

**HEART OF AMERICA MARATHON
AGE RANKINGS**

It is Columbia, MO where the town and state are not shown

MALE

Top 50, and all under 3:30, each age

7

Wesley Paul 4:04:08 1976

8

Tim Gibson 4:12:11 1979

Bucky Cox Lawrence KS 4:40:03 1980

11

Peter Ewers Kirksville MO 4:26:09 1975

Ricky Martinez Spanish Lake MO 5:34:41 1978

Vonn Walter 5:34:41 1977

Scott Sallee Bowling Green MO 6:55:24 1973

5 David Duncan 7:20:59 1968

12

Wesley Paul Overland Park KS 3:02:19 1981

Peter Hessler 3:44:49 1981

Peter Ewers Kirksville MO 3:48:05 1976

13

Peter Ewers Kirksville MO 3:04:09 1977

David Forest 3:56:41 1976

Matt Gibson 3:56:45 1978

Richard Schmid Kansas City MO 4:29:04 1976

5 Ben Geyer 4:41:28 2009

Elijah Stiltman Middletown IL 5:30:25 2010

Shaun Sallee Bowling Green MO 5:34:41 1978

Joe Martinez Spanish Lake MO 5:52:17 1978

14

Matt Gibson 3:30:10 1979

Jordan Whitlock Centralia IL 3:23:13 2002

Tim Gibson 3:49:16 1985

Billy Brockmueller Brandon SD 3:50:47 2006

5 Matthew Stroud Harrisburg MO 4:16:43 2013

Scott Sallee Bowling Green MO 5:18:33 1976

Mark Struckhoff 5:22:22 1973

15

	Mark Young	St. Louis	MO	3:11:52	1975
	Larry Corbin	Barnhart	MO	3:29:35	1976
	Jim Gibson			3:20:40	1979
	Ray Kopek	Prairie Village	KS	3:33:29	1975
5	Mark Swanson			3:49:20	1983
	James Bielinski	Versailles	MO	3:52:08	1985
	Derek Shook	Marissa	IL	3:52:22	1994
	Fred Dinges	Kansas City	MO	3:58:09	1962
	Richard Posey	Enid	Ok	4:02:45	1978
10	Doug Duncan			4:23:55	1976
	Bobby Whitter	Centralia	MO	5:48:09	1978

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	Darrell Steinhoff	Cape Girardeau	MO	2:55:52	1974
	Mark Young	St. Louis	MO	3:05:05	1976
	John McQuary	Cape Girardeau	MO	3:10:45	1974
	Arturo Mejia	Kansas City	KS	3:03:43	1975
5	John Ritchie	Cape Girardeau	MO	3:34:52	1974
	Eddie Oelenberger	Chelsea	OK	3:46:45	1975
	Jim Johnson	Oak Grove	MO	3:46:55	1977
	Matt Ausmus	Cameron	MO	3:47:05	1973
	Harold Bosse	Remagen, Germany		3:48:50	1988
10	James Anderson	Greenville	IL	3:49:26	2002
	Mark Phelps	Topeka	KS	3:51:40	1970
	Mark Swanson			3:56:42	1984
	Mike Ausmus	Cameron	MO	4:05:35	1973
	Jerry Young	St. Louis	MO	4:14:11	1973
15	George Pritsolas			4:16:11	1975
	Gary Kempf	Bartlesville	OK	4:44:32	1970
	William Hoffmon	Carrollton	MO	4:53:38	1984
	Keith Scoby	California	MO	4:54:37	1986
	Phil Lane	Tarkio	MO	5:07:18	1975

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	Al Steinbach	Cedar Rapids	IA	3:16:29	1975
	Kevin Stock	California	MO	3:20:58	1979
	George Pritsolas	Columbus	OH	3:26:15	1976
	Rick Martin	St. Louis	MO	3:31:47	1972
5	John Cisco	St. Louis	MO	3:42:26	1976
	Phil Lane	Tarkio	MO	3:42:46	1976
	Paul Reeds	Gallatin	MO	3:44:27	1979
	David White	Fulton	MO	4:00:38	2009
	Greg Maximovitch	Mexico	MO	4:02:30	1978
10	Charles Brandon	St. Joseph	MO	4:10:36	1973

	Ralph Stief	Bowling Green	MO	4:14:00	1973
	Steve Kramer	Alma	MO	4:16:04	1974
	Pat O'Laughlin			4:26:10	1979
	John Hawkins			4:40:07	1976
15	Charles Corwin	Hallsville	MO	4:44:49	2005
	Peter Lang	Boonville	MO	4:46:15	1983
	Zack Buckner	Fair Grove	MO	4:46:33	2008
	T. C. Beatly	Hallsville	MO	4:49:31	2005
	Michael Bray	Hillsboro	MO	4:50:42	1978
20	Fred Phelps, Jr.	Topeka	KS	5:14:26	1970
	Taylor Adams			5:47:00	2010

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	Dann Fisher	Manhattan	KS	2:49:10	1981
	Rick Caracciolo	Valley	NE	2:53:02	1974
	Jim Conaway	Kansas City	MO	2:58:23	1973
	Mike Chaffee	Prairie Village	KS	3:17:23	1963
5	Linnes Chester	Whiteman AFB	MO	3:22:07	1977
	Brian Harpster			3:22:53	1978
	Alex Keneipp	Columbia	MO	3:26:16	2015
	Dan Hoxworth			3:26:27	1977
	Tom Moore			3:27:17	1976
10	Tim Knight			3:28:38	1978
	Chris Watness	Indianapolis	IN	3:30:30	1971
	Jeff Mineck	Cedar Rapids	IA	3:39:53	1976
	Al Steinbach	Cedar Rapids	IA	3:39:53	1976
	Steve Reida	Lincoln	NE	3:41:40	1977
15	Eric Verslues			3:42:26	1990
	Dwain Akins	St. Louis	MO	3:44:54	1969
	Paul Ide			3:49:23	1970
	Kyle Swetishnoff	Litchfield	IL	3:49:31	2011
	Jack Hudson, Jr	Mexico	MO	3:56:50	1988
20	Tom Boussie	Glauson	MI	4:03:57	1981
	Randy DeGroot			4:04:50	1975
	Jason Klemme	Centralia	MO	4:06:07	2005
	Kevin Buse	Albert City	IA	4:13:55	1973
	Parrish Barton	Montgomery City	MO	4:16:08	1993
25	Brian McFall	Ft. Scott	KS	4:19:48	1976
	Blasé Bova			4:22:29	1978
	Blayne Bordewick	Quincy	IL	4:35:00	2016
	Ray Wade	Omaha	NE	4:46:09	1963
	Zach Hockett			5:13:15	2008
30	Christofer Avalos	Fredericktown	MO	5:21:13	2016
	Brice Roberts	Fredericktown	MO	5:43:18	2016
	Jake Alongi			5:46:44	2010
	Ted Virostico			6:07:30	1976

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	Tom Hoffman		2:41:52	1967
	Jim Guinn	Raytown	MO	2:46:55 1981
	Stacey Cooke	Junction City	KS	2:51:35 1976
	Elliott Evans	Omaha	NE	2:52:39 1966
5	Don Todaro	St. Louis	MO	2:53:00 1971
	Bob Pelikan	St. Louis	MO	2:53:09 1971
	Louis Naeger	Ste Genevieve	MO	2:58:23 1968
	Andy Kovats	Springfield	MO	3:06:01 1982
	James Ochse	Oxford	NJ	3:08:21 1973
10	Bill Silverberg	Overland Park	KS	3:09:15 1961
	Brad Odom	Indianapolis	IN	3:10:59 1973
	Ken Geest	Liberty	MO	3:12:24 1972
	Kevin Stock	California	MO	3:14:04 1981
	W. Mert Thompson	Springfield	MO	3:17:16 1981
15	Bill Rasmussen	Fulton	MO	3:17:40 1972
	Richard Gray	St. Louis	MO	3:22:39 1979
	Josh Johnson			3:23:18 1994
	Pat O'Laughlin			3:26:11 1981
	Mike Durbin	Springfield	MO	3:27:37 1978
20	Dakota Derr	Burlington Junction	MO	3:27:48 1996
	Randy DeGroot			3:27:55 1976
	Mike Everding	St. Louis	MO	3:28:01 1980
	Jay Leek	Ft. Scott	KS	3:30:24 1976
	Jamar Williams			3:30:36 2009
25	Bill Becker	Cape Girardeau	MO	3:32:13 1965
	Richard Miller	Point Lookout	MO	3:35:49 1970
	Danny Baird	Independence	MO	3:36:17 1968
	Linnes Chester	Whiteman AFB	MO	3:39:24 1978
	Ben Fields	Excelsior Springs	MO	3:40:20 1995
30	Tom Dolan	St. Louis	MO	3:42:36 1976
	Bill Wirtz	St. Louis	MO	3:43:01 1966
	Dave Parker	Pleasant Hill	MO	3:43:14 1965
	Craig Sanders	Kirkwood	MO	3:44:37 1979
	Gregory Prante	St. Peters	MO	3:48:10 1981
35	DonLeake			4:01:02 1972
	Mark Vandervelden	Kansas City	MO	4:04:41 1978
	Max Sinor	Catoosa	OK	4:09:18 2013
	Paul Ide			4:18:37 1971
	Randy Fletcher	Independence	MO	4:21:30 1972
40	Zach Powers			4:28:07 2017
	Rodney Brown	Helena	MO	4:28:53 1980
	John Bennett			4:36:04 1973
	Robert Schmidt			4:39:11 2016
	Martin Tunks			4:42:06 1977

45	Justin Young	Elsah	IL	4:46:20	2004
	Ben Pohlman			4:55:45	2008
	John McCrory			5:35:24	1970

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	Tony Rodiez	Milwaukee	WI	2:34:07	1976
	Patrick Hanson			2:39:33	2005
	Tim Hendricks	Omaha	NE	2:44:00	1966
	Mark Cowley	USAF Academy	CO	2:44:47	1976
5	Charlie Schmid	Kansas City	MO	2:46:05	1976
	Dennis Katzer	Napier	NE	2:49:01	1973
	Carl Gans	Kirkwood	MO	2:54:00	1967
	John Miller	Oak Creek	WI	2:55:24	1976
	Ryan Constable	Hannibal	MO	2:56:40	1998
10	Mark Young	Elsah	IL	3:04:57	1979
	Tracy Smith			3:07:11	1989
	David Craycraft	Kansas City	MO	3:07:42	1975
	Bill Silverberg	Overland Park	KS	3:09:36	1962
	Scott Ogan	Lawrence	KS	3:09:47	2010
15	Richard Crane	Albany	MO	3:11:03	1979
	Dakota Derr	Burlington Junction	MO	3:11:18	1997
	Jim Salisbury	Kansas City	MO	3:16:08	1975
	Ken Geest	Kansas City	MO	3:16:40	1973
	Gregory Prante	St. Peters	MO	3:18:34	1982
20	Daniel Delehanty	Manhattan	KS	3:19:13	1978
	Richard Avila	Mission	KS	3:22:42	1979
	Winston Reid			3:23:37	1983
	Pat O'Laughlin			3:24:45	1982
	Joe Meyer	Seymour	IN	3:25:33	1979
25	Charles Moore	Sedalia	MO	3:26:16	1972
	Rex Jennings			3:26:27	1978
	Nick Stokes	Champaign	IL	3:29:23	1998
	Mike Chaffee	Prairie Village	KS	3:31:01	1965
	Greg Myre	Chesterfield	MO	3:31:59	1980
30	Bill Becker	Cape Girardeau	MO	3:32:21	1966
	Brian Schoenholz	O'Fallon	MO	3:36:46	1999
	Mark Kresser	Ames	IA	3:38:26	2006
	Tucker Schaeffer	Kansas City	MO	3:38:57	1975
	Mark DuFresne	Kansas City	MO	3:40:28	1973
35	Josh Johnson			3:44:43	1995
	Sean Hale			3:47:56	2007
	Matt Stultz	Mounds	OK	3:50:10	2012
	David Albers	Holts Summit	MO	3:50:53	1995
	Robert Riggs			3:53:08	1980
40	Greg Buse	St. Paul	MN	3:53:43	1968
	John Bennett			3:55:32	1974

	Benjamin Harder	Hesston	KS	3:57:37	2007
	James Bagnoli	Indianapolis	IN	4:04:50	1973
	Daniel Mason			4:07:39	2001
45	Benjamin Caldwell	Crestwood	MO	4:11:46	1999
	Travis Crum	Warrensburg	MO	4:27:04	2000
	Joel Braden			4:28:14	1997
	William Radford			4:31:15	1976
	Anton Kaarma	Stillwater	OK	4:35:58	2001
50	Ethan Garrity			4:56:35	2016

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	Dennis Hinkamp			2:29:15	1977
	Jeff Mittelhauser	Sedalia	MO	2:34:08	1979
	Tony Rodiez	Milwaukee	WI	2:39:12	1977
	Tim Hendricks	Omaha	NE	2:44:30	1967
5	Greg Carlberg	Lincoln	NE	2:47:10	1970
	Ralph Anievas	Ft. Riley	KS	2:50:08	1969
	Bill Wirtz	St. Louis	MO	2:51:30	1968
	Jay Birmingham	Dayton	OH	2:51:57	1966
	Augie Hirt	McPherson	KS	2:52:14	1972
10	Ken Beach	Raytown	MO	2:52:20	1983
	Ken Geest	Kansas City	MO	2:52:40	1974
	Josh Grotzinger	Rocheport	MO	2:58:55	2004
	David Craycraft	Kansas City	MO	2:59:10	1976
	Fred Klinge			3:00:45	1980
15	Scott Ogan	Lawrence	KS	3:01:42	2011
	Warren Lambert	Marshall	MO	3:02:15	1990
	Bill Becker	Cape Girardeau	MO	3:03:06	1967
	Bill Silverberg	Overland Park	KS	3:03:55	1963
	Dale Nielsen	Lincoln	NE	3:08:33	1980
20	Michael Hosokawa			3:14:55	1987
	Tim Butler			3:15:41	1980
	Robert Alsman	Greenville	IL	3:15:42	1974
	Keith Trivitt	Kirkville	MO	3:16:32	2006
	John Schwartz			3:18:00	1980
25	Jason Blom			3:26:31	1998
	Tom Leonard			3:27:09	1978
	Mark Vandervelden	Kansas City	MO	3:28:37	1980
	Michael Hoff			3:31:38	1976
	Steven Mankofsky			3:36:47	2011
30	Bruce Maxey	Mexico	MO	3:39:18	1977
	Matt Miller			3:40:16	1998
	John Murphy			3:43:41	1984
	Jerry Kokesh	Chesterfield	MO	3:44:00	1971
	John Holak	Greenville	IL	3:45:56	1974
35	Chris Ackerman	Manhattan	KS	3:49:23	1996

	Jonathan Mack	Olathe	KS	3:49:27	2006
	Will Harmon	independence	MO	3:51:07	2017
	Daniel Riegel	Garland	TX	3:51:48	2004
	Ian Campbell	Edmond	OK	3:52:48	2005
40	Jerry Young	St. Louis	MO	3:55:08	1978
	Dustin Seaman			3:55:09	2010
	Craig Sanders	Kirkwood	MO	3:56:57	1980
	Joe Schroeder			3:57:00	1960
	Rocky Gullardo			3:59:35	1982
45	Michael Schmutzuk	Kansas City	MO	4:01:12	1980
	Travis Connelly	Fenton	MO	4:02:56	2015
	Kurt Killen	St. Joseph	MO	4:03:02	1980
	Jim Chapin	St. Louis	MO	4:03:55	1976
	Richard Cook	Granview	MO	4:04:25	1979
50	Scott Simmons	Florissant	MO	4:10:33	1990

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	Jeff Mittelhauser			2:34:08	1979
	Dan Hoxworth			2:42:04	1982
	Tim Schmid	Kansas City	MO	2:45:00	1980
	Ivan Torres	Hutchison	KS	2:45:48	1975
5	Matt Peters			2:51:55	1998
	Joseph Meyer	Evansville	IN	2:56:44	1981
	Roy Wedge	Lawrence	KS	2:57:47	2014
	Dan Kacprowicz	Springfield	MO	2:59:01	1973
	Frank Curotto	St. Louis	MO	3:00:18	1976
10	Lou Fritz	Verdon	NE	3:00:37	1965
	Jay Birmingham	Dayton	OH	3:01:02	1967
	Louis Naeger	Ste Genevieve	MO	3:02:04	1971
	Tent Horton	Lawrence	KS	3:02:35	2017
	Patrick Youmans	Springfield	MO	3:03:15	2006
15	Ken Geest	Kansas City	MO	3:11:00	1975
	Tim Butler			3:11:40	1981
	Chandler Gruener			3:11:50	2017
	Chris Zinselmeier			3:12:15	1984
	Mark Kelty			3:14:10	1978
20	Wallace Wood	Pittsburg	KS	3:14:22	1975
	Chris Moeller	Florissant	MO	3:17:01	1979
	Ron Sellmeyer	Kansas City	MO	3:17:55	1976
	Jerry Kokesh	Chesterfield	MO	3:19:33	1972
	Marty Hoffman	Rolla	MO	3:21:09	1978
25	Scott Simmons	Florissant	MO	3:21:22	1991
	Jonathan Katz	New London	CT	3:23:34	1978
	Scott Summers			3:26:17	1989
	Joshua McGinnis			3:26:23	2007
	Jim Emmert			3:26:56	1988

30	Ben Welch	Parnell	MO	3:28:04	1976
	Robert McDavid			3:28:43	1979
	Stephen Hahn			3:29:21	1997
	Mark Lanier			3:29:31	1981
	Jason Roberts	Springfield	MO	3:30:46	1996
35	Jeff Gibson			3:30:58	1988
	Jeff Pauls			3:31:24	1997
	John Wilson			3:33:03	1972
	Daniel Delehanty	Manhattan	KS	3:33:06	1972
	Matthew Westfall			3:38:55	2010
40	Jared Osterloh	Manchester	MO	3:39:20	2000
	Aaron McMurray			3:39:39	2016
	John Hemphill			3:44:44	1976
	Joe Schroeder			3:44:46	1961
	Pat O'Laughlin			3:44:57	1983
45	Bentley Ritchie	St. Louis	MO	3:46:53	1984
	Bryan Gunner			3:49:08	1976
	Winston Reid	Kansas City	MO	3:49:41	1985
	Steve Pingree	Ft. Leonard Wood	MO	3:53:25	2009
	John Bennett			3:55:26	1976
50	John Hunt			3:56:01	2012

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	Steve Fisher			2:35:32	1980
	Austin Jacobs	Springfield	MO	2:39:38	2013
	Al Settle			2:42:03	1976
	Robert Steven Cline	Burlington	IA	2:43:58	1978
5	Tim Hendricks	Omaha	NE	2:45:45	1969
	Joel Cambron	Coffeyville	KS	2:46:59	1979
	Brian Harrington	Killeen	TX	2:48:09	1969
	Frank Curotto	St. Louis	MO	2:51:30	1977
	Lou Fritz	Verdon	NE	2:53:07	1966
10	Nate Guthals	Roeland Park	KS	2:56:09	2014
	Joseph Meyer	Evansville	IN	2:57:01	1982
	Ben Welch	Parnell	MO	2:58:17	1977
	Mike Kelty			2:58:41	1981
	Joe Rice	Kansas City	MO	2:59:09	1978
15	Cobb Young	Carthage	MO	3:01:42	1976
	Ken Katzer	Lincoln	NE	3:02:06	1966
	Michael Pierce	St. Louis	MO	3:06:55	1977
	Danny Baird	Independence	MO	3:07:15	1972
	Welch Suggs			3:07:16	1996
20	Jerry Kokesh	Manchester	MO	3:11:15	1973
	James Maxwell			3:16:54	1977
	John Hurst	Villa Ridge	MO	3:22:26	1973
	John Hemphill			3:22:32	1978

	Tom Moore			3:22:44	1981
25	Chad Johnson	Leawood	KS	3:22:45	2006
	Pat O'Laughlin			3:23:10	1984
	Robert Lewis	Edwardsville	IL	3:23:20	1974
	Loren Garske	St. Paul	MN	3:24:59	1977
	Patrick McGranahan	Ft. Riley	KS	3:27:40	1978
30	Thomas McGinnis			3:29:31	2013
	Mark Stahlhuth			3:31:13	1980
	Mike Lairmore			3:31:48	1979
	Michael Walther			3:33:29	1981
	Michael Hage			3:34:00	1977
35	Winston Reid			3:34:11	1986
	Brian Pugh	Stillwater	OK	3:35:09	2001
	Brad Frederick	Nashville	TN	3:37:52	2000
	Michael Patterson	Prairie Village	KS	3:38:04	1966
	Jay Leek	Ft. Scott	KS	3:38:54	1980
40	David Spencer	Independence	MO	3:39:04	1980
	Dick Moe			3:39:25	1974
	Mario Urbaneja			3:41:14	1983
	Robert Steidley	Stillwater	OK	3:43:04	2001
	Bill Becker	Cape Girardeau	MO	3:43:09	1969
45	Lubin Duque			3:43:53	1997
	Tyler Matheny	Bixby	OK	3:46:36	2013
	Richard Goering	Agency	IA	3:49:29	2003
	Frank Murphy	St. Louis	MO	3:49:30	1974
	Mike Walther			3:50:28	1980
50	William Paul			3:50:39	2009

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	Robert Steven Cline	Burlington	IA	2:35:36	1979
	Eric Peters	Prairie Village	KS	2:38:24	1993
	Shawn Standridge	Gladstone	MO	2:47:14	1998
	Lou Fritz	Verdon	NE	2:47:19	1967
5	Dan Hoxworth			2:48:00	1984
	Joseph Meyer	Evansville	IN	2:49:56	1983
	Tom Snyder	Lincoln	NE	2:55:00	1966
	Bob Hunerdosse	Macon	MO	2:55:41	1971
	Bruce Maxey	Mexico	MO	2:56:09	1980
10	Rob Schloegel			2:57:06	1988
	Doug Bellows			2:57:12	1981
	Pat Herrigan	Kansas City	MO	2:58:10	1985
	Alan Kline	Alma	MO	2:59:46	1974
	John Venner	Kirkville	MO	3:00:15	2013
15	Joe Dickman	Clayton	MO	3:01:10	1974
	Mike Fields	King of Prussia	PA	3:02:00	1980
	Bill Wirtz	St. Louis	MO	3:02:04	1971

	Cobb Young	Carthage	MO	3:02:43	1977
	Jerry Kokesh	Manchester	MO	3:05:45	1974
20	Daniel Davidson			3:05:47	1978
	Tom Rice			3:06:33	1978
	Jay Birmingham	Dayton	OH	3:07:47	1969
	Jon Herbert	Springfield	MO	3:09:49	1974
	Tom Moore			3:12:32	1982
25	Jack Cherewatti	Amherst	MA	3:12:41	2011
	Lynnard Phipps	Council Bluffs	IA	3:14:04	1967
	C. J. Mueller			3:14:30	1990
	Mark Castelli	Arnold	MO	3:14:40	1982
	Michael Watterson			3:15:18	1985
30	Jeff Smith			3:19:46	1980
	Matt Novak			3:20:51	2008
	Michael Hoge			3:22:40	1978
	John Tenny			3:27:01	1977
	Dru Dixon			3:28:59	1977
35	Simon Rose			3:30:45	1989
	Barry Schneider			3:31:30	1977
	Paul Mingo	Atlanta	GA	3:33:20	1973
	Henry Grubb	Kansas City	MO	3:36:38	1979
	Darrell Shelton	Belleville	IL	3:37:16	1978
40	Robert Kogel			3:37:28	1983
	John Turner	Webster Groves	MO	3:37:35	1979
	Jeff Hauswald	Corydon	TN	3:40:45	1998
	Gary Wood	Cameron	MO	3:41:16	1976
	David Smith			3:42:21	1977
45	Trent Twiestmeyer	Kansas City	MO	3:43:03	1978
	John Bennett			3:43:10	1977
	Robert McKee			3:43:46	1977
	Steven Weeks	Alton	IL	3:44:37	1980
	Augie Hirt			3:46:27	1976
50	Mark Howard	Kirksville	MO	3:52:37	1978

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	Lynn Lee	Exira	IA	2:41:47	1974
	Martin Smith	Cedar Rapids	IA	2:42:39	1974
	Tom Goss	Springfield	MO	2:42:40	1981
	Robert Steven Cline	Burlington	IA	2:43:47	1980
5	Ken Katzer	Lincoln	NE	2:44:05	1968
	Shawn Standridge	Gladstone	MO	2:44:27	1999
	Ben Welch			2:45:28	1979
	Hayden Legg			2:46:42	2016
	Lou Fritz	Verdon	NE	2:47:09	1968
10	Tim Hendricks	Omaha	NE	2:47:42	1978
	Carl Owczarzak	Kansas City	MO	2:50:27	1966

