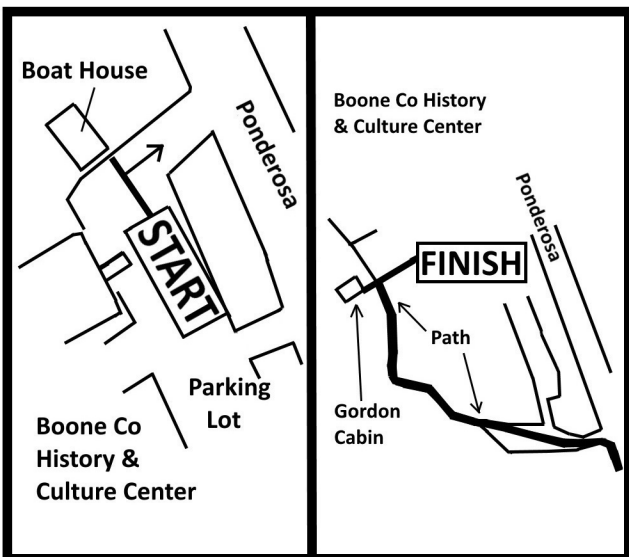
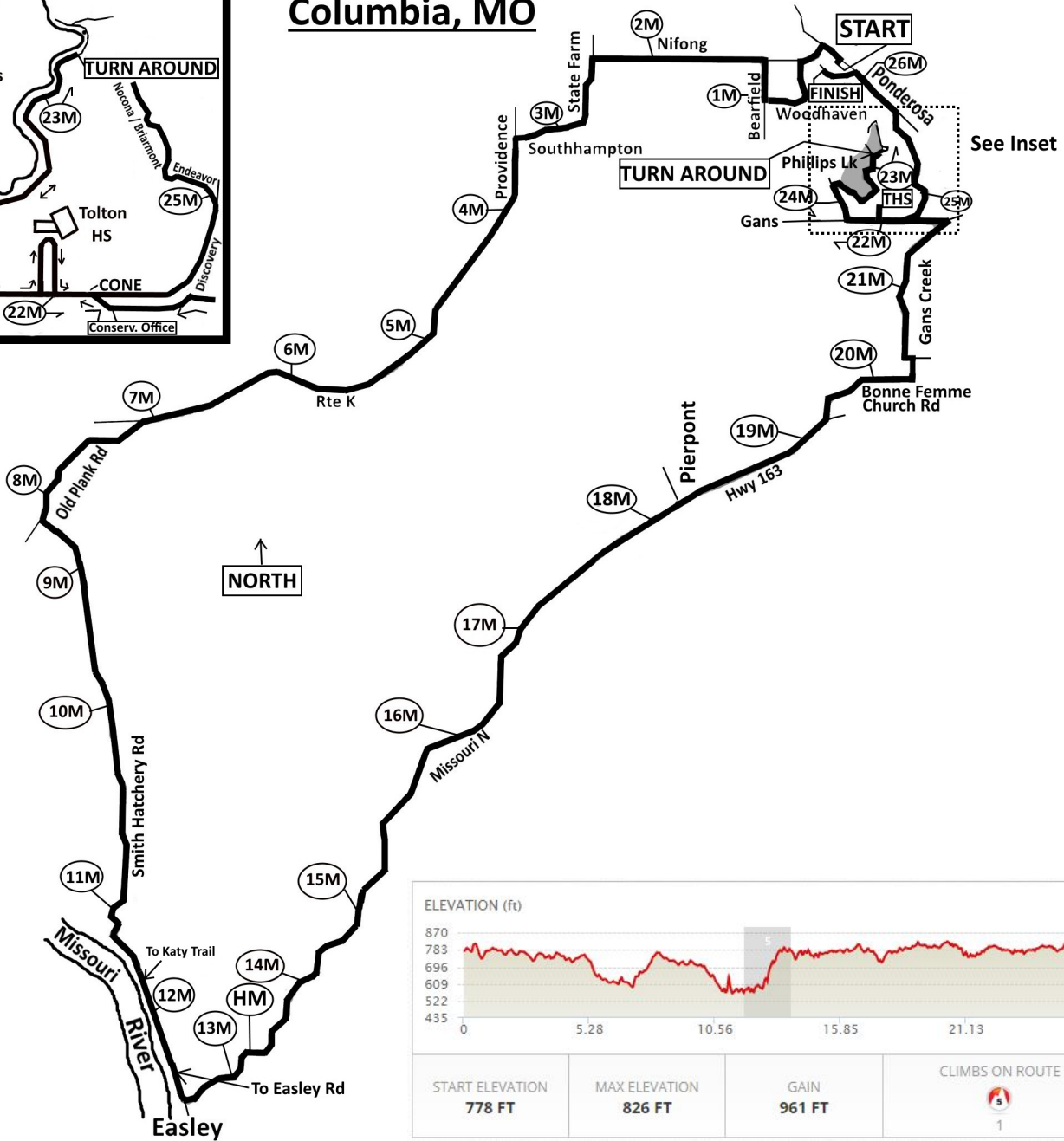
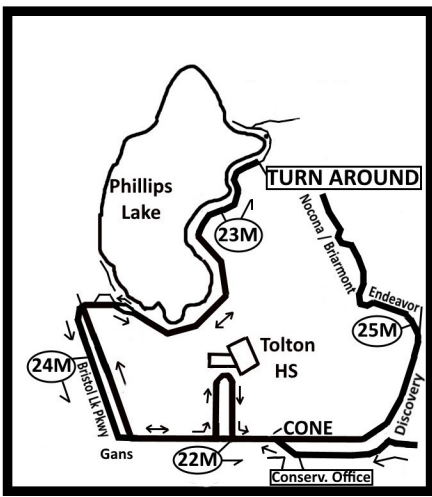


