

COLUMBIA TRACK CLUB
MONTHLY NEWSLETTER
Vol. I, No. 1
Nov. 15, 1968

Dear Tafnuts:

Tafnut, incidentally, is a term coined by Track and Field News which is short for track and field nut. Those who read this letter, for the most part, will fall into the tafnut category.

This newsletter has been commissioned by the Columbia Track Club, Inc. Board of Directors and will be the monthly publication which goes not only to club members but to all those interested in track and field in general and in Columbia in particular.

Bill Clark - that's me - will edit the newsletter for the time being and shall publish it around the middle of each month - or 15 days either way. You can expect it when you find it in the mailbox. This newsletter is one of three published by Ye Olde Clark, the Missouri Valley AAU's leading 255-pound race walker. He also publishes a weightlifting newsletter for some 200 lifters in the Midwest and a national prison sports newsletter which goes to 125 prisons around the nation. So, if the track letter is a few days late, don't sweat it.

The first letter will include the leaders in events dating back to Sept. 1 and, in the future, will include complete rundowns of all local races and what club members do in national or other area meets. Thus it becomes extremely important that EVERY time you compete some place, you must call me at the Columbia Daily Tribune by 8:30 a.m. on Monday, if the event had been a weekend race. This gives you the publicity in the paper and gives me the results for the newsletter. The Tribune phone number is 449-4131.

JUNIOR NATIONAL CHAMPS

It didn't take the Columbia Track Club long to make headlines. On Nov. 10, the Club was represented at the Junior National 50-kilo walk by four members - Joel Dickinson, Murrell Jackson, Merle Hill and Mirth Madden. Madden fell out at 12 miles, but the three others trudged on to cover the 31-mile, 120-yard course and win the Junior National team championship even though Dickinson's ninth place finish was the best individual performance.

The performance and the national championship patches - not to mention a picture on the front sports page of the Columbia Tribune - came as a pleasant surprise and stand as a monument to the principle upon which the CTC was formed - that to participate is the prime objective and the rest will fall into place.

Results of the race will be listed on a later page.

Incidentally - these "Juniors" are hardly juniors in age. Dickinson is 30, Hill is 42 and Jackson a mere 51. The AAU's junior category covers anyone who has not won a junior, senior or been in international competition - regardless of age. These three characters can continue to compete individually in Junior National AAU races, but cannot compete as a member of any CTC team entered in Junior National team competition.

CTC IS INCORPORATED

The following message from President Duncan was slated to be our lead story, but a national championship took the top billing. Briefly, here's what has happened to the Columbia Track Club. The group met with the Columbia Parks and Recreation Department in late October, outlined its objectives of track and field promotion at all levels and suggested an agreement with the P&R Department which would allow the CTC to promote within the P&R structure, yet still maintain an identity. This agreement will be signed prior to December 1. In the meantime, Joe Duncan has drawn up articles of incorporation and filed them with the Secretary of State. As soon as the Certificate of Incorporation has been received, the Board of Directors will then draft a set of by-laws. When the by-laws have been adopted, the CTC will be a fact with members, program and a purpose - but no money.

The Board of Directors has been named by Duncan as follows: Duncan, Joel Dickinson, Murrell Jackson, Bill Clark, Dave Carlson, Myrtle Taft, Faye Mantle, Bill Wickersham and Sid Larson. Joe asks that you discuss with any or all of these board members your ideas as to what the CTC should do in regard to membership, dues, programs, events, awards, publicity, etc. He asks, above all, to come to the various events, to participate and to promote.

DESIGNATED TIME TROPHIES

The heart of the adult program promoted by the CTC is the designated time race. A lot of people like to run or jog or walk, but few have great speed. Thus, to keep up the interest and make all things equal despite one person's great ability and another's heavy feet, the designated time race is an important tool. To boost everyone's interest in the designated time races, Duncan has announced that the club will award trophies to the top three men and top three women with the best average designated time difference in 1968-69. There are 19 events and to be eligible, a person must compete in 12 of the 19 events. Total accumulated difference in seconds divided by the number of events will give the average designated time difference. There some designated distance races and Joe says tentatively that the difference in distance will be transposed to seconds by giving a competitor a second for every five yards he misses his designated distance,

Listed below are the standings through the first three events. A person had to compete in two of the three events to be eligible. The number is the average number of seconds the competitor has missed his designation.

MEN (W) - walker only.