	Eric Bunch			2:51:14	2007
	Maxwell Schuman	Springfield	MO	2:51:50	2013
	John Venner	Kirkville	MO	2:52:45	2014
	Trevor Johannsen	Lawrence	KS	2:54:06	2013
15	Matt Lucas	Moberly	MO	2:54:38	2002
	Tim Butler			2:55:11	1984
	Gene Somer	Curtis	NE	2:55:56	1965
	John Rose	LaCrosse	KS	2:56:27	1963
	Gary Oringderff			2:57:07	1983
20	Dan Schreck	Omaha	NE	2:57:20	2005
	Dale Nielsen	Brainerd	MN	2:57:33	1984
	Gary Schapper	St. Louis	MO	2:58:48	1977
	Derek Griffiths	Cincinnati	OH	2:59:41	2000
	Larry Aduddell	Tulsa	OK	3:00:02	1970
25	Steve Cole	St. Louis	MO	3:01:48	2010
	Bruce Gilbert	Overland Park	KS	3:03:30	1975
	Jerry Kokesh	Manchester	MO	3:04:55	1975
	Tom Ellis	Mt. Rainier	MD	3:04:59	1973
	Devin Cory	Scottsdale	AZ	3:05:14	2013
30	Bob Hunerdosse	Macon	MO	3:05:59	1972
	Pete Pastoret			3:07:03	1978
	Bob Elliott			3:07:06	1994
	Joe Dickmann	University City	MO	3:08:02	1975
	David Johns			3:08:25	1981
35	William Craig	St. Louis	MO	3:11:24	1974
	Spencer Engel	St. Louis	MO	3:12:09	2013
	Pat Brown			3:13:03	2004
	Tom Whalen			3:13:39	1991
	Dean Neal	Success	MO	3:14:07	1973
40	Mike Walther			3:14:36	1982
	Frank Curotto	Kirkwood	MO	3:14:54	1979
	Stephen Garcia	Springfield	MO	3:17:16	2016
	Roger Smith	Parma	MO	3:17:48	1979
	Dwain Akins			3:17:51	1976
45	Bob McKee			3:19:44	1978
	Brad Anderson	Newton	KS	3:19:56	1976
	Richard Pycior	Kansas City	MO	3:20:09	1978
	Don Bagby	Brookfield	MO	3:20:17	1981
	Johnnie Hurst	St. Louis	MO	3:20:55	1975
	John Brockman			3:24:05	2004
50	Lynnard Phipps	Council Bluffs	IA	3:24:37	1968
	McClain Thompson			3:24:48	2013
	Pat O'Laughlin			3:25:17	1986
	Michael Moore			3:26:02	2016
	John Wright	Ft. Leavenworth	KS	3:26:15	1980
55	Chris Cook			3:27:12	1996
	Al Klein	Alma	MO	3:27:20	1975

Kyle Cook			3:27:28	2009
Scott Simmons	Webster Groves	MO	3:28:43	1994
Jack Wallace			3:29:04	1978
Mark Dopp			3:29:12	1982

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Robert Steven Cline	Burlington	IA	2:35:33	1981
Jon Herbert	Springfield	MO	2:42:40	1976
R. Lion Caldwell	Galveston	TX	2:43:09	1977
Gary Schapper	St. Louis	MO	2:44:00	1978
5 Rick Katz			2:44:32	1975
Tim Hendricks	Omaha	NE	2:46:15	1972
Carl Owczarzak	Kansas City	KS	2:46:48	1967
Shawn Standridge	Gladstone	MO	2:48:50	2000
Sandy Lawrence			2:50:08	1976
10 Lou Fritz	Verdon	NE	2:50:30	1969
Sam Nesbit	Granite City	IL	2:50:58	1984
Gene Somer	Curtis	NE	2:51:10	1966
Denton Childs			2:52:15	1976
Joe Dickman	Clayton	MO	2:52:27	1976
15 Michael English	Prairie Village	KS	2:54:20	1993
Kevin Lambert	Kansas City	MO	2:54:44	2010
David Dobkowski	St. Louis	MO	2:55:34	1984
James Vedder	Madison	WI	2:56:36	1976
Cobb Young	Springfield	MO	2:57:15	1979
20 Dean Neal	Success	MO	2:58:07	1974
Jerry Kokesh	Manchester	MO	2:59:19	1976
Johnny Hurst	St. Louis	MO	2:59:33	1976
David Johns			2:59:40	1982
Larry Swanson	Loves Park	IL	2:59:55	1977
25 Chris Cook			3:00:52	1997
Thom Wilkins	Kansas City	MO	3:01:25	1972
John Hawkins	Omaha	NE	3:02:35	1973
John Ostroot			3:04:10	1983
Scott Mittelstadt			3:07:11	1989
30 Pat O'Laughlin			3:08:01	1987
Jewell Carpenter	Kansas City	MO	3:09:22	1980
Lance Bollinger			3:10:52	2009
Mike Walther			3:12:17	1983
Dan Davidson			3:12:40	1979
35 Greg Skochko	Wayne	PA	3:14:57	2001
Paul Waverling			3:15:55	1982
Roger Smith	Ft. Collins	CO	3:16:45	1980
David Petty			3:16:56	1983
Joe Johnston			3:18:03	2009
40 Don Carman			3:18:12	1975

	Travis Bourbon	Lee's Summit	MO	3:21:15	2007
	Tom Martin	Toledo	OH	3:22:39	1980
	Darrell Shelton	St. Louis	MO	3:22:43	1980
	Dave Berry	Bartonville	IL	3:23:00	1980
45	Kevin Van Dyne	Springfield	MO	3:24:17	1978
	Nick Lindsay	Troy	MO	3:24:26	2004
	Peter Sprengelmeyer			3:25:37	1992
	Peter Madsen	Champaign	IL	3:26:53	1996
	Blake Brooks			3:27:23	1991
50	Zachary Van Black	Austin	TX	3:28:05	1993
	Jim Davis	Warrensburg	MO	3:29:01	1962
	Mark Yanoski			3:29:03	1982

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	Denton Childs			2:37:18	1977
	Rick Katz	Boulder	CO	2:38:09	1976
	Randy Cook	Liberal	KS	2:39:17	1975
	Rex Power			2:39:24	1979
5	Daniel Stults	St. Louis	MO	2:42:12	2013
	Carl Owczarzak	Kansas City	MO	2:42:41	1968
	Tim Hendricks	Omaha	NE	2:43:40	1973
	Charles Stewart	Broken Arrow	OK	2:43:59	1979
	Ron Daws	Minneapolis	MN	2:47:27	1964
10	Matt Laye			2:47:28	2008
	Mark Volek			2:47:45	1982
	Frank Curotto	St. Louis	MO	2:48:17	1980
	Vernon Darling			2:50:13	1983
	Martin Smith	Cedar Rapids	IA	2:50:55	1976
15	Tom Snyder	Lincoln	NE	2:51:15	1969
	Kim Proctor	AUSTRALIA		2:51:25	1979
	David Dobkowski	St. Louis	MO	2:52:10	1985
	Frank Curotto	Kirkwood	MO	2:52:22	1981
	Leland McCrary	Florissant	MO	2:53:46	1975
20	Kyle Minnich	Van Wert	OH	2:55:24	2002
	Mike Wheeler	Kansas City	MO	2:55:58	1978
	Lou Fritz	Verdon	NE	3:01:14	1970
	Mike Chaffee	Prairie Village	KS	3:01:42	1972
	Ken Beach	Raytown	MO	3:01:52	1979
25	Tom Walsh	Hannibal	MO	3:03:10	1978
	Todd Beaverson	Moberly	MO	3:03:55	1991
	Dru Dixon	Kansas City	MO	3:04:12	1980
	John Rose	LaCrosse	KS	3:04:41	1965
	Rich Todd	Ft. Leonard Wood	MO	3:05:07	1974
30	Jonathan Yoch	Collinsville	IL	3:06:11	2015
	Steven Holt			3:06:40	1978
	Eric Anderson			3:07:11	1989

	Elliott Usher	Iowa City	IA	3:07:24	2011
	Frank Macmillan	Durham	NC	3:08:41	1981
35	Kevin Stone			3:09:36	2011
	Joe Guffey			3:10:32	1985
	Jimmy Wewer	Alexandria	VA	3:14:03	1994
	Darrell Shelton	Belleville	IL	3:14:13	1981
	Willy Heinrich			3:14:31	1995
40	Pat O'Laughlin			3:16:24	1988
	Chris Cook			3:16:40	1998
	Kevin Sigrist	St. Charles	MO	3:17:44	1988
	Denis Vaillancourt			3:17:55	1978
	James Maxwell			3:18:02	1981
45	Alan Klein	Sedalia	MO	3:18:03	1977
	Jerry Kokesh	Manchester	MO	3:18:24	1977
	Steven Bell	Fulton	MO	3:22:14	1993
	Ray Smith	Omaha	NE	3:22:38	1973
	Peter Sprengelmeyer			3:23:00	1993
50	Peter Madsen			3:23:11	1997
	Guy Andrews	Quincy	IL	3:23:50	1979
	David Petty			3:25:05	1984
	Mike Lairmore			3:25:05	1984
	Robert Vest	Iowa City	IA	3:25:11	1977
55	Jamie Klein	Fort Wayne	IN	3:25:28	2013
	Douglas Pope	Fairfield	IA	3:26:33	1988
	Patrick Magee			3:26:55	1991
	Justin Fanslau	Kansas City	MO	3:27:49	2010
	Bob McKee			3:28:15	1980
60	Charles Beckerdite	Harrisonville	MO	3:29:07	1976
	J Heiser	Blue Springs	MO	3:29:23	2013

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	Denton Childs			2:33:04	1978
	Justin Gillette	Goshen	IN	2:36:59	2011
	Ron Daws	Minneapolis	MN	2:37:17	1965
	Robert Steven Cline	Burlington	IA	2:35:33	1981
5	Kirk Duncan	Kansas City	MO	2:38:45	1977
	Frank Curotto	Kirkwood	MO	2:39:34	1982
	Marc Romine	Macon	MO	2:43:04	1983
	Jon Herbert	Springfield	MO	2:45:36	1977
	Josh Grotzinger	Rocheport	MO	2:46:07	2011
10	David Rothlauf	Burlington	IA	2:46:22	1980
	Ken Beach	Kansas City	MO	2:47:10	1980
	Tim Hendricks	Omaha	NE	2:47:11	1974
	Carl Owczarzak	Kansas City	KS	2:49:57	1969
	Bob Winchell	Kirksville	MO	2:50:25	1977
15	Joe Orozco			2:51:08	1978

	Lou Fritz	Verdon	NE	2:52:20	1971
	Rich Todd	Ft. Leonard Wood	MO	2:53:03	1975
	Ryan Hauser			2:53:05	2009
	Thom Wilkins	Kansas City	MO	2:54:00	1974
20	John Rose	LaCrosse	KS	2:54:07	1966
	Jon Herbert	Springfield	MO	2:57:46	1978
	Todd Beaverson	Moberly	MO	2:57:55	1992
	Mike Wheeler	Kansas City	MO	2:59:36	1979
	Daniel Brash	St. Louis	MO	3:02:08	1979
25	Mark Volek			3:03:04	1983
	Gene Somer	Curtis	NE	3:03:42	1968
	Tom Snyder	Lincoln	NE	3:04:26	1970
	Michael Teel			3:04:47	1982
	Bob Winchell	Kirksville	MO	3:05:51	1976
30	James Maxwell			3:06:22	1982
	Paul Chicoineau	St. Louis	MO	3:06:38	2011
	Jon Turner	St. Louis	MO	3:06:49	1976
	Chris Cook			3:08:56	1999
	James McFadden	Jefferson City	MO	3:09:48	1967
35	Steve Holt			3:11:16	1979
	Greg Soli	N. Kansas City	MO	3:12:07	1978
	Stephen Stacey	Orem	UT	3:12:30	2011
	Paul Kmiecik	Mauston	WI	3:12:33	1982
	Denis Vaillancourt	Montreal	CANADA	3:13:29	1979
40	Kevin Sigrist			3:16:00	1989
	Jerry Kokesh	Manchester	MO	3:16:02	1978
	Tom Edes			3:19:12	1982
	Frank Neuner	Ballwin	MO	3:19:25	1972
	Randy Harris	Moberly	MO	3:21:13	1983
45	David Bray			3:22:23	1992
	David Mountjoy			3:23:17	1982
	Jeffrey Keck	Rolla	MO	3:23:20	1974
	Steve Thomas	Evansville	IN	3:25:33	1979
	John Ostroot			3:25:37	1985
50	Todd Lehman	Hillsboro	KS	3:26:51	2006
	David Johnston	Rolla	MO	3:26:55	1982
	Tom Luechtefeld	Kirksville	MO	3:27:08	1973
	Marty Rosso			3:27:35	1979
	Tom Elliott			3:28:43	1979
55	James Nowak			3:29:36	1979
	G. Christof Parker			3:29:47	1986

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	Barry Crawford	Boulder	CO	2:34:07	1966
	Ron Daws	Minneapolis	MN	2:37:17	1966
	Tim Hendricks	Omaha	NE	2:38:42	1975

	Robert Steven Cline	Burlington	IA	2:39:45	1983
5	Frank Curotto	Kirkwood	MO	2:41:42	1983
	Charles Tom Nichols	St. Louis	MO	2:42:00	1989
	John Hawkins	Omaha	NE	2:44:00	1976
	Larry Aduddell	Broken Arrow	OK	2:44:25	1974
	Bob Winchell	Kirksville	MO	2:46:11	1978
10	Earl Eblen	Huntsville	AL	2:46:22	1965
	Rick Katz	Boulder	CO	2:47:38	1978
	Justin Gillette	Goshen	IN	2:47:51	2012
	David Rothlauf	Burlington	IA	2:47:58	1981
	Lou Fritz	Verdon	NE	2:48:32	1972
15	Ken Beach	Raytown	MO	2:48:41	1981
	Pat Lanin	St. Paul	MN	2:50:48	1967
	Dennis Katzer	Napier	NE	2:51:21	1972
	Paul Brown	University City	MO	2:53:16	1984
	Jon Herbert	Springfield	MO	2:53:29	1979
20	Bob Hunerdosse	Macon	MO	2:56:26	1976
	Joe Meyer	Seymour	IN	3:01:33	1980
	Steve Thomas	Evansville	IN	3:01:33	1980
	Dru Dixon			3:02:47	1982
	Tom May			3:02:49	1995
25	James Maxwell			3:03:15	1983
	Carl Owczarzak	Kansas City	KS	3:05:31	1970
	James Carroll			3:05:58	1981
	David Mountjoy			3:07:17	1983
	Steve Taylor			3:07:54	2003
30	Munashe Chigerwe			3:08:12	2007
	Jeff Keck	Rolla	MO	3:08:37	1975
	Greg Soli	N. Kansas City	MO	3:08:57	1979
	Matt Drier			3:12:01	2004
	Paul Chicoineau	St. Louis	MO	3:12:39	2012
35	John Rose	LaCrosse	KS	3:13:13	1967
	Terry Williams	Ashland	MO	3:14:15	1976
	Brett Burnham	Washington	DC	3:15:04	2013
	Art Fleming			3:15:22	1972
	John Strawn			3:16:56	1983
40	Don Granberg			3:17:05	1971
	Mike Koonse	Boonville	MO	3:19:26	1979
	Kevin Guest	Rea	MO	3:20:27	1998
	Loc Hong	Clinton	MO	3:21:19	2013
	Jerry Kokesh	Manchester	MO	3:21:42	1979
45	Rick Brandenburg			3:22:00	1984
	Chris Cook			3:22:35	2000
	Brian Deloriea	St. Louis	MO	3:23:50	2012
	Patrick McCoy	St. Charles	MO	3:23:52	1982
	Mike Lairmore			3:25:06	1985
50	Richard Linn			3:27:59	1981

Marc Lammy			3:28:54	1984
Matthew Kluesner	Montgomery City	MO	3:29:59	2012

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Frank Curotto	Kirkwood	MO	2:36:42	1984
Jon Herbert	Springfield	MO	2:37:48	1980
Tim Hendricks	Omaha	NE	2:38:42	1976
Earl Eblen	Huntsville	AL	2:40:00	1966
5 Richard Miller	Springfield	MO	2:40:57	1981
Dru Dixon			2:46:34	1983
R. Lion Caldwell	Galveston	TX	2:48:33	1981
Will Harlan	Barnardsville	NC	2:48:52	2005
Lou Fritz	Verdon	NE	2:49:37	1973
10 Tom Coon			2:49:50	1984
Steve Mineck	Vinton	IA	2:51:45	1987
Alan Bako			2:52:09	1988
John Carstens	Grandview	MO	2:52:19	1983
Steve Thomas	Evansville	IN	2:52:37	1981
15 David Mountjoy			2:53:43	1984
Stan McQuinn			2:54:46	1983
David Dobkowski	St. Louis	MO	2:55:41	1988
Jim Tweedie			2:57:31	1980
Raul Flores	Kansas City	MO	2:58:51	1986
20 Matt Dreier			2:59:19	2005
Scott Foster			3:02:47	1987
Mike Wheeler	Kansas City	MO	3:04:06	1981
Jay Birmingham	Jackonsville	FL	3:05:27	1975
Gary Miller	Columbus	OH	3:06:13	1980
25 Don Granberg			3:06:37	1972
Roger Turnbough			3:06:44	1987
Jon Palks			3:06:58	1979
Gene Somer	Sterling	NE	3:07:28	1970
Jason Razo			3:07:37	2014
30 Arne Richards	Champaign	IL	3:07:59	1963
Richard Montano			3:08:08	1986
Aaron Norman	Oak Grove	MO	3:08:32	2011
Jim Stewart	Topeka	KS	3:08:38	1977
Tom Snyder	Grand Island	NE	3:10:45	1972
35 Kevin Guest	Rea	MO	3:11:48	1999
Gary Johanning			3:12:08	1980
Paul Kmiecik			3:12:16	1983
Brian Deloriea	St. Louis	MO	3:13:01	2013
Sam Schofield	Salina	KS	3:14:32	1980
40 Lanny Endicott	Tulsa	OK	3:14:33	1974
Joe Guffey	Ashland	MO	3:15:48	1988
Loc Hong	Clinton	MO	3:16:25	2014

	John Strawn			3:17:33	1984
	Richard Linn	Gilmore City	IA	3:17:55	1982
45	Bill Daily			3:18:11	1976
	Christof Parker			3:20:11	1988
	Mike Koonse	Boonville	MO	3:21:06	1980
	Greg Soli	N. Kansas City	MO	3:22:17	1980
	Skip Shearer	Independence	MO	3:22:29	1985
50	Ron Morgan			3:23:10	1989
	James Maxwell	San Diego	CA	3:23:21	1984
	Eric Tripp	Willow Springs	MO	3:23:36	2011
	Ray Wade	Kansas City	MO	3:23:49	1975
	Charles Beckerdite	Versailles	MO	3:24:06	1979
55	Frank Bushakra	Honolulu	HI	3:24:35	1979
	John Palmer			3:25:48	2007
	Terry Spangler	Pittsfield	IL	3:26:17	1974
	Sankalp Silva			3:26:55	2016
	Chris Cook			3:27:14	2001
60	Kevin Sigrist	Jefferson City	MO	3:29:03	1991
	Andy Coldiron	Fulton	MO	3:29:13	2009

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	Jon Herbert	Springfield	MO	2:30:26	1981
	Steve Stonecipher-Fisher			2:33:38	1988
	Rob Leutwiler	St. Louis	MO	2:41:14	1981
	Robert Rosales	Marquette	KS	2:43:59	1973
5	Lou Fritz	Verdon	NE	2:44:32	1979
	Tim Hendricks	Omaha	NE	2:45:58	1977
	Bob O'Connell			2:47:32	1980
	Randy Johnson	DeSoto	MO	2:50:20	1989
	Joe Lyons	St. Louis	MO	2:51:10	2012
10	Rich Breiner	Carbondale	IL	2:53:07	1977
	Mike Chaffee	Leaawood	KS	2:53:38	1976
	Steve Thomas	Evansville	IN	2:54:53	1982
	David Dobkowski	St. Louis	MO	2:55:09	1989
	Rich Olson			2:55:15	1994
15	Steve Andes	St. Louis	MO	2:57:57	1977
	Charles Sayward	Lincoln	NE	2:58:22	1968
	Ronald Garafalo	Farmington	MO	2:59:06	1981
	Mike Burns	Wichita	KS	2:59:24	1981
	Matt Dreier			2:59:29	2005
20	Dennis Gournic	Winchester	MO	2:59:48	1990
	John Carstens	Kansas City	MO	3:00:44	1984
	Alan Bako			3:01:13	1989
	Arne Richards	Chicago	IL	3:02:58	1964
	Brian Todd	Springfield	MO	3:03:29	2006
25	James Neviackas	Hartsburg	MO	3:03:55	1978

	Jack Goldkamp	St. Charles	MO	3:05:12	1980
	Aaron Norman	Oak Grove	MO	3:06:27	2012
	Mike English	Kansas City	MO	3:06:49	1998
	Stanley Kreidler	Florissant	MO	3:07:53	1984
30	Mike Koonse	Boonville	MO	3:08:41	1981
	Courtney Jones	Kirkwood	MO	3:09:59	1976
	Dick Ledrich	University City	MO	3:10:34	1976
	Todd Beaverson	Moberly	MO	3:10:41	1995
	James Maxwell	San Diego	CA	3:11:29	1985
35	Don Granberg			3:13:20	1973
	Troy McAdams	Salisbury	MO	3:13:59	2005
	James Hill	Grandview	MO	3:15:04	1979
	Martin Bauer	St. Louis	MO	3:16:07	1972
	Andrew Landry	Wales	PA	3:16:16	2001
40	Bill Goldkamp			3:16:30	1982
	James Carroll			3:16:51	1982
	Seth Huston	Kirkville	MO	3:17:40	1996
	Patrick Steward			3:17:49	2000
	Chris Cook			3:20:58	2002
45	Douglas Bellows			3:21:07	1978
	J. Regan Thomas			3:22:00	1978
	Roger Turnbough			3:23:55	1988
	Brooke Sloss	St. Louis	MO	3:23:59	2003
	John Whiteside			3:25:25	1981
50	Bob Storrs	Phoenix	AZ	3:25:37	1975
	Chuck Thies	Aurora	CO	3:27:30	1978
	Charles Hunter			3:28:28	1978
	Kevin Guest	Rea	MO	3:29:22	2002

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	Bob O'Connell			2:32:29	1981
	Jon Herbert	Springfield	MO	2:34:10	1982
	Frank Curotto	Kirkwood	MO	2:40:07	1987
	Larry Aduddell	Broken Arrow	OK	2:41:39	1977
5	Lou Fritz	Verdon	NE	2:43:46	1975
	Robert Steven Cline	Burlington	IA	2:45:52	1986
	Robert Rosales	Marquette	KS	2:47:18	1974
	Jim Neviackas	Hartsburg	MO	2:48:05	1979
	Mike Chaffee	Leawood	KS	2:48:57	1977
10	Lanny Endicott	Tulsa	OK	2:49:02	1976
	Matt Brisch	Overland Park	KS	2:49:43	2000
	David Dobkowski	St. Louis	MO	2:51:47	1990
	Richard Montano			2:53:43	1987
	Don Granberg			2:55:19	1974
15	Courtney Jones	Kirkwood	MO	2:57:13	1977
	Arne Richards	Manhattan	KS	2:57:39	1965

