot for, the six set off around Cosmo Park. The wind howled, dogs whined and dug deep into the snow. Joe Duncan bundled himself against the wind and the Earth was quiet for not another creature stirred. Just the six. And they stirred long enough to loop the park twice and call it quits after 1.2 miles. But their names were emblazoned in print and the community scratched its head in doubt.

Take Joel Dickinson, for instance. The day before Christmas he was let out of the local hospital after suffering from a bout with pneumonia. Three weeks later he was trying to duplicate the feat. No request for flowers has been forthcoming so it seems he survived. The order of finish went like this: Dennis Martinson, Ron Edwards, Joel Dickinson, Al Shimkunas, Merle Jackson, Elmer Mantle. The main surprise was that they all got there and back without wrecking their cars.

Men, you didn't have a long race, but you had a good workout and, let's face it, you gave the stuffy old community something to talk about.

DESIGNATED TIME STANDINGS (Includes race of Feb. 2).MEN

Ron Edwards	48 42
Murrel Jackson	74 67
Dennis Martinson	97 97
Joe Duncan	102 86
Dave Schulte	103 107
Joel Dickinson	117 104
Al Shimkunas	121
Dave Duncan	161 238
Darrell Palmer	193 165
Dan Duncan	244
Bill Clark	275
Biff Singleton	301
Mirth Madden	373 216
William Taft	395
Sean Clark	492
Mike Clark	504
Elmer Mantle	744

WOMEN

Linda Jackson	48
Dolores Clark	194
Alice Taft	424
Myrtle Taft	588
Joyce Schulte	592
Faye Mantle	1034

To be eligible for the trophies awarded by the CTC at the end of the year, a person must participate in 12 races. Figures here are the average number of seconds you've missed your designation.

BOARD MEETING

Monthly Board Meeting (about as monthly as this newsletter) was held at Duncan hacienda on Jan. 25 with Dickinson, Clark, Duncan, Shimkunas, Jackson, the main Mantles and Schultes on hand. Duncan announced that the agreement between Parks and Recreation Department and CTC had been signed and filed. The CTC then took out membership in the Missouri Valley AAU and paid its dues for a year with Joe Duncan as the member of the AAU's Board of Managers. Financial report showed \$43.00 in bank and \$21.00 was spent on AAU membership. Easy come, easy go. Voted to sponsor the Missouri Valley AAU 15 kilo run on July 12 and to move 12-miler set for July 12 back to June 28. Also voted to co-sponsor the Senior 30-kilo walk and to keep it in Columbia. Voted to be responsible for the victory dinner at the Senior 30, one way or another. Paid up members are Al Shimkunas, Sid Larson, Curtis Bratchlor, Ron Edwards, Bob Mabry, Bill Clark family, Joe Duncan family, Murrel Jackson family, Elmer Mantle family, Dave Schulte family, Joel Dickison family, Richard Martin. Let's hustle new members, people. Also voted anyone wanting newsletter alone can get same by paying tote of one buck a year.

SCHEDULE

- Feb. 9 - Designated Time and Elapsed Time Triathlon (everyone goes one mile, 880, two miles), Hickman Track, 2 p.m.
- Feb. 16 - Hare and Hounds - five miles, Hickman track, 2 p.m.
- Feb. 23 - Elapsed and designated time 10-miler. Men run six miles, women go four miles, Cosmo Park, 2 p.m.
- March 9 - Men's 10-miler, women's six-miler, Elapsed and designated time, Cosmo Park, 2 p.m.
- March 16 - Mixed 10-mile, Both men and women cover 10 miles. Placings on best designated time for each male-female team, Cosmo Park, 2. p.m.

RECENT RESULTS

Open Mile Walk at NAIA Championships in Kansas City, Jan. 25, 1969

1. Larry Young 7:00.4, 2. Steve Nelson 7:34.2, 3. John Rose 7:40.2.
4. James McFadden 7:42.2, 5. Paul Ide 7:42.6, 6. Fred Young 7:57.9.
Bob Young was disqualified at the finish for running as tried to take fourth.
Palmer did not walk, Incidentally, he's now with CTC and Not West Kansas TC.

10-MILE RELAY WALK (Wound up as a conglomeration of things).