Joe Duncan	84
Murrel Jackson	103
Al Shinkunas	111
Joel Dickinson	130
Dave Schulte	140
Darrell Palmer (W)	157
Bill Clark (W)	189
Dave Duncan	216
William Taft (W)	285
Biff Singleton	301
Mirth Madden	373
Sean Clark	398
Mike Clark	399
Elmer Mantle	982

WOMEN

Dolores Clark	42
Linda Jackson	48
Joyce Schulte	486
Alice Taft	518
Myrtle Taft	964
Faye Mantle	1544

PUBLICATIONS

Several of you have asked about track and field, walking and distance running publications. Listed below are those in circulation which would be of interest to you:

MISSOURI VALLEY STAR - A sheet which comes out 10 times a year with the results of all events in the Missouri Valley AAU. Our CTC results are included. Costs \$2.00 a year and is recommended to everyone. It is published by John Rose, whom many of you know from his races in Columbia. Send money to John Rose, Box 728, LaCrosse, Kansas 67548.

MVRRC NEWS - Also published by Rose on a quarterly basis. It is primarily for the distance runner and walker in the states of Kansas and Missouri and comes free with a membership in the Missouri Valley Road Runners' Club. Drop Rose a note and he'll brief you in more detail.

TRACK AND FIELD NEWS - This is the major publication in strictly track and field. It is published monthly, but a T&F Newsletter comes out twice monthly and is airmailed for the true tafnut. T&F News also publishes other periodicals including Track Techniques. For rundown on them, write to Track and Field News, Box 296, Los Altos, Calif. 94022.

LONG DISTANCE LOG

This one is to distance running what T&F News is to the track crowd. A must if you want to keep up on the distance world. Rates are \$4.00 a year. Subscribe from Long Distance Log, 306 West Center Street, Woodbury, N.J. 08096. Browning Ross, founder of the Road Runners' Club of American and currently the National AAU Long Distance Committee Chairman, is editor. Published monthly.

DISTANCE RUNNING NEWS

Put together by a sophomore at Kansas State University who started the magazine while in high school...Bob Anderson. A quarterly which deals with running and walking on a world level. Has lots of interesting features. Rates are \$1.50 a year. Write Distance Running News, 730 Vattier, Manhattan, Kansas 66502.

AMERICAN RACE WALKER

Published on occasion (supposedly 10 times a year) by Alan Cook. Has been very sporadic last two years. Started as a good magazine and, if time allows the editor to work on it - could still be a good one. Rates are \$3.00 a year. Write to American Race Walker, P.O. Box 15271, San Diego, Calif. 92115

PUBLICATIONS (Cont.)OHIO RACE WALKER

Only walking publication which comes out more or less on time. Has plenty of results, news, opinions and humor done by Jack Blackburn (The Crimson Waddler) Jack Mortland (Old Bones) - two former national champs. Also has articles on sex, movies, politics, etc., and is highly entertaining. Both men have raced here and Columbia gets its share of the space. Rates are \$2.00 a year and it comes out monthly. (Aug. issue came Nov. 1). Send subscriptions to Jack Mortland, 3184 Summit Street, Columbus, Ohio. 43202.

YOU AND THE AAU

The question of AAU membership has come up several times with local plodders. This paragraph should answer a few questions. The CTC will soon be a voting member of the Missouri Valley AAU. The club will have a definite voice in what happens in AAU circles, locally and nationally.

You, as an individual, are involved thus: 1 - If you're a jogger or interested only in designated time races, you'll not be required to hold an AAU membership unless you compete against other AAU members in open competition...like a Missouri Valley or Junior National championship event. For purposes of participation, our local races are closed competition, involving only those people in the area interested in going no further. Closed competition allows Clark (a professional) to walk with Olympians and six-year-old kids to compete with Murrel Jackson. 2 - Those who are planning to compete beyond the limitations of our local program MUST have AAU cards. Such registration applications are attached to this newsletter for those who might need them. Clark is registration chairman for Columbia and the Missouri Valley AAU as a whole and will handle your registration needs. Cost of individual registration is \$2.00 per calendar year. Those who hold cards now will be invalid after Dec. 31. So send your cards and your \$2.00 (made payable to Missouri Valley AAU) back to Clark and he'll keep your registration in order.

SCHEDULES

Complete track, distance, walking and field schedules should have been mailed to most of you. If you don't have them, call Marvin Sprigg, 442-0161, ext. 236, and ask that one be mailed to you. For this month, we'll list the events thru the end of the year and will try soon to get the local, Missouri Valley, regional and national schedules combined so you'll know exactly what to expect for the entire year.

- Nov. 24 - Men's 7-mile, women's 4-mile. Designated time and open. Cosmo Park. 2 p.m.
- Nov. 30 - Junior National 35-kilo AAU walking championship in Kansas City.
- Dec. 14 - Open 10-kilo run. Hickman Track. 2 p.m. Must be AAU registered. Race is open to everyone, regardless of association.
- Dec. 15 - Designated time and open 5-mile walk for both men and women. Hickman track. 2 p.m.