	Aaron Norman	Oak Grove	MO	2:57:51	2013
	Gary Smith	Houston	MO	2:57:53	1979
	Frank Neuner	Ballwin	MO	2:58:21	1976
20	Bill Goldkamp	Florissant	MO	2:59:14	1984
	Patrick Steward			3:02:21	2001
	Howard Guscar			3:02:44	1977
	Brian Todd	Springfield	MO	3:03:49	2007
	Dick Hessler			3:03:55	1973
25	J. Regan Thomas			3:05:47	1979
	Michael Wasiuk	Rutland	MA	3:07:40	1997
	Randall Smith			3:09:07	1989
	Gene Somer	Sterling	NE	3:09:41	1972
	Tom Coon			3:11:08	1986
30	Chris Cook			3:11:22	2003
	Gale Carman			3:12:48	1980
	Tom Hinckley			3:13:27	1977
	James Maxwell	San Diego	CA	3:13:30	1986
	John Howland	Jefferson City	MO	3:14:23	1981
35	Michael Nissen	Little Rock AFB	AR	3:14:25	2013
	William Romine			3:15:27	2013
	Warren Monk	Ashkum	IL	3:16:19	2004
	Tom Kilcourse	Overland Park	KS	3:16:30	1985
	Ron Bouchard	Cassville	MO	3:17:47	1998
40	Brooke Sloss	St. Louis	MO	3:17:51	2004
	Dick Swanson			3:17:49	1979
	Roger Baron	Eldon	MO	3:19:29	1984
	Gary Jenkins	Lenexa	KS	3:19:55	1980
	Richard Harness	Fulton	MO	3:21:15	1983
45	James Hill	Grandview	MO	3:22:15	1980
	Jim Blackwell	Brookline Station	MO	3:22:26	1981
	Scott Klane	Rogers	AR	3:22:58	2001
	Carlos Moreno			3:23:29	1984
	Jeff Mikesell	Altus	OK	3:24:43	1993
50	Brian King	Springfield	MO	3:27:03	1996
	Peter Madsen	Omaha	NE	3:28:36	2002
	Dennis Veit	Jefferson City	MO	3:28:49	1986
	Bob Ferris			3:29:06	1981
	Dan Cureton	Ft. Leonard Wood	MO	3:29:48	1994
55	Tom McParlan	Jefferson City	MO	3:29:49	1983

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	Jon Herbert	Springfield	MO	2:35:31	1983
	Bob O'Connell			2:35:58	1982
	Gene McLain	Overland Park	KS	2:36:47	1979
	Frank Curotto	Kirkwood	MO	2:37:45	1987

5	Lou Fritz	Verdon	NE	2:41:20	1976
	Howard Guscar			2:43:12	1978
	Andrew Danner	Louisville	KY	2:45:37	2014
	Raul Flores	Overland Park	KS	2:45:49	1989
	Charles Tom Nichols	St. Louis	MO	2:46:12	1992
10	Larry McMahon	St. Louis	MO	2:46:19	1984
	Dick Hessler			2:47:34	1974
	Tim Hendricks	Omaha	NE	2:49:10	1979
	Jim McFadden	Ft. Madison	IA	2:51:12	1972
	Doug Bellows			2:51:17	1980
15	Tom Malloy			2:51:53	1989
	John Siebel	Kirkwood	MO	2:52:11	1976
	Courtney Jones	Kirkwood	MO	2:55:48	1978
	Patrick Steward	Rochester	MN	2:56:18	2002
	David Dobkowski	St. Louis	MO	2:58:00	1991
20	Aaron Norman	Oak Grove	MO	2:59:15	2014
	Billy Smith	Liberty	MO	2:59:35	1981
	Arne Richards	Manhattan	KS	3:01:18	1966
	James Mays	West Branch	IA	3:01:20	1981
	Steve Andes	University City	MO	3:01:43	1979
25	Chris Cook			3:02:29	2004
	Steve Taylor	Nashville	TN	3:03:31	2007
	Steve Thomas	Evansville	IN	3:03:33	1984
	Roberto Rosales	McPherson	KS	3:03:51	1975
	Stan McQuinn			3:04:52	1986
30	Lawrence O'Brien	Ashland	MO	3:05:20	1982
	Brian Evans			3:08:05	2004
	Kevin Kohler	Clive	IA	3:08:16	2004
	Dick Swanson			3:08:50	1980
	David Pruder	East Lansing	MI	3:08:55	1998
35	William Goldkamp	Kansas City	MO	3:09:57	1984
	Steven Hamilton	Parkville	MO	3:12:46	1990
	Mike Koonse	Boonville	MO	3:13:27	1982
	Peter Madsen	Omaha	NE	3:14:02	2003
	John Schlife	Salina	KS	3:14:32	1980
40	Tony Hahn	Springfield	MO	3:15:07	1986
	Dick Heun	Novinger	MO	3:16:36	1976
	Brooke Sloss	St. Louis	MO	3:18:25	2005
	Mark Volek			3:19:01	1988
	Buddy Wagner	Bolivar	MO	3:20:03	1980
45	Roy Odom	Big Rock	TN	3:21:17	1997
	Andrew Marshall	Kansas City	MO	3:21:48	2015
	Kevin McCullough	Eldorado Springs	MO	3:22:21	2011
	Charles Geiss			3:22:45	1973
	W. C. Hansen	Duluth	MN	3:22:50	1978
50	Mark Le Curu	Jefferson City	MO	3:23:45	1986
	Michael Fitzgerald	St. Louis	MO	3:23:45	2001

	Jack Goldkamp	St. Charles	MO	3:23:53	1982
	Jerry Coffman			3:24:42	1982
	Nicholas Benner			3:27:38	2014
55	Shane Graber	St. Louis	MO	3:27:54	2004
	Robert McDavid			3:29:50	1980

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	Robert Steven Cline	Burlington	IA	2:38:30	1980
	Frank Curotto	Kirkwood	MO	2:39:24	1988
	Dick Hessler			2:39:43	1975
	Rich Breiner	Carbondale	IL	2:42:40	1979
5	Tom LaFontaine			2:43:00	1981
	Lou Fritz	Verdon	NE	2:43:25	1977
	Jon Herbert	Springfield	MO	2:44:24	1984
	Scott Kent	Waukesha	WI	2:44:55	2001
	Patrick Steward	Rochester	MN	2:46:24	2003
10	Bill Fox	Tarkio	MO	2:47:20	1976
	Karl Gilpin	Russellville	MO	2:51:13	2013
	Steve Stonecipher-Fisher			2:54:09	1991
	Gary Smith	Houston	MO	2:54:29	1980
	James Maxwell	San Diego	CA	2:57:23	1988
15	Charles Tom Nichols	St. Louis	MO	2:57:32	1993
	Don Granberg			2:57:44	1976
	Jack Goldkamp	St. Charles	MO	2:59:13	1983
	Dick Swanson			3:00:00	1981
	Jim Metz			3:01:31	1983
20	David Dobkowski	St. Louis	MO	3:04:08	1992
	John Whiteside			3:05:21	1984
	Chris Cook			3:05:54	2005
	Gale Carman			3:06:21	1981
	Raul Flores	Overland Park	KS	3:06:45	1990
25	Lannie Endicott	Tulsa	OK	3:06:55	1978
	Aaron Norman	Oak Grove	MO	3:09:30	2015
	Mike Kaylen			3:09:37	1989
	Brian schoenholz	Lake Saint Louis	MO	3:10:04	2013
	Arne Richards	Manhattan	KS	3:11:01	1967
30	Casey Prosis	Nashville	IL	3:12:48	2009
	Nick Romano			3:14:19	1982
	Mark Lanier			3:14:19	1982
	John Conroy	St. Louis	MO	3:17:25	1998
	Clarence Coats			3:17:28	1982
35	Michael Fitzgerald	St. Louis	MO	3:17:54	2002
	John Spannuth	Oak Forest	IL	3:20:31	2004

	J. R. Strawn			3:21:45	1988
	Mark Hosler			3:21:50	1981
	Glen Farmer			3:22:17	1983
40	Mark Wood			3:22:36	1994
	Peter Madsen	Omaha	NE	3:23:28	2004
	Dale Beachy	Overland	MO	3:24:10	2006
	James Hutton	Springfield	MO	3:25:25	2012
	Todd Russell	Wichita	KS	3:25:29	1977
45	David Ervin			3:25:37	1979
	Brooke Sloss	St. Louis	MO	3:26:02	2006
	Dann Fisher	Manhattan	KS	3:26:51	1997
	Stephen Hayes	University Park	MO	3:26:59	2002
	Brian Butcher	Warrensburg	MO	3:27:42	1994
50	David Parker			3:27:46	1980
	David Gibbons			3:28:11	1984
	Keith Englin	Sherwood	AR	3:28:36	2010
	Bob Baker	Tulsa	OK	3:28:52	1972
	Robert McDavid			3:28:58	1981
55	Jay Burchfield	West Plains	MO	3:29:26	1980

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	Ronald Chisolm	St. Louis	MO	2:30:43	1996
	Dick Hessler			2:39:45	1976
	Mark Palm	Troy	MO	2:44:53	1999
	Bill Fox	Tarkio	MO	2:47:59	1977
5	Dusty Morris	St. Charles	MO	2:52:01	1985
	Mike Kelty			2:52:06	1993
	Michael Murray	St. Louis	MO	2:52:41	1978
	Bob Goodrich	Jefferson City	MO	2:54:05	1980
	Robert Hughes	Lawrence	KS	2:54:49	1977
10	Chris Cook			2:54:59	2006
	Todd Beaverson	Moberly	MO	2:55:23	1999
	Leonard Kupersmith	Wichita	KS	2:55:40	1981
	Gale Carman			2:55:44	1982
	Dennis Westcott	Carbondale	IL	2:57:50	1985
15	David Dobkowski	St. Louis	MO	2:58:48	1993
	Thomas Hyde	Town and Country	MO	2:59:05	1984
	Lou Fritz	Verdon	NE	3:01:03	1978
	Derek Ganzenmuller			3:01:18	2006
	Jack McDermott	Tallahassee	FL	3:01:21	2004
20	Tom Hinckley			3:02:03	1979
	Greg Burger	Lawrence	KS	3:02:21	2002
	Richard Huse			3:04:55	1981
	Steve Taylor	Nashville	TN	3:05:30	2009
	James Maxwell	San Diego	CA	3:06:57	1989
25	Mike Fields	King of Prussia	PA	3:07:38	1979

	Ricky Warren	Springdale	AR	3:07:58	1988
	Stephen Bourgeois			3:08:01	1999
	Brian Todd	Springfield	MO	3:09:20	2010
	Michael Skipper	Springfield	MO	3:09:32	1995
30	Stephen Mineck	Vinton	IA	3:09:39	1984
	Jack Goldkamp	St. Charles	MO	3:09:58	1984
	Henry Kreibach	Spring Hill	KS	3:10:32	1980
	David Mountjoy			3:12:40	1989
	Mark Hosler			3:12:52	1982
35	Karlton Naylor	Topeka	KS	3:13:28	1972
	Gary Shearer	Gladstone	MO	3:13:29	1990
	Nicholas Bennett			3:15:25	2016
	Courtney Jones	Kirkwood	MO	3:17:10	1980
	Jeff Williams	Independence	MO	3:17:36	2013
40	Terry Kruse	Russellville	MO	3:18:22	1982
	Dann Fisher	Manhattan	KS	3:18:22	1998
	Andy Emerson			3:18:59	2004
	Roger Reinsch			3:19:11	1978
	Bob Potter	Ft. Riley	KS	3:22:21	1974
45	Robert McDavid			3:22:49	1982
	Casey Prorise	Nashville	IL	3:22:57	2010
	Steve Young	Jefferson City	MO	3:23:00	1982
	Michael Fitzgerald	St. Louis	MO	3:24:25	2003
	Michael Green	Bowling Green	MO	3:24:34	1979
50	Peter Madsen	Omaha	NE	3:24:41	2005
	Tom LaFontaine			3:24:42	1982
	Brett Barton			3:27:07	2007
	C. J. Moeller	Springfield	MO	3:27:28	2001
	Larry Boies	St. Paul	MN	3:28:26	1967
55	Paul Humphrey	Madison	IL	3:29:20	1996
	Dwayne Miller			3:29:32	1996
	Jerry MacLean	Alma	MO	3:29:56	1988

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	Bill Fox	Tarkio	MO	2:41:14	1978
	Tom LaFontaine			2:41:29	1983
	Chuck Engle	Salt Lake City	UT	2:42:50	2007
	Robert Goodrich	Jefferson City	MO	2:45:07	1981
5	Lou Fritz	Verdon	NE	2:46:10	1979
	Gerald Hutchinson	Cincinnati	OH	2:47:11	1996
	Jon Herbert	Springfield	MO	2:47:52	1986
	Norm Stebbins			2:48:53	1982
	Tom Whalen	St. Louis	MO	2:51:52	2002
10	David Dobkowski	St. Louis	MO	2:53:06	1998
	Raul Flores	Kansas City	MO	2:55:57	1992
	Don Granberg			2:56:01	1978

	Chris Cook			2:58:30	2007
	Jeff Williams	Independence	MO	3:00:44	2014
15	Karlton Naylor	Topeka	KS	3:01:33	1973
	Charles Kratochvil			3:02:36	1989
	Ricky Warren	Springdale	AR	3:03:23	1989
	Courtney Jones	St. Louis	MO	3:03:37	1981
	Stephen Mineck	Vinton	IA	3:03:40	1985
20	Roger Reinsch			3:04:41	1979
	Arne Richards	Manhattan	KS	3:05:55	1969
	Art Bentley	West Plains	MO	3:07:56	1979
	Andy Emerson			3:10:12	2005
	Jim Gallogly	St. Louis	MO	3:10:36	1982
25	Stephen Bourgeois			3:11:33	2000
	Bob Schottman			3:12:13	1980
	Mike Green	Bowling Green	MO	3:12:20	1980
	Dan Stafford	Ballwin	MO	3:15:33	2011
	Robert Zeller	Cape Girardeau	MO	3:16:23	1987
30	Matt Dreier	Los Alamos	NM	3:18:18	2011
	Nicholas Benner			3:18:59	2017
	Randell Hansen	Gold River	CA	3:19:11	2015
	Dave Ervin			3:19:25	1980
	Stephan Urbancezk	Warrensburg	MO	3:22:15	1999
35	Joe Kurth			3:23:07	1983
	Casey Prosis	Nashville	IL	3:26:02	2011
	Peter Madsen	Omaha	NE	3:26:50	2006
	Dan Sitar	Ashland	MO	3:26:54	2007
	Charles Bennett	Ft. Scott	KS	3:27:00	1979
40	Steve Young	Jefferson City	MO	3:27:24	1983
	David Walker			3:27:40	1980
	Brent Unger			3:27:51	2007
	Michael Bain	Olivette	MO	3:27:53	1999
	Kevin Williams	St. Louis	MO	3:30:14	1997
45	Tom Malloy			3:30:48	1992
	Dann Fisher	Manhattan	KS	3:32:25	1999
	Michael Veit	Jefferson City	MO	3:33:17	1986
	Kris Murrey	Albuquerque	NM	3:33:31	2017
	John Hamilton			3:34:00	1979
50	Jacob Wells	Little Rock	AR	3:35:55	2005

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	Hal Higdon	Michigan City	IN	2:41:45	1968
	Dick Hessler			2:46:54	1978
	Bill Fox	Tarkio	MO	2:47:13	1979
	Lou Fritz	Verdon	NE	2:48:04	1980
5	Tom LaFontaine			2:49:21	1984
	Jim Hyde	Springfield	MO	2:50:08	1982

	Karl Naylor	Topeka	KS	2:50:27	1974
	David Dobkowski	St. Louis	MO	2:53:31	1995
	Bob Potter	Junction City	KS	2:53:37	1976
10	Dmitry Voldman	Lenexa	KS	2:54:40	1990
	Chuck Engle	Salt Lake City	UT	2:54:52	2008
	Steve Mineck	Vinton	IA	2:55:05	1986
	Don Granberg			2:55:52	1979
	Art Bentley	West Plains	MO	3:00:04	1980
15	Mark Landrum			3:02:09	1976
	Raul Flores	Overland Park	KS	3:02:30	1993
	Art Thompson	Manchester	MO	3:03:43	1977
	Mario Vazquez	Kansas City	MO	3:05:20	1991
	Chris Cook			3:06:57	2008
20	Michael Green	Bowling Green	MO	3:07:30	1981
	Frank Murphy	Kansas City	MO	3:07:32	1990
	Andy Emerson			3:07:42	2006
	Roger Reinsch			3:08:47	1980
	Michael Skipper	Goodland	KS	3:11:30	1997
25	James Maxwell	San Diego	CA	3:12:05	1991
	Gary Hinderer	St. Joseph	MO	3:14:36	1978
	Brian Cook	Grand Island	NE	3:16:06	2006
	Bill Muchnick	St. Louis	MO	3:16:34	1995
	Larry Boies	St. Paul	MN	3:19:00	1969
30	Courtney Jones	Kirkwood	MO	3:19:03	1982
	Tom Malloy			3:19:29	1993
	Scott Foster			3:20:51	1994
	Brian Longfellow	Overland Park	KS	3:21:01	2009
	Mike Morgan	Prairie Village	KS	3:21:19	2005
35	John Carstens	Kansas City	MO	3:22:49	1990
	Stuart Smith	Wayne	PA	3:22:49	2001
	Joe Hildebrand	Urbana	IL	3:23:29	1994
	Stephan Urbancezk	Warrensburg	MO	3:23:36	2000
	Dan Sitar			3:24:54	2008
40	William Stark			3:24:57	1984
	John Killingsworth	Republic	MO	3:26:23	1982
	Kevin Guest	Rea	MO	3:26:41	2006
	Kurt Kennett			3:29:21	1971
	Ben Londeree			3:29:21	1971
45	John Wilke			3:30:26	1982
	Diego Osuna	Denver	CO	3:31:37	2003
	Brett Barton			3:32:34	2009
	Bill Ramlow			3:32:37	1978
	Lee Roy Sevier	Bowling Green	MO	3:36:41	1982
50	David Sechrest	Overland Park	KS	3:37:07	1990

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	Ronald Chisolm	St. Louis	MO	2:35:30	1999
	Bill Fox	Tarkio	MO	2:45:11	1980
	Lou Fritz	Verdon	NE	2:46:36	1981
	Dick Hessler			2:47:46	1979
5	Virgil Yehnert	Akron	OH	2:49:44	1967
	Mark Landrum			2:52:03	1977
	Norm Stebbins			2:52:58	1984
	Dmitry Voldman	Lenexa	KS	2:55:19	1991
	Larry Hennier, Jr	Rich Fountain	MO	2:56:01	2004
10	Mike Green	Bowling Green	MO	2:56:07	1982
	David Dobkowski	St. Louis	MO	2:56:08	1996
	Pete Doll			2:56:27	2009
	Randy Bentley	Mountain Home	MO	3:00:04	1980
	Todd Beaverson	Moberly	MO	3:00:34	2002
15	Tom Goss	Springfield	MO	3:02:22	1982
	Andy Emerson			3:04:08	2007
	Charles Tom Nichols	St. Louis	MO	3:04:43	1997
	David Giammar	Columbus	OH	3:05:08	2010
	Russ Traphagan	Springfield	MO	3:06:41	2010
20	Arne Richards	Manhattan	KS	3:07:19	1971
	Frank Koch			3:07:35	2003
	Chris Cook			3:07:56	2009
	Brian Evans			3:07:57	2009
	Joe Marks			3:08:18	1975
25	John Meehan	Sedalia	MO	3:08:53	1992
	Dean Neal	Waynesville	MO	3:09:22	1977
	Ben Londeree			3:09:42	1972
	Greg Brown			3:09:49	1976
	William Stolz			3:11:05	2009
30	Faustino Mendoza	Kansas City	MO	3:12:35	1994
	David Presar	Kansas City	MO	3:12:58	2000
	Bill Woolsey	Kansas City	MO	3:13:30	1990
	Daniel Giammar	Columbus	OH	3:13:55	2010
	Bill Muchnick	St. Louis	MO	3:14:41	1996
35	James Maxwell	San Diego	CA	3:15:03	1992
	Sam Stout			3:16:15	1981
	Michael Skipper	Goodland	KS	3:17:46	1998
	David Walker			3:18:58	1982
	Jim Schutt	California	MO	3:19:01	1977
40	Brian Longfellow	Kansas City	MO	3:19:43	2010
	David Sechrest	Overland Park	KS	3:20:17	1991
	Mark Pecaut	Prairie Village	KS	3:20:44	2013
	Troy Rickertsen	Moberly	MO	3:24:10	2010
	Art Menke	Prairie Village	KS	3:24:33	2010

45	Tom Luechtefeld	Kirkville	MO	3:25:22	1975
	Jason Levine	Sedalia	MO	3:25:45	2010
	Bill Haber	Greenville	OH	3:26:09	2000
	William Craig	St. Louis	MO	3:26:27	1975
	Bob Thayer	O'Fallon	MO	3:28:52	1995
50	Timothy Bond	Kansas City	MO	3:28:54	1993

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	Ronald Chisolm	St. Louis	MO	2:44:08	2000
	Lou Fritz	Verdon	NE	2:44:21	1982
	David Dobkowski	St. Louis	MO	2:45:17	1997
	Dmitry Voldman	Lenexa	KS	2:46:39	1992
5	Dick Hessler			2:49:31	1980
	Tom Whalen	St. Louis	MO	2:51:13	2005
	John Meehan	Sedalia	MO	2:54:40	1993
	Bill Fox	Tarkio	MO	2:55:11	1981
	Marvin Carter	St. Louis	MO	3:00:45	1996
10	Dann Fisher	Manhattan	KS	3:03:39	2002
	Andy Emerson			3:07:30	2008
	Don Lewis			3:08:30	1975
	Chris Wolf	Chicago	IL	3:08:30	2012
	Ben Londeree			3:08:47	1973
15	Scott Foster			3:08:47	1996
	Stephen Bourgeois			3:08:47	2003
	Chris Cook			3:09:53	2010
	Mike Green	Bowling Green	MO	3:10:05	1983
	Dave Hester	St. Charles	MO	3:10:22	1999
20	Wayne Olson	St. Charles	MO	3:10:59	1982
	Jim Schutt	California	MO	3:12:03	1978
	Roman Sage	Jefferson City	MO	3:14:47	1971
	Jim Burgess	Shawnee Mission	KS	3:14:47	1977
	Jerry Doughty	Fulton	MO	3:21:20	2006
25	Adel Elnashar			3:22:53	1979
	Dick Madsen			3:23:02	1981
	Robert Calaluca			3:24:27	1993
	Tom Malloy			3:24:34	1995
	David Walker			3:25:43	1983
30	F. L. Burnette	Des Moines	IA	3:26:25	1979
	Brian Hanft	Mason City	IA	3:27:45	2011
	Ryan Constable	Hannibal	MO	3:27:51	2017
	Jim Behrens	St. Louis	MO	3:27:54	2001
	Dwight Marshall	Kansas City	MO	3:28:16	1988
35	Kris Moeller	Hull	IL	3:30:03	2011
	Joe Goldfarb			3:32:01	1979
	Lance Neal	Success	MO	3:32:45	1978
	Joe Duncan			3:32:51	1973

	Douglas Bay			3:33:24	1981
40	Mark Pecaut	Leawood	KS	3:35:44	2014
	Gabe Bodzin			3:36:46	2013
	Marcus Rowe			3:36:50	2009
	Kurt Kennett			3:36:57	2007
	Timothy Reboulet	St. Louis	MO	3:37:36	2014
45	Dick Crislip	Belleville	IL	3:38:10	1981
	Jerry Foote			3:39:16	1978
	Tom Solon	Danville	IL	3:39:28	1980
	Casey Prosis	Nashville	IL	3:40:33	2014
	Jeff Peters			3:41:38	1980
50	Don Ballenger			3:42:20	1981

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	Bill Fox	Tarkio	MO	2:43:36	1982
	Dick Hessler			2:44:09	1981
	Lou Fritz	Verdon	NE	2:44:21	1983
	David Dobkowski	St. Louis	MO	2:52:45	1998
5	John Meehan	Sedalia	MO	2:53:30	1994
	Joel Rabdau	Creve Coeur	MO	2:55:45	1975
	Ben Londeree			2:56:50	1974
	Tim Langen			2:58:21	2009
	David Pokorny	St. Louis	MO	2:58:25	2008
10	Jim Schutt	California	MO	2:59:40	1979
	Dick Babcock	Springfield	MO	2:59:54	1982
	Andy Emerson			3:00:23	2009
	Whitney Hicks			3:02:30	1975
	Arne Richards	Manhattan	KS	3:02:50	1973
15	Dann Fisher	Manhattan	KS	3:02:55	2003
	Dick Madsen			3:04:56	1982
	Mike Green	Bowling Green	MO	3:07:04	1984
	Jay Clark	Honolulu	HI	3:08:22	1975
	Wayne Olson	St. Charles	MO	3:10:33	1983
20	Eric Bengston		SWEDEN	3:10:56	1978
	Craig Israelsen			3:14:45	1999
	Jamie Mondello			3:15:58	1995
	Kris Koeller	Hull	IL	3:18:26	2012
	Dwight Marshall	Lenexa	KS	3:19:07	1989
25	James Maxwell	San Diego	CA	3:19:25	1994
	Tom May			3:19:50	2006
	Ed Cook	St. Louis	MO	3:20:23	1996
	William Stark			3:21:16	1987
	Marvin Odneal			3:22:05	1983
30	Jim Behrens	St. Louis	MO	3:23:13	2002
	Richard Leiboult	Ozark	MO	3:24:32	1997
	Bill Woolsey	Kansas City	MO	3:25:22	1992