# HEART OF AMERICA MARATHON

## Columbia, MO



Heart of America Marathon Relay		
Leg 1	9.7 mi	Start Line to Smith Hatchery Rd/Dothage Ln
Leg 2	5.2 mi	Smith Hatchery Rd/Dothage Ln to Route N/Andrew Sapp Rd (Nashville Baptist Church, Sapp)
Leg 3	4.9 mi	Route N/Andrew Sapp Rd (Nashville Baptist Church, Sapp) to Bonne Femme Church Rd (Shooting Star Trailhead)
Leg 4	6.4 mi	Bonne Femme Church Rd (Shooting Star Trailhead) to Finish Line

WRITTEN INSTRUCTIONS ON PAGE 2

Start – Boone County History and Culture Center – 3801 Ponderosa St. Columbia, MO

Start line – Near the “Boat House”

Immediate left onto Ponderosa

Left on E Nifong Blvd – no shoulder, exercise caution

Left on Woodhaven Dr.

Follow Woodhaven as it curves

Right on S. Bearfield Rd.

Left on E Nifong Blvd.

Left on State Farm Pkwy – sidewalk

Stay to the east/south side of roundabout – use sidewalks and pedestrian crossing

Roundabout exits to E. Southampton – sidewalk

Left on S. Providence Rd. – bike lane

Providence Rd/Rte K to Old Plank

Left on Old Plank Rd S.

Old Plank to Smith Hatchery Rd.

Smith Hatchery Rd. past Cooper’s Landing

Route connects to Katy Trail just past Cooper’s Landing. Get on trail – not River Rd.

Katy Trail until intersects with River Rd. Stay left. DO NOT CROSS ROAD AND CONTINUE ON TRAIL.

Left on Missouri Rte N (Easley Hill) – Turn left. Go up. And Up. And Up!

Follow Rte N PAST Pierpont Store (do not turn left at Pierpont)

Continue on 163

Left on E Bonne Femme Church Rd. – gravel

Left on S. Gans Creek Rd. – gravel

Left on E. Gans Rd.

Left again continuing to E. Gans Rd – sidewalk to just past the Conservation Office.

Cross Road at cone – sidewalk – police officer will assist

Right on Bristol Lake Pkwy – runners to stay on sidewalk heading toward the lake

Right into parking lot to lake – stay to the right entering lake trail area

Philips Lake Park trail is an out and back – run to cone then turn

Exit Philips Lake trail toward the right at the “y”

Exit Philips Lake trail to parking lot back to left on Bristol Lake Pkwy – runners to take the road heading back from the lake area

Turn left on E. Gans Rd – sidewalk

Left at Tolton High School – run to entrance, then back out of drive area to continue on E Gans Rd

E Gans Rd becomes Discovery.

Left at currently unnamed street (Endeavor).

Stay left on sidewalk and ped crossing at roundabout

Follow signs toward Nocona (also labeled Briarmont Ave) – Sidewalk

Follow sidewalk and ped crossings around roundabouts

Left on Ponderosa

Left at Nifong Park

Enter trail

Finish at Gordon Cabin with Easley store just ahead of you!