BILL TAFT

One of the prime movers of track and field in the Columbia area and one of the guys who worked with Joe Duncan to see this CTC get organized, was Bill Taft, a senior at M.U. who has been involved with administration of the various events locally for the past four years. He assisted Dave Carlson this past year on a voluntary basis. Bill will graduate in January and, if all goes well, will move from Columbia to some other community to build and develop a program such as he has helped promote here. Thanks to Bill for his efforts in the past four years and best of luck to him in his next endeavor.

DAVE CARLSON

Acting as the co-ordinator for the local program and as the man who will be primarily responsible for seeing that our people get to other places will be Dave Carlson, who has directed the track and field program the past two summers for the P&R Dept. Dave is a member of the CTC Board of Directors and will be a one-man committee to work out arrangements between the CTC and the P&R Dept. Dave brings experience into the CTC, having been saddled with the operation of national walking championships, the Heart of America Marathon, two Junior Olympic races each year, etc.

FINAL NOTE

If you have items for the newsletter, get in touch with Bill Clark, 3906 Grace Ellen Drive, Columbia, Mo. 65201. Or call him between 6:30-10 a.m. at 449-4131 or at home after 10 a.m. at 442-3710.

RESULTS

Listed below will be the basic results of all the programs we have staged in Columbia since Sept. 1, 1968. This brings us up to date and gives you a file of activities since the CTC moved from dreams to reality.

SENIOR NATIONAL 30-KILO WALK, Cosmo Park, Sept. 1, 1968

Larry Young, Los Angeles 2:31:30.1; Jack Blackburn, Van Wert, Ohio 2:55:52; Howie Jackbson, Long Island, N.Y. 3:00:59; Bob Young, Sibley, Mo. 3:03:57; John Rose, LaCrosse, Kan. 3:08:46; Bruce McDonald, New York A.C. 3:11:14; Gerald Willwerth, Philadelphia, Pa. 3:11:56; Fred Young, KC Pacers 3:12:29; Bob Chapin, KC Pacers, 3:32:39; Aubrey Anderson, KC Pacers 3:33:26; Burton Lincoln, KC Pacers 3:52:14; Did not finish - Darrell Palmer, Columbia, Mo. - out at 20 kilos; Merle Hill, - Columbia, Mo. - out at 10 kilos. Missouri Valley AAU finish was Bob Young, Rose, Fred Young, Chapin, Anderson, Lincoln. KC Pacers won team title.

HEART OF AMERICA MARATHON, Sept. 2, 1968

Hal Higdon, East Chicago, Ind. 2:41:45; Earl Owczarzak, Kansas City, Kan. 2:42:41; Ken Katzer, Lincoln, Neb. 2:44:05; Lou Fritz, Verdon, Neb. 2:47:09; Bill Wirtz, Overland, Mo. 2:51:30; Tom Snyder, Lincoln, Neb. 2:55:03; Bob Leutwiler, St. Louis 2:56:17; Dr. Alex Ratelle, Minneapolis, Minn. 2:57:27; Charles Sayward, Lincoln, Neb.; 2:58:22; Louis Naeger, Ste. Genevieve, Mo. 2:58:23; Jessie Eblen, Cedar Rapids, Iowa 2:58:40; Gene Somer, Curtis, Neb. 3:03:42; Kenneth Wilson, Wayzata, Minn. 3:11:42; Keith Browne, Independence, Mo. 3:17:04; Dr. Bill Andberg, Anoka, Minn. 3:17:32; Gary Curmode, Wichita, Kan. 3:19:40; Lynn Phipps, Council Bluffs, Iowa 3:24:37; Elmer Lehmann, Lroy, Kansas 3:26:15; Gary Flippin, Claifornia, Mo. 3:28:49; James Hellyrge, Brentwood, Mo. 3:33:00; Danny Baird, Independence, Mo. 3:36:17; Jeff Rapp, Rock Hill, Mo. 3:39:24; Bill Wickersham, CTC 3:41:21; Paul Huebner, Kirkwood, Mo. 3:46:13; Ed Schneider, Jennings, Mo. 3:48:13; John Rose, LaCrosse, Kan. 3:51:41; Greg Buse, St. Paul, Minn. 3:53:43; Craig Rindt, Wichita, Kan. 3:57:38; Phil Young, Wichita, Kan. 4:04:55; Bob Nepple, St. Paul, Minn. 4:10:48; Sid Larson, CTC 4:31:54; Larry Carpenter, California, Mo. 4:37:03; John Mitchell, CTC 4:40:10; Tyrus Peace, Iowa 4:46:09; Murrel Jackson, CTC 4:48:12; Gary Poelling, St. Louis, Mo. 5:11:34; Dave Duncan, CTC 7:20:29. DNF - John Dishon, Webster Groves, Mo. - out at 9 miles; Merle Hill, CTC - out at 13 miles; Bob Whitman, Independence, Mo. - out at 14 miles; Joe Duncan, CTC - out at 23 miles; John Cramer, St. Paul, Minn. - out at 23 miles; Ted Senadenos, Columbia, Mo. - out at 24 miles. Team title went to Cornhusker Track Club.