	Mike Little			3:25:41	1987
	Larry Petterborg			3:26:46	1989
35	Dan Clinkinbeard			3:26:51	1989
	Stephen Bourgeois			3:26:56	2004
	Joe Duncan			3:26:58	1974
	Steve Fuller	N. Kansas City	MO	3:28:10	1988
	Cade Remsburg	West Des Moines	IA	3:28:38	2013
40	Douglas Bay	St. Louis	MO	3:29:12	1982
	Louis Bassjaeger	Wichita	KS	3:29:28	1981
	Bill Schwagerman	Lee's Summit	MO	3:30:53	1999
	Roger Young	St. Louis	MO	3:31:09	1998
	David Biersmith	Kansas City	MO	3:31:59	1977
45	Richard Clark	Lansing	KS	3:33:39	1977
	Brad Martini	O'Fallon	MO	3:33:41	2003
	Jim Burt	Stanley	KS	3:34:25	1998
	Tom Malloy			3:35:53	1996
	Larry Bentley	Batesville	AR	3:37:58	1979
50	Lorc Weir	Kinderhook	IL	3:38:07	2014

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	Roger Rouiller	Romeoville	IL	2:36:07	1979
	Bill Fox	Tarkio	MO	2:42:46	1983
	Tom Whalen	St. Louis	MO	2:48:43	2007
	Lou Fritz	Verdon	NE	2:51:33	1984
5	Joel Rabdau	Creve Coeur	MO	2:55:46	1976
	Michael Martin	New Freedom	PA	2:56:34	2011
	Joe Marks			2:57:51	1978
	Dru Dixon	West Plains	MO	2:59:03	1994
	Dick Madsen			3:01:09	1983
10	Jim Schutt	California	MO	3:01:28	1979
	Tom May			3:02:04	2007
	Marvin Odneal			3:02:12	1984
	Andy Emerson			3:02:58	2010
	Arne Richards	Manhattan	KS	3:06:21	1974
15	Olen Brown			3:07:30	1977
	Jamie Mondello			3:07:54	1996
	Mike Kelty			3:09:08	1999
	Gerhard Mels	Skokie	IL	3:09:33	2003
	Raul Flores	Leawood	KS	3:09:56	1997
20	Wayne Olson	St. Charles	MO	3:10:38	1984
	Tony Kramer	Lee's Summit	MO	3:10:46	1987
	David Dobkowski	St. Louis	MO	3:11:06	1999
	Mike Green	Bowling	MO	3:11:33	1985
	Robert Schmitt	Dodge City	KS	3:12:39	1972
25	Gerald Holtmeyer	Fulton	MO	3:13:07	2000
	Chris Cook			3:15:29	2012

	Bill Wiecek			3:17:54	1979
	Joe Goldfarb			3:18:09	1981
	Frank Reedy, Jr.	Clayton	MO	3:19:08	1991
30	Rex Frazer	Ft. Leonard	MO	3:19:09	1973
	Jim Behrens	St. Louis	MO	3:24:25	2003
	Robert Fancher	New Baden	IL	3:24:36	1981
	Roger Young	St. Louis	MO	3:25:38	1999
	Douglas Bay	St. Louis	MO	3:26:51	1983
35	Sam Stout			3:27:13	1984
	Peter Madsen	Omaha	NE	3:27:48	2011
	Larry Bentley	Batesville	Ar	3:29:04	1980
	Charles Lenau			3:29:40	1978
	Olen Brown			3:30:32	1976
40	Dwight Marshall	Lenexa	KS	3:32:48	1990
	Cameron Berg	Dallas	TX	3:33:13	1992
	Mark Wilson	Hillsboro	MO	3:33:53	1991
	Zach Boleyn	Butler	MO	3:34:43	2017
	Phil Schaefer			3:35:01	1994
45	Jeff Morrow	Creal Springs	IL	3:35:11	2009
	Keith Randall			3:35:15	1999
	Richard Crislip	Belleville	IL	3:35:17	1982
	David Friesner	Ballwin	MO	3:35:35	1992
	Dwayne Miller			3:37:29	2002
50	Marvin Patterson			3:38:31	1976

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	Bill Fox	Tarkio	MO	2:47:57	1984
	Joe Marks			2:48:32	1979
	Charles Tom Nichols	St. Louis	MO	2:51:14	2001
	Dick Hessler			2:51:25	1982
5	Rex Frazer	Ft. Leonard	MO	2:53:12	1974
	Gerald Holtmeyer	Fulton	MO	2:53:44	2001
	Lou Fritz	Verdon	NE	2:54:09	1985
	Bill Tooker	Bethlehem	PA	2:56:05	1994
	Tom Whalen	St. Louis	MO	2:57:01	2008
10	Dennis Wallach	Eden Prairie	MN	2:57:02	1999
	Joel Rabdau	Creve Coeur	MO	2:59:31	1977
	Arne Richards	Manhattan	KS	3:00:58	1975
	Tom May			3:03:45	2011
	Andy Pele			3:04:59	2009
15	Joe Goldfarb			3:05:52	1982
	Raul Flores	Leawood	KS	3:06:35	1998
	Jamie Mondello			3:10:22	1997
	David Dobkowski	St. Louis	MO	3:10:30	2000
	Chris Cook			3:11:15	2013
20	Robert Schmitt	Dodge City	KS	3:11:55	1973

	Dick Madsen			3:13:13	1984
	A. R. Posey	Enid	OK	3:14:42	1978
	Andy Emerson			3:15:22	2011
	Mike Little			3:15:30	1989
25	John Gleeson	St. Louis	MO	3:16:09	1995
	Joseph Hoyt	Ft. Leavenworth	KS	3:18:15	1974
	Stephen Bourgeois			3:19:25	2006
	Dennis Hall	Lacoma	MO	3:19:48	1981
	Dan Edidin			3:19:49	2010
30	Alex Ratelle	Minneapolis	MN	3:20:09	1967
	Jerry Witherspoon	Blue Springs	MO	3:20:38	1977
	Theodore Kardis	Olathe	KS	3:22:29	2012
	Shep Funderburk			3:22:51	1984
	Jim Sowash			3:23:24	1981
35	Sam Mosteller			3:24:45	2010
	Bill Woolsey	Kansas City	MO	3:24:53	1994
	Tom Allen			3:25:14	1984
	Dwayne Miller			3:25:34	2003
	Marvin Patterson			3:27:34	1978
40	Craig Israelsen			3:27:37	2001
	Ed Cook	St. Louis	MO	3:28:06	1998
	Martin Bauer	St. Louis	MO	3:28:41	1983
	Tatsunori Suzuki	Philadelphia	PA	3:30:13	2010
	Larry Bentley	Batesville	AR	3:31:49	1981
45	Kevin Guest	Rea	MO	3:32:08	2011
	Bob Perkins			3:33:07	2003
	Paul Hoffman			3:33:23	1997
	Gene Webb	Blue Springs	MO	3:35:45	2010
	Brad Scott	Quincy	IL	3:36:52	1998
50	David Spetnagel	St. Louis	MO	3:37:42	2007

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	Ron Chisolm	St. Louis	MO	2:40:14	2004
	Gerald Holtmeyer	Fulton	MO	2:46:40	2002
	David Dobkowski	St. Louis	MO	2:48:27	2001
	Joe Marks			2:55:01	1980
5	Lou Fritz	Verdon	NE	2:55:31	1986
	Alex Ratelle	Minneapolis	MN	2:57:24	1968
	Andy Starostka			2:59:56	2010
	Arne Richards	Manhattan	KS	3:01:27	1976
	Tom Whalen	St. Louis	MO	3:02:06	2009
10	Olen Brown			3:02:30	1978
	Mike Simpson	Bartlett	TN	3:04:32	1989
	Rex Frazer	Ft. Leonard Wood	MO	3:09:00	1975
	Jamie Mondello			3:11:10	1998
	Tom May			3:11:30	2009

15	Stephen Bourgeois			3:12:10	2007
	Robert Bish	Oklahoma City	OK	3:14:08	1982
	Dick Madsen			3:15:13	1985
	Dennis Hall	Lacoma	MO	3:15:43	1982
	James Steimel	Aurora	IL	3:17:38	2011
20	Craig Israelsen			3:18:22	2002
	Theodore Kardis	Olathe	KS	3:19:52	2013
	Carl Gladstone	New Hampton	MO	3:20:16	1978
	Andy Emerson			3:20:27	2012
	Ken Gilbert	Ellisville	MO	3:21:22	1999
25	John Ewers	Kirksville	MO	3:23:47	1978
	Brad Scott	Quincy	IL	3:24:57	1999
	John Gleeson	St. Louis	MO	3:25:25	1996
	Steve Lind	Grand Detour	IL	3:25:37	1998
	Elmer Schlemper			3:25:58	1982
30	Oscar Chavez			3:26:42	2007
	John Bozung	Orem	UT	3:27:41	1996
	Marc Hardin	Overland Park	KS	3:27:49	1994
	Mark Rodabaugh	Kansas City	MO	3:32:17	1988
	Ken Atwell	Overland Park	KS	3:33:00	1978
35	Bill Woolsey	Kansas City	MO	3:34:46	1995
	Chris Cook			3:38:48	2014
	Karl Leitz	Jersey City	NJ	3:40:29	2010
	Ted Cox			3:40:38	1985
	Tom Rippetto	Omaha	NE	3:46:08	1987
40	Frederick Dolan	Miami	FL	3:46:40	2016
	Douglas Bay	St. Louis	MO	3:46:48	1985
	Ray Loan			3:47:46	1975
	Walt Morton	Springfield	MO	3:47:51	1988
	David Hester	St. Charles	MO	3:48:11	2003
45	Dennis Blossom			3:49:54	1978
	Roger Young	St. Louis	MO	3:50:52	2001
	Andy Pele			3:50:55	2010
	Scott Ferrari	West View	PA	3:52:59	2001
	Bill Davis			3:53:00	1978
50	Kurt Kennett			3:53:07	2011

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	Ben Londeree			2:49:55	1978
	Joe Marks			2:52:10	1981
	Alex Ratelle	Minneapolis	MN	2:53:33	1969
	Wayne Hobelmann	Kansas City	MO	2:53:48	1983
5	Lou Fritz	Verdon	NE	2:55:32	1987
	Tom Whalen	St. Louis	MO	2:58:50	2010
	Rex Frazer	Ft. Leonard Wood	MO	2:59:55	1976
	Olen Brown			3:02:19	1979

	Andy Emerson			3:04:35	2013
10	David Dobkowski	St. Louis	MO	3:06:10	2002
	Paul Schoenlaub	St. Joseph	MO	3:08:33	2003
	Arne Richards	Manhattan	KS	3:08:38	1977
	David Cundiff	Hattiesburg	MS	3:10:46	1982
	Richard Leiboult	Ozark	MO	3:13:24	2001
15	Jamie Mondello			3:13:25	1999
	Cesar Mello			3:14:50	2009
	Stephen Young	Jefferson City	MO	3:15:00	1991
	Allen Smith			3:16:00	1977
	John Richardson	Kirksville	MO	3:18:52	1998
20	Steve Pollock	Boulder	CO	3:19:49	2004
	Ed Jacob	Van Wert	OH	3:19:52	2002
	Joe Goldfarb			3:20:22	1984
	Jeff Royer	Ferndale	MI	3:23:52	2010
	Nick Peckham			3:28:02	1984
25	Ken Boyce	Liberty	MO	3:28:59	1991
	Charles Lenau			3:29:18	1981
	Tom Goss	Springfield	MO	3:29:40	2000
	Leland Pfefer			3:29:45	1978
	Stephen Bourgeois			3:29:57	2008
30	Dennis Simmons	Florissant	MO	3:30:02	1988
	Mark Rodabaugh	Kansas City	MO	3:30:41	1989
	Kevin Crane			3:34:04	2006
	Charles Gardner	Kansas City	MO	3:35:35	1974
	Richard Linn	Ozark	MO	3:36:17	1996
35	Timothy Tyniecki	St. Louis	MO	3:38:50	2001
	Daniel Kovacs	Overland Park	KS	3:42:23	2003
	Darrin Young			3:44:25	2011
	Paul Maness	Springfield	MO	3:44:27	2014
	Mark Lidman	Blue Springs	MO	3:44:46	1992
40	Ken Lundgren	Omaha	NE	3:45:13	1987
	Terry Smith	Blue Springs	MO	3:45:13	1999
	Chuck Mehrer	Lenexa	KS	3:46:02	2002
	Tim Waid			3:46:11	2007
	Chris Allen	St. Louis	MO	3:46:17	2013
45	Rick Roeber	Lee's Summit	MO	3:46:36	2000
	Larry Combs	Springfield	MO	3:46:42	1995
	Wally Hayes	Chesterfield	MO	3:47:19	2002
	Higuy Matti	Arlington Heights	IL	3:49:08	2001
	Robert Lopez	Seattle	WA	3:50:35	2010
50	Brooke Sloss	St. Louis	MO	3:51:06	2016

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	Joe Marks			2:52:09	1982
	Bill Fox	Tarkio	MO	2:54:54	1987

	Larry McMahon	St. Louis	MO	2:57:21	1996
	Lou Fritz	Verdon	NE	2:58:03	1988
5	David Dobkowski	St. Louis	MO	2:58:29	2003
	Arne Richards	Manhattan	KS	2:59:16	1978
	Olen Brown			3:07:35	1980
	Fred Fritsch			3:09:05	1981
	Jerry Enyart	Springfield	MO	3:10:34	1989
10	Dick Madsen			3:12:39	1987
	Mark Johnson	Omaha	NE	3:13:30	1994
	Allen Smith			3:13:32	1978
	John Richardson	Kirkville	MO	3:13:33	1999
	Andy Emerson			3:13:44	2014
15	Ben Luebbering	Jefferson City	MO	3:13:58	1980
	Royce Kallerud	Kirkville	MO	3:15:04	2013
	Rick Roeber	Lee's Summit	MO	3:18:10	2001
	Dean Baxter			3:18:20	1981
	Tony Evanoski	Centralia	MO	3:20:34	1987
20	Mike Shifman	Kansas City	MO	3:20:37	1983
	Marc Hardin	Overland Park	KS	3:21:19	1996
	Wayne Davies	Oak Grove	MO	3:21:46	1986
	Stephen Bourgeois			3:22:31	2009
	Jamie Mondello			3:22:53	2000
25	Ted Harris	Bridgeton	MO	3:22:55	1980
	Dennis Simmons	Florissant	MO	3:23:50	1989
	Richard Johnson	Springfield	MO	3:23:58	1999
	Alex Ratelle	Minneapolis	MN	3:26:28	1970
	Steven Peth			3:28:16	2004
30	Darrin Young			3:28:32	2012
	Ray Loan			3:29:17	1976
	Ronald Dupler	Houston	TX	3:30:26	1993
	Robert Risser	Cameron	MO	3:30:51	1985
	James Sowash			3:30:54	1983
35	Michael Phillips	Branson	MO	3:31:30	1997
	Oscar Chavez			3:34:11	2009
	Delbert Metheny	Manchester	MO	3:34:43	1978
	Dick Martin			3:34:54	1977
	Elmer Schlemper			3:35:05	1984
40	Brian Klippenstein			3:35:43	2009
	Samuel Mosteller			3:36:48	2013
	Frank Koch			3:37:26	2010
	Roy Stambaugh			3:39:35	1979
	James Hootman	Blue Springs	MO	3:40:12	1994
45	Mark Lidman	Blue Springs	MO	3:40:15	1993
	Ted Cox			3:40:35	1987
	Scott Foster			3:40:52	2002
	David Oldfield			3:41:21	1990
	Chris Turner	Lawrence	KS	3:41:56	2005

50 David Spetnagel	St. Charles	MO	3:42:25	2010
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	Mike Wells	Mount Pleasant	IA	2:49:28	2013
	Dann Fisher	Manhattan	KS	2:53:14	2009
	Joe Marks			2:56:04	1983
	Lou Fritz	Verdon	NE	2:57:34	1989
5	Steve Pierce	Baldwin City	KS	2:59:16	2004
	Norman Colter	Valley Park	MO	3:00:03	1977
	Wayne Younce	Wichita	KS	3:02:04	1978
	Bill Fox	Tarkio	MO	3:02:42	1988
	Tom May			3:02:53	2012
10	Alex Ratelle	Minneapolis	MN	3:03:46	1971
	Dean Baxter			3:05:24	1982
	Ben Luebbering	Jefferson City	MO	3:05:32	1981
	Stephen Bourgeois			3:07:21	2010
	Larry Lewis	Warrensburg	MO	3:08:13	1981
15	Dick Martin			3:10:11	1981
	John Richardson	Kirksville	MO	3:11:55	2000
	Andy Emerson			3:16:14	2015
	Jamie Mondello			3:17:05	2001
	Richard Stoutner	Oaxaca	MEXICO	3:17:32	2015
20	Mike Shifman	Kansas City	MO	3:19:20	1984
	Donny Walstrom	Chisago City	MN	3:20:51	2010
	Raul Flores	Kansas City	MO	3:22:59	2002
	Ted Harris	Bridgeton	MO	3:23:11	1981
	Paul Allex	Mission	KS	3:24:36	2009
25	Leland Pfefer			3:25:58	1980
	Ray Loan			3:27:36	1977
	Daniel Kovacs	Overland Park	KS	3:27:49	2005
	David Dobkowski	St. Louis	MO	3:28:15	2004
	Matthew Thomas	Maryland Heights	MO	3:29:20	2011
30	Jim McInvale			3:29:26	2002
	Gene Britten	Corry	PA	3:29:55	2003
	Frank Reedy, Jr.	Clayton	MO	3:30:11	1996
	Jerry Enyart	Springfield	MO	3:31:12	1990
	Tom Olerich	Olathe	KS	3:31:34	1995
35	Bill Muchnick	St. Louis	MO	3:32:01	2003
	Robert Risser	Cameron	MO	3:33:39	1986
	Allen Smith			3:34:00	1979
	James Hootman	Blue Springs	MO	3:34:46	1995
	Leo Buckvold	Apple Vallley	MN	3:37:07	1998
40	Gary Krosch	St. Louis	MO	3:37:19	1994
	Lucas Chen	Jefferson City	MO	3:37:24	2007
	Allan Benjamin			3:37:37	2002
	Philip Schaefer			3:38:25	1999

	David Oldfield			3:39:03	1991
45	Jim Gunderson	St. Charles	MO	3:40:13	1999
	Roger Young	St. Louis	MO	3:41:03	2004
	Dick Luecke			3:44:59	1976
	Keith Fernandez			3:45:04	2012
	David Hester	St. Charles	MO	3:47:13	2006
50	Ronald Dupler	Houston	TX	3:47:41	1994

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	Dann Fisher	Manhattan	KS	2:54:11	2010
	Donald Groton	Springdale	AR	2:55:02	1988
	Ben Londeree			2:57:12	1981
	Alex Ratelle	Minneapolis	MN	2:57:24	1972
5	Norm Colter	Valley Park	MO	2:59:40	1978
	Tom May			3:01:10	2013
	John Howland	Jefferson City	MO	3:01:50	1996
	Bob Chapin	Independence	MO	3:13:50	1979
	Garry Gribble	Lenexa	KS	3:14:42	1986
10	Allen Smith			3:15:41	1980
	Andy Emerson			3:16:26	2016
	Dick Madsen			3:16:49	1989
	David Cromer	Dallas	TX	3:16:55	1994
	Jim Buckley	Overland Park	KS	3:19:17	1979
15	David Oldfield			3:19:35	1992
	Eric Buckley	St. Louis	MO	3:20:19	2010
	Bob Schottman	Athens	GA	3:20:49	1991
	Tom Olerich	Olathe	KS	3:23:34	1996
	Robert Boehm	Overland Park	KS	3:24:53	1997
20	Jamie Mondello			3:25:05	2002
	Robert Risser	Cameron	MO	3:27:59	1987
	Leland Pfefer			3:29:18	1981
	Gary Mundhenke	Kansas City	MO	3:30:00	2009
	Steve Young	Jefferson City	MO	3:31:14	1994
25	Joseph O'Sullivan	St. Louis	MO	3:31:18	2007
	Tom Kempf	Bartlesville	OK	3:31:47	1971
	Gary Krosch	St. Louis	MO	3:34:36	1995
	Dan Heaviland			3:35:58	2009
	Allan Benjamin			3:37:34	2003
30	George Hohenstreet	Lilburn	MO	3:40:56	1982
	Ed Cook	St. Louis	MO	3:41:20	2003
	Clark Oliver	Leawood	KS	3:42:18	1991
	Philip Schaefer			3:42:27	2000
	Frank Reedy, Jr.	Clayton	MO	3:42:43	1997
35	Ted Harris, Sr.	Bridgeton	MO	3:42:49	1982
	Don Waltman	Louisiana	MO	3:44:05	1982
	Keith Fernandez			3:44:31	2013

	Michael Schupp	Lee's Summit	MO	3:44:46	1999
	Matthew Thomas	Maryland Heights	MO	3:44:49	2012
40	Bill Woolsey	Kansas City	MO	3:45:14	1999
	Gene Britten	Corry	PA	3:47:32	2004
	Kirk Ealy	West Chester	OH	3:47:37	2012
	James Maxwell	San Diego	CA	3:49:13	2001
	Conrad Salara	Olympia Fields	IL	3:50:41	1998
45	Will Hohenschutz	Terrytown	LA	3:50:41	2004
	Bill Muchnick	St. Louis	MO	3:51:24	2004
	Jim Gunderson	St. Charles	MO	3:51:40	2000
	Jean Madden			3:51:48	1974
	Paul Berardi	Kansas City	MO	3:53:00	2009
50	Michael Laughlin	Eden Prairie	MN	3:53:15	2004

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	Alex Ratelle	Minneapolis	MN	2:55:44	1973
	Steve Riley	Lawrence	KS	3:04:57	2002
	Joe Marks			3:05:43	1985
	Mark Volkman	St. Charles	MO	3:10:04	2009
5	Tom Kempf	Bartlesville	OK	3:10:20	1972
	Jim Buckley	Overland Park	KS	3:13:11	1980
	Dennis Simmons	Florissant	MO	3:13:45	1992
	Andy Emerson			3:14:00	2017
	Jamie Mondello			3:14:26	2003
10	Tom May			3:14:45	2014
	Frank Files	St. Louis	MO	3:16:18	1984
	Hal Gensler	Golden Valley	MN	3:18:27	1994
	Ed Heidbrier	St. Louis	MO	3:19:42	2001
	David Dobkowski	St. Louis	MO	3:20:27	2006
15	Steve Young	Jefferson City	MO	3:21:42	1995
	John Howland	Jefferson City	MO	3:22:07	1997
	Dean Baxter			3:25:54	1984
	Michael Tygart	Sigourney	IA	3:26:11	1993
	Allan Benjamin			3:28:11	2004
20	Mark Stodghill	Duluth	MN	3:28:38	1996
	Rex Frazer	Ft. Leonard Wood	MO	3:28:48	1980
	Don Waltman			3:29:58	1983
	Earl Smith	Benton	IL	3:31:06	2001
	Gary Mundhenke	Kansas City	MO	3:35:37	2010
25	Jeff Foes	Alton	MO	3:35:39	2014
	Gene Britten	Corry	PA	3:36:27	2005
	Keith Fernandez			3:39:25	2014
	David Corfman	West Chester	OH	3:42:25	2011
	Bill Muchnick	St. Louis	MO	3:42:51	2005
30	Mike Shifman	Kansas City	MO	3:43:20	1986
	Matthew Thomas	Maryland Heights	MO	3:43:34	2013

	Tom Pavletic	Alameda	CA	3:44:04	2004
	Lucas Chen	Jefferson City	MO	3:44:13	2009
	Jim Gunderson	St. Charles	MO	3:44:43	2001
35	Kent Worman	Roswell	GA	3:47:14	2000
	Donald Davidson	Norborne	MO	3:48:42	1998
	Kurtiss Mueller	Dawson	NE	3:49:27	2000
	Gary Krosch	Clayton	MO	3:51:59	1996
	Carl Peak	Ava	MO	3:52:31	1992
40	Eric Rosenhauer			3:52:52	2007
	Stephen Bourgeois	Rocheport	MO	3:54:31	2012
	Gregory McGaughey	Rogers	AR	3:54:54	2007
	Russell Myatt	Burlington	IA	3:56:25	1977
	Rick Roeber	Lee's Summit	MO	3:57:41	2004
45	Tim Waid			3:57:44	2011
	John Everett	Strafford	MO	3:58:58	2008
	Steven Hoffman	Southfield	MI	4:01:14	2000
	Steve Collady	Lee's Summit	MO	4:01:24	1990
	Bryan Norton			4:01:32	2010
50	Jack Hudson	Mexico	MO	4:01:51	1993