1. Dave and Dan Duncan (not male-female team and did not walk, but still competed for designated time trophy. That's what its all about).
- | | Time off | Actual time | Actual Time Place |
|--------------------------------------|----------|-------------|-------------------|
| | :52 | 2:01:38 | None |
| 2. Joe and Doug Duncan | 1:57 | 1:43:03 | None |
| 3. Dave and Joyce Schulte | 5:07 | 2:07:53 | second |
| 4. Murrel and Linda Jackson | 7:55 | 1:53:55 | first |
| 5. Alice Taft and George Hessenbruch | 19:52 | 1:40:08 | none |

Men's 8-Miler, Feb. 2, 1969. Cosmo Park.

	Des. Time	Act. Time	off	elapsed placing
1. Murrel Jackson	66:00	67:35	:25	5th
2. Ron Edwards	54:00	55:25	1:25	2nd
3. Joel Dickinson	65:00	62:25	1:35	4th
4. Joe Duncan (w)	74:00	71:55	2:05	6th
5. Glen McClure	64:00	61:45	2:15	3rd
6. Dennis Martinson	48:30	45:12	3:18	1st
7. Darrell Palmer (w)	74:15	78:20	4:05	7th

(w) - walked the entire distance.

NOTES

Our worthy president has forsaken the ways of the runner and is now a devoted walker. He made his first start against another walker on Feb. 2 when he went against Darrell Palmer over eight miles. Palmer has not trained good of recent and was not in good condition, which is a reason, not an excuse. He didn't have the day of which he is more than capable. Joe beat him almost seven minutes over the eight miles. The impressive thing was not Palmer's illness, rather the fact that Joe, in his first real try at race walking, went under nine-minute miles for an eight-miler. That's moving, baby! Joe's decision to walk instead of run came from the fact that he has come to love competition, but isn't fast enough to run against the youngsters. He - along with a growing group of others in our club, - can compete on the heel-and-toe gait with everyone... Sid Larson, who is still running and refuses to shift gears, is slowly coming back after a long battle with a pulled hamstring... He's doing more distance each week and should be back in competition soon... John Rose has come out with his best publication to date... it called the Missouri Valley Walker... it comes free with your subscription of the Star and is very interesting... The CTC is liberally sprinkled throughout... the Mo. Valley records are listed and Palmer owns five of them. His marks are: 2-mile - 16:32.5; 3 -mile - 25:53.0; 4-mile - 34:53.0; 5-mile - 43:52.0; 6-mile - 52:53.0.

AAU REGISTRATION

Several of you have received AAU registration applications from me. Would like an early return on them and if anyone else wants an AAU card, drop me a line and I'll see that you're supplied. They cost \$2.00.

WALKING JUDGES - Four CTC members have been certified as Missouri Valley AAU walking judges. Bill Clark is a Class I official and Palmer, Bill Taft and Dave Carlsoh are Class II officials.

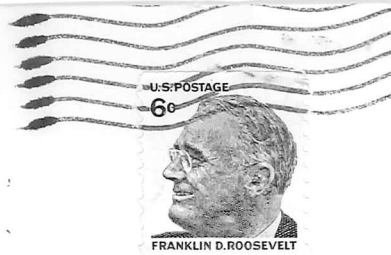
If you have comments, notes, news, gripes, etc. send them to:

BILL CLARK

Phone: 314-442-3710

3906 Grace Ellen Drive
Columbia, Missouri 65201

Bill Clark
3906 Grace Ellen Drive
Columbia, Mo. 65201



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880, two miles), Hickman Track, 2 p.m.
Feb. 16 - Hare and Hound, 1/2 mile, Hickman Track, 2 p.m.
Feb. 23 - Elmer's 100-yard race, 100-yard race, Men run six miles, women go
March 9 - 100-yard race, 100-yard race, Elapsed and designated time.
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Joe Duncan
4004 Alford Rd.
Columbia, Mo. 65201

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Actual time Actual time
None 2:01:38
None 1:43:03
second 2:07:53
first 1:53:55
none 1:40:08

Men's 8-Miler, Feb. 2, 1969, Cosmo Park.
1. Murrel Jackson 69:00
2. Ron Edwards 54:00
3. Joel Dickinson 62:00
4. Joe Duncan (w) 71:20
5. Glen McGinnis 61:00
6. Dennis Harrison 68:30
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