NATIONAL 100-MILE WALKING CHAMPIONSHIP - Sept. 21-22, 1968

Larry O'Neil, Kalispell, Mont. 20 hours, 51 minutes, 30.1 seconds.; Bryon Overton, Los Angeles, Calif. 67 $\frac{1}{4}$ miles in 16:41:30; Bob Young, Sibley, Mo. 58 $\frac{1}{4}$ miles in 15:36:25; John Rose, LaCrosse, Kan. 55 miles in 17:19:09; Merle Hill, CTC, 51 miles in 16:49:36; Aubrey Anderson, Independence, Mo. 50 $\frac{1}{2}$ miles in 13:20:48; Bob Chapin, Independence, Mo. 50 $\frac{1}{4}$ miles in 12:51:15; Bob Gragg, Independence, Mo. 50 miles in 13:58:16; Mirth Madden, CTC, 18 miles in 4:25:30; Brenda Whitman, Parkville, Mo. 16 3/4 miles in 8:27:58; Darrell Palmer, Columbia, Mo. 11 $\frac{1}{2}$ miles in 2:10:34. Runners were: Bob Whitman, Parkville, Mo. 25 $\frac{1}{4}$ miles in 4:35:30; Joe Duncan, CTC, 9 $\frac{1}{2}$ miles in 1:21:45.

COUPLES AND OPEN 10-MILE RACE, Hickman Track, Sept. 22, 1968

Couples - Carl Gans (MU) and Lou Ann Hitzman (Stephens) 3:15 designated; 3:20:11 actual. (5:11); Kerry Hogan (MU) and Diane Thiele (Stephens) 3:15 designated; 3:20:18 actual (5:18); Steve Chruch and Betty Barnett (Culver-Stockton) 2:40 designated; 2:58:24 actual (18:24).

Open - Larry Carpenter, Lincoln U.	des. 1:07	actual 1:04:39	diff. 2:21
Joel Dickinson, CTC	1:20	1:24:54	4:54
Mark Wilson, M U.	1:15	1:01:43	13:07

ROAD RACE, Cosmo Park, Oct. 13, 1968

<u>Men's Five-Mile</u>	Des.	Actual	Diff.	Actual place
Joel Dickinson	39:00	39:36	:36	third
Darrell Palmer	47:50	49:50	2:00	seventh
Al Shimkunas	40:00	42:28	2:28	fifth
Joe Duncan	33:00	35:57	2:57	first
Murrel Jackson	39:00	42:24	3:24	fourth
Mirth Madden,	40:00	35:58	4:02	second
Mike Clark	1:11:30	1:16:20	4:50	eleventh
Bill Clark	1:12:00	1:16:59	4:59	thirteenth
Dave Duncan	42:30	47:42	5:12	sixth
William Taft	1:25:00	1:16:57	8:03	twelfth
Biff Singleton	42:09	50:55	8:46	eighth
Sean Clark	1:04:00	1:16:11	12:11	tenth
Elmer Mantle	1:20:00	58:11	27:49	

RESULTS (Cont.)Oct. 13 - cont.

<u>Women's 3-mile</u>	Des.	Actual	Diff.	Actual finish
Dolores Clark	45:00	45:02	:02	third
Linda Jackson	35:00	34:27	:33	first
Alice Taft	60:00	36:42	23:18	second
Myrtle Taft	1:20:00	47:56	32:04	fourth
Faye Mantle	1:30:00	47:58	42:02	fifth

ROAD RACE, Cosmo Park, Oct. 27, 1968

<u>Couples Race</u>	Des.	Actual	Diff.	Actual place
Trumbower-Kellerman	1:20:00	1:19:59	:01	third
Jackson-Clark	1:24:00	1:24:03	:03	fourth
O'Bryan-Taft	1:30:00	1:31:14	1:14	Seventh
Palmer-Burcham	1:29:10	1:25:26	3:44	Fifth
Schulte-Schulte	1:38:00	1:30:04	6:56	Sixth
Mantle-Mantle	1:45:00	1:35:29	9:31	8th
Taft-McBride	1:30:00	1:18:08	11:51	Second
Dickinson-Dickinson	1:23:00	1:09:23	13:36	First
Taft-Taft	2:10:00	1:54:38	15:22	Ninth