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	Gary Julin	Omaha	NE	2:55:54	1996
	Don Newton	Springfield	MO	2:57:21	1981
	Gerald Holtmeyer	Fulton	MO	2:59:33	2008
	Dennis Simmons	Florissant	MO	3:06:50	1993
5	Dick Madsen			3:08:28	1986
	Tom May			3:13:55	2015
	Jack Bellmer	Springfield	IL	3:13:58	1999
	Peter Butler	St. Paul	MN	3:15:21	1981
	Bill Kotaska	St. Louis	MO	3:16:50	2011
10	Steve Young	Jefferson City	MO	3:19:50	1996
	Jim Hyde	Springfield	MO	3:22:38	1995
	David Dobkowski	St. Louis	MO	3:22:59	2007
	Stephen Bourgeois	Steamboat Springs	CO	3:23:34	2013
	Jamie Mondello			3:24:18	2004
15	Gary Mundhenke	Kansas City	MO	3:24:18	2011
	Jim Buckley	Overland Park	KS	3:25:33	1981
	John Howland	Jefferson City	MO	3:25:49	1998
	Paul Schoenlaub	St. Joseph	MO	3:27:20	2008
	Earl Smith	Benton	IL	3:29:34	2002
20	Allan Benjamin			3:30:01	2005
	Dick Martin			3:32:04	1981
	John Everett	Strafford	MO	3:35:21	2009
	Robert Risser	Cameron	MO	3:37:34	1989
	Herschel Turpin	Washington	MO	3:37:40	1999
25	Ted Harris	Bridgeton	MO	3:37:54	1984

	Gene Britten	Corry	PA	3:38:18	2006
	Tom Olerich	Olathe	KS	3:39:11	1998
	Raul Flores	Kansas City	MO	3:39:25	2005
	Joseph O'Sullivan	St. Louis	MO	3:39:55	2009
30	R. E. Bruce	Lake Bluff	IL	3:40:43	1970
	Jeff Foes	Alton	Mo	3:42:17	2015
	Ed Cook	St. Louis	MO	3:42:50	2005
	Layne Davis	Milwaukee	WI	3:45:40	2001
	George Meriwether	Manchester	MO	3:45:52	1991
35	Jim Behrens	St. Louis	MO	3:47:00	2011
	Matthew Thomas	Maryland Heights	MO	3:47:45	2014
	Michael Tygart	Sigourney	IA	3:48:48	1994
	Joe Sportsman	Marceline	MO	3:54:51	1982
	Bill Woolsey	Overland Park	KS	3:58:14	1991
40	Jerry Kelly	Marshall	MO	3:59:06	2001
	Bert Brown	Kansas City	MO	4:02:28	1992
	Dan Hatcher	Liberty	MO	4:04:58	2009
	Bruce Filippi	Topeka	KS	4:06:16	1994
	Houston Wolf	Cordova	TN	4:07:30	2012
45	Donald Zirbel	Sioux City	IA	4:07:36	1991
	Rick Murney	Missoula	MT	4:08:11	2000
	Gary Krosch	Clayton	MO	4:08:15	1997
	Richard Johnson	Springfield	MO	4:08:42	2003
	Brian Pugh	Alpharetta	GA	4:10:00	2008
50	James Toombs			4:10:12	2011

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	Alex Ratelle	Minneapolis	MN	2:54:40	1975
	Larry Lewis	Warrensburg	MO	3:06:44	1984
	Bill Kotaska	St. Louis	MO	3:17:22	2012
	Elmer Schlemper			3:17:45	1989
5	Dann Fisher	Manhattan	KS	3:18:07	2013
	Eric Buckley	St. Louis	MO	3:18:32	2013
	Dennis Simmons	Florissant	MO	3:18:51	1994
	Harvey Kunz	Omaha	NE	3:18:54	1996
	Don Johnson	Centralia	MO	3:21:46	1978
10	Paul Schoenlaub	St. Joseph	MO	3:22:23	2009
	Phil Schaefer			3:29:39	2003
	Jamie Mondello			3:29:43	2005
	Dale Channel	Rossville	KS	3:31:50	1990
	Thomas Tower	Tupelo	MS	3:32:24	2009
15	Earl Smith	Benton	IL	3:33:36	2003
	David Oldfield			3:34:16	1995
	Gary Mundhenke	Kansas City	MO	3:34:22	2012
	Dan Hurlburt	Way	NE	3:34:37	1998
	Ed Cook	St. Louis	MO	3:36:41	2006

20	Howard Bentley	Jefferson City	MO	3:36:50	1979
	John Miller	Ft. Knox	KY	3:38:05	1996
	Kevin Riley	Olathe	KS	3:40:24	2011
	Allan Benjamin	Lincoln	NE	3:41:04	2006
	Mike Tripp			3:41:35	2009
25	David Dobkowski	St. Louis	MO	3:41:47	2008
	Tom May			3:42:07	2016
	Barry Morton	Toronto	CANADA	3:44:58	2015
	Don Zirbel	Sioux City	IA	3:45:46	1992
	Michael Kent	Des Moines	IA	3:47:29	1996
30	Hugh Emerson			3:47:36	2008
	Jim Behrens	St. Louis	MO	3:47:47	2012
	Rick Roeber	Lee's Summit	MO	3:48:02	2006
	Gary Ellis	Fulton	MO	3:48:14	1987
	Michael Oliszcak	Albert Lea	MN	3:51:40	2009
35	Gerald Collingham	Tarkio	MO	3:51:43	1996
	Dale Willis			3:52:46	2009
	Jim Stroup	St. Louis	MO	3:53:08	1997
	Joe Sportsman	Marceline	MO	3:53:43	1983
	Steve Young	Jefferson City	MO	3:54:24	1997
40	Jonathan Robinson	Orem	UT	3:55:04	1995
	Jerry Herndon	Cabin Creek	WV	2:56:00	1988
	John Adams			3:57:35	2011
	Cory Hove	Mesa	AZ	3:58:19	2012
	Mark Niblo	Blue Springs	MO	3:58:20	2009
45	Stephen Bourgeois	Steamboat Springs	CO	3:59:23	2014
	Hugh Emerson			3:59:28	2007
	Michael Brummer	Shumway	IL	4:01:42	2005
	Pat Dougherty			4:03:53	1983
	Bill Muchnick	St. Louis	MO	4:04:03	2007
50	Bob Chitwood	St. Louis	MO	4:04:12	2012

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	Tony Hahn	Springfield	MO	2:57:21	2004
	Dennis Simmons	Florissant	MO	3:17:52	1995
	Gary Mundhenke	Kansas City	MO	3:21:48	2013
	Don Johnson	Centralia	MO	3:22:14	1979
5	Thomas Wolf	Richland	IA	3:25:05	1978
	Steve Young	Jefferson City	MO	3:27:37	1998
	Howard Bentley	Jefferson City	MO	3:28:19	1980
	Raul Flores	Kansas City	MO	3:28:32	2007
	Earl Smith	Benton	IL	3:29:46	2004
10	Don Zirbel	Sioux City	IA	3:30:47	1993
	Mark Niblo	Blue Springs	MO	3:31:38	2010
	William Allen	Potosi	MO	3:34:13	2017
	Tony Greig	West Lafayette	IN	3:34:24	2004

	Allan Benjamin	Lincoln	NE	3:35:05	2007
15	Myrrl McBride	Albuquerque	NM	3:36:05	2003
	David Dobkowski	St. Louis	MO	3:38:05	2009
	Don Johnson	Centralia	MO	3:40:38	1980
	Jan Ryerse	Manchester	MO	3:40:38	1996
	Jamie Mondello			3:42:12	2006
20	Wael Sammur	Raymore	MO	3:47:01	2013
	Frank Pasquith	Emporia	KS	3:49:59	1999
	David Dumbacher			3:50:21	2009
	Gerald Collingham	Tarkio	MO	3:52:01	1997
	Robert Dolphin			3:53:46	1981
25	Houston Wolf	Cordova	TN	3:54:36	2014
	Jerry Williams	Parkville	MO	3:54:51	1995
	Ron Golan	Chesterfield	MO	3:57:12	2013
	Jim Behrens	St. Louis	MO	3:57:29	2013
	Rick Roeber	Lee's Summit	MO	3:58:12	2007
30	Robert Risser	Cameron	MO	3:58:13	1991
	Eric Rosenhauer			3:59:16	2010
	Jeff Wells			4:02:50	2009
	Don Schafer	Watauga	TX	4:03:20	2003
	Scott Worpell	McCordsville	IN	4:07:21	2011
35	Bob Merritt	Lecompton	KS	4:07:38	2009
	Jack Hudson	Mexico	MO	4:09:01	1996
	Michael Oliszcak	Council Bluffs	IA	4:10:48	2010
	John Allen	Strafford	MO	4:14:25	2017
	Tom May			4:14:49	2017
40	Michael Kent	Des Moines	IA	4:15:54	1997
	Ed Cook	St. Louis	MO	4:18:48	2007
	James Holstein			4:19:18	1979
	James Gorman	St. Louis	MO	4:23:19	2009
	Russell Jackson			4:28:38	2009
45	John Adams			4:31:26	2012
	Jeff Rhoades	Topeka	KS	4:35:53	2016
	Joel Sartwell			4:36:01	2011
	B. A. Moranville			4:36:43	1980
	Thomas Wiltsch	St. Louis	MO	4:38:48	2002
50	Andrew Bartczak	St. Paul	MN	4:39:25	2009

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	Dennis Simmons	Florissant	MO	3:10:53	1996
	Richard Johnson	Springfield	MO	3:17:32	2006
	Fred Fritsch			3:18:27	1988
	Bill Kotaska	St. Louis	MO	3:18:27	2014
5	David Biersmith	Kansas City	MO	3:21:00	1989
	William McClintock	Centerville	IA	3:21:41	2006
	Steve Young	Jefferson City	MO	3:24:21	1999

	Don Ryan	Eldon	MO	3:26:34	2001
	Gary Mundhenke	Kansas City	MO	3:26:55	2014
10	Wing-Kwong Keung	Perrysburg	OH	3:33:14	2003
	David Wilke	Florissant	MO	3:33:44	2011
	Earl Smith	Benton	IL	3:34:48	2005
	Joe Duncan			3:36:44	1986
	Clayton Mottaz	Overland Park	KS	3:38:04	1991
15	Tim Mahler	Springfield	MO	3:39:19	2012
	Wayne Davies	Oak Grove	MO	3:41:45	1993
	David Dobkowski	St. Louis	MO	3:42:05	2010
	D. Chongo Mundende	Edmond	OK	3:42:58	2006
	Howard Bentley	Jefferson City	MO	3:43:29	1981
	Dan Hanneken			3:44:02	2017
20	Michael Montgomery	Franklin	TN	3:45:43	1999
	Richard Hoft			3:46:54	1979
	Jim Behrens	St. Louis	MO	3:47:22	2014
	Mitch Neuhaus	St. Louis	MO	3:47:48	2012
	Hugh Emerson			3:48:22	2009
25	Philip Clark	Carthage	IL	3:49:37	1975
	Jim Snyder	Graham	NC	3:49:37	1998
	Jamie Mullen			3:52:50	2009
	Ron Golan	Chesterfield	MO	3:53:27	2014
	Gilbert Corrigan	Spanish Lake	MO	3:55:25	1981
30	Ed Mark	Toronto	CANADA	3:55:53	2013
	Jerry Williams	Parkville	MO	3:56:13	1995
	Wael Sammur	Raymore	MO	3:57:27	2014
	Michael Shiach	Bainbridge Island	WA	3:58:10	2003
	Michael Tygart	Sigourney	IA	3:58:18	1997
35	Eric Rosenhauer			4:01:47	2011
	Matthew Thomas	Maryland Heights	MO	4:04:09	2017
	Steve Stonecipher-Fisher			4:04:10	2009
	Walt Prescott	Decatur	IL	4:05:37	2006
	John O'Connor			4:09:15	1985
40	Rick Roeber	Lee's Summit	MO	4:09:37	2008
	Allan Holtz	Oakdale	MN	4:14:16	2002
	Edward Vastola	St. Louis	MO	4:15:47	1976
	Michael Light	Auburn Hills	MI	4:15:58	1999
	James Gorman	St. Louis	MO	4:17:01	2010
45	Brent Cary	Marshall	MO	4:20:01	2016
	Brad Eiffert			4:25:37	2011
	John Adams			4:26:28	2013
	Richard Hengst	Cape Girardeau	MO	4:30:02	2002
	Brian Winton			4:31:04	2014
50	Jerry Kelly	Marshall	MO	4:31:13	2004

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	Paul Jensen	Paonia	CO	3:13:20	1997
	Hal Higdon	Michigan City	IN	3:14:39	1984
	George Burr	Fenton	MO	3:16:52	1993
	William McClintock	Centerville	IA	3:23:48	2007
5	Don Johnson	Centralia	MO	3:24:23	1981
	Thomas Jordan	Champaign	IL	3:26:11	1993
	Steve Young	Jefferson City	MO	3:26:42	2000
	Allan Benjamin			3:29:18	2009
	John Leonhart	Urbandale	IA	3:30:19	2004
10	Ronnie Wilson	Ozark	MO	3:30:57	1999
	John Munson	Olathe	KS	3:30:58	2010
	Tim Mahler	Springfield	MO	3:31:32	2013
	Lorn Gwaltney	St. Louis	MO	3:31:47	1972
	Earl Smith	Benton	IL	3:34:12	2006
15	Richard Hoft			3:39:08	1980
	Roland Kurz	Hirlinger	GERMANY	3:39:15	2005
	James Maxwell	San Diego	CA	3:39:29	2009
	Fred Fritsch			3:40:22	1989
	David Dobkowski	St. Louis	MO	3:41:38	2011
20	David Zajic	Decatur	AL	3:43:40	2011
	Richard Johnson	Springfield	MO	3:48:31	2007
	Garry Gribble	Kansas City	MO	3:51:54	1992
	David Dumbacher			3:52:24	2011
	Frank Pasquith	Emporia	KS	3:52:55	2002
25	Vern Frank	Versailles	MO	3:53:22	1985
	Robert Risser	Cameron	MO	3:53:23	1993
	Ken Best	Kailua	HI	3:54:07	1995
	Edward Vastola	St. Louis	MO	3:54:09	1977
	Tony Recker	Smyrna	TN	3:54:41	2005
30	Carl Pasquith	Emporia	KS	3:55:25	2001
	Jim Gunderson	St. Charles	MO	4:01:45	2006
	David Oldfield			4:01:47	1998
	John Voorhis	St. Petersburg	FL	4:03:37	2007
	George Coshon	Kansas City	MO	4:04:18	1978
35	Eric Shover	Barry	IL	4:06:07	2014
	Jimmy Butler	Nevalla	OK	4:08:04	1972
	Hugh Emerson			4:08:12	2010
	Dennis Vaughan	Lansing	KS	4:15:26	2010
	Bob Dolphin			4:16:15	1982
40	John O'Connor			4:21:32	1986
	Thomas Quigley	Union	MO	4:21:53	2001
	B. A. Moranville			4:22:38	1981
	James Gorman	St. Louis	MO	4:25:33	2011
	Rick Roeber	Lee's Summit	MO	4:26:03	2009
45	Douglas Huff	Macomb	IL	4:28:09	2003

	Tom Moore	Greenwood	MO	4:28:49	2011
	Richard Hengst	Cape Girardeau	MO	4:31:28	2003
	Joseph Vierthaler	St. Charles	MO	4:32:31	2000
	Mark Stolzer	Fenton	MO	4:35:18	2009
50	Joseph Newbower	Chesterfield	MO	4:40:09	2001

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	Thomas Dever	Terre Haute	IN	2:53:18	2011
	R. H. Mahoney	Springfield	MO	3:07:07	1981
	Phillip Schaefer			3:16:49	2007
	Bill Kotaska	St. Louis	MO	3:18:55	2016
5	Don Johnson	Centralia	MO	3:25:12	1982
	Dennis Simmons	Florissant	MO	3:28:58	1998
	Alan Krenzelok	Jonesboro	AR	3:31:06	2011
	Steve Young	Jefferson City	MO	3:31:14	2001
	Greg Schuman	Belton	MO	3:31:20	2012
10	Sy Mah	Toledo	OH	3:34:07	1980
	Tim Mahler	Springfield	IL	3:34:53	2014
	Allan Benjamin	Lincoln	NE	3:35:30	2010
	Gary Mundhenke	Kansas City	MO	3:37:18	2016
	Dick Hessler			3:38:11	1995
15	John Munson	Olathe	KS	3:42:04	2011
	Wayne McReynolds	Marshall	MO	3:43:54	1993
	Dick Madsen			3:44:02	1996
	Bob Dewar	Springfield	MO	3:45:18	1999
	Mitch Neuhaus	St. Louis	MO	3:47:23	2014
20	Joe Duncan			3:48:17	1988
	R. W. Berkey	Enumclaw	WA	3:48:24	1991
	Charles Bertalot	Tulsa	OK	3:48:42	1995
	Tom Olerich	Olathe	KS	3:49:24	2003
	Richard Johnson	Springfield	MO	3:49:35	2008
25	Bob Dolphin			3:52:24	1983
	Hugh Emerson			3:52:34	2011
	Garry Gribble	Kansas City	MO	3:52:40	1993
	Leonard Kupersmith	Joplin	MO	3:55:41	2001
	David Dobkowski	St. Louis	MO	3:58:38	2012
30	Robert Risser	Cameron	MO	3:59:16	1994
	Wael Sammur	Raymore	MO	3:59:40	2016
	Vern Frank	Versailles	MO	4:00:18	1987
	Dan Hurlburt	Lincoln	NE	4:03:03	2002
	Wayne Weppner	Sullivan	MO	4:06:34	2000
35	John Main	Ballwin	MO	4:08:29	1985
	Tony Briski	Menifee	CA	4:09:07	2003
	Greg Massanelli	Little Rock	AR	4:09:27	2015
	Frank Hutto	Jefferson City	MO	4:12:51	2011
	Gerald Kraft	Waynesville	MO	4:13:29	1997

40	Larry Thompson	Woodbury	NY	4:16:20	2004
	Ron Golan	Chesterfield	MO	4:19:54	2016
	Jim Gunderson	St. Charles	MO	4:20:50	2007
	Edward Vastola	St. Louis	MO	4:23:29	1978
	Tony Ball	Fair Grove	MO	4:24:16	2009
45	Wylie Horne	Millington	TN	4:25:49	2013
	Mike Allen	Dayton	OH	4:28:08	2003
	David Vent	Spokane	WA	4:28:25	1991
	David Swenson	Ames	IA	4:30:52	2009
	Joseph Neubauer	Chesterfield	MO	4:35:43	2002
50	Timothy Powell	Akron	OH	4:39:45	2014

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	Bill Kotaska	St. Louis	MO	3:19:28	2017
	Ronnie Wilson	Ozark	MO	3:19:33	2001
	Philip Schaefer			3:21:51	2008
	John Richardson	Kirksville	MO	3:24:12	2009
	Brian Hammons	Springfield	MO	3:25:50	2013
5	Don Johnson	Centralia	MO	3:27:17	1983
	Richard Hoft			3:32:32	1982
	Wing-Kwong Keung	Perrysburg	OH	3:32:35	2006
	Gary Mundhenke	Kansas City	MO	3:36:50	2017
	Dick Madsen			3:40:34	1997
	Lorn Gwaltney	St. Louis	MO	3:47:58	1974
10	Clay Mottaz	Overland Park	KS	3:50:17	1994
	Allan Benjamin	Gainesville	FL	3:50:20	2011
	Tim Mahler	Springfield	IL	3:50:48	2015
	Mitch Neuhaus	St. Louis	MO	3:51:48	2015
	Bill Woolsey	Kansas City	MO	3:53:24	2007
15	David Dobkowski	St. Louis	MO	3:53:49	2013
	Jim Behrens	St. Louis	MO	3:54:17	2017
	Bob Dewar	Springfield	MO	3:57:17	2000
	Wally Herman	Ottawa	CANADA	3:58:38	1981
	Jim Gunderson	St. Charles	MO	3:59:45	2008
	Mike Hollis	Springfield	MO	4:01:24	2009
20	Lou D'Angelo	Pittsburgh	PA	4:04:59	2017
	Rene LeBrun	Granite City	IL	4:05:55	1985
	Ron Golan	Chesterfield	MO	4:08:07	2017
	Jim Diederich	Hartsburg	MO	4:08:23	2014
	Kenneth Fisher	St. Louis	MO	4:08:52	2005
25	Joseph Neubauer	Chesterfield	MO	4:10:07	2003
	Hugh Emerson			4:12:55	2013
	John Munson	Olathe	KS	4:15:18	2012
	Tom Dresser			4:19:28	1999
	Don Miller	LaPlata	MO	4:22:11	1999
30	Sy Mah	Toledo	OH	4:22:38	1981

	Michael Kamitsuka	Bellevue	WA	4:24:51	2010
	Wayne McReynolds	Marshall	MO	4:27:45	1994
	Steve Pollock	Novato	CA	4:31:39	2015
	Clarence Coats			4:34:40	2003
35	Don Ellis	Mamphis	TN	4:35:56	2000
	David Swenson	Ames	IA	4:36:29	2010
	Wael Sammur	Raymore	MO	4:38:38	2017
	Gordon Deshon	Lancaster	KY	4:42:45	1998
	Hugh Emerson			4:44:19	2012
40	Doug Jacobson	Crocker	MO	4:44:41	2013
	William Casey	Ashland	MO	4:46:18	2010
	Steve Neibergall	Gilbert	AZ	4:49:16	2016
	Tom Moore	Greenwood	MO	4:53:52	2013
	Joe Ely West	Lafayette	IN	4:54:29	2009
45	Kevin Brosi	Flower Mound	TX	5:02:02	2010
	Boty McDonald	Ridgeland	MS	5:08:10	2016
	John Schulz			5:09:52	2013
	Bill Whipp	Carlisle	OH	5:10:42	1999
	Richard Hengst	Cape Girardeau	MO	5:11:45	2005
50	John Quick	St. Peters	MO	5:19:30	2012

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	Philip Schaefer			3:22:38	2009
	Ronnie Wilson	Ozark	MO	3:23:46	2002
	William Andberg	Anoka	MN	3:27:06	1967
	John Munson	Olathe	KS	3:32:44	2013
5	Jongwan Kim	Glenview	IL	3:32:52	2013
	Clyde Johnson	Springfield	MO	3:36:10	1977
	Doug McEney	San Antonio	TX	3:36:48	1980
	Daryl Simon	Rogersville	MO	3:37:41	2004
	Paul Schoenlaub	St. Joseph	MO	3:39:52	2015
10	Allen Budd	Memphis	TN	3:41:25	2000
	Earl Smith	Benton	IL	3:42:06	2009
	David Dobkowski	St. Louis	MO	3:42:28	2014
	Don Johnson	Centralia	MO	3:43:09	1984
	Richard Hoft			3:44:06	1983
15	Tim Mahler	Springfield	IL	3:37:49	2016
	Paul Schoenlaub	St. Joseph	MO	3:39:52	2015
	Jim Gunderson	St. Charles	MO	3:48:07	2009
	Jeff Mittelhauser	Sedalia	MO	4:04:25	2013
	Terry Sandwith	Slater	MO	4:05:54	2014
20	Allan Benjamin	Gainesville	FL	4:07:44	2012
	Dan Jolley	Springfield	MO	4:08:43	2003
	John Hill	Moberly	MO	4:09:34	2009
	Norman Head	San Diego	CA	4:12:52	1987
	Bill Woolsey	Kansas City	MO	4:18:01	2008

25	William Knox	Baton Rouge	LA	4:23:24	2000
	Ed Cook	St. Louis	MO	4:30:28	2011
	Willie Johnson	Randallstown	MD	4:35:36	1999
	Marshall Silence	Neosho	MO	4:35:59	2002
	David Swenson	Ames	IA	4:39:31	2011
30	Chris Revoir	Ozark	MO	4:40:34	2009
	Doug Jacobson	Crocker	MO	4:42:43	2014
	Dave Jones			4:44:20	2009
	Tom Moore	Greenwood	MO	4:48:36	2014
	Chuck Savage	Ocala	FL	4:53:31	1995
35	Robert Smith	Junction City	KS	4:55:34	1999
	Ray Rutherford			4:58:07	2010
	Charles Moore	Mineola	NY	5:01:48	2008
	Craig Johnston			5:07:11	2012
	Richard Worley	Kingwood	TX	5:14:57	2003
40	John Chambers	Bloomington	IL	5:18:50	2000
	John Schulz			5:26:46	2014
	Jim Andrews	Springfield	MO	5:31:28	1979
	Todd Christell	Springfield	MO	5:36:05	2010
	Terry Robb			5:37:10	2011
45	Paul Morgan	Altamonte Springs	FL	5:40:52	1997
	Gary Durcholz	Williamsville	MO	6:02:30	2013
	Jack Hudson	Mexico	MO	6:28:28	2001
	Larry Walters			5:35:02	2015
	Glenn McQueen	Lakeville	IN	6:39:53	2013

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	Philip Schaefer			3:17:02	2010
	William Andberg	Anoka	MN	3:17:32	1968
	Ronnie Wilson	Ozark	MO	3:30:13	2003
	Andrew Kotulski	Montclair	NJ	3:38:37	1997
5	Richard Hoft			3:40:28	1984
	Don Johnson	Centralia	MO	3:41:10	1985
	David Dobkowski	St. Louis	MO	3:51:47	2015
	David Oldfield			3:44:23	1996
	Tim Mahler	Springfield	IL	3:47:49	2017
10	Charles Barnhart	West Plains	MO	3:48:50	1982
	Joseph Poliquin	East Hartford	CT	3:51:39	2009
	Clyde Johnson	Springfield	MO	3:53:08	1978
	Tom Detore	Unadilla	NE	3:53:17	2005
	Doug Henschel	Sinking Spring	PA	3:58:39	2007
15	Tom Moore	Greenwood	MO	4:01:52	2015
	Gary Fuerst	Fenton	MO	4:02:01	2009
	Mitch Neuhaus	St. Louis	MO	4:03:15	2017
	Jim Gunderson	St. Charles	MO	4:04:12	2010
	Joe Johnson	St. Louis	MO	4:06:34	2011

20	James Kuczowski	Crystal Lake	IL	4:08:03	1995
	Gordon Purser	Tulsa	OK	4:09:03	2013
	Norman Head	San Diego	CA	4:09:06	1988
	Bill Woolsey	Kansas City	MO	4:09:58	2009
	Ed Downey	Mandeville	LA	4:19:33	2010
25	Mario Martinez	Kirkville	MO	4:20:28	2010
	Tony Recker	Hermitage	TN	4:21:47	2009
	Don Miller	LaPlata	MO	4:23:03	2001
	Byron Tracy	Robinson	IL	4:23:40	1993
	Richard Johnson	Springfield	MO	4:28:40	2011
30	Charles Moore	Mineola	TX	4:35:39	2009
	Larry Mays	Newcastle	OK	4:41:37	2006
	Kent Wylie	Glencoe	MO	4:43:41	2010
	Oliver Blaise, Jr.	Kirkwood	NY	4:48:07	2004
	Mark Lidman	Gladstone	MO	4:50:24	2005
35	Willie Johnson	Sedalia	MO	4:52:12	2000
	Stuart Huddleston	Jefferson City	MO	4:52:56	2012
	David Swenson	Ames	IA	4:54:41	2012
	Doug Jacobson	Crocker	MO	4:55:00	2015
	Brent Fitzgerald	Herrin	IL	4:58:10	2005
40	Ken Fattmann	Walnut Shade	MO	5:16:29	2013
	Jack Hudson	Mexico	MO	7:00:00+	2002

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	Philip Schaefer			3:15:49	2011
	Don Johnson	Centralia	MO	3:30:55	1986
	Clyde Johnson	Springfield	MO	3:36:01	1979
	Clay Mottaz	Overland Park	KS	3:37:38	1997
5	Lee Stubblefield	Cassville	MO	3:38:13	2014
	Robert Keough	Kirkville	MO	3:38:35	2009
	Ronnie Wilson	Springfield	MO	3:39:52	2004
	Jim Griffin	Joplin	MO	3:40:36	2016
	David Oldfield			3:44:23	1995
10	Jim Gunderson	St. Charles	MO	3:48:30	2011
	John Richardson	Kirkville	MO	3:48:57	2012
	Tom Moore	Greenwood	MO	3:56:00	2016
	Ronald Storm	Miami	FL	3:56:31	1980
	Allan Benjamin			4:04:31	2014
15	Richard Hoft			4:10:09	1985
	Robert Risser	Cameron	MO	4:17:33	1998
	Ed Downey	Mandeville	LA	4:18:09	2011
	Bill Woolsey	Kansas City	MO	4:21:55	2010
	Andrew Kramer	Muskego	WI	4:24:02	2014
20	Jim McDermott	Camdenton	MO	4:30:01	2012
	Marion Hoffman	Fort Myers	FL	4:31:38	2007
	Don Ellis	Memphis	TN	4:33:49	2004

	Donald Loden	Joplin	MO	4:36:35	2012
	Edson Sanches	New York	NY	4:40:04	2008
25	Robert Boehm	Shawnee	KS	4:41:27	2008
	Tom Detore	Unadilla	NE	4:42:22	2006
	Jeff Ranson	Hurricane	WV	4:46:44	2010
	David Swenson	Ames	IA	4:53:47	2013
	Willie Johnson	Sedalia	MO	4:59:25	2001
30	Deckle McLean	Ma+C2251Comb	IL	4:59:44	1999
	Hugh Emerson			5:06:45	2015
	Jose Garcia	Wilmington	DE	5:15:27	1992
	Don Patterson			5:21:04	1980
	John Zielinski	Shreveport	LA	5:21:11	2010
35	Peter Endryck	Valatie	NY	5:26:53	2013
	Steven Fuller	Kansas City	MO	5:29:18	2017
	Doug Dubisar	Marshall	MO	5:42:24	2007
	Glennon Rost	Quincy	IL	5:47:35	2017
	Seth Sundin	St. Clair Shores	MI	5:52:24	2000
40	Jack Hudson	Mexico	MO	5:56:55	2003
	James Found	West Chester	OH	6:22:53	2014

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	Robert Dolphin	Yakima	WA	3:09:31	1988
	Gerald Glass	Springfield	MO	3:18:21	1997
	Don Johnson	Centralia	MO	3:30:28	1987
	John Blaser	De Soto	MO	3:34:40	2016
5	Ronnie Wilson	Ozark	MO	3:38:30	2005
	Louis Joline	Lake Lotowana	MO	3:38:48	2005
	Gary Fuerst	Fenton	MO	3:41:18	2011
	James Gardner	Henderson	TN	3:41:30	2010
	John Richardson	Kirksville	MO	3:42:39	2013
10	Bill Macy	Lincoln	NE	3:47:00	1998
	Bruce Gilbert	Lenexa	KS	3:47:44	2009
	Steve Young	Jefferson City	MO	3:49:01	2006
	Tom Moore	Greenwood	MO	3:54:00	2017
	Randy Eckhoff	Park Hills	MO	3:54:55	2015
	Bill Drummond	Springfield	MO	4:00:55	2006
	Dominic Ruffalo	Kenosha	WI	4:08:58	2010
15	George Southgate	Calhoun	GA	4:14:58	2005
	David Dobkowski	St. Louis	MO	4:16:37	2017
	Don Dornfield	St. Paul	MN	4:17:09	2002
	Joseph Neubauer	Ferguson	MO	4:18:00	2007
	Jim Gunderson	St.Charles	MO	4:18:02	2012
20	Tony Recker	Hermitage	TN	4:24:00	2011
	Bill Pauls			4:33:09	2009
	Long Vu	Oklahoma City	OK	4:43:07	2009
	Michael Ball	Wellsville	PA	4:46:25	2012

	Jim Hyde	Springfield	MO	4:49:47	2005
25	Allan Benjamin			4:51:56	2016
	Cliff Burgess	Waco	TX	4:53:45	1988
	Dennis McCarthy	St. Louis	MO	4:56:44	2016
	Bill Freeman	Mulkeytown	IL	4:58:38	2009
	William Casey	Ashland	MO	5:06:52	2014
30	Mark Lidman	Kansas City	MO	5:12:00	2007
	Rick Roeber	Lee's Summit	MO	5:21:30	2015
	Robert Cote	Lamar	MO	5:22:02	2013
	Deckle McLean	Macomb	IL	5:40:42	2000
35	Jack Hudson	Mexico	MO	5:50:36	2004
	John Schulz			5:55:56	2017
	Terry Robb			6:01:55	2014

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	Gerald Glass	Springfield	MO	3:17:11	1998
	Philip Schaefer			3:22:00	2013
	Don Johnson	Centralia	MO	3:37:27	1988
	Ronnie Wilson	Ozark	MO	3:41:37	2006
5	Steve Young	Jefferson City	MO	3:44:12	2007
	Ken Beach	Raytown	MO	3:54:19	2012
	Mike Rosner	Huntsville	UT	3:55:58	2005
	Robert Dewar	Springfield	MO	3:56:20	2006
	Joe Ogata	Pacoima	CA	4:00:12	2009
10	Mike Fleming	Omaha	NE	4:00:15	2002
	Robert Dewar	Springfield	MO	4:01:18	2005
	John Leonhart	Urbandale	IA	4:01:30	2011
	Gary Fuerst	Fenton	MO	4:04:55	2012
	Bill Hendy	Worden	IL	4:09:52	1999
15	John Rehm	Big Prairie	OH	4:10:12	2007
	Jim Carr	St. Louis	MO	4:12:35	2010
	Ned Hughes	Nenah	WI	4:19:45	2007
	Jim Gunderson	St. Charles	MO	4:20:45	2013
	Jerry Kelly	Marshall	MO	4:21:56	2012
20	Jim McDermott	Camdenton	MO	4:24:56	2014
	Raul Flores	Kansas City	MO	4:25:17	2016
	Philip Bischof	Houston	TX	4:34:55	1992
	Stephen Rechten	Florissant	MO	4:35:29	2014
	Steve Huff	St. Joseph	MO	4:36:39	2008
25	William Dusch	Concord	NC	4:37:34	2013
	Eugene DeFronzo	Waterbury	CT	4:49:45	1996
	Paul James	Stanley	IA	4:52:47	2013
	Frank Pasquith	Ottawa	KS	4:55:27	2008
	Howard Mayes	St. Charles	MO	4:56:29	2011
30	Joe Johnson	St. Louis	MO	4:56:33	2014
	Gary Campbell	Elk Grove	CA	4:57:42	2015
	Rob Eichelberger			4:57:42	2014

	Long Vu	Oklahoma City	OK	5:09:04	2010
	Tom Detore	Lenexa	KS	5:12:24	2008
35	William Casey	Ashland	MO	5:15:39	2015
	Bill Rex	Geneva	IL	5:16:15	2000
	Tom Pebworth	Richmond	VA	5:31:03	1996
	Robert Lee			5:41:25	1993
	Allan Benjamin			6:04:48	2016
40	Rick Roeber	Lee's Summit	MO	6:28:44	2016
	Roland Lorenzo	Naperville	IL	6:42:45	2013
	Terry Robb			7:15:30	2015
	Jack Hudson	Mexico	MO	7:30:00+	2005

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	Gerald Glass	Springfield	MO	3:12:10	1999
	Louis Joline	Lake Lotawana	MO	3:24:55	1993
	Ken Beach	Raytown	MO	3:40:53	2013
	Charles Mabry	Springfield	MO	3:43:42	2004
5	Truman Waldrup	Cape Girardeau	MO	3:51:27	1985
	Bob Dolphin	Yakima	WA	3:52:05	1991
	Robert Dewar	Springfield	MO	3:52:05	2007
	Don Johnson	Centralia	MO	3:56:29	1989
	Steve Young	Jefferson City	MO	3:57:33	2008
10	Glen Zirbel	Ankeny	IA	4:09:59	1992
	Tom Detore	Lenexa	KS	4:10:49	2009
	Allan Benjamin			4:17:18	2017
	Bill Solomon	Overland Park	KS	4:18:07	1999
	Tony Recker	Hermitage	TN	4:25:48	2013
15	Steve Huff	St. Joseph	MO	4:27:48	2009
	Lyle Langlois	Phoenix	AZ	4:28:25	1991
	Ken Fattmann	Bentonville	AR	4:33:54	2017
	Don Johnson	Centralia	MO	4:38:38	1990
	Tom Detore	Lenexa	KS	4:45:36	2010
20	Will Hofacker	Richmond	VA	4:46:00	2017
	Moo Lin	Walnut	CA	4:48:03	2010
	Gus Cardenas	Albuquerque	NM	4:49:29	1995
	Mark Bussen	St. Louis	MO	4:58:49	2015
	William Casey	Ashland	MO	4:59:07	2016
25	Brent Fitzgerald	Herrin	IL	5:08:41	2009
	Alexis Davidson	Brooklyn	NY	5:08:50	2017
	Harry Hoffman, Jr.	Port Salerno	FL	5:12:19	2002
	Mike Brooks	Danville	ME	5:23:58	2007
	Joseph Neubauer	St. Louis	MO	5:38:26	2009
	Mirek Malinowski	The Woodlands	TX	6:14:56	2002

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	Gerald Glass	Springfield	MO	3:22:34	2000
	Phil Schaefer			3:36:54	2015
	Chuck Van Duzee	Bradenton	FL	3:56:51	1999
	Robert Dewar	Springfield	MO	3:57:16	2008
5	Tom Kilburn	Pittsburg	TX	4:05:02	2007
	Steve Young	Jefferson City	MO	4:08:36	2009
	Don Johnson	Centralia	MO	4:12:18	1991
	Eddie Lee	Sylva	NC	4:17:21	2011
	Jim Gunderson	St. Charles	MO	4:21:44	2015
10	Steven Fuller	Kansas City	MO	4:34:32	2010
	Robert Bishton	Ft. Meyers Beach	FL	4:34:47	2012
	Jim McDermott	Camdenton	MO	4:46:29	2015
	Chris Pond	Richmond	VA	4:47:30	2007
	Peter Levine	Silver Spring	MD	5:10:46	2007
15	William Casey	Ashland	MO	5:21:22	2017
	Steve Hughes	Chicago	IL	5:26:00	2011
	Terry Nelson	Kansas City	MO	5:32:00	2009
	Michael Sinnett	Kingston	WA	6:03:25	2011
	Laurence Macon	San Antonio	TX	6:10:14	2007
20	Donald Lang	Glendale	CA	6:15:16	1997
	Terry Robb			6:39:15	2017
	Michael Larkin	Fountain Valley	CA	6:43:03	2009
	Jack Hudson	Mexico	MO	6:55:00	2007

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	Phil Schaefer			3:27:19	2016
	Steve Young	Jefferson City	MO	3:50:26	2010
	James Maxwell	San Diego	CA	4:11:12	2017
	Chin Lin	League City	TX	4:34:51	2002
5	Tom Detore	Lenexa	KS	4:56:05	2011
	Ralph Thompson	Akron	OH	4:57:22	2010
	Jim McDermott	Camdenton	MO	5:06:23	2017
	Philip Fields	Mobile	AL	5:12:36	2011
	Ray Scharenbrock	S. Milwaukee	WI	5:15:08	1996
10	Mickey Owen	Springfield	MO	5:22:36	1979
	Val Mertens	Chicago	IL	5:26:15	2017
	Jim Gunderson	St. Charles	MO	5:29:25	2016
	Steve Hughes	Little Rock	AR	5:36:23	2012
	Tom Conrad	Reston	VA	5:47:58	1999
15	Gerald Bocci	Grosse Pointe	MI	5:50:51	2001
	Frank Bartocci	Rochester	MN	5:56:44	2011
	Jim Hyde	Springfield	MO	6:05:01	2009
	Charles Seefeldt	Ft. Worth	TX	6:09:53	2014
	Chuck Savage	Ocala	FL	6:18:08	2001

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	Louis Joline	Lake Lotowana	MO	3:39:48	1996
	Phil Schaefer			3:44:26	2017
	Steve Young	Jefferson City	MO	3:56:42	2011
	Robert Dewar	Springfield	MO	4:22:37	2009
5	Richard Johnson	Springfield	MO	4:26:16	2017
	Ira Robinson	Texarkana	TX	4:29:18	2004
	Francesco Criniti	Philadelphia	PA	4:30:26	2008
	Jan Ryerse	Ballwin	MO	4:31:44	2009
	Dan Jolley	Springfield	MO	4:33:32	2011
10	Bruce Edwards	St. Charles	MO	4:41:46	2013
	Daniel Brown	Abilene	TX	4:52:35	2014
	Arthur Brooks	St. Albans	UK	5:00:03	2016
	Ronald Rogers	Chattanooga	TN	5:00:23	2014
	Charles Moore	Mineola	TX	5:10:30	2016
15	Tom Detore	Lenexa	KS	5:13:17	2012
	James Simpson	Huntington Beach	CA	5:38:34	2006
	Bill Grass	McAllen	TX	5:43:23	2003
	Alan Steggles	Ravenna	OH	6:14:04	2002

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	Louis Joline	Lake Lotowana	MO	3:31:08	1997
	Dan Shuff	San Antonio	TX	3:56:17	2000
	Larry Larson	Bradenton	FL	4:34:01	1999
	Bruce Edwards	St. Charles	MO	4:42:21	2014
5	Glen Zirbel	Ankeny	IA	4:49:13	1996
	Thomas Kuhn	Beaverton	OR	4:59:25	2017
	Charles Moore	Mineola	TX	5:05:11	2017
	George Stump	Cincinnati	OH	5:11:05	2002
	Tom Detore	Lenexa	KS	5:24:31	2013
10	Donald Osman	Camp Hill	PA	5:45:06	1996
	Parick Lee	Ashland	MO	5:45:58	2016
	Eugene Defronzo	Waterbury	CT	5:50:17	2001
	Leslie Hill	Republic	MO	5:54:36	1981

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	Gerald Glass	Springfield	MO	3:29:02	2004
	George Stump	Cincinnati	OH	4:29:59	2003
	Robert Dewar	Springfield	MO	4:38:21	2012
	James Hillbrick			4:54:15	2012
5	Dan Jolley	Springfield	MO	5:01:59	2013
	Rob Spier			5:33:54	1988
	George Southgate	Calhoun	GA	5:36:13	2012

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	Louis Joline	Lake Lotowana	MO	3:33:09	1999
	Bruce Edwards	St. Charles	MO	4:57:19	2016

George Stump	Cincinnati	OH	5:24:26	2004
Jon Roberts	Winona	MO	5:39:51	2014
Tom Detore			5:40:27	2015
5 Gordon Duvaul	Roseburg	OR	5:46:44	2011
Donald Landry	Montreal	CANADA	6:16:42	2012

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Louis Joline	Lake Lotowana	MO	4:16:37	2000
Don Osman	Camp Hill	PA	4:56:53	1999
Rodney Johnson	Richmond	VA	4:57:39	2007
Bill Perry	Lee's Summit	MO	5:05:20	2010
5 Tom Detore			5:07:07	2016
Robert Dewar	Springfield	MO	5:11:15	2014
Bruce Edwards	St. Charles	MO	5:15:27	2017
Roger Biggs	Stevenage	UK	5:15:39	2016
Tom Detore			5:19:01	2017
Charles Sayles	Glendale	CA	5:42:02	2005

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John Schneller	West Des Moines	IA	4:04:37	2013
Bonnard Moseley			4:06:19	1988
Ira Robinson	Texarkana	TX	4:45:20	2009
Mark Pitts	Indianapolis	IN	4:50:51	2012
5 Herbert Johnson	Independence	MO	4:58:53	2007
Leon McGahee	St. Louis	MO	5:41:45	2001
Rod Vahle	Philadelphia	PA	5:44:53	2012
John Strand	Orange	CA	5:50:54	2003

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Lincoln Bruce Katter	Edmonds	OK	4:23:27	2005
Howard Calkin	Oregon	MO	4:30:56	1981
PH Haroz	Peachtree Corners	GA	5:27:26	2017
Roger Hauge	Excelsior	MN	5:27:34	2001
5 Wayne McReynolds	Marshall	MO	5:44:54	2009
Herb Brown	Independence	MO	5:54:50	2008
Hal Higdon	Michigan City	IN	6:22:05	2001

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Howard Calkin	Oregon	MO	4:23:13	1982
John Schneller	West Des Moines	IA	4:37:03	2015
Randolph Smith	Atlanta	GA	5:15:08	1996

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Louis Joline	Lake Tapawingo	MO	4:10:30	2004
Howard Calkin	Oregon	MO	4:24:37	1983
Krupakar Revanna	Fallsd Church	VA	5:31:53	2015

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Howard Calkin	Oregon	MO	5:05:20	1984
David Bruce	New Smyrna Beach	FL	5:37:49	2015

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Chuck McFerren	Salem	OR	6:24:05	1992
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George Stump	Cincinnati	OH	6:32:02	2013
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Dan Shuff	San Antonio	TX	5:05:25	2013
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AGES NOT KNOWN OF THOSE UNDER 3:30

	Karl Weiser	Madison	WI	2:41:03	1966
	Phil Weiser	Minneapolis	MN	2:46:07	1966
	Lou Coppens	Philadelphia	PA	2:48:09	1965
	Robert Lowe	Denver	CO	2:49:41	1966
5	Jack Mahurin	Washington	OH	2:53:35	1966
	John Miller	Oak Creek	WI	2:55:24	1976
	Bob Mohler	Wichita	KS	2:57:25	1966
	John Gundy	Yorkshire	ENGLAND	2:58:03	1963
	Henry Shawnee	Weatherfork	OK	2:59:02	1970
10	Julian Scott	Minneapolis	MN	2:59:03	1967
	Tom Findley	Columbis	OH	2:59:36	1967
	John Jarosinski	Indianapolis	IN	3:04:10	1963
	Gerald Hull	Edwardsville	IL	3:06:41	1970
	Jim Coucill	Waverly	RI	3:07:13	1963
15	Charles Sayward	Lincoln	NE	3:10:43	1970
	John Dunn	Lake Bluff	IL	3:14:35	1970
	Roger Smith	Fulton	MO	3:16:45	1980
	Ted Hoffman	Ft. Hood	TX	3:17:55	1971
	Jerry Jones	Olmsted AFB	PA	3:19:19	1963
20	Jerry Mathis			3:21:10	1961
	Dwight Pierson	Rochester	MN	3:23:32	1970
	? Wall			3:23:49	1981
	Lawrence O'Brien	Ashland	MO	3:25:40	1980
	James Baugus	Wynne	AR	3:28:13	1970
25	Ricky Richardson	N. Little Rock	AR	3:29:15	1970
	Daryl Muhrer			3:29:57	1963

FEMALE

Top 25 and all under 4:30, each age

	11				
Gabriele Warrington	Kansas City	MO	4:53:05	1976	
Sally Teel			6:29:31	1974	

	13				
Kyleen Albert			5:29:47	1999	

	14				
Adrienne Siebert			4:42:00	1996	

	15				
Kathy Phelps	Topeka	KS	4:45:38	1970	

	16				
Maggie Mosier	Manhattan	KS	4:20:40	1999	
Kienna Walker	New Bloomfield	MO	4:31:17	1987	

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Tracy Cox			4:05:04	1983
Elizabeth Shingler	Bethesda	MD	4:11:34	2002
Samantha Hajicek	Independence	MO	4:49:28	2010

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Diane Busenbark	Flat River	MO	4:24:00	1979
Melissa Young	Foristell	MO	4:42:39	2002
Tracy Cox			4:47:36	1984
Mary Gaye Flentge			4:54:45	1979
5 Allie Singleton	Claremore	OK	5:03:46	2013

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Kyla Berendzen			3:21:46	2009
Diane Busenbark	Flat River	MO	3:51:51	1980
Beth Darnell			3:52:30	1990
Tracy Cox			3:53:43	1985
5 Paige Butler			3:58:30	1978
Jennifer McDonnell	Kirkville	MO	4:40:11	2001
Kathy Werp	Madison Heights	MI	4:40:18	1981
Anna Corkery	Iowa City	IA	4:40:43	2012
Christine Baugh	Lone Jack	MO	4:53:44	2007
10 Caitlin Schuessler	St. Louis	MO	5:05:09	2008
Kayla Thompson	Defiance	MO	5:10:39	2014
Katherine Cogswell			5:43:16	1979