<u>Individual</u>							
<u>Women's Three-Mile</u>	Des.	Actual	Diff	<u>Men's Five-Mile</u>	Des.	Actual	Diff
Sue Kellerman	40:00	40:17	:17	Bill Trumbower	40:00	39:42	:18
Alice Taft	35:00	35:42	:42	Bert O'Bryan	55:00	55:32	:32
Dolores Clark	44:00	43:07	:53	Joe Duncan	33:45	33:05	:40
Ann Burcham	:38:00	39:50	1:50	Elmer Mantle	50:00	50:55	:55
Joyce Schulte	49:00	43:54	5:06	Murrell Jackson	40:00	40:56	:56
Pat McBride	40:00	33:17	6:43	Bill Clark	1:10:00	1:08:40	1:20
Faye Mantle	55:00	45:34	9:26	William Taft	1:10:00	1:08:40	1:20
Ruth Dickinson	45:00	35:13	9:47	Lee Hill	36:00	37:48	1:48
Myrtle Taft	60:00	45:58	14:02	Dave Schulte	48:00	46:10	1:50
				Darrell Palmer	48:50	45:36	3:14
				Ken Ellington	32:00	28:40	3:20
				Joel Dickinson	38:00	34:10	3:50
				Bill Taft	50:00	44:52	5:08
				Sean Clark	1:09:00	1:03:29	5:31
				Mike Clark	1:09:23	1:03:36	5:47

TRIATHLON, Hickman Track, Nov. 3, 1968

<u>Women</u>	Des.	Act.	Diff.	$1\frac{1}{2}$ Mi.	diff.	$\frac{1}{2}$ -Mi.	Diff.	mile	diff
Linda Jackson	27:30	28:34	1:04	15:08	:08	4:36	:24	8:58	:32
Dolores Clark	40:15	41:27	1:12	20:30	:30	6:58	:28	13:59	:14
Alice Taft	na	33:27	1:54	16:50	:20	4:54	:36	11:43	:58
Myrtle Taft	na	42:21	2:08	21:09	1:51	6:58	:02	13:14	:16
Kelly Clark	na	1:02:23	5:16	28:09	1:51	10:50	:50	22:24	1:24
Joyce Schulte	na	33:26	11:06	17:42	4:31	4:32	1:28	11:12	1:12

<u>Men</u>	Des.	Act.	Diff.	3-mi.	diff.	1-mi.	diff.	2-mi.	diff
Larry Carpenter	31:40	31:51	:11	16:04	:04	5:06	:06	10:41	:01
Joe Duncan	na	36:25	:37	18:31	:31	5:49	:01	12:05	:05
Murrell Jackson	na	1:00:57	:49	30:29	:29	9:49	:11	20:39	:09
Al Shimkunas	"	46:30	1:15	22:26	:04	7:15	:30	15:41	:41
Biff Singleton	"	51:12	1:16	24:49	:49	8:24	:16	17:59	:11
L.D. Henry	42:30	40:58	1:32	22:00	:30	6:31	:29	12:27	:33
Dave Duncan	48:50	50:51	2:01	23:42	:18	9:33	:07	17:36	:36
Joel Dickinson	37:00	39:19	2:05	20:37	:37	6:11	:09	12:31	1:19
Sean Clark	1:27:00	1:24:48	2:12	43:44	1:16	14:00	:00	27:04	:56
Dave Schulte	Na	51:43	2:51	25:15	1:00	7:26	:19	19:02	1:32
Dick Martin	50:00	46:56	3:04	24:06	2:54	6:51	:09	15:59	:01
William Taft	na	1:18:38	4:54	40:16	:16	12:17	:43	26:05	3:55
Danny Duncan	na	1:00:48	5:34	28:22	3:38	9:22	:52	23:04	1:04
Curtis Braschler	na	47:53	6:37	24:23	5:37	7:16	:44	16:14	:14
Mirth Madden	na	56:59	8:25	21:55	5:55	10:47	1:13	24:17	1:17
Mike Clark	na	1:10:34	9:20	35:53	3:07	10:39	2:11	24:02	4:02
Mike Martin	na	57:52	10:46	26:49	6:11	8:44	:16	22:19	4:19

DEVIL TAKE THE HINDMOST, Hickman Track, Nov. 17, 1968

1. Joe Duncan - 8 laps.
 2. Biff Singelton - 7 laps.
 3. Joel Dickinson - 6 laps.
 4. Murrell Jackson - 5 laps.
- Time of winner for two miles - 13:02.

SENIOR NATIONAL A.A.U.
50-Kilo Race Walk
Sponsored By
Missouri State Penitentiary
Jefferson City, Mo.
Nov. 10, 1968

Junior National race was a part of an open race which drew 20 entries from eight states. The race was the first ever staged in a state prison and was sponsored by the Missouri Department of Corrections. The open race is listed below with splits at every mile and every 10 kilos in (parentheses). The first mile is off because the additional 120 yards included in the first mile. Following the first mile time, all miles are true miles. The Junior National winners will then be listed separately with their times. Course was exactly 1 mile - and very flat. Temp. in high 30's, cloudy, strong NW wind, some rain and snow.