20

Natalie Runkle	St. Louis	MO	3:19:48	2015
Paige Butler			3:45:47	1979
Lacey Fecht	Carthage	IL	3:55:47	2002
Chelsea Bessey	Kirkville	MO	4:00:50	2004
5 Tracy Cox			4:09:24	1986
Jennifer Capra			4:28:09	2004
Mary Taylor	Camp Verde	AZ	4:42:55	1999
Courtney Carpunky	Jerseyville	IL	4:47:00	2016
Angela Veldhuizen	Ames	IA	4:56:31	2004
10 Karen Hadra	Evanston	IL	4:56:34	1997
Nicole Beaulieu	Evanston	IL	4:56:35	1997
Alyssa Goodman	Northbrook	IL	5:07:06	2011

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Kyla Berendzen			3:10:25	2011
Danielle Chirumbole	St. Louis	MO	3:45:35	2014
Sarah Grosse			4:09:17	2009
Jordann Dhuse			4:10:35	2015
5 Mary Elsea			4:12:04	1983
Karen Rolph			4:12:06	1983

	Shanna Trendley	Edwardsville	IL	4:19:54	2004
	Kyle Hunt	Tulsa	OK	4:24:01	1999
	Tracy Cox			4:44:46	1987
10	Alyssa Goodman	Northbrook	IL	4:56:51	2012
	Regina Davenport	Moberly	MO	5:00:49	2011
	Sarah Magill			5:12:54	2000
	Teena Sechler			5:13:21	1977
	Sarah Cleveland	Danville	IL	5:25:12	2012
15	Emily Adams			5:29:19	2009

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	Debbie Hoxworth			3:23:44	1980
	Jessica Connery	Kearney	MO	3:28:50	2013
	Allyson Weimer	Washington	OK	3:29:00	2010
	Lisa Harrison			3:32:42	1987
5	Shanna Trendley	St. Louis	MO	3:34:27	2005
	Angela Hessler			3:38:04	1995
	Sharon Nelson			3:47:50	1979
	Rachel Mends			3:53:00	2010
	Michelle Schuster			3:55:40	2001
10	Christine Crawford	Springfield	MO	3:56:38	2006
	Anne Sears			3:59:45	1984
	Nicole Hilgenberg			4:01:45	2003
	Marsha Xiong	Kansas City	MO	4:02:57	2012
	Kim Robertson	Nixa	MO	4:04:22	2006
15	Elizabeth Palmieri			4:06:10	2014
	Angie Rupp			4:15:27	1984
	Sara Backer	Fulton	MO	4:16:20	2004
	Mindy Coolman			4:38:47	2004
	Holly Nguyen	Kyle	TX	4:40:16	2015
20	Aubrey Jameson	Smithville	MO	4:49:11	2015
	Sara Beth Struble	Manchester	MO	4:55:33	2000
	Joan Turner	Oregon	MO	5:09:04	1977
	Virginia Thompson			5:21:50	1976
	Melanie McMillan			5:41:46	2008
25	Maggie Cason	St. Jude	MO	5:47:31	1977

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	Liz Bulman			3:00:07	1982
	Debbie Hoxworth			3:11:48	1981
	MacKenzie Asel			3:46:58	2009
	Kate Gregory	Denver	CO	3:54:06	1997
5	Susan Matthews			3:56:12	1981
	Dianne Lottman			3:58:17	1995
	Marsha Xiong	Kansas City	MO	4:06:28	2013
	Katie Gilbert			4:07:10	2003

	Kelly Goldthorpe	Madison	WI	4:10:43	2013
10	Linda Shipten			4:13:15	1996
	Jennifer Bahr			4:20:09	1997
	Amy Evett	Ballwin	MO	4:20:10	1997
	Amy Landis	New Oxford	PA	4:43:10	2000
	Kaclyn Zangre	Boonville	MO	4:50:15	2014
15	Kimberly Dill	St. Louis	MO	4:52:55	2002
	Morgan Barlow	Louisville	KY	5:10:32	2003
	Rachel Lawler	Louisville	KY	5:10:39	2003
	Claire Todd	Lee's Summit	MO	5:12:52	2016
	Teena Sechler	Van Buren	MO	5:20:14	1979
20	Kari Baum	Kansas City	MO	5:25:12	2010
	Adrienne Woody	Farmington	MO	5:26:59	2003
	Adrienne Perry			5:56:53	2009

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	Joan Hirt			3:09:21	1977
	Jill Stalhut Murphey			3:34:47	1982
	Jessica Ostrom			3:36:55	2003
	Cheri Meek	Overland Park	KS	3:37:23	2009
5	Sara Major	Pittsburg	KS	3:44:02	2005
	Beverly Heafling	Shawnee	KS	3:44:03	1981
	Marion Kulick	Springfield	MO	3:44:17	1977
	Kimberly Mouser			3:52:59	2004
	Paula Rice	Grandview	MO	3:53:17	2007
10	Courtney Knott	Centerville	IN	3:54:11	2006
	Katie Gilbert			3:59:01	2004
	Denise Knutson			4:01:16	1996
	Ann Hensarling			4:03:57	1983
	Becky Lorenz			4:04:17	1988
15	Amber Trevino	Cibolo	TX	4:10:48	2010
	Marilyn Hatch	Edmond	OK	4:16:48	2009
	Gail Kongable			4:18:33	1978
	Leah Bowring			4:18:55	2011
	Elizabeth Palmieri			4:19:36	2015
20	Marsha Weiss			4:34:28	1974
	Sydney Allis	Little Rock	AR	4:35:24	2004
	Alexis Bickel	Memphis	TN	4:36:02	2004
	Linda Shipton			4:39:35	1997
	Michelle Ebberts			4:44:06	2011
25	Mary Kathryn Moore			4:48:02	1988
	Jess Bohm	Kansas City	MO	4:55:49	2013

25

	Debbie Hoxworth			3:05:05	1983
	Whitney Spivey (Dreier)			3:23:07	2009

	Julie Bergfeld			3:23:39	1992
	Jill Stalhut Murphey			3:27:38	1983
5	Bernadette Gerke	Pilot Grove	MO	3:30:05	1984
	Susan Matthews			3:37:18	1982
	Christine Little			3:47:07	2003
	Michele Rottjakob	Independence	MO	3:50:34	1991
	Mollie Griffin	Marshall	MO	3:53:34	2006
10	Kaylyn Crane			3:54:33	2011
	Erin Hammond	Boulder	CO	3:59:04	2009
	Elise Peck	Springfield	MO	4:04:35	2017
	Augusta Hemann	St. Robert	MO	4:07:09	2001
	Audrey Owens	Springfield	MO	4:08:10	2006
15	Amy Zimmerman			4:13:12	2001
	Mianne Underwood	Kansas City	MO	4:14:24	1989
	Kacie Perry	Apopka	FL	4:19:50	2016
	Teri Dearling	O'Fallon	MO	4:22:55	2005
	Gina Lemus	Richland	MO	4:27:25	2013
20	Christine Crawford	Springfield	MO	4:28:50	2009
	Marie Miller			4:33:44	2004
	Sharon Mockenhaupt	Springfield	MO	4:34:08	1997
	Anna Jameson	Smithville	MO	4:49:12	2015
	Jenny Moorer			4:57:49	1983
25	Katie McGinnis			4:58:29	2015

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	Debbie Hoxworth			3:25:45	1984
	Susan Matthews			3:32:35	1983
	Liz Epple			3:40:42	1984
	Megan Strout	St. Louis	MO	3:42:47	2012
5	Crystal Powell	Republic	MO	3:50:59	2006
	Kaylyn Crane			3:54:28	2012
	Deanna Stoppler	Ashland	MO	3:58:15	2005
	Denise Berry	Ft. Leonard Wood	MO	4:06:21	2003
	Mianne Underwood	Kansas City	MO	4:06:25	1990
10	Leah Bowring	Ashland	MO	4:07:38	2013
	Alaina Jacobson	Crocker	MO	4:07:49	2014
	Anne Domonoske	Topeka	KS	4:10:42	2007
	Megan Schroeder	Olathe	KS	4:13:30	2006
	Amanda Birkemeier			4:31:50	2013
15	Christy McPherson			4:32:51	2010
	Melissa Davis	Rogersville	MO	4:38:52	2001
	Cathy Russell	West Plains	MO	4:40:21	1975
	Karen Bennett	Niles	IL	4:42:59	1994
	Alexandria Otis			4:49:18	2015
20	Megan Morton			4:52:44	2010
	Caroline Engelmann			4:53:33	2013
	Amanda Diel	Foristell	MO	5:00:43	2007

	Shannon Rittgers	Spring Hill	KS	5:06:21	2006
	Renee Henson			5:08:26	2012
25	Marianne Lotito	Little Rock	AR	5:28:17	2000

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	Shannan Parsley	Ridgedale	MO	3:26:36	2004
	Emily Franks	Centerton	AR	3:30:26	2013
	Angela Zook	Fortuna	MO	3:34:28	1985
	Jessica Forsyth	Frisco	TX	3:38:17	2011
5	Christi Imgarten			3:43:07	2012
	Whitney Dreier	Los Alamos	NM	3:48:16	2011
	Melissa Davis	Springfield	MO	3:51:35	2002
	Linda Kretlow			3:56:00	1988
	Chris Ruble			3:56:25	1981
10	Mianne Underwood	Kansas City	MO	3:58:16	1991
	Anne Sears			4:11:23	1989
	Marie George	St. Louis	MO	4:15:17	1991
	Karen Mills			4:18:53	2009
	Lindsey Clifton			4:23:03	2011
15	Laura Wood	Excelsior Springs	MO	4:28:28	2012
	Toni Tallman	Bentonville	AR	4:31:24	2011
	Leah Christopher	St. Charles	MO	4:36:47	1989
	Amy Tibbitts			4:39:54	1999
	Bjoerg Edberg	Nashville	TN	4:40:13	2010
20	Amy Elmore	Overland Park	KS	4:41:24	2003
	Lisa Esterline	Jefferson City	MO	4:47:17	1999
	Amy Meyer	Saint Robert	MO	4:55:36	2013
	Bethany Bell	Springfield	MO	4:57:02	2010
	Leah Dunwoody	Mineola	TX	4:58:39	2008
25	Christina Sanderson			5:16:46	2011

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	Marie Onan	St. Louis	MO	3:27:55	2007
	Whitney Dreier			3:28:32	2012
	Sara Major	Pittsburg	KS	3:34:09	2009
	Deanna Stoppler	Ashland	MO	3:38:33	2007
5	Shannan Parsley	Ridgedale	MO	3:47:57	2005
	Casi Lock			3:51:14	2009
	Mianne Underwood	Kansas City	MO	3:56:44	1992
	Norma Cousin	Grinnell	IA	3:57:07	1977
	Julie Gestenberger	Hallsville	MO	3:58:17	1995
10	Liz Epple			3:59:24	1986
	Marcia Noxon			4:03:00	1980
	Melanie Tilton			4:09:33	2009
	Kelly Mannell	Kansas City	MO	4:11:37	2007
	Leah Dunwoody	Minola	TX	4:30:02	2009

15	Rachel Baker	Springfield	MO	4:34:48	2006
	Jan Landry			4:35:31	1985
	Amy Meyer	Ft. Leonard Wood	MO	4:37:01	2014
	Michelle Ebberts			4:38:53	2015
	Rebecca Duncan	Bolivar	MO	4:39:40	2010
20	Alison Farage	Ozark	MO	5:03:40	2014
	Leticia Bell	St. Albans	NY	5:09:58	2001
	Caroline Mug	St. Louis	MO	5:11:06	2009
	Emily Davis	Fayetteville	AR	5:12:47	2002
	Toni Tallman	Pea Ridge	AR	5:28:53	2012
25	Julie Crocker	Shawnee	KS	5:39:28	1995
	Jenny Jameson	Atlanta	GA	6:45:16	2009

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	Wendy Thomas	Evansville	IN	3:07:17	1981
	Annette Craighead	Ft. Collins	CO	3:15:24	1990
	Sara Major	Pittsburg	KS	3:16:17	2010
	Christine Rocky	St. Joseph	MO	3:23:18	1999
5	Chris Ruble			3:27:38	1983
	Jaira Grathwohl			3:32:12	2007
	Susan Mokhtari			3:36:21	1983
	Norma Cousin	Grinnell	IA	3:37:41	1978
	Jessica File	St. Charles	MO	3:39:23	2009
10	Marie Marchbank			3:40:17	1999
	Candy Williams	Grain Valley	MO	3:41:49	1993
	Mindy Coolman			3:45:56	2011
	Marjanne Schnarr	Vail	AZ	3:48:43	2006
	Courtney Knott	Centerville	IA	3:54:11	2006
15	Leslie Hodges			3:59:12	2013
	Rhonda Thomas			3:59:33	1977
	Amanda Dablemont			4:02:58	2010
	Becky Lorenz			4:04:17	1988
	Patricia Bowman			4:06:13	1979
20	Amy Livesay			4:08:19	2002
	Christina Crawford	Marshall	MO	4:11:29	2013
	Patricia de Vera	Alexandria	VA	4:14:12	2003
	Jennifer Bick	Maryland Heights	MO	4:14:12	2009
	Nakeya Booth			4:18:19	2007
25	Elaine Henke			4:22:53	1980
	Kristin Bourgeois			4:28:20	2009
	Nicole Burkemper	Overland Park	KS	4:29:26	2015

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	Michele McFadden			3:15:24	1990
	Chris Ruble			3:26:08	1984
	Robin Kokjohn	Farmington	IA	3:35:24	1986

	Angela Herrboldt	Sioux Falls	SD	3:44:15	2009
5	Jennifer Bennett			3:54:19	2012
	Chris Kensinger	Springfield	MO	3:59:03	2001
	Christina Dablemont			4:01:50	2009
	Crystal Davis	Rochester	NY	4:10:52	2014
	Nikki Goble			4:19:01	2009
10	Kelly Mattas	Moberly	MO	4:24:56	1998
	Marie Miller	St. Louis	MO	4:25:04	2009
	Chelsea Bessey			4:28:04	2014
	Mindy Coolman	Independence	MO	4:31:02	2012
	Emily Smith			4:35:30	2012
15	Tabitha Sale	Alexandria	VA	4:38:06	2010
	Christina Sanderson			4:44:08	2014
	Michelle Hinshaw			4:45:26	2003
	Anne Marie Jackson	Kansas City	MO	4:50:22	2003
	Prisca Humphrey	Kansas City	MO	4:50:25	2003
20	Julie Walters			4:56:54	1993
	Jewelee Yates	Lee's Summit	MO	5:01:45	2001
	Cassie Acton	St. Louis	MO	5:30:59	2015
	Casey Schnack	Quincy	IL	5:34:01	2015
	Megan Forrester	Springfield	MO	6:11:05	2010
	Amanda Rivers	Rolla	MO	6:15:56	2009
25	Deanna Quinones	Republic	MO	6:29:28	2011

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	Andrea McGehee	Raymore	MO	3:21:26	1999
	Destiny Thomas			3:38:42	2008
	Mindy Coolman	Missouri Valley	IA	3:38:59	2013
	Carol Spielman	Clearwater	FL	3:43:15	1981
5	Dana Bedwell	Grandview	MO	3:51:11	1995
	Laurie Sellheim	Grandview	MO	3:51:11	1995
	Christine Andersen	Waynesville	MO	3:55:32	2010
	Leslie Hodges			3:59:23	2015
	Jaira Grathwohl			4:00:18	2009
10	Anna Read	Washington	DC	4:06:39	2016
	Erin Smith	Greenwood	SC	4:06:57	2015
	Christina Raddi	Arlington Heights	IL	4:08:13	2010
	Miki Bohon			4:17:16	2009
	Eunika Stevula	Memphis	TN	4:18:22	2002
15	Anna Hays	University Park	MD	4:20:03	2002
	Sondra Ellis	Richland	MO	4:27:25	2013
	Karen Derrick			4:28:10	1992
	Lacey Martinosky	Branson	MO	4:28:26	2011
	Chelsea Bessey			4:29:26	2015
20	Lauren Kirkpatrick	Eudora	KS	4:32:38	2017
	Kelly Mannell	Kansas City	MO	4:33:31	2010
	Alison Berti	Quincy	IL	4:34:57	2012

	Josette Savidge			4:41:55	2012
	Janell Kiersnowski	Malden	MO	4:41:56	2012
25	Silvana Jackson	Ft. Leonard Wood	MO	4:42:07	2009

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	Andrea Fischer			2:54:10	1996
	Destiny Thomas			3:18:38	2009
	Molly McMahon	Indianapolis	IN	3:21:22	2013
	Anne Billington	Moberly	MO	3:25:10	2007
5	Miriam Barquero-Molina			3:40:09	2011
	Oksana Loginova	Moscow	RUSSIA	3:43:09	2006
	Nicole Jarvis	Willard	MO	3:43:09	2008
	Marjanne Schnarr	Vail	AZ	3:44:56	2009
	Laurie Sellheim	Grandview	MO	3:51:11	1995
10	Gwen Heist	St. Charles	MO	3:53:50	1999
	Leslie Hodges			3:57:36	2016
	Jenny Massanelli	Little Rock	AR	4:08:44	2015
	Andria Van Mierlo	St. Louis	MO	4:17:24	2010
	Sarah Ashman			4:25:54	2004
15	Marie Miller	St. Louis	MO	4:27:06	2011
	Michelle Mannell	Kansas City	MO	4:30:16	2013
	Chelsea Bessey			4:30:30	2016
	Kim Burton			4:32:57	2006
	Mindy Coolman	Missouri Valley	IA	4:33:32	2014
20	Laci Zimmer	Lincoln	NE	4:37:05	2010
	Prisca Humphrey	Raymore	MO	4:37:59	2005
	Chrysanthy Tiggas	Kansasville	WI	4:38:56	2017
	Kristin Cavolick	Carmel	IN	4:44:31	2002
	Rosemary Smith	Ballwin	MO	4:46:13	2012
25	Charity Summers			4:54:32	2010

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	Andrea Fischer			2:54:48	1997
	Anne Laperle	Brossard	QUEBEC	3:24:43	2011
	Niki Hilgenberg	St. Joseph	MO	3:31:26	2014
	Charisse Winter	Apopka	FL	3:39:07	2015
5	Susan Spevak	Skokie	IL	3:44:43	1978
	Stacy McAnelly	St. Paul	MN	3:46:16	2003
	Sarah Lee	Shawnee	KS	3:49:38	2009
	Gwen Heist	St. Charles	MO	3:52:46	2000
	Nancy Halferty	Topeka	KS	3:58:05	2001
10	Sharon Liese	Overland Park	KS	4:02:00	1991
	Sally Shreeves	New York	NY	4:11:50	1996
	Chelsea Bellsey			4:11:46	2017
	Jennie Hughes	Chillicothe	MO	4:12:19	1995
	Haley Schwarz			4:13:07	2013

15	Mindy Coolman	Missouri Valley	IA	4:15:08	2015
	Melanie Linderer	Liberty	MO	4:20:20	2010
	Becky Lorenz			4:28:10	1992
	Kelly Scarborough	Waynesville	MO	4:32:17	2013
	Lacey Martinosky	Branson	MO	4:35:54	2013
20	Mary Ellen Bradshaw			4:39:16	2005
	Stephanie Weaver	Camdenton	MO	4:40:30	2013
	Angela Basile	New York	NY	4:42:23	2008
	Annie Combs	St. Peters	MO	4:43:39	2012
	Rosemary Smith	Ballwin	MO	4:44:22	2013
25	Jill Brake	Overland Park	KS	4:51:49	1978

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	Laura Luckert	Prairie Village	KS	3:23:00	1991
	Elizabeth Mason	Lenexa	KS	3:25:11	2013
	Chris Ruble			3:34:22	1988
	Kathleen Johnson	Overland Park	KS	3:34:45	1990
5	Jordan DeRose			3:37:03	2011
	Penny Gallogly	Shrewsbury	MO	3:40:36	1981
	Christina Ramirez			3:43:30	2012
	Margy Tonnies			3:47:30	2004
10	Alicia Weber	Chicago	IL	3:58:46	2012
	Betty Bohon			4:01:10	1985
	Lisa Burger			4:04:41	1996
	Lisa Grant			4:14:01	2016
	Louanne Fay			4:14:46	1984
15	Nancy Theriot			4:21:52	1984
	Camila Manrique			4:22:44	2012
	Nancy Rea	Bolivar	MO	4:25:33	1998
	Donna Haley			4:28:16	1983
	Melanie Linderer	Liberty	MO	4:28:16	2011
20	Kelly Himmelberg	Kansas City	MO	4:30:16	2013
	Mary Ellen Bradshaw			4:37:52	2006
	Cindy Turner	Florissant	MO	4:42:29	2002
	Jane Dougherty	Rutland	MA	4:44:24	1997
	Janice Minner (Edler)	Alton	IL	4:45:11	1991
25	Lacey Jolley	Branson	MO	4:45:18	2014

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	Christina Ramirez			3:42:45	2012
	Penny Gallogly	Shrewsbury	MO	3:43:50	1982
	Anne Billington			3:46:01	2009
	Laura Girard	Kansas City	MO	3:46:45	2008
5	Teresa Gooch			4:05:11	2013
	Elaine Sleper			4:06:59	1980

	Jennifer Reisdorf			4:07:35	2007
	Lisa Burger			4:08:58	1997
	Traci Okerlund	Plato	MO	4:12:27	2004
10	Heather Cox			4:13:06	2013
	Haley Schwarz			4:13:22	2015
	Eren Poe			4:19:08	2014
	Maigan Shifley			4:19:28	2014
	Sandra Rice	Sedalia	MO	4:21:01	2007
15	Mary Ellen Bradshaw			4:21:45	2007
	Kelly Gilbert			4:25:55	2004
	Cindy Turner	Florissant	MO	4:28:27	2003
	Melanie Linderer	Liberty	MO	4:30:27	2012
20	Cheryl Daro	Wellington	MO	4:37:11	2001
	Camille Ronchetto			4:41:26	1995
	Dana Valentine	Saint Robert	MO	5:10:38	2013
	Rosemary Smith	Ballwin	MO	5:22:13	2015
	Carmen Abbott	Ashland	MO	5:41:03	1984
25	Kim Greer	Olathe	KS	5:52:45	2008

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	Michele McFadden			2:54:10	1996
	Andrea McGehee	Raymore	MO	3:21:03	2004
	Krista White			3:36:09	2002
	Betty Bohon			9:29:27	1987
5	Heather Lang	House Springs	MO	3:46:22	2012
	Heather Cox			3:47:37	2014
	Brook Barker			3:50:43	2016
	Barbara Mueller	Jackson	MO	3:55:27	1998
	Shelia Neuenschwander	Liberty Hill	TX	4:03:41	2001
10	Lisa Burger			4:07:47	1998
	Stacy Turner	California	MO	4:13:02	2013
	Mary Ellen Bradshaw			4:13:04	2008
	Dawn Castagno-Dysart			4:13:06	2013
	Jordan Derose			4:13:07	2013
15	Jennifer Reisdorf			4:16:45	2008
	Kimberly Oexner	Clermont	FL	4:21:26	1994
	Eren Poe			4:23:02	2015
	Becky Decker	Irving	TX	4:28:02	1998
	Heather Boswell	Holland	MI	4:32:46	2015
20	Haley Schwarz			4:35:07	2016
	Leah Melvin	Mineola	TX	4:38:53	2017
	Mina Hayes			4:43:48	2014
	Marie Orton	Kirkville	MO	4:43:57	2002
	Debby Spetnagel	St. Charles	MO	4:44:57	2001
25	Janice Minner (Edler)	Alton	IL	4:54:42	1993

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	Kathleen Johnson	Overland Park	KS	3:24:05	1993
	Barbara Mueller-Fulkerson	Cape Girardeau	MO	3:29:51	1999
	Ellen Dowling	Hoboken	NJ	3:36:46	2009
	Brook Barker			3:39:08	2017
5	Heather Lang	House Springs	MO	3:41:52	2013
	Haley Schwarz			3:42:03	2017
	Sara Dawkins	Bolivar	MO	3:51:43	2009
	Julie "JP" Palmer			3:56:07	2002
	Laura Pinkstaff			3:57:31	2014
10	Kim Robertson	Nixa	MO	4:04:22	2006
	Mary Ellen Bradshaw			4:05:59	2009
	Michelle Hudgins	Belleville	IL	4:07:18	2016
	Robin May			4:07:48	2009
	Lisa Burger			4:09:40	1999
15	Janiece Leigh			4:12:36	2013
	Susan Peters	Madison	WI	4:12:40	1980
	Beth Werling	Sandusky	OH	4:13:13	2015
	Heather Cox			4:15:27	2015
	Camille Ronchetto			4:16:35	1997
20	Madeline Hardison	Springfield	MO	4:20:47	2014
	Yen Nguyen	Houston	TX	4:34:00	1999
	Missy Peters	Lake St. Louis	MO	4:34:06	2012
	Laurie McCurdy	Freeburg	MO	4:35:33	1996
	Wendy Landes	Kansas City	MO	4:36:11	2013
	Sandra Rice	Sedalia	MO	4:38:10	2009
25	Tammara Vially	Camdenton	MO	4:40:31	2013