1. Bob Pollack, The Citadel, So. Car. 9:25 18:15 27:13 36:13 45:03 53:51
62:27 71:15 80:10 89:07 1:38:12 1:47:27 1:56:50 2:06:36 2:16:23 2:26:16
2:36:04 2:45:58 2:56:04 3:06:24 3:16:53 3:27:27 3:38:14 3:48:58 3:59:40
4:10:10 4:20:39 4:31:29 4:42:19 4:52:48 5:01:26.3.
Kilo times - 10 (54:54) 20 (1:50:21) 30 (2:51:08) 40 (3:57:03).
2. Bill Grandy, Hollywood, Fla. 11:03 21:30 31:35 41:35 51:31 61:04 70:34
79:57 89:21 1:38:48 1:48:15 1:56:51 2:07:33 2:17:12 2:26:57 2:36:52
2:46:55 2:57:12 3:07:35 3:17:43 3:28:09 3:38:40 3:49:11 3:59:50
4:10:11 4:20:26 4:30:59 4:41:43 4:52:39 5:03:49 5:14:47
Kilo times - 10 (62:15) 20 (2:00:52) 30 (3:02:30) 40 (4:07:38).
3. Howie Jacobson, Long Island A.C. 10:50 20:43 30:20 39:53 49:50 59:30
69:08 78:52 88:35 1:38:25 1:48:23 1:58:46 2:09:18 2:19:46 2:30:11
2:40:34 2:50:46 3:00:55 3:11:06 3:21:03 3:31:05 3:41:03 3:50:53 4:00:48
4:11:07 4:22:08 4:33:50 4:45:29 4:57:10 5:08:43 5:19:59.
Kilo times - 10 (60:38) 20 (2:02:02) 30 (3:06:04) 40 (4:08:38).
4. Gerald Willwerth, Philadelphia, Pa. 10:01 19:51 29:44 39:33 49:20 59:04
68:50 78:35 88:14 1:37:56 1:47:31 1:57:16 2:07:10 2:17:06 2:27:05
2:37:12 2:47:27 2:57:46 3:08:14 3:18:54 3:29:59 3:40:15 3:52:40 4:04:04
4:15:30 4:26:56 4:38:30 4:49:50 5:00:14 5:12:35 5:23:02.
Kilo times - 10 (60:11) 20 (2:00:18) 30 (3:03:03) 40 (4:12:46)
5. Bob Young, Sibley, Mo. 10:52 21:15 31:42 42:03 51:52 61:40 71:41 81:46
1:31:56 1:42:11 1:52:22 2:02:31 2:12:49 2:23:08 2:33:30 2:44:04 2:54:47
3:05:37 3:16:33 3:27:33 3:38:32 3:49:43 4:00:58 4:12:17 4:23:53 4:35:24
4:47:00 4:58:43 5:10:32 5:22:36 5:34:16.
Kilo times - 10 (62:54) 20 (2:05:40) 30 (3:11:13) 40 (4:21:05).
6. Fred Young, Independence, Mo. 10:54 21:17 31:43 42:00 52:12 62:27 72:31
82:39 1:32:50 1:43:03 1:53:08 2:03:20 2:13:34 2:23:53 2:34:29 2:45:20
2:56:12 3:06:59 3:17:49 3:28:50 3:40:04 3:51:25 4:03:04 4:14:58 4:26:54
4:39:09 4:51:25 5:03:20 5:15:39 5:28:12 5:40:20.
Kilo times - 10 (63:37) 20 (2:06:30) 30 (3:12:35) 40 (4:24:08).
7. Don Johnson, Philadelphia, Pa. 10:53 21:15 31:40 41:55 51:50 61:50 71:45
81:44 1:31:34 1:41:45 1:51:10 2:02:25 2:12:45 2:23:18 2:34:13 2:45:13
2:56:06 3:07:07 3:18:25 3:30:03 3:41:51 3:54:30 4:07:01 4:19:30 4:31:19
4:42:50 4:54:18 5:07:00 5:19:16 5:32:00 5:44:12.
Kilo times - 10 (63:00) 20 (2:05:38) 30 (3:12:56) 40 (4:28:33).
8. Bob Chapin, Independence, Mo. 11:01 21:57 32:35 43:00 53:21 63:26 73:44
84:08 1:35:44 1:45:26 1:56:20 2:07:22 2:18:43 2:30:21 2:42:46 2:55:18
3:08:21 3:21:19 3:34:44 3:47:47 4:00:23 4:12:42 4:25:25 4:34:29 4:52:47
5:05:14 5:17:44 5:29:39 5:41:33 5:54:17 6:05:53.
Kilo times - 10 (64:38) 20 (2:10:51) 30 (3:28:32) 40 (4:49:48).
9. Joel Dickinson, Columbia, Mo. 13:32 27:07 38:48 50:15 64:31 75:45 87:35
1:40:25 1:53:31 2:05:28 2:17:31 2:29:16 2:41:14 2:53:19 3:05:59 3:18:36
3:31:14 3:45:23 3:58:35 4:11:55 4:25:28 4:39:30 4:52:53 5:05:26 5:18:31
5:31:21 5:44:40 5:59:00 6:13:22 6:28:17 6:41:09.
Kilo times - 10 (1:17:02) 20 (2:33:50) 30 (3:52:07) 40 (5:15:21).
10. Murrell Jackson, Columbia, Mo. 12:55 26:23 37:35 49:32 61:47 75:53 87:35
1:40:24 1:53:31 2:05:28 2:18:33 2:31:45 2:44:57 2:57:56 3:11:10 3:30:05
3:41:36 3:53:36 4:06:01 4:17:54 4:30:02 4:41:53 4:54:26 5:07:30 5:20:16
5:33:58 5:49:44 6:03:35 6:19:55 6:34:48 6:48:34.
Kilo times - 10 (1:17:11) 20 (No time). 30 (3:59:55) 40 (5:17:30).

JUNIOR NATIONAL AAU 50-KILO (Cont.)

11. Merle Hill, Columbia, Mo. 13:32 27:09 38:52 50:18 63:45 76:09 88:08
 1:40:14 1:52:24 2:05:28 2:18:33 2:31:45 2:44:57 2:57:56 3:11:10
 3:24:22 3:42:26 3:55:58 4:10:07 4:25:04 4:43:00 4:58:37 5:14:55 5:29:17
 5:42:41 5:55:55 6:08:58 6:24:45 6:39:46 6:54:35 7:09:22.
 Kilo times - 10 (1:17:34) 20 (No time) 30 (4:03:00) 40 (5:39:25).
12. Bob Gragg, Independence, Mo. 12:03 24:56 35:48 47:45 59:58 72:05 84:46
 1:38:30 1:51:13 2:06:32 2:21:28 2:36:39 2:51:08 3:05:21 3:19:37 3:33:45
 3:48:27 4:03:29 4:18:09 4:33:03 4:48:31 5:03:27 5:18:01 5:33:21 5:49:07
 6:08:38 6:24:52 6:43:17 7:01:18 7:15:57 7:29:37.
 Kilo times - 10 (1:13:38) 20 (2:41:30) 30 (No time) 40 (5:47:50).
13. Lee Melvin, Renz Farm 12:26 25:01 36:04 48:10 59:55 72:05 84:46
 1:38:30 1:51:12 2:05:44 2:20:44 2:35:01 2:49:43 3:05:27 3:23:23 3:40:21
 4:01:12 4:20:27 4:38:19 4:58:15 5:13:47 5:29:06 5:49:27 6:10:35 6:29:24
 6:56:36. Kilo times - 10 (1:13:38) 20 (2:39:30) 30 (4:28:30) 40 (6:25:13).
14. Laverne Hale, Renz Farm 13:02 27:07 39:33 54:00 67:20 81:03 1:36:38
 1:51:34 2:07:47 2:25:05 2:39:47 2:54:56 3:10:14 3:25:08 3:43:27 4:01:12
 4:20:27 4:37:57 4:53:24 5:11:24 5:27:42 5:43:45 6:03:15 6:22:19 6:48:50.
 Kilo times - 10 (1:22:49) 20 (2:59:30) 30 (4:45:42) 40 (6:44:21).
15. Aaron Brice, Renz Farm 13:40 28:00 40:38 54:15 68:40 83:06 1:38:05
 1:53:17 2:08:49 2:25:07 2:43:50 3:02:52 3:20:08 3:36:12 3:52:22 4:08:48
 4:28:18 4:47:03 5:04:40 5:22:14. Kilo times - 10 (1:24:56) 20 (3:09:00)
 30 (4:56:25).
16. Norman Malloyd, Renz Farm 18:35 35:18 51:25 67:03 81:05 1:35:40
 1:48:35 2:03:14 2:18:25 2:33:40 2:50:35 3:08:45 3:29:04 3:51:12 4:12:47.
 Kilo times - 10 (1:36:30) 20 (3:14:45).
17. John Ferguson, Renz Farm 13:40 28:00 40:38 54:16 68:41 83:07 1:38:05
 1:53:39 2:11:20 2:28:34 2:47:50 3:04:47 3:24:53.
 Kilo times - 10 (1:24:57) 20 (3:11:00).
18. Ronald Thompson, Renz Farm 13:02 27:05 38:55 52:27 66:40 81:05
 1:36:38 1:51:34 2:07:47 2:25:07 2:43:53 3:09:04 3:28:59.
 Kilo times - 10 (1:22:50) 20 (3:15:00).
19. Mirth Madden, Columbia, Mo. 13:32 27:07 38:48 50:15 63:25 75:55 87:35
 1:40:24 1:53:49 2:09:33 2:27:23 2:45:30. Kilo Times - 10 (1:16:21).
20. Mike Shanahan, Kansas City, Mo. 12:28 25:08 36:55 49:48 63:22.
 Kilo times - none.