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	Betty Bohon			3:31:24	1989
	Barbara Mueller-Fulkerson	Cape Girardeau	MO	3:39:00	2000
	Carol O'Hear	Memphis	TN	3:39:32	2013
	Elaine Sleper			4:00:56	1983
5	Mary Ellen Bradshaw			4:01:47	2010
	Oksana Loginova			4:02:32	2012
	Carol Frike	Blue Springs	MO	4:06:13	2008
	Anne Sievers			4:13:07	2013
	Kelly Himmelberg	Kansas City	MO	4:13:45	2017
10	Amanda Bloom	Rolla	MO	4:16:17	2013
	Tiffany Ayulo	St. Louis	MO	4:19:27	2015
	Lori Thompson	Glen Carbon	IL	4:19:34	1997
	Janiece Leigh			4:21:12	2014
	Sandra Rice	Sedalia	MO	4:23:51	2010
15	Karen Derrick			4:29:48	1999
	Brendan Forshee			4:29:58	2009
	Rebecca Kneeder	Fayetteville	AR	4:30:02	2014

	Anne Billington	Moberly	MO	4:35:30	2012
	Erica Carper	Prairie Village	KS	4:47:35	2010
20	Rebecca Bishop	Phoenixville	PA	4:52:41	2014
	Janette Keller			4:59:54	2014
	Sharon LeDuc			5:07:06	1981
	Dawn Ward	Springfield	MO	5:13:36	2003
	Chris Stelplugh	St. Louis	MO	5:16:05	2001
25	Janice Minner	Cottage Hills	IL	5:18:21	1995

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	Christine Fisher	Arnold	MO	3:20:27	2010
	Anne Sievers			3:42:44	2014
	Deydre Teyhen	Cibolo	TX	3:50:21	2010
	Carrie Besselmann	Troy	MO	3:56:29	2001
5	Jennifer Anderson			3:57:58	2014
	Carol Frike	Blue Springs	MO	3:58:18	2009
	Mary Ellen Bradshaw			4:03:43	2011
	Debra Munk	Kansas City	MO	4:05:01	2007
	Mary Ann Slivinsky			4:07:49	1980
10	Janiece Leigh			4:21:47	2015
	Heather Cox			4:27:27	2017
	Melissa Maerz-Malone			4:28:49	2015
	Jordan DeRose			4:35:08	2016
	Rosemarie Ornellas	Colorado Springs	CO	4:35:24	2002
15	Kimberly Boyer			4:39:00	2012
	Erica Carper	Prairie Village	KS	4:40:46	2011
	Jen Wheeler			4:47:26	2016
	Cindy Schoenlaub	St. Joseph	MO	4:54:36	2009
	Susan Miller	Moberly	MO	5:02:59	2011
15	Grace Terrell	High Point	NC	5:35:08	2001
	Suzette Bacon			5:39:42	2009

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	Grace Chiles			3:29:55	2013
	Maureen O'Hare	Rocheport	MO	3:54:53	2007
	Debra Munk	Kansas City	MO	4:01:21	2008
	Carol Frike	Blue Springs	MO	4:01:57	2010
5	Gerardette Groll	St. Louis	MO	4:02:01	1993
	Brenda Leuenberger			4:06:15	2003
	Mary Ann Slivinsky			4:06:40	1981
	Patty Jensen	Mason	IL	4:06:41	2005
	Becky Nielsen			4:12:37	2013
10	Debbie Steed	Trimble	MO	4:13:17	1996
	Mary Ellen Bradshaw			4:17:03	2012
	Adina Laird			4:20:00	2004
	Janiece Leigh			4:21:47	2015

	Anne Sievers			4:13:23	2015
15	Marcia Cardello	Overland Park	KS	4:28:08	2004
	Melissa Maerz-Malone			4:28:49	2015
	Shelly Kaufmann	Lithonia	GA	4:33:40	1999
	Becky Bond			4:35:06	2004
	Nancy Rea	Bolivar	MO	4:35:26	2004
20	Andrea Spohn	Powell	OH	4:36:50	2012
	Mary Wisdom	Eureka	MO	4:49:11	2004
	Jenny Seeto	Houston	TX	4:53:35	2012
	Erin McGaha	Boonville	MO	4:56:49	2013
	Leah Christopher	St. Charles	MO	4:58:56	2002
25	Jennifer Cole	St. Louis	MO	5:00:43	1999

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	Krista White			3:30:42	2007
	Grace Chiles			3:36:33	2012
	K2 Richards	Grapevine	TX	3:44:54	2010
	Susan Matthews			3:49:01	1999
5	Gerardette Groll	St. Louis	MO	3:51:59	1994
	Amy Livesay	Rocheport	MO	3:53:24	2014
	Sarah Breier			3:53:50	2008
	Brenda Leuenberger			3:56:04	2004
	Sue Haden	Ladue	MO	3:57:40	1982
10	Maureen O'Hare	Rocheport	MO	4:02:24	2008
	Sue Holden	Des Moines	IA	4:04:47	2006
	Dina Haskamp-Poison	Glasgow	MO	4:05:02	2015
	Edna Rodriguez	St. Louis	MO	4:06:24	2017
	Mary Ellen Bradshaw			4:16:13	2013
15	Becky Nielsen			4:21:13	2014
	Cindy Turner	Florissant	MO	4:29:11	2009
	Cheryl Daro	Wellington	MO	4:37:11	2001
	Sandra Rice	Sedalia	MO	4:39:32	2013
	Marit Schultz	Birch Run	MI	4:44:06	2002
20	Oon Suan Albert	St. Peters	MO	4:50:26	2001
	Susan White			4:55:53	2007
	Somaly Moore			13:49:03	2017
	Tawni Gomes	Long Beach	CA	5:10:44	2005
	Lilli Cooper	Boulder	CO	5:24:48	2002
25	Cathy Cooper	Boulder	CO	5:25:20	2002
	Paula Keltner	Liberty	MO	5:38:58	2014

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	Anita Moller	Clinton	NY	3:22:48	2013
	Mary Flaws	Wausheka	WI	3:32:24	2009
	Beata Sotis	Roselle	IL	3:34:26	2010

	Melissa Martinez	Crocker	MO	3:43:53	2013
5	Grace Chiles			3:45:47	2015
	Gerardette Groll	St. Louis	MO	3:54:44	1995
	Sherry March	Hale	MO	3:54:51	1982
	Susan Matthews			3:56:02	2000
	Jennifer Reisdorf			4:03:20	2014
10	Sarah Breier			4:06:06	2009
	Mary Ann Slivinsky			4:08:22	1983
	Eileen Bjornstrom			4:09:07	2015
	Mary Ellen Bradshaw			4:15:35	2014
	Sue Holden	Des Moines	IA	4:17:30	2007
15	Maureen O'Hare	Rocheport	MO	4:17:42	2009
	Connie Swetz			4:19:05	1993
	Michelle Walker	Newburgh	IN	4:21:16	2011
	Becky Nielsen			4:21:47	2015
	Kathy Everett	Strafford	MO	4:26:26	2005
20	Debbie Rodman			4:27:38	2013
	Ann Koenig			4:31:50	2015
	April Adair	Memphis	TN	4:39:43	2016
	Sandra Rice	Sedalia	MO	4:48:32	2014
	Robyn Hunsaker	Cairo	MO	4:52:45	2011
25	Sharon Mordoski	Buffalo Grove	IL	4:56:59	1994

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	Yukiko Nishide	Rye	NY	3:25:22	2005
	Grace Chiles			3:46:58	2016
	Melissa Martinez	Crocker	MO	3:48:36	2014
	Osaka Loginova			3:55:12	2017
	Michelle Walker	Newburgh	IN	4:01:00	2012
5	Lisa Cherepak	Blue Springs	MO	4:10:16	2009
	Jane Ball	Phoenix	AZ	4:10:35	2004
	Jennifer Reisdorf			4:12:51	2015
	Maureen O'Hare	Rocheport	MO4	4:15:56	2010
	Jennifer Rowe			4:16:45	2009
10	Stephanie Teague	Fulton	MO	4:19:35	2011
	Suzanne Pokorny	Medina	OH	4:27:35	2010
	Nancy Wampach	Woodstock	IL	4:29:46	2011
	Laura Weber	Arlington	VA	4:36:08	2002
	Sherry Wilson	Waynesville	MO	4:36:45	2015
15	Ginnie Nelson	Springfield	MO	4:37:39	2012
	Laura Clark-Taylor	Madison	WI	4:41:20	2000
	Cristy Snellgroves	Bradenton	FL	4:45:21	2009
	Karin Beckstrand	Minneapolis	MN	4:50:17	2010
	Mary Ellen Bradshaw			4:52:52	2015
	Oon Suan Albert	St. Peters	MO	4:53:11	2003

20	Sandra Rice	Sedalia	MO	4:58:28	2015
	Christa King	Springfield	MO	4:58:45	2014
	Susan Schapira	Rocheport	MO	5:25:15	2009
	Susan White			5:27:51	2009
	Paige Conner	Monrovia	CA	5:28:58	2012
25	Paula Keltner	Liberty	MO	5:49:37	2016

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	Julie Bergfeld	St. Louis	MO	3:15:29	2011
	Stacey Slover	Kansas City	MO	3:28:47	2010
	Carolyn Wilson	St. Louis	MO	3:47:59	1982
	Surah Richman	St. Joseph	MO	3:48:21	2006
5	Nancy McCarty	Champaign	IL	3:53:27	2010
	Jennifer Reisdorf			3:56:10	2016
	Melissa Martinez	Crocker	MO	4:07:31	2015
	Mary Ellen Bradshaw			4:11:47	2016
	Christy Stillwell	Mountain Grove	MO	4:18:34	2014
10	Terzah Becker	Longmont	CO	4:24:46	2017
	Sue Holden	Des Moines	IA	4:33:12	2009
	Cheryl Simmons	Florissant	MO	4:37:11	1988
	Janice Edler	Alton	IL	4:40:37	2001
	Maureen O'Hare	Rocheport	MO	4:44:16	2001
15	Lori Nolte	Yuma	AZ	4:57:28	2015
	Laura Warmbrod	Bentonville	AR	5:13:08	2002
	Margaret Rutherford	Ashland	MO	5:14:07	2002
	Rebecca Franks	Normal	IL	5:34:01	2015

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	Andrea Fischer			3:18:12	2009
	Stacey Slover	Kansas City	MO	3:28:58	2011
	Jill Burch	St. Louis	MO	3:40:47	2017
	Jennifer Reisdorf			4:03:08	2017
	Diana Bibeau	Smyrna	TN	4:07:47	2005
5	Mary Ellen Bradshaw			4:11:11	2017
	Windy Shull			4:27:17	2016
	Janice Pescetto	Raytown	MO	4:27:46	1986
	Maureen O'Hare	Rocheport	MO	4:38:18	2012
	Kendel Prescott	Decatur	GA	4:40:29	2006
10	Becky Bond			4:44:19	2009
	Janice Edler (Minner)	Alton	IL	4:47:55	2002
	Nancy Rea	Bolivar	MO	4:50:03	2009
	Linda Thompson	Casar	NC	4:54:05	2006
	Danielle Steimel	Aurora	IL	5:00:24	2014
15	Sandra Rice	Sedalia	MO	5:00:44	2016
	Rebecca Franks	Normal	IL	5:13:53	2016
	Diane Ballard	Marion	IA	5:37:32	2003

	Dana Reising	Danville	KY	5:45:02	1998
	Susan White			5:53:04	2011
20	Sandra Fritz	Fulton	MO	6:05:06	1991
	Dottie Duncan	Chicago	IL	6:10:44	1999

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	Julie Bergfeld	St. Louis	MO	3:25:25	2013
	Stacey Slover	Kansas City	MO	3:32:47	2012
	Patti Minton	Gainesville	GA	3:49:14	2003
	Bekki Wright	East Hartford	CT	3:51:38	2009
5	Diana Widdowson	Conestega	PA	3:56:02	2012
	Sheryl Crawford	Blue Springs	MO	4:00:03	2004
	Carole Schottman	Athens	GA	4:11:16	1991
	Melisa Martinez	Crocker	MO	4:12:34	2017
	Jackie Osland	Wichita	KS	4:20:56	2011
10	Janet Farr	Prairie Village	KS	4:26:33	1994
	Windy Shull			4:36:24	2017
	Maritza Acevedo Melo	Oaxaca	MEXICO	4:51:10	2015
	Terri Menghini	Fenton	MO	4:51:33	2011
	Maureen O'Hare	Rocheport	MO	4:57:24	2013
15	Hilary Krueger	Asheville	NC	5:00:45	2015
	Julie Bane	Mchenry	IL	5:02:44	2010
	Kathleen Heagney	Alexandria	VA	5:05:41	1999
	Rosemary Evans	Florence	KY	5:08:28	2000
	Jana Phillips	Strafford	MO	5:11:25	2010
20	Carrie Kass	Bloomington	IL	5:34:02	2015
	Stacie Cooper	O'Fallon	MO	5:58:06	2017
	Jennifer Pierce	West Plains	MO	6:17:08	2010
	Connie Hsiung	Kansas City	MO	6:27:29	2011

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	Becky Lowrance	Branson	MO	3:24:37	2004
	Becky Bond			3:56:49	2011
	Jennifer Boyd	Robertsville	MO	3:59:23	2011
	Janet Gooch	Kirksville	MO	4:03:40	2013
5	Surah Richman	St. Joseph	MO	4:06:56	2009
	Elaine Roberge	Simpsonville	SC	4:08:29	2007
	Sal Flinn	Ridgefield	WA	4:09:16	1998
	Shirley Fasbinder	St. Louis	MO	4:11:11	2017
	Pam Allen	Oceanport	NJ	4:12:07	2000
10	Barbara Mueller-Fulkerson	Cape Girardeau	MO	4:14:51	2009
	Lynda Churchfield	Lake Charles	LA	4:15:26	1997
	Martien Vandersmissen	St. Louis	MO	4:15:41	2017
	Kelly Mattas	Moberly	MO	4:24:56	1998
	Lois Berkowitz	Riverview	MI	4:35:39	1996

15	Angeline Pace	Draper	UT	4:37:29	2014
	Marlene White	Cocoa Beach	FL	4:42:42	2005
	Jane Herron	Oak Ridge	TN	4:52:44	2001
	Cheryl Simmons	Florissant	MO	4:53:23	1991
	Deborah Holte	Kirksville	MO	4:55:39	2012
20	Maureen O'Hare	Rocheport	MO	5:07:42	2014
	Bonita Ford	Prairie Village	KS	5:22:31	1990
	Jill Voorhis	St. Petersburg	FL	5:33:44	2007
	Meg Wolfers	Kenosha	WI	5:43:06	2005
	Asako Simons	Eules	TX	5:46:14	2010
25	Rosemaarie Lewin	Riverside	CA	5:50:58	1999

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	Becky Lowrance	Branson	MO	3:20:17	2005
	Laura Bellman	Atchison	KS	4:05:14	2007
	Jennifer Boyd	Robertsville	MO	4:21:42	2012
	Debra Burnham	Fenton	MI	4:29:59	2002
5	Cheryl Simmons	Florissant	MO	4:47:54	1992
	Gloria Homan	Richmond	MO	4:49:25	1996
	Cindy Schoenlaub	St. Joseph	MO	5:03:22	2008
	Rebecca Keller	St. Louis	MO	5:16:44	2001
	Rose Ann Jolly	Overland Park	KS	5:26:33	1998
10	Tami Harmon	Yuma	AZ	5:29:04	2017
	Maureen O'Hare	Rocheport	MO	6:01:32	2015
	Margaret Rutherford			6:27:06	2006

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	Becky Lowrance	Branson	MO	3:21:32	2006
	Nancy Taube			3:28:22	2009
	Katherine Lee			4:02:26	2009
	Susan Larsen	Ogden	UT	4:06:20	2009
5	Sarah Risser	Cameron	MO	4:12:41	1989
	Diana Bibeau	Smyrna	TN	4:13:35	2009
	Joyce Hockensmith	New Haven	IN	4:18:24	1996
	Mary Richards	Hannibal	MO	4:20:39	2012
	Maria McMahon			4:23:30	2017
10	Jennifer Boyd	Robertsville	MO	4:26:16	2013
	Karen Backes	Springfield	MO	4:32:27	2008
	Kathleen Occena			4:38:47	2012
	Kimberly Boyer			4:39:00	2012
	Laura Bellman	Atchinson	KS	4:42:14	2008
15	Cindy Schoenlaub	St. Joseph	MO	4:54:36	2009
	Holly Motes	Boise	ID	4:58:03	2005
	Rebecca Steven	Wichita	KS	5:00:20	2011
	Maggie McCoy	Prairie Village	KS	5:16:46	1999
	Donna Creditor	Normal	IL	5:24:44	2010

20	Darlene Spry	Oklahoma City	OK	5:32:56	2017
	Susan Williams			5:56:55	2003
	Sabra Kurth	Havre de Grace	MD	6:36:24	2011

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	Lisa Wells			3:56:40	2013
	Diane Lambert	Brookfield	MO	4:04:34	2010
	Nancy Morehead	Pleasanton	CA	4:06:10	2011
	Peggy Horner			4:24:54	2007
5	Kathleen Occena			4:30:25	2013
	Laura Bellman	Atchinson	KS	4:30:26	2009
	Karen Bowen	Roach	MO	4:40:32	2013
	Angie Orth	Ozark	MO	4:45:15	2014
	Susan Nerren	Tulsa	OK	4:55:16	2012
10	Cheryl Simmons	Florissant	MO	4:55:58	1994
	Sherry Corwin			5:25:13	2009
	Terri Menghini	Fenton	MO	5:24:49	2015
	Cynthia DeSirant	Frederick	MD	5:26:05	2011
	Nita May LeMay	Hawthorne Woods	IL	6:13:35	2002

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	Rae Mohrmann	St. Louis	MO	4:07:34	1991
	Donna Olson	Bloomfield Hills	MI	4:14:40	2001
	April Deuell	Livermore	CA	4:20:48	2012
	Sara Risser	Cameron	MO	4:44:53	1991
5	Diana Dibeau	Hermitage	TN	4:50:05	2011
	Cheryl Simmons	Florissant	MO	4:57:01	1995
	Penny Lancaster	Neenah	WI	5:04:47	2002
	Diane Bolton	Nashville	TN	5:34:01	2012
	Debbie Pennington	Waukegan	IL	6:10:43	2010

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	Marilyn Nolan	Springfield	MO	3:58:00	2003
	Boonsom Hartman	Oak Forest	IL	4:24:01	2009
	Jennifer Boyd	Robertsville	MO	4:26:15	2016
	Karen Backes	Jefferson City	MO	4:29:06	2011
5	Kathy Ziegler	Ballwin	MO	4:38:53	2013
	Kathleen Occena			4:41:15	2015
	Kathleen Jensen	Harristown	IL	4:45:15	2006
	Paula Rawlings			4:48:36	2016
	Rebecca Hennessey			4:51:39	2014
10	Nancy Dillon	Fresno	OH	5:00:03	2010
	Kendra Bealmear	Kansas City	MO	5:04:30	2010

	Lynn Jacobson	Crocker	MO	5:06:17	2014
	Nancy Superrich	Oviedo	FL	5:14:04	2013
	Hazel Matthews	Shawnee	KS	5:28:16	2001
15	Julie Clark Walters			5:35:02	2015
	Bree Morrison-Florek	Clearwater	FL	5:43:40	2003

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	Debe Jajko	Jefferson City	MO	3:57:31	2008
	Stephanie Wattenbarger	Excelsior Springs	MO	4:41:31	2017
	Katherine Barrett			4:42:19	2013
	Karen Schmidt			4:58:43	2016
5	Jennifer Boyd	Robertsville	MO	4:58:50	2017
	Michele Baumer			4:59:44	2015
	Diana Bibeau	Hermitage	TN	5:07:48	2013
	Kendra Bealmear	Kansas City	MO	5:10:58	2011
	Danette Cristie	St. Louis	MO	5:12:02	2014
10	Susan Nerren-Bryant	Tulsa	OK	5:15:14	2015
	Lisa Pass	Goose Creek	SC	5:20:52	2014
	Lynn Jacobson	Crocker	MO	5:32:42	2015
	Beth Stoecklein	Spring Hill	KS	5:56:40	1998
	Karen Backes	Jefferson City	MO	6:08:33	2012
15	Evelyn Smith	Rockford	IL	6:09:34	2013
	Pamela Mitchell	Broken Arrow	OK	6:33:14	2012
	Jenny Sands	Overland Park	KS	6:39:56	2009
	Janet Frederickson	Terry	MT	6:44:48	2017

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	Debe Jajko	Jefferson City	MO	3:52:51	2009
	Kay McVey	St. Peters	MO	4:38:56	2007
	Janet Weimer	Washington	OK	4:39:20	2010
	Karen Schmidt			4:58:11	2017
5	Kelly Sabulsky			5:05:09	2017
	Faye Krueger	Rio Rancho	NM	5:08:18	2009
	Nancy Pratt	Defiance	MO	5:44:26	2012
	Karen Backes	Jefferson City	MO	6:41:09	2013

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	Debe Jajko	Jefferson City	MO	3:50:14	2010
	Kendra Bealmear	Kansas City	MO	5:13:00	2013
	Rebecca Hennessey			5:13:41	2017
	Holly Murz	Jacksonville	FL	5:16:19	2011
5	Nancy Pratt	Defiance	MO	5:17:37	2013
	Katherine Barrett			5:20:05	2015
	Michele Baumer			5:22:51	2017
	Stacy Bartlett	Fort Worth	TX	5:26:57	2014

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Barbara Bellows	Kirkville	MO	3:51:10	2010
Debe Jajko	Jefferson City	MO	3:55:02	2011
Karen Cummins	Madison	SD	4:02:25	2004
Ruth Pifer	Friendsville	TX	4:37:41	2012
5 Dee Ann Aydelott	Troy	MO	4:47:21	1999
Kristine Bossert	Ash Grove	MO	5:06:52	2014
Dorit Golan	Chesterfield	MO	5:15:42	2015
Beth Stoecklein	Spring Hill	KS	5:48:13	2001

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Franceska Drozd	Litchfield Park	AZ	4:55:42	2001
Deborah Dusch	Concord	NC	4:57:35	2013
Roxana Lewis	Culver City	CA	5:22:23	2003
Carolyn Gorgel	Springville	NY	5:29:55	2015
5 Melanie Hampton	Hillsboro	MO	5:37:57	2012
Barbara Huddleston	Jefferson City	MO	5:57:24	2012
Margy Darneille	Lubbock	TX	6:45:14	2009

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Maggie Mount			5:21:02	2010
Jeanne Bocci	Grosse Pointe	MI	5:27:59	2001
Melanie Hampton	Hillsboro	MO	5:34:51	2013

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Donna Murphy			5:16:47	1999
Kendra Bealmear	Kansas City	MO	5:18:16	2017
Melanie Hampton	Hillsboro	MO	5:36:50	2014
Glenda Daughety	Baton Rouge	LA	5:50:23	2000

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Sue Colgan-Borrer	Pound Ridge	NY	5:37:24	2013
Karen Riddle	Sedalia	MO	5:57:30	2013

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Jane Lanford	Fairbanks	AK	4:18:53	2016
Summer Allen			5:54:36	2010

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Rae Mohrmann	St. Louis	MO	4:26:50	2010
Joann Jung	Walnut	CA	5:07:14	2010
Marsha White	Gainesville	FL	5:47:21	2009

	63				
Barbara Kilburn	Pittsburg	TX	5:49:35	2007	
Cathy Troisi	Cohoes	NY	6:56:03	2009	
	64				
Rae Mohrmann	St. Louis	MO	4:32:27	2012	
Peggy Trager	Eden Prairie	MN	5:35:09	2010	
	65				
Rae Mohrmann	St. Louis	MO	4:19:13	2013	
Marian Loftin	Mobile	AL	4:49:17	2012	
Donna Haun	Boonville	MO	5:38:03	2010	
Gloria Burton	Moberly	MO	5:47:57	2015	
	66				
Rae Mohrmann	St. Louis	MO	4:27:45	2014	
	67				
Rae Mohrmann	St. Louis	MO	5:00:43	2015	
	68				
Marion Landry	Montreal	QC	6:26:25	2012	
	72				
Carolyn Mitchell	Lenexa	KS	6:39:53	2009	