JUNIOR NATIONAL PLACINGS

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| 1. Bob Pollack, The Citadel, So. Car. | 5:01:26.3 |
| 2. Gerald Willwerth, Philadelphia, Pa. | 5:23:02 |
| 3. Fred Young, Independence, Mo. | 5:40:20 |
| 4. Don Johnson, Philadelphia, Pa. | 5:44:12 |
| 5. Bob Chapin, Independence, Mo. | 6:05:53 |
| 6. Joel Dickinson, Columbia, Mo. | 6:41:09 |
| 7. Murrell Jackson, Columbia, Mo. | 6:48:34 |
| 8. Merle Hill, Columbia, Mo. | 7:09:22 |
| 9. Bob Gragg, Independence, Mo. | 7:29:37 |
- DNF - Lee Melvin, Renz Farm, out at 26 miles; Laverne Hale, Renz Farm, out at 25 miles; Norman Malloyd, Renz Farm, out at 15 miles; John Ferguson, Renz Farm, out at 13 miles; Ron Thompson, Renz Farm, out at 13 miles; Mirth Madden, Columbia, Mo., out at 12 miles; Mike Shanahan, Kansas City, Mo., out at 5 mi.
 *** - Insert after Hale - Aaron Brice, Renz Farm, out at 19 miles.

Team trophy - Won by Columbia Track Club, Inc. (Dickinson, Jackson, Hill). 6 pts.

NOTES OF THE RACE

Though records are not kept on such things, the race was probably the best-attended Junior 50-kilo race in recent history and drew a crowd unlike the local gatherings which usually attend this oft-unwanted race. The Department of Corrections was so pleased that they'll bid for the race again next year. Pollack proved to be a young man to watch. His form was flawless. Only one warning in the race. It went to Grandy with six miles remaining. Judges - Bill Clark, Dave Carlson, Bill Taft, Darrell Palmer. Timer - Norris Williams. Lap counter - Clark. Race director - Ed Hanauer. Clerk of course - Chris Williams.

BOARD MEETING

The Board of the Columbia Track Club had its first official meeting on Nov. 20 at the home of President Joe Duncan with Sid Larson (a very funny teller of French stories), Mrs. and Mr. William Taft, Joel Dickinson, Dave Carlson, Murrell Jackson and Bill Clark on hand.

Clark was appointed secretary while Jackson remains as the treasurer. Murrell promised the Board not to take the club funds south unless we had a lot of money. Duncan volunteered to draw up the club's by-laws and file them with the Sec'y of State. He showed the articles of incorporation which makes us a going concern. Next step will be to join the AAU and sign the agreement with the Parks and Recreation Department. This is to be done by Thanksgiving.

Dues for club membership were set as follows:

Adult (over 17) - Will be \$3.00 a year for the calendar year 1969.

Under 17 - No fees. Must have parental consent.

Payment of dues is now in order. Please pay in cash or check made payable to Columbia Track Club, Inc., and send to Murrell Jackson, 1214 Frances Drive, Columbia, Mo. 65201. We need a few bucks to join the AAU and pay for the stamps on this newsletter. Fill out the form on the bottom of this page so we will have a record of your whereabouts. Return form and dough to Murrell.

Colors were established for the club. Members will wear Columbia Blue tops and white shorts. Joel Dickinson is a committee of one to find the best prizes and to act as equipment procurement manager for the club. He will report at the next meeting of the board.

General discussion rooted up several ideas to be followed in time:

Club considered a distance run to someplace such as Kansas City to let people know we're around. Also discussed possibility of members running a relay at Hickman on the track for a given distance or a given time such as 1,000 miles of five days, etc., just for the heck of it...Much discussion was given over to the administration of the summer program which would siphon off the best age group stars in Columbia and keep them competing at an intercity level. Dave Carlson has the problem by being the co-ordinator of working out these details, but will need the help of all the club members in making the age group division a success.

DUES:

To join the CTC, please fill out the blank below and return to Murrell Jackson:

(CTC Form)

Parks and Recreation Dept.
Municipal Building
Columbia, Missouri 65202



Joe Armean
4004 Alford Drive
Columbia
MO